

e-IAOH Newsletter

Official Website: www.iaohindia.com

OCCUCON -2014

11-14 February, 2014. Goa

www.iaohoccucon2014.com



Message from the President

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Friends,

Hope you have enjoyed reading the First IAOH E-Newsletter. Reports of Branch activities now reach across the country & we hope this will inspire other branches to undertake more OSH activities in their own branches.

By now, most branches would have conducted their Annual general body meetings and a fresh set of members would have taken over charge of the branches. It has been observed especially in smaller branches, that elections are not conducted and the same team of office bearers continue for years together. Fresh blood is not inducted and soon the enthusiasm for conducting activities gradually ebbs and the branch dies a slow death. I therefore extend an earnest appeal to all Branch office bearers to induct new members on their committees to ensure that the baton is passed from one generation to the next, in the interest of a healthy long life for the IAOH.

I along with Dr T Rajgopal, ex-President-IAOH, was invited to participate in a Workshop of the National Advisory Council to frame the National OSH policy for workers in the informal sector especially women workers. We were able to emphasise on the need to integrate OSH services with the Primary Health Centres at both rural and urban levels, as part of Basic Occupational Health Services (BOHS), to cater to the OSH needs of the informal sector. Our recommendations to include training of PHC staff through NHRM (National Rural Health Mission) & NUHM (Urban Health Mission) were also accepted. The IAOH has also offered its professional services towards these efforts.

I therefore appeal once again to all Branches, to adopt a district in their state, utilise the infrastructure of a local industry & conduct BOHS seminars for PHC doctors, with the PP presentations put up on the IAOH website. This would be a great contribution by the IAOH towards the greater national cause.

Warm Regards,

Dr Chaitanya Gulvady
President, IAOH.

1st October'2013

I therefore extend an earnest appealto ensure that the baton is passed from one generation to the next, in the interest of a healthy long life for the IAOH.

Editor's Note

Dear Friends and colleagues,

Neonatal period is the most risky time on several counts. However, this “baby” has not only survived, but is showing a “healthy growth”! So, keep mailing your feedback (both positive and negative) and help us in this “growing phase”.

I also happened to be a participant at the National Advisory Council's meet at Delhi (mentioned by the President, Dr Gulvady in his message). What struck me was the sheer number of “workers” in unorganized sector. Even at a conservative estimate, it would exceed 40 crores. With all the resources at disposal, we still need to struggle for ensuring OH in organized workforce; which is just about 6 % of the total. Should we then leave this staggering chunk of 40 crore fellow Indians to their fate?

I would urge all readers to spare a thought for millions of these individuals who contribute a sizeable portion of our GDP. The president's appeal in his message above should stir a chord in each of us.

Wishing all of you a very Happy Deepawali, which is just around the corner. Let's try to touch as many lives as we can and spread the light of OHS.

- Dr Dileep Andhare

Letters to the Editor

Please share your views, feedback, suggestions, information etc. to iaohwebsecretary@gmail.com.

We will be happy to publish in this newsletter.

Dear Sir,

I browsed through the e-IAOH Newsletter today.

My heartiest congratulations to the President and the Editorial team to on this achievement. The content and presentation is excellent. I was also happy to see that many branches have sent their reports for the newsletter. Kudos to the hard work put in by all concerned.

I also congratulate the President for bringing this idea to fruition and fulfilling his promise and commitment made in Bengaluru.

I wish you all the very best and look forward to the team to take the Association to greater heights.

Yours Sincerely,

Dr S M Shanbhag

Past President IAOH &
President Medical Services
Reliance Industries Ltd.,
Maker Chambers IV,
Nariman Point,
Mumbai 400021
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Dr Ramvilas Malani ramvilas.malani@gmail.com

Dear All

Hearty Congratulations to all the team members for presenting such a beautiful electronic newsletter of our association. It's new land mark & Diamond in the Crown for IAOH. All the best for upcoming issues.

Dear Doctor,

This initiative on E-Newsletter is very much appreciable. Quality is also excellent. Looking forward for continual growth.

THANKS & REGARDS
DR.T.B.SAILESH
MEDICAL OFFICER

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64th National Conference of IAOH

The Organizing Committee takes pleasure in inviting you to **OCCUCON 2014 - International Conclave on Occupational Health incorporating the 64th National Conference of Indian Association of Occupational Health**, to be held in Goa from **February 11 - 14, 2014**.

The conference theme is *"Health and Well-being at the Workplace - Key Drivers for Sustainability"*.

The Conference will be held at the picturesque *Cidade de Goa*, a beach front world class 5-star resort located on Vainguinim beach, Panaji, North Goa; where you can experience the luxury amenities, gourmet dining options, exciting activities and endless entertainment possibilities.

The highlight of the conclave will be scientific deliberations by eminent national and international faculties in the field of Occupational & Environmental Medicine. The scientific feast includes Professional Development Courses, Orations, Symposia, Panel Discussions and Guest Lectures providing a platform for exchange of ideas and sharing best practices in Medical & Occupational Health.

Apart from the rich scientific content, you will be treated to a range of cultural activities, banquets, food spreads, sight seeing.....

For **Registration**, you can either register online through the conference website:

<http://www.iaohoccucon2014.com/> OR you can register by sending the duly filled Registration Form along with the payment to the Conference Secretariat.

For **Paper / Poster presentation**, you can submit Abstracts online through the conference website OR you can submit it via e-mail to the Scientific Committee.

Early Bird Registration
Extended Upto 15th October 2013

Last Day for Submission of Abstract
31st October 2013



Organising Chairmen:

- Dr Kishore Madhwani
- Dr N.N.Bhatiker

Organising Secretaries:

- Dr Dharmesh Parekh
- Dr Bishwadeep Paul

Looking forward to seeing you in Goa in February 2014 🙌😊

Occupational Health Day Celebrations

GOA

9th July is celebrated as National Occupational Health Day. To observe the day in a befitting manner, Green Triangle Society and Association of Occupational Health (Goa) in collaboration with Inspectorate of Factories & Boilers, Govt. of Goa organized an educative Program on this year's theme. **"BOHS: A way forward"**.

Dr. Chaitanya S. Gulvady, National President of Indian Association of Occupational Health was the Key Note speaker and delivered talk on the theme.

Shri Mangurish Pai Raikar Chairman of Green Triangle Society welcomed the gathering. Dr. Sanjeev G. Dalvi, Director of Health Services was the Chief Guest for the function. Dr. Bhatiker Navnath highlighted observance of the Occupational Health Day. Vote of Thanks was given by Shri S. M. Paranjape.

Program was held at Convention Hall, Goa Chamber of Commerce and Industry, Panaji - Goa at 6.30 pm. and followed by fellowship and dinner. Around 55 delegates were present for the meeting.



Karnataka

Occupational Health Day program of AOHK was held on 20th July 2013, at Hotel Chancery, Bangalore.

Dr. M. Thyagaraju, Hon. Secretary, AOHK welcomed the gathering which was followed by lighting of the lamp by the dignitaries.

This was also a special day for the Association as AOHK website with web ID, www.aohk.in was inaugurated on this day by AOHK ex-President and an eminent Psychiatrist, Dr. G.S.Palaksha, who also spoke on this occasion about the importance of the website in the IT era.

The theme lecture, BOHS – the Way Forward, was given by Dr. S. Pingle, Chairman, Scientific Committee on OH & Dev; ICOH and Medical Advisor to IBM. He spoke on the importance of Basic Occupational Health Services in the public and private sector industries. He also said it is important to conduct awareness programs by organizing seminars, CME etc.

The meeting was presided over by Dr. Sashikala Chandrasekar, the first Lady President of AOHK. She said AOHK is committed to bringing about the awareness about Occupational Health and that the newly created website will serve as a medium to increase awareness about OH.

Dr. Rajpal Singh, Cardiologist from Fortis hospital, Bannerighatta Rd, spoke on Cardiac Devices & their impact on OH. Meeting ended with Vote of Thanks by Dr. H. Deepa, Treasurer, AOHK.



*AOHK has inaugurated their website www.aohk.in on Occupational Health Day
Congratulations!*



Ahmedabad:

To celebrate the Occupational Health Day, Ahmedabad Occupational Health Association (AOHA) organized a one-day symposium along with Sterling Hospitals, Ahmedabad at Hotel Fern, SG Road Ahmedabad. Dr. RR Tiwari, Secretary, AOHA gave the background and introduced the speakers. Dr. Apurva Vyas, Bariatric and Metabolic Surgeon, Sterling Hospitals gave a deliberation on Obesity surgery with demonstration of various available methods. He also informed the audience that now obesity itself is considered as a disease and steps should be taken to prevent it. Dr. Hitesh Chavda, Liver Transplant Surgeon, Sterling Hospitals gave a talk on Liver Transplantation Surgery during which he cleared the myths related with liver transplantation and described various type of liver transplantation and benefits post operatively of liver transplantation. Dr. Navin Patel, ENT Surgeon, presented his talk on Noise Induced Hearing Loss and mentioned the causes, effects and control of noise for preventing NIHL. Dr. Sukumar Das, President, AOHA presented the vote of thanks. Dr. JV Parikh, Vice President, AOHA and Mr. Ronak Varu, Sterling Hospitals worked hard for the success of this programme.



Andhra Pradesh:

One day CME programme was organized on 28/7/13 at Conference Hall, 4th floor, Care Hospitals, Hyderabad to commemorate Occupational Health day.

Dr.J.Vijay Rao, President, IAOH-AP branch welcomed the delegates and presided over the function.

The CME programme was sponsored by M/s. Care Hospitals, Hyderabad. AP medical council accredited 6 credit hours for this one day CME programme.

During inauguration of the programme Chief Guest Shri A.K.Khan, vice-chairman and Managing Director of Andhra Pradesh State Road Transport Corporation (APSRTC) lauded the efforts of occupational health professionals and also noted the need for same to be established in APSRTC which has around 1,30,000 employees.

Dr.G.V.Prabhu, Vice-President IAOH-I congratulated the IAOH-AP branch and gave a brief insight into the theme of the year i.e. 'BOHS - The way ahead'. Guest of Honour Dr.B.K.Sastry, Chief Cardiologist pointed out the need for health education for working population to be provided in the factory itself. Dr.M.Sreenivasan the other Guest of Honour, Sr. Cardiologist, Director Cath Lab, spoke on importance of Life style modifications in the prevention of non-communicable diseases. Dr. Nanda Kishore, Hon Secretary IAOH – AP branch proposed Vote of thanks.



Mumbai:

The Mumbai Branch of IAOH had organized a Seminar to commemorate 'Occupational Health Day' for the year 2013 on 6th July at 'Sunville Banquets, Royal Room, Worli. The theme for this year was "**Basic Occupational Health services: The Way Forward**". The Seminar was attended by over 80 delegates and was chaired by the Dr. Ashish Mishra, Ex-Hon Secretary IAOH- Mumbai.

Dr Dharmesh Parekh, President of Mumbai Branch, in his welcome address informed the gathering of the importance of Occupational Health Day. He mentioned that eminent speakers representing various fora have been invited for the seminar to give their valuable insights in terms of practical solutions/ action plan which can be executed at the ground level to achieve the objective of BOHS for one and all.

Dr. Ashish Mishra, Chairperson for the seminar, explained that there is a need to go beyond statute and initiate measures to address workplace health & safety issues proactively and also engage the stakeholders, both internal and external. He said that IAOH is progressively trying to spread awareness on Occupational Health & Safety amongst the engineering, medical and entrepreneurial fraternities.

Dr. Chaitanya Gulvady (National President- IAOH), Dr. R R Shinde (Prof and HOD- PSM Dept, GS Medical College) and Dr. Prashant Lanjewar (Dy Director Medical, CLI) were the eminent speakers for the day.

Dr. Chaitanya Gulvady, National President- IAOH, discussed about the history & current status of Occupational Health in India. He launched the Quarterly E- Newsletter of IAOH, which he said will be circulated to all IAOH members and is intended to increase awareness about Occupational health, brief the members about activities of the various IAOH branches and news of Occupational incidents happening all over the world. He also spoke that the specific role of IAOH would be to create awareness, train the PHC personnel with a basic minimum training. This would focus on accident risks, heavy physical work, basic sanitation & hygiene, most hazardous chemical, physical & biological factors. At the Stage 2 level, efforts would focus on providing a short training course of 10 weeks duration to the Physician and the Nurse which would need the involvement of the State & Central Government machinery and related budgeted expenditures. He further mentioned that IAOH has already installed BOHS presentations on its website "www.iaohindia.org" and has called upon its nation-wide branches to hold OH Seminars for Primary Health Care Centre Physicians & Physicians of Municipal Dispensaries.

Dr. R R Shinde, Prof and HOD- PSM Dept, GS Medical College emphasized on the need for collaboration between IAOH, Government body and Medical Colleges to strengthen the cause of Occupational Health.



Pune:

Occupational Health day was celebrated enthusiastically on July 9, 2012. Dr Anuradha Kale, Dr Prakash Sakhalkar & Dr Neha Kulkarni shared scientific papers which they had presented in IAOH national conference held at Delhi.

Vadodara:

National Occupational Health Day was celebrated at Hotel Surya Palace, Vadodara on 9th of July.

Dr Hitendra Patel, Chairman, Standing Committee (Vadodara Seva Sadan) was the Chief Guest. Dr S M Shanbhag and Dr Dileep Andhare spoke to the audience on this occasion. Dr Kishor Parikh and Dr J R Kamath organised and conducted the function.



Branch Activity Reports

AP Branch:

Continuing Medical Education (CME) Programme was organized on 23rd June, 2013 at 8pm in connection with the "Everyman Male Cancer Month" at Hotel Parivar, (Banquet Hall 2nd floor), Hyderabad -62.

Dr. A Durga Prasad, IAOH – AP branch Executive member welcomed the delegates.

The meeting was presided over by Dr.J.Vijay Rao President – IAOH AP branch. Two Minutes silence was observed for people who lost their lives during Chardham Yatra at Uttarkhand.

The CME programme was sponsored by IMA- Hyderabad East branch and Asian Institute of Nephrology and urology, Hyderabad.

1. Dr. (Prof) C Mallikarjuna, Chief Urologist, M/s. Asian Institute of Nephrology and Urology, Hyd.
Topic: Screening of Cancer Prostrate, Role of PSA
2. Dr. (Maj) (Prof) S.Bakhtiar Choudhary, Hyderabad Spine Clinics, Hyd.
Topic: BOHS – THE WAY AHEAD
3. Dr.N.Vasudev, Director, Thatha Hospital
Topic: Medical negligence and its prevention

All the three topics generated lot of interest and interactive session was fruitful.

Dr.Nanda Kishore, Hon. Secretary IAOH-AP briefed about the IAOH-AP branch activity and presented Annual report.

The meeting ended with Vote of thanks by Dr. Shalabh Saxena IAOH- AP Branch, Executive member, followed by dinner.



AOHK Activities & Report – 2013

1. AOHK successfully conducted the 63rd National Conference of IAOH in Jan2013 at Bangalore and it was appreciated by all the Delegates. Central share of Delegates fees was sent promptly to the centre.
2. AOHK audited accounts for the year 2012 – 2013 was sent to the centre after the AGM in September 2013.
3. CME on "World Environment Day" and "World No Tobacco Day" was conducted on 15th June 2013 at Hotel Lemeridien.
4. "Occupational Health Day" was celebrated on 20th July 2013 with a talk on this year's Theme, BOHS – The way forward, by Dr. S. Pingle. It was followed by a CME on Cardiology.
5. AOHK Website, www. aohk.in was Inaugurated on 20th July 2013.
6. AGM was conducted on 28th September at Hotel Lemeridien and the report was sent to the centre
7. A CME on Cardiology was arranged on 28th September at Hotel Le meridian.
8. AOHK Bye-laws booklet was printed and distributed to AOHK members.
9. A Directory of Occupational Health professionals willing to give their services for Consultancy is being prepared from the AOHK Members.
10. AOHK has played its part in supporting the 3rd Millennium Development Goal of the United Nations which deals with gender equality, by electing a Lady President for AOHK, for the first time in several decades.
11. AOHK Members took part in International Conference / Workshops at Harvard University, University of Texas, etc.
12. AOHK Members were selected for consultancy assignments outside India
13. AOHK Members associated with NGOs are participating in Health Awareness Camps and are conducting Health camps for the under privileged.
14. A CME is being arranged on 11th October 2013 when the Global Medical Advisor of IBM, Dr. Khyu Rhee will talk on the subject of BOHS.



Pune:

- **CME Programs conducted:**

1. CME on "Understanding Insulin Analogues": by DR Kiranjit Singh on April 4, 2012 at Hotel Sun-N-Sand.
2. CME on "Tobacco & addiction management": on May 31, 2012 at Hotel Pride. DR Shona Nag (Oncologist), DR J S Duggal (Cardiologist) & DR Abhyankar (Chest Physician) participated in CME. This was a part of an anti-tobacco campaign.
3. CME on "Management of Burns": was organized on October 6, 2012 at Hotel Spree Shantai at Pimpri- Chinchwad. DR Kshirsagar (Burns specialist) & DR Sureshkumar Mehta (Consultant Psychiatrist) spoke on the subject.
4. CME on "Diabetes & CVD": was organized on October 30, 2012 at Hotel Sun-N-Sand. DR Priya Palimkar (Cardiologist) spoke on this event, which was followed by lively Q & A session. This program was attended by more than 40 members.
5. "Second Biennial conference 2012": was organized on December 9, 2012 at Hotel Le Meridien. Mr Kishor Rathj, Executive Chairman, Sudarshan Chemicals graced the occasion as chief guest & inaugurated the conference. Second IAOH Pune oration was awarded to DR Kishor Madhwani, President, IAOH, Mumbai branch. Scientific sessions on various topics, Second IAOH Pune oration, panel discussions & scientific paper presentations were highlights of the conference. Eight stalls were also erected at venue to make members familiar with various healthcare services as well as recent development in field of Occupational Health & general medicine. Around 75 participants attended the conference making it a success. A DVD on "Pre-shift exercises & exercises at Desk" which was produced by IAOH, Pune was also released on this occasion. Two exercise capsules of 12 & 8 minutes each were formulated under guidance of DR Anand Gangwal, noted Fitness expert & Sports Medicine Specialist.

**Vadodara:**

IAOH Vadodara continues to perform as one of the most active and dynamic branches of IAOH; conducting a variety of activities and programmes. During last twelve months, IAOH Vadodara planned, organized and conducted

1. Two Medical Assistant Course in OHC (18-19th Batch) in March and July 2013. Total Number of Medical/Nursing assistants trained : 375 in 19 batches in 9 years (2004 to 2013)
2. Two issues of News Magazine
 - February 2013 Issue- Released by Dr G Jayaraj
 - July 2013 Issue- Released by Dr S M Shanbhag
3. Tariff Committee report: - Charges levied by Part time/Full time Factory Medical Officers working in Vadodara were compared, studied and a comprehensive report prepared by a committee of seven senior members. The Report contained details of remuneration to be sought for part time/full time employment as Factory Medical officer in various industries of Vadodara District. The report was sent to Office bearers of various Industrial Associations; requesting implementation.
4. Gujarat Medical Council Accredited seminar on "Industry, Noise and You" – 29th June 2013 organized at IPLEX auditorium was attended by 27 delegates which included 12 FMOs. The seminar had lecture presentation and hands-on exercise by Dr R C Saxena, Dr Kishor Parikh and Dr Milan Thakar.
5. Five Managing Committee meetings held on a regular basis and AGM on 29th Sept 2013
6. New Team of Office bearers elected unanimously for next term of 2013-2014, 2014-2015

To
The Chairman
Scientific Committee, ICOH.

Dear Dr Shyam Pingle

This is to place on record our appreciation of the work done by the Scientific Committee of the ICOH, to create a Manual for educating and raising awareness of occupational health protection among the owners and managers of small and medium enterprises in developing and middle-income countries. I am sure this outreach tool will be very useful and effective not only for the entrepreneurs but also for OHS personnel for training purposes.

On behalf of the Indian Association of Occupational Health, I would like to express our gratitude to you, the authors & the Committee.

We shall definitely upload it on the IAOH website at the earliest and ensure maximum outreach.

Thanking you once again.

Warm Regards,

Dr Chaitanya S Gulvady
National President, IAOH.

You can download the module directly by [clicking here](#).

Forgot IAOH Membership Number? Email your details to iaohwebsecretary@gmail.com

Not receiving IJOEM? Email your membership no and postal address to subscriptions@medknow.com

Upcoming Events

64th IAOH Conference	Feb 11-14, 2014	Goa
GUJCON 2013	Oct 19-20	Jamnagar
MEDICHEM-2013	Nov-Dec'2013	Mumbai