



Nāda Vibronics

SHRUTI'S VIBRATIONAL HEALING SERIES

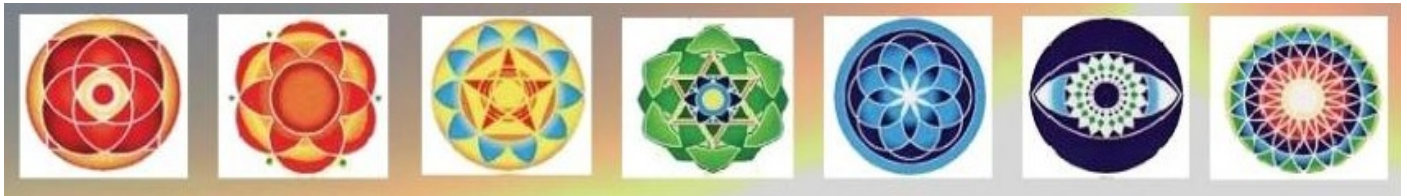
"The Sole Timeless Word That Carries Eternity in its Lonely Sound."

Essence of Nāda Vibronics

- Cure of Disease, Holistic Well-Being and Personal Empowerment
- Simple and Practical Methods for Self-Healing
- Recognising Our Energetics, Vibrational flux and disorders
- Understanding Chakras and their Alignment with Human Body
- Effect of Mantra on different planes and parts of our being
- Simple Techniques of Thought Transmutation
- Healing With SEED sounds
- Mudra Pressure Healing
- Nada And Visualization Therapies
- Inner Travel for Healing
- Harmonization at Home and Work

Shruti Nada Poddar is globally known as a musician and a vibrational healer with Nada (Sound), as a Mentor, a Wellness coach, a cultural expert, educationist and faculty trainer, She is a cultural and wellness consultant and an exponent of heritage conservation, art history and Indigenous Knowledge Systems. She is also a policy influencer in tourism, art & culture, education, wellness and revival of heritage sites and sciences.

She is the pioneer of **NADA VIBRONICS**, the vibration-healing ecosystem for wellness and cure of autoimmune health conditions. Her healing sound ecosystems are used by individuals, medical, educational and research institutions worldwide. She has been conducting clinical studies on the effects of Indian Sonic Sciences (use of Beejakshara) on children with asthma and other lung disorders in collaboration with scientific research institutions. She has been awarded for her healing music and international relations by the Govt. of India and Diaspora institutions since 2002. She gives public talks with a contemporary approach in Indian wellness sciences, Indian Philosophy, Culture and Traditional Sciences, self-management and leadership.



Level I



Nada Vibronics Level I is a journey of discovering one's personal vibrations through the Science of Nada. We recognise our Body Processes with Sound and other Vibrational tools and activate our energy centers for personal healing and self-empowerment.

ELEMENTS

Nada Beam Movement

Stress release
Increase in Concentration and Will power
Directed cure of disease

Raga Visualization

Effect psychosomatic and physiological changes

Effect of Vedic Chants

Altering brainwave states
Self cure through Japa trance

Beeja Mantra and Chakras

An introduction to the curative science of seed sounds through our energy centers

Nada Cleansing

Directing Prana with breath for cleansing and harmonising

NADA as The Microbe Of Cure

The healing microcosm within

Abstract Sound

The deepest power of mind

Level II

Nada Vibronics Level II explores planes and parts of the human anatomy with the body's esoteric energies through an experiential understanding of Chakras & other energy systems. We learn to recognise our predominant Chakras and correct energy misalignments within us.

ELEMENTS

Nadis, Chakras & Anatomy

Mapping the esoteric nervous system and energy centres to Human Vertebrae, as well as the Nervous and Endocrine Systems

Beeja Mantras (seed sounds)

Correcting body frequencies with the 'Beeja Mantra'

Mudra Healing

Esoteric energy points on hands for activating energies

Niyasas

Nada And Visualization Therapy

The Nada Journey

Psychic travel – a journey beyond body consciousness



Level III



Nada Vibronics Level III is a two-day intensive that will deepen the ability of our self-therapeutic and manifestive power through the science of the Sri Yantra and the MERU and their holographic connection with the human body.

This level of Nada Vibronics is very intense and will be offered to aspirants who have completed Level I & II.

ELEMENTS

Sacred Geometry of Sri Yantra & the Meru

The Art and Sacred Science of the Shakti force

Meru and Human Planes

Mapping universal energies at the human level and learn the art of self and universal empowerment

Shakti Beejas Mantras

Learning powerful Shakti seed sounds aligned to the human body

"ĪM" Vidya

The powerful manifestive forces

Meru Visualisation Therapies –

Shakti forces and Inner cosmic journeys

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