

VEDAARANYA
HERITAGE AND HEALING FESTIVAL

VHAH FEST

Jan 17-19, 2020

@ Ramgarh Shekhawati, Rajasthan

Celebrate
And Heal Your Life
In the Lap Of Heritage

vedaaranya@gmail.com | www.vedaaranya.com | www.shrutifondation.org

Note From The Convener



Greetings and welcome to Vedaaranya Heritage and Healing Festival (VHAH FEST) at Ramgarh Fort, Ramgarh Shekhawati, Rajasthan!

The festival is an integral part of the dream to revive this unique and spectacular region of India which had been abandoned by some of the richest Seths (merchants) of India almost a century ago, throwing its economic and social order into chaos and disintegration.

Today history beckons again as we rediscover the charm, the uniqueness of the painted walls of Ramgarh Shekhawati and the great culture and intangible heritage of this unique town that was once a great Centre of learning and was therefore called Doosra Kashi.

VHAH FEST 2020 brings together great artists, thinkers, mentors, healers, designers, entrepreneurs and institutional heads from India and abroad to Celebrate, Learn and Create at the festival, and explore the uniqueness of this great town along with the local community, particularly its women and youth.

Join us at VHAH FEST 2020 in reimagining this great historical region of Shekhawati as possibly, the most holistic and exciting Habitat of the Future!

Shruti Nada Poddar



WHAT TO EXPECT AT VHAH FEST

- *Live in Heritage Havelies*
- *Experience Spectacular Performances in Chhatris & Forts*
- *Enjoy our Interactive ADDAs (Interactive experiences)*
- *Explore Unforgettable Sites with Ramgarh Shekhawati Heritage Walk (with Camel Ride)*
- *Discover the Natural Heritage in the Ramgarh Shekhawati Forest, Dunes, Trees and Chhatris*
- *Experiment and Perform*
- *Create and Innovate with our Local and Global Experts*
- *Learn Ancient Ways of Healing*
- *Taste Heritage flavors*
- *Learn Ayurvedic Recipes for Skin Care and Medicine*
- *Heal with Ancient Tools and Techniques*
- *Learn Natural Health Treatments*
- *Immerse in the Rasa of Music & Movement*
- *Meditate and Chant to Heal Yourself*



During the Day

Kalakari Adde (Craft Corners)

- Weaving
- Pottery
- Lac Bangle making
- Mehendi
- Other exciting local craft skills

Hunar-Shalas (Learning workshops)

- Ayurvedic Solutions
- Yoga
- Khana-Bana – Learn to Make Healing Breads
- Vibrational healing
- Restoration with Lime Technology
- Architectural Heritage Practices
- Eat Right to Heal Your Life

Vichaar Baithaks (Interactive sessions)

- Heritage and Healing Interconnections
- The History and Wonder of Shekhawati
- The Genius of Indigenous Knowledge Systems
- Healing with Learning

About Ramgarh Shekhawati

Ramgarh Shekhawati is a unique heritage town of the richest Indian 19th century merchants (Seths). It has beautiful structures - magnificent Havelies (more than 200), 36 Cenotaphs (Chattris), 101 Temples etc; which are great examples of ancient art and architecture of India.

Earlier, Ramgarh Shekhawati was also known as Chhota Kashi, since it had eight centers of Sanskrit learning and cultural patronage. It has the only Veda Temple in the world, which stands unique even today!

Though the town shows signs of aging, this doesn't make it any less interesting. It also has more fresco paintings than any other town in Shekhawati.

Ramgarh Shekhawati – a space of holistic and creative wonder, a space to heal our lives.



Performances and Walks



Pdt. Madhup Mudgal



Geeta Chandran



Kabir Café (Mumbai)



Jason O'Rourke
(Northern Ireland)



Bute Khan Manganiyaar &
Kalbeliya dancers
(Rajasthan Folk)



Dr. Rima Hooja
Author/Historian
Heritage Walk and Talk



Prof. K C Soni
Bird Walk



Pung Cholam Drum dance
(Manipur)

Vichaar Baithaks

(Interactive sessions)



Gen. L K Gupta
Chairperson INTACH



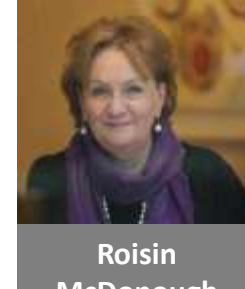
Amb. Veena Sikri
Convener SWAN



**Amb. Shiv
Shankar
Mukherjee (IFS)**



Mrs. Amla Ruia
Founder, Aakar
Chairitable Trust



**Roisin
McDonough**
CEO, Arts Council
Northertn Ireland



Sangeeta Gupta IRS
Former Income Tax
commisioner,
Artist, Poet



Claude Alvares
Environmental
Activist



Ravi Gulati
Founder,
Manzil



Sunil Gupta
Founder, New
Tourism
Foundation



Noirin McKinney
Arts Council
Northern Ireland



Pawan Gupta
Founder SIDH



**Katyayani
Agarwal**
Art Historian

Hunarshalas

(Workshops and Learning Sessions)



**Randhir Vikram
Singh**
President,
Heritage Hotels
Association



Vidhi Beri
Health Coach



Ajay Poddar
Founder, Envirionics



Subodh Tiwari
VP, Indian Yoga
Association



Aditya Ahluwalia
Founder
Life Positive



**Vedika
Jhunjhunwala**
Yoga Expert



Sanjay Prakash - Architect
(Founder, The Future Institute)



**Shruti Nada
Poddar**



Nilanjan Bhowal
Design Consortium



Manju Misra
Ayurvedic Expert



Neha Bhatia
Culinary Expert

VHAH FEST 2020: DAY 1

Friday, 17th January 2020

Schedule

Inaugural Session

16.00 Registration of Delegates

16.30 Lighting of the Lamp and Invocation

Welcome Address: Katyayani Agarwal – Secretary General, Shruti Foundation

Vedic Chanting with Students of Shekhawati

Introduction to the Festival: Dr. Shruti Nada Poddar (Convener, VHAH FEST)

INAUGURAL ADDRESS BY CHIEF GUEST (TBC)

PANEL DISCUSSION - *HERITAGE & HEALING: INTERCONNECTIONS*

General L K Gupta (Chairperson – INTACH), Roisin McDonough & Noirin McKinney (Arts Council of Northern Ireland), Shri Vinod Zutshi (TBC), Amb. Veena Sikri, Amb, Shiv Shankar Mukherjee, Sangeeta Gupta (IRS); Ravi Gulati, Sunil Gupta, Mrs. Amla Ruia, Aditya Ahluwalia

Vote of thanks: Aditya Ahluwalia, Trustee, Shruti Foundation

Evening Performances

18.00 Solo Dance Performance - Padmashree Dr. Geeta Chandran

19.30 "KABIR" – Performance by Pandit Madhup Mudgal

20.30 Inaugural Dinner at Vedaaranya Haveli (For Artists, Delegates/Special Invitees)



VHAH FEST 2020: DAY 2

Saturday, 18th January 2020

Schedule

- 8.00 Hunar Shala - Yoga with Vedika
- 9.00 Healing with Chants - Morning Meditation with Dr. Shruti Nada Poddar
- 9.30 **Breakfast for Delegates and Guest Invitees**
- 10.30 The Genius of Indigenous Knowledge Systems –Claude Alvares
- 11.30 Healing with Learning - Ravi Gulati, Founder- Manzil
- 12.30 Secrets of Ayurveda - Manju Misra
Ayurveda Skin Cream making - Chandanmal Vaid
- 13.30 **Lunch for Delegates and Guest Invitees**
- 14.30 Eat Right to Heal Your Life - Vidhi Beri
- 15.00 Khana-Bana: Make Healing Breads - Neha Bhatia
- 15.45 Secrets of Vibrational Healing in Indian Traditions - Dr. Shruti Nada Poddar
- 16.30 Healing Society with Indigenous Values – Pawan Gupta

Evening Performances

- 18.00 Pung Cholam – The Spectacular Drum Dance from the North-East
- 19.00 Rajasthani Folk performance –
Bute Khan Manganiyaar and Kalbeliya dancers
- 20.30 **Dinner for Delegates and Guest Invitees**



VHAH FEST 2020: DAY 3

Sunday, 19th January 2020

Schedule

- 8.00** Hunar Shala - Yoga with Vedika
- 9.00** Healing with Chants - Morning Meditation with Dr. Shruti Nada Poddar
- 9.30** **Breakfast for Delegates and Guest Invitees**
- 10.30** The History and Wonder of Shekhawati
Vichaar Baithak With Renowned Historian Rima Hooja
- 11.00** Ramgarh Shekhawati Heritage Walk
With Dr. Reema Hooja and Dr. Shruti Nada Poddar
- 12.30** Architectural Heritage of Shekhawati: Sustainable Practices - Sanjay Prakash
- 13.00** Heritage Conservation - Film by Nilanjan Bhowal (Conservation Architect)
- 13.30** **Lunch for Delegates and Guest Invitees**
- 14.30** Energy Healing - Hunarshala with Aditya Ahluwalia, Founder Life Positive
- 15.00** Correcting the Energy of People and Spaces – Hunar Shala with Ajay Poddar
- 15.30** The Science of Breath – Humnar Shala with Subodh Tiwari
- 16.30** The Natural Heritage Tour and Bird Watching - with Prof K.C. Soni



VHAH FEST 2020: DAY 3 - Evening

Sunday, 19th January 2020

Schedule

THE FINAL EVENING

18.00 - Closing Ceremony

18.45 - The Irish Folk Connection

A Musical Journey with Jason O' Rourke (Northern Ireland)

19.30 Rocking with Music Band "Kabir Café" singing KABIR

20.30 Gala Dinner for Artists, Delegates and Guest Invitees



How to Get to VHAH FEST 2020



- Driving to Ramgarh Shekhawati
- 2.5 hours from Jaipur via Bikaner Highway
- 4.5 hours from Delhi Airport
- By Train from Delhi or Gurgaon
- 4.5 hours from Gurgaon to Churu
- 5 hours from Delhi to Churu
- Churu is only 15 Km from Ramgarh Shekhawati.
- Transport available on request.



We are offering a special Accommodation, Meals, Festival package at our beautiful, nurturing Vedaaranya Haveli and the Vedaaranya Experience at other surrounding heritage hotels (with all meals and the festival included)

Contact vedaaranya@gmail.com

GET IN TOUCH

For Festival, Travel,
Accommodation
and other information
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