## **The Application of Rice Oil-derived Phytochemicals**

Potential Effect of Rice-derived Compounds on Skin and Muscle for Functional Foods and Cosmetics

#### Toru Takarada Ph.D. Oryza Oil & Fat Chemical Co. Ltd.





## Oryza Oil & Fat Chemical Co. LTD.

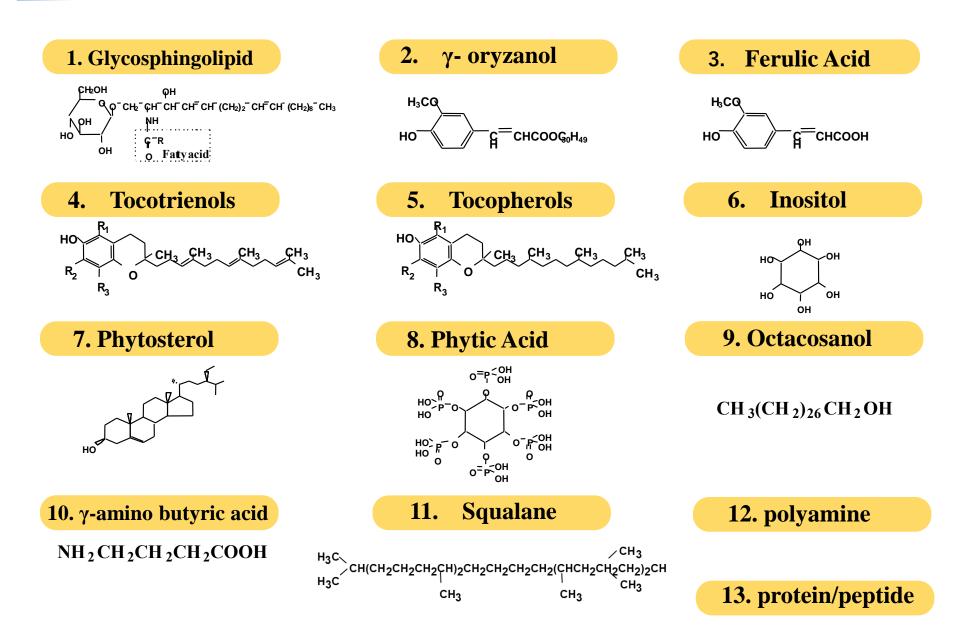




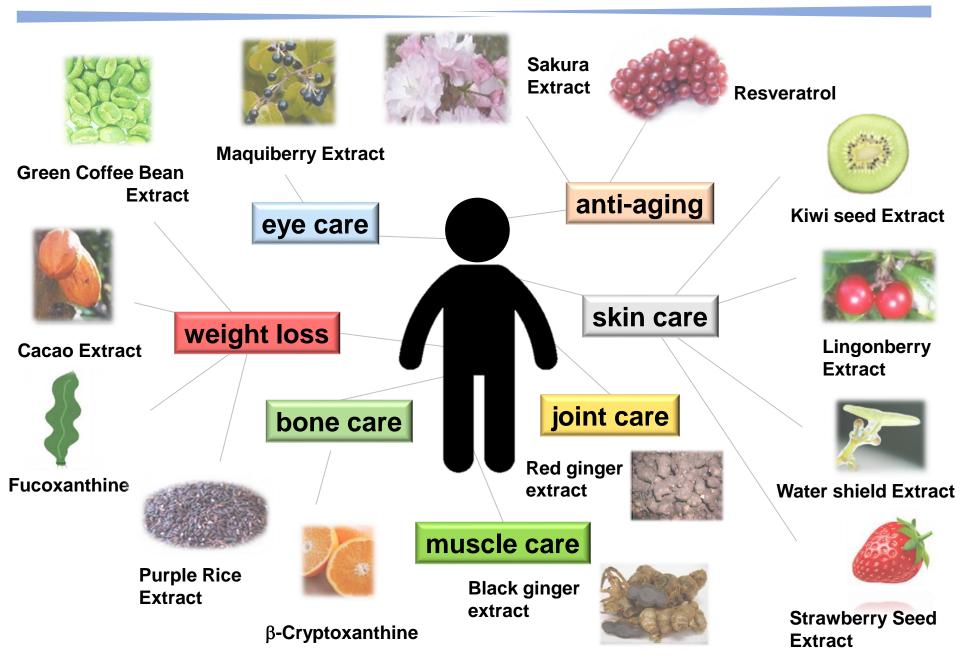
1939	Founded as manufactural rice bran oil company
1980	Began production of γ-Oryzanol
1996	Launched and sold GABA-enriched rice bran extract
1998	Developed rice-derived Tocotrienols
1999	Developed rice-derived Glucosylceramide

## Health benefiting Ingredients of rice





## Utilization of our extraction and purification technique



Chapter 1

## **Gamma-Oryzanol**

For the symptoms of menopause

## **Rice bran oil and Phytochemicals** –gamma-oryzanol-

#### **Composition of Rice Bran Oil**

<b>Description</b>	<u>Content</u>	
Unsaturated Fatty	Oleic acid	40 ~ 50
Acid	Linoleic acid	29 ~ 39
	Linolenic acid	0 ~ 1
Fatty Acid	Myristic acid	0.4 ~ 1
	Palmitic acid	13 ~ 18
Gamma - Oryzanol		1.2 ~ 1.5%
Tocopherols	0.2 ~ 0.4%	
Tocotrienols	0.03~0.05%	
Acid Value	0.35 max	
Saponification Value	180 ~ 195	
Iodine value	92 ~ 115	
Unsaponification	5.0 max	



"Rice Bran Oil" Oryza produces as retail products.



## **Functional effects**

#### **≪Skin≫**

Elevation of surface temperature, Activation of sebaceous glands, Inhibition of melanin formation

#### «Stomach»-

Anti-ulcer, Centrally acting stomach movement

### –≪Brain≫

**Post-menopausal syndrome,** Autonomic nerve disturbance, Anti-stress

#### ≪Whole Body≫

Anti-allergy, Anti-inflammation, Anti-oxidation, Vitamin E-like effect Pain relief of head, neck, eyes, shoulder and hip.

## $\ll$ Metabolism, Digestion $\gg$

Lowering of cholesterol, Lowering of blood sugar level, Accumulation of glycogen, Centrally acting intestinal movement Anti-colon cancer Inhibition of IBS

### Improve menopausal symptoms

adaptoger

Menopause Support

> etary Supplement For Women Professional Use Only

60 Capsules

Application	Dose (mg/day)	Treated term	Effect
	5-10	10-38 days	Menopausal index >50% reduction
	90	14 days	Menopausal symptoms 76.6% improved
Menopausal symptoms	15-30	7-14 days	Autonomic dysfunction 70-90% improved
	300	4-8 weeks	Subjective symptoms >80% improved Serum peroxylipid Significantly improved

http://www.oryza.co.jp/html/english/pdf/ORYZAN OL%203.1TK.pdf

## **End product**

## **OTC** Drug in Japan



#### For Menopause in the overseas



### For Athlete & Muscle builder in the overseas



#### For Cosmetics in the overseas



Chapter 2

## Tocotrienols Lowering LDL cholesterol

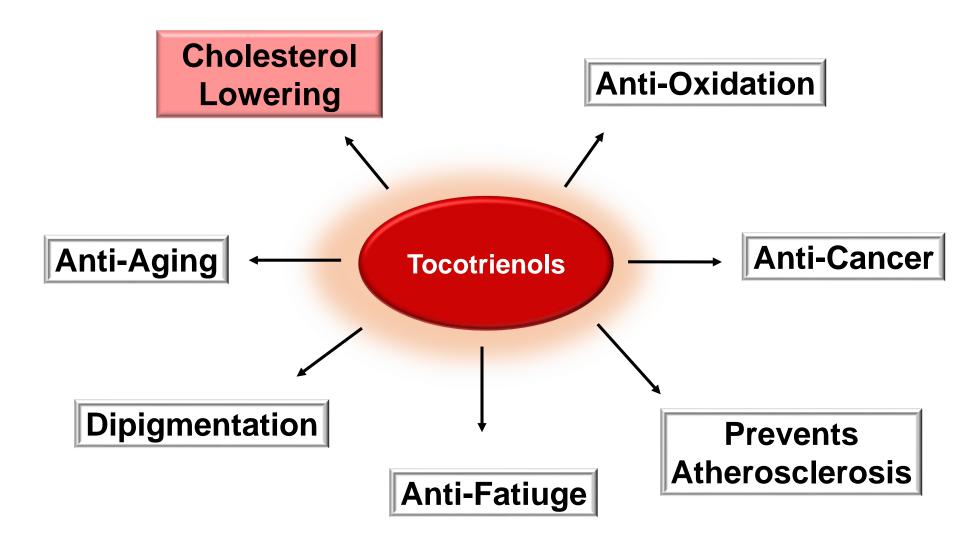
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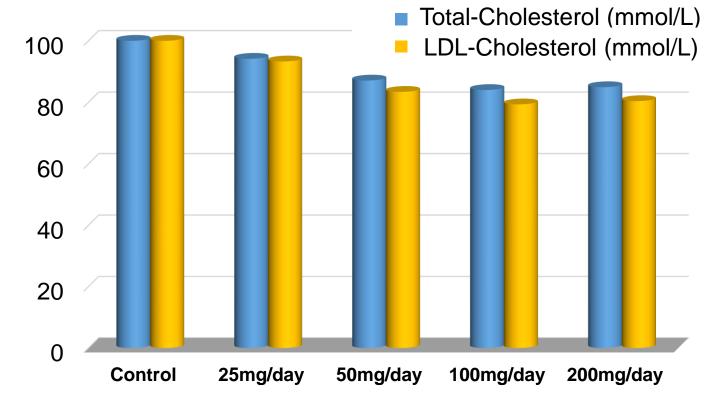




## **Tocotrienol has various benefits for health**

Qureshi A.A et al., Atherosclerosis, 161, 199-207 (2002)

≪Method≫
Subjects; 18 subjects per group (90 hypercholesteremic patients)
Sample; the tocotrienol-rich fraction (TFR) of rice bran
Intake duration; 35 days



100mg/day group was highly effective against lowering of cholesterol



## **Our Customer's Products (Food and Cosmetics: Japan)**



### **Our Customer's Products (Food and Cosmetics: Overseas)**



Chapter 3

## **ORYZA CERAMIDE®**

**Pioneer of 1<sup>st</sup> Edible Ceramide** As Excellent Skin Rejuvenator

## **ORYZA CERAMIDE®**



#### **Oryza Ceramide®**

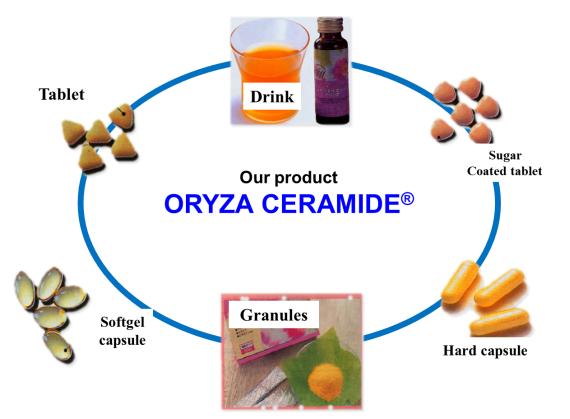
Appearance: Light yellowish powder

Contents of Glycosphingolipid: Min. 3.0%



**Oryza ceramide-PT** 

### Application of our ORYZA CERAMIDE®



## **Our Customer's Products (Food: Japan)**





## **Our Customer's Products (Cosmetics: Japan)**



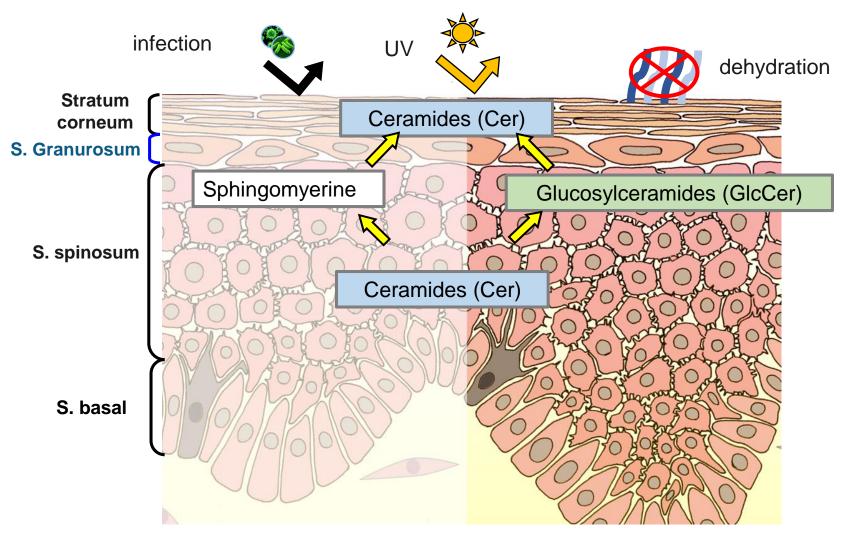
### **Our Customer's Products (overseas)**







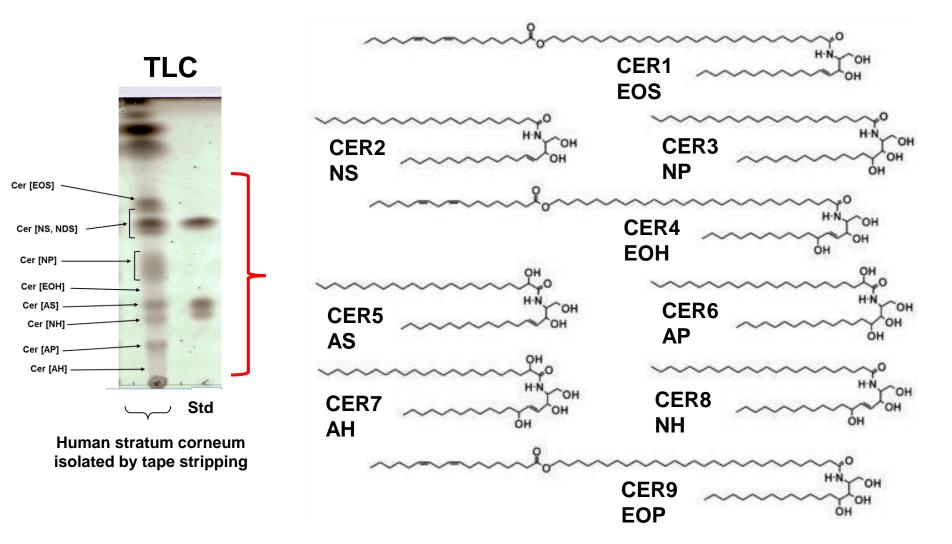
#### Ceramides (Cer) and Glucosylceramides (GlcCer) in Epidermis



Imokawa G, J. Dermatol. Sci. 55, 1, (2009)

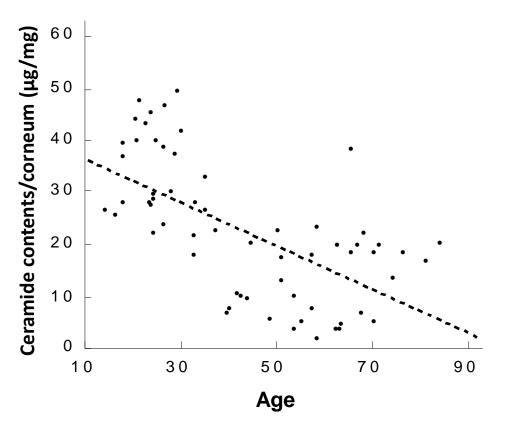


#### 9 types of ceramide species



## **Depletion of skin ceramide causes skin dysfunctions**

#### Age-related Decrease in Skin Ceramide



Imokawa G, J. Invest. Dermatol. 6, 523 (1991)

#### **Atopic dermatitis**



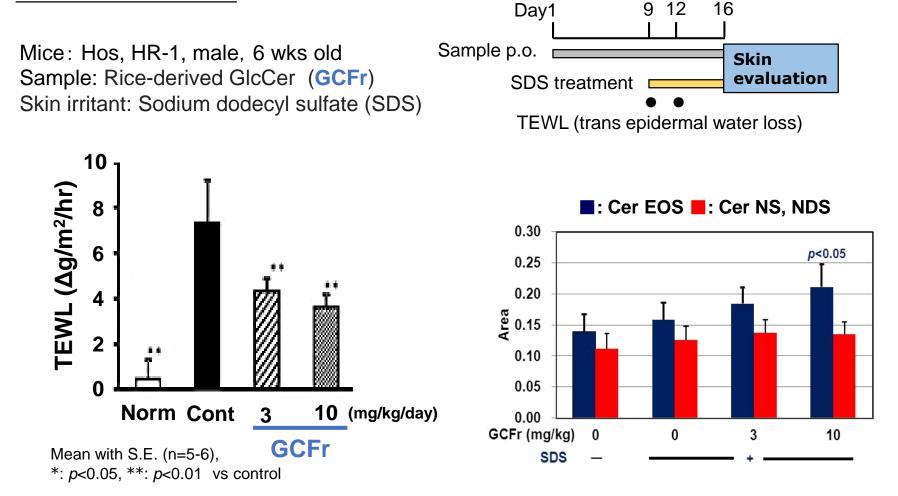
https://www.dermquest.com/image-library/

#### Senile xerosis



http://www.tonbyo.org/contents/series/2009\_04.html

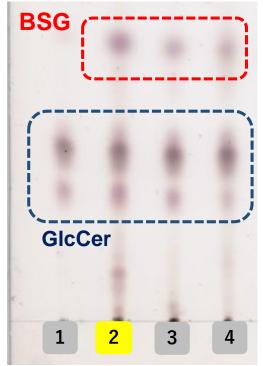
#### Protocol & Results



#### **Rice-derived GlcCer improves skin function and increases ceramide production**

Shimoda H, et al. J. Med. Food 15, 1064-72 (2012)

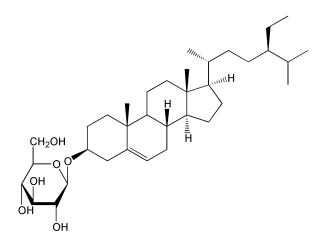
## **β-Sitosterol-3-***O*-glucoside (BSG) in Oryza Ceramide<sup>®</sup>



- 1 : GlcCer std
- 2 : Oryza Ceramide<sup>®</sup>
- 3 : rice ceramide (company A)
- 4 : rice ceramide (company B)

# Oryza ceramide<sup>®</sup> is the largest amount of BSG

#### We have identified the function of BSG for the first time in the world



stigmast-5-en-3-O- $\beta$ -d-glucopyranoside

β-sitosterol-3-O-glucoside (BSG)

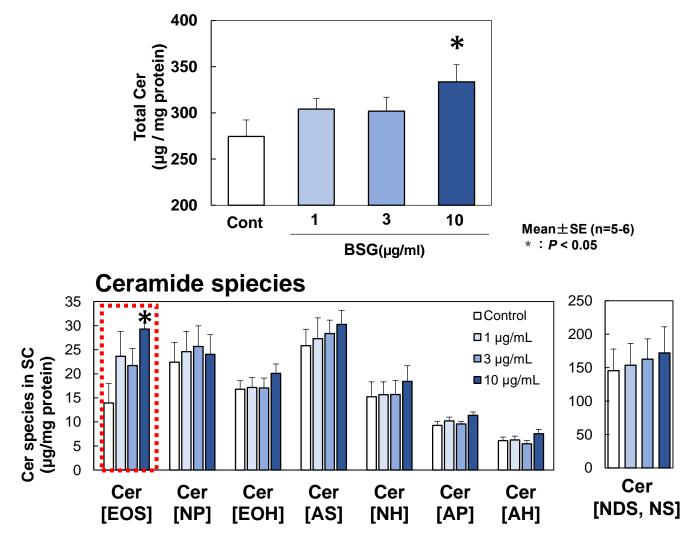
## Does BSG influence the ceramide production?

This joint study with Dr. Imokawa (Chubu University) was supported by the subsidies "Agricultural business subsidies" from Ogaki-Kyoritsu Bank in 2015.

Ceramide Contents in Stratum Corneum (in vitro)







**BSG** enhances the production of total ceramide and Cer[EOS]

## **Human Clinical Trials**



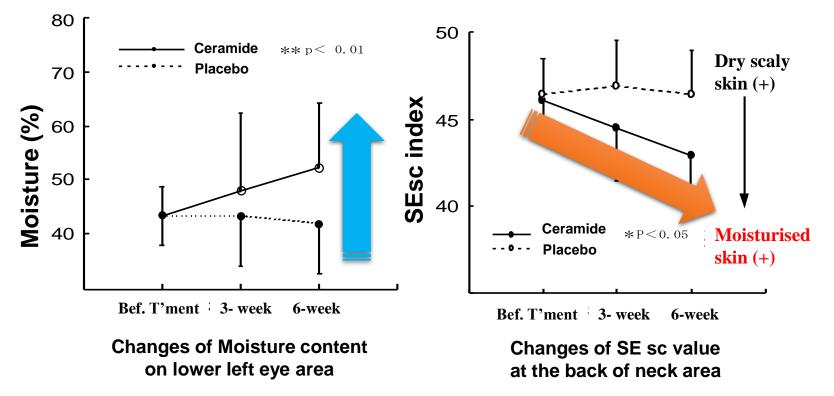
Design of clinical test; Double blind trial

Subjects: 33 (6 Male, 27 Female, average aged 25.1±7.8)

Dosage: Ceramide 40mg/day, Placebo 0mg/day

Duration: 6 weeks

Area of examination: whole body, left lower eye area, back area of neck, left upper arm inner area



•Collaboration with Dermatology Division, Medical Department, Osaka University & Medical Science Research Centre

## **Effect of Oryza Ceramide : Clinical Trial**

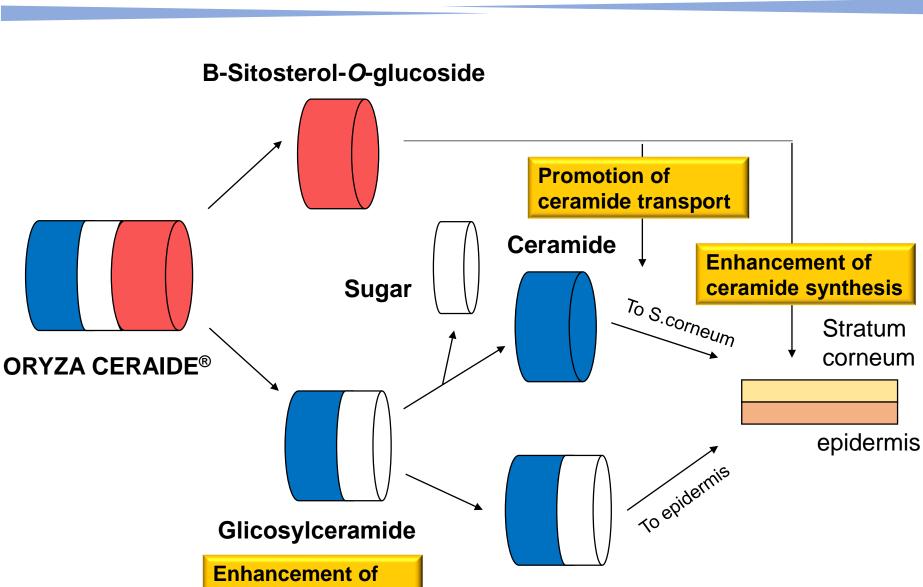




Before

After

3D Microscopic Illustration of skin surface before and after treatment of Oryza Ceramide (oral) on the lower left eye area of a 23-yr old female



ceramide synthesis

Chapter 4

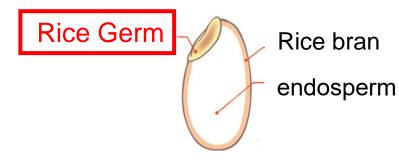
## FERMENTED RICE GERM EXTRACT

**Rice germ fermentation process Potential effect of rice derived phytochemicals** 

## Oryza

#### Fermented rice germ extract (FRGE)

Appearance: slightly brown powder Contents of polyphenols: Min. 3.0%



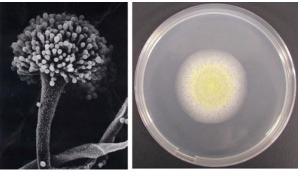
Active ingredients

- γ-Orizanol
- Ferulic acid
- Sterol

- Tocotrienol
- Tocopherol
- GABA

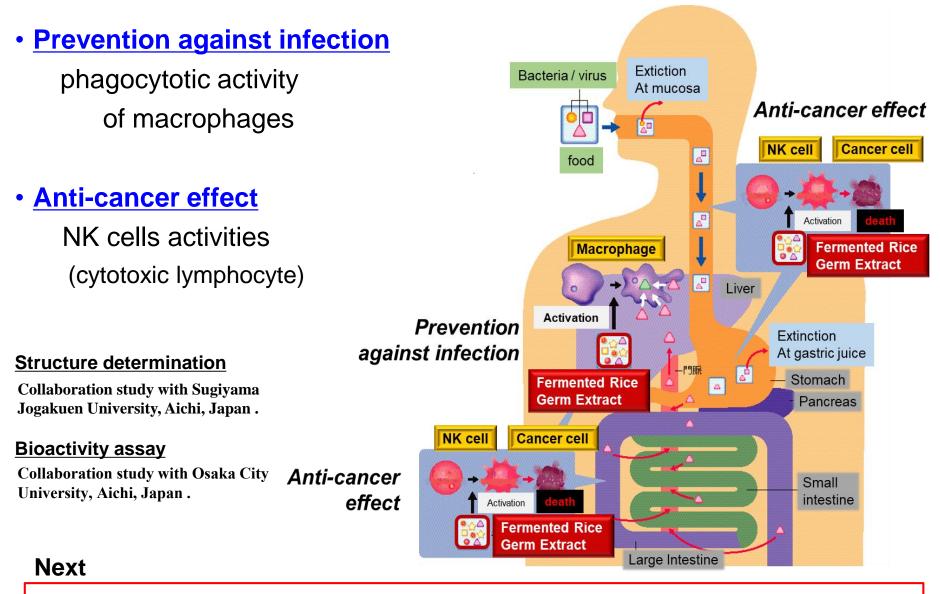


#### Fermentation of rice germ by Aspergillus oryzae



Aspergillus oryzae

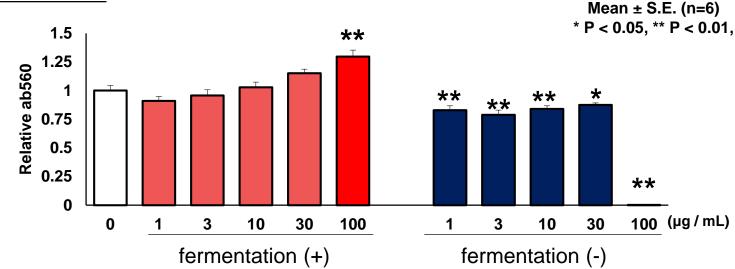
## Immunostimulatory activity of fermented rice germ extract



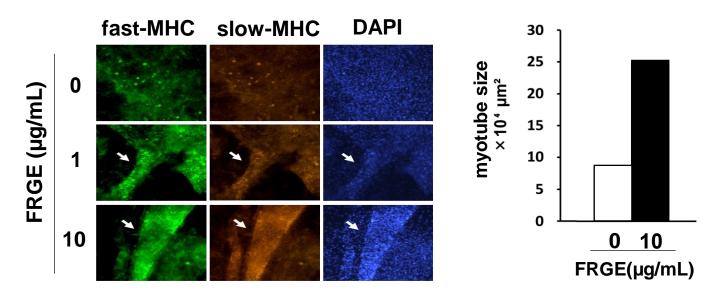
Effect of fermented rice germ extract on muscular function and performance

## Effect of fermented rice germ extract on myotube maturation

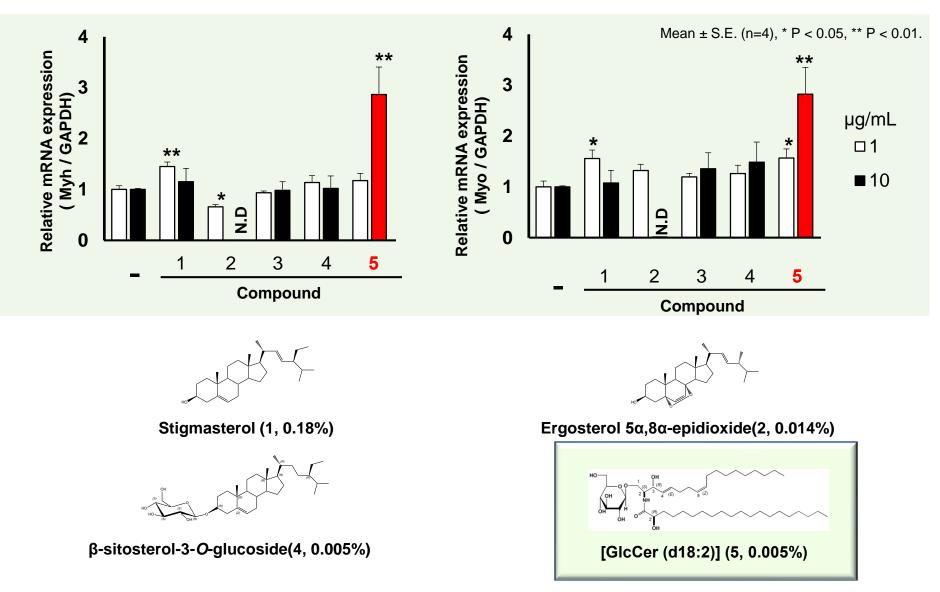
#### **Myoblast proliferation**



#### **Myotube differentiation**



## Effect of fermented rice germ extract on myotube maturation



GlcCer(d18:2) enhances the expression of muscle maturation marker

## Effect of FRGE on muscle strength and muscle mass

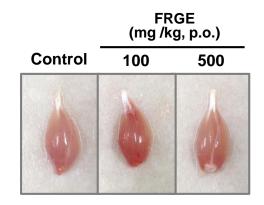
#### Horizontal bar test

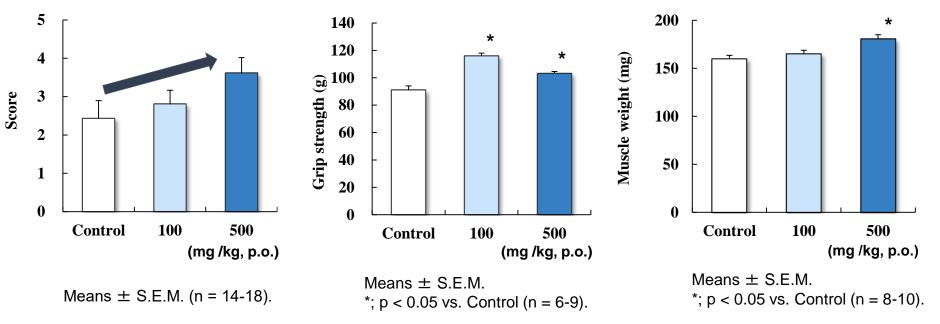


5	60 seconds and reach edge
4	46-60 seconds
3	31-45 seconds
2	16-30 seconds
1	5-15 seconds

Grip strength test

#### Muscle weight



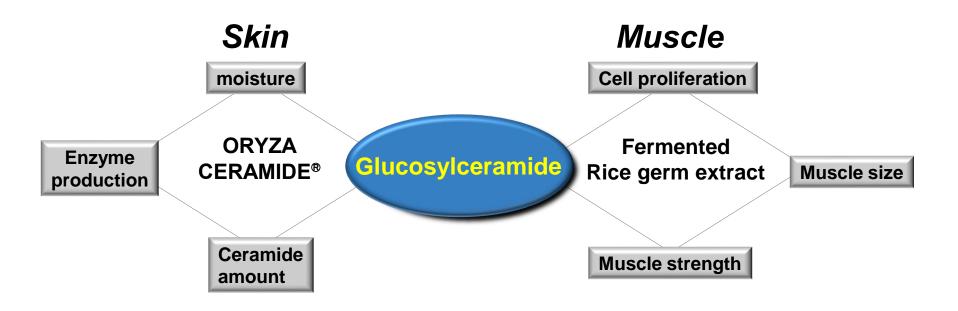


Collaboration study with Gifu Pharmaceutical University, Gifu, Japan.

Tanaka M, et al. J. Med. Food 20, 969-80 (2017)



#### Improvement of skin and muscular function by rice-derived glcosylceramide



GlcCer derived from rice is a promising phytochemical to exert skin and muscular health benefits.

γ- oryzanol

Ferulic Acid

Tocotrienols

Octacosanol

Tocopherol

## We believe that rice still contains potential ingredients for our healthtol

Phytosterol

Glycosphingolipid

Phytic Acid

Y-Amino butyric acid

Squalane