

# Malaysian Diabetes Educators Society Conference 2017



Bangsar South, Kuala Lumpur

7<sup>th</sup> - 9<sup>th</sup> April 2017 • Connexion @ The Vertical, Bangsar South, Kuala Lumpur

Continuing Professional Development Program

Now Open for  
Registration and  
Abstract Submission

In collaboration with



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# CONFERENCE ANNOUNCEMENT

## Conference Objectives

**TO ENHANCE** the knowledge and skills of diabetes management by translating science into practice.

**TO STRENGTHEN** the collaboration within and between the diabetes care team.

**TO STANDARDISE** diabetes information provided to people with diabetes.

## Preface

The Malaysian Diabetes Educators Society (MDES) is a non-profit organisation initiated in May 2007 for Health Care Professionals providing Diabetes Education and Management.

### VISION

*Improving the life of people affected by, and at risk of diabetes through optimal health and wellness.*

### MISSION

*To lead and advocate best practice of diabetes education by promoting healthy living and diabetes self-management.*

## Who Should Attend

Healthcare professionals caring for people with diabetes, including:

- Internal Medicine
- Family Medicine Specialists
- General Practitioners
- Medical and Public Health Officers
- Other Allied Healthcare Professionals
- Pharmacists
- Diabetes Educators
- Dietitians and Nutritionists
- Nurses
- Medical Assistants
- Other Allied Healthcare Professionals

- *Certificate of Attendance for all delegates*
- *CPD Points are available for Malaysian Doctors, Medical Assistants, Nurses, Pharmacists and Dietitians*

## Committee

### CONFERENCE ADVISORS

Prof. Dr. Chan Siew Pheng  
Dr. Zanariah Hussein  
Dato' Tan Yoke Hwa  
Dr. Tan Ming Yeong

### SCIENTIFIC COMMITTEE

**Chairperson** Assoc. Prof. Dr. Shireene Ratna Vethakkan  
**Co-chairperson** Prof. Dr. Wu Loo Ling  
**Committee** Prof. Dr. Winnie Chee Siew Swee  
Dr. Logakodie A/P Subramaniam  
Dr. Tan Ming Yeong  
Ms. Lee Ching Li  
Ms. Siah Guan Jian

### ORGANISING COMMITTEE

**Chairperson** Ms. R. Letchmi Devi  
**Co-chairperson** Ms. Yong Lai Mee  
**Committee** Dr. Logakodie A/P Subramaniam  
Dr. Wong Yong Kai  
Ms. Tan Sing Ean  
Ms. Wong Yoke Lian  
Ms. Kher Pui Ling  
Ms. Poh Kai Ling  
Ms. Suzatul Fadzillah Dawi

# ○ Faculty

## INTERNATIONAL FACULTY

Prof. Dr. Bodil Rasmussen (Australia)  
Prof. Dr. Tan Meng Hee (USA)  
Dr. Benedict Tan (Singapore)

## LOCAL FACULTY

Prof. Dato' Paduka Dr. Mafauzy Mohamed (USM)  
Prof. Dr. Winnie Chee Siew Swee (IMU)  
Prof. Dr. Wu Loo Ling (UKM)  
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof (UPM)  
Assoc. Prof. Dr. Imelda Balchin (UMMC)  
Assoc. Prof. Dr. Lim Soo Kun (UMMC)  
Assoc. Prof. Dr. Muhammad Yazid Jalaludin (UMMC)  
Assoc. Prof. Dr. Shireene Ratna Vethakkan (UMMC)  
Assoc. Prof. Dr. Yeow Toh Peng (PMC)  
Dr. Cha Kar Huei (RSDH SJMC)  
Dr. Hew Fen Lee (RSDH SJMC)  
Dr. Janet Hong Yeow Hua (MOH)  
Dr. Luqman Ibrahim (UMMC)  
Dr. Mastura Ismail (MOH)

Dr. Mathi Arasu Muthusamy (Fertility Associates)  
Dr. Saini Jeffery (KPJ THC)  
Dr. Shanggar Kuppusamy (UMMC)  
Dr. Sharmila Paramasivam (UMMC)  
Dr. Tan Ming Yeong (IMU)  
Dr. Zanariah Hussein (MOH)  
Ms. Foong Pui Hing (IJN)  
Ms. Jamilah Hanum Abdul Khaiyom (IIUM)  
Ms. Lee Ching Li (IMU)  
Ms. Lee Lai Fun (IMU)  
Ms. Siah Guan Jian (IJN)  
Ms. Teong Lee Fang (MOH)  
Ms. Wong Yoke Lian (J & J)

# ○ Scientific Programme

## PLENARY

- Diabetes Education: Why it's so crucial to care**
- Newer anti-diabetic agents and cardiovascular outcomes**
- Individualized A1C targets: One size DOES NOT fit all**
- Why Patients don't Comply to diet and the way forward**
- Challenges in the management of diabetes in young children**
- Debunking myths about Statins and Cholesterol**

## SYMPOSIUM

- Medical Nutrition Therapy**
  - The saturated fats controversy and cardiovascular health in diabetes
  - The Chronic Kidney Disease (CKD) diet and diabetes
- Diabetes and the Kidney**
  - Preventing progression of Diabetes Nephropathy
  - Managing hyperlipidemia and diabetes in End Stage Kidney Disease
- Sex and Fertility in Diabetes**
  - Managing Erectile Dysfunction in patients with diabetes
  - Polycystic ovarian syndrome and fertility in diabetes
- Obesity/Diabetes**
  - Screening for complications of obesity in diabetes –a case based discussion
  - Pharmacotherapy for both diabetes and obesity- new horizons
  - Bariatric Procedures-new and old
- Diabetes Prevention**
  - The Malaysian Strategies
  - Exercise - Maximum outcome with minimum input

## CASE STUDY

- Management of the Diabetic foot**
- Care of the elderly with diabetes**
- Effective approach in diabetes education**
- Preconception care and Gestational Diabetes**
- Interpreting SMBG and forming an Action Plan**
- Type 2 Diabetes Mellitus in children with Antibodies**

## WORKSHOP

- Diabetes Education in Children**
- Behavioural Modification**
- Self-monitoring of diet: Practical solutions**
- Carbohydrate Counting: From Basics to Advanced**

## MEET THE EXPERT

- Matching insulin with food intake in Children**
- New Oral and injectable agents for Type 2 Diabetes**

## FORUM

- Diabetes Education- Peer Sharing**

# Registration Fees

CATEGORY	* Early Bird Registration On or Before 31 <sup>st</sup> January 2017	** Normal Registration After 31 <sup>st</sup> January 2017
MDES member *** / Student	RM 550	RM 650
Non-member (Allied Health)	RM 650	RM 750
Non-member (Doctor and PhD)	RM 750	RM 800
International Delegate	USD 400	USD 500
Day Registration	RM 350/day	RM 400/day

\* **Early Bird** registration fees are applicable only if full payment received by 31<sup>st</sup> January 2017.

\*\* Normal registration fees are applicable to registrations received after 31<sup>st</sup> January 2017.

\*\*\* MDES member fee is only applicable to members whose membership is valid before 31<sup>st</sup> December 2016.

## Disclaimer

- The organising committee is not to be held responsible for accidents, losses, damages related to the conference, modification in the programme and any changes in the terms or conditions of the hotel accommodation.
- The organiser reserves the right to make changes and amendments to the programme and arrangements without prior notice.

Kindly visit conference website to **Register Online** OR **download the Registration Form**.

## Abstract Submission

### ABSTRACT SUBMISSION FOR POSTER COMPETITION

1<sup>st</sup> Prize: RM1,000    2<sup>nd</sup> Prize: RM800    3<sup>rd</sup> Prize: RM500

### ABSTRACT SUBMISSION GUIDELINES

1. All abstracts must be submitted to the MDES 2017 Conference Secretariat by email ([mdes2017@crestevendz.com.my](mailto:mdes2017@crestevendz.com.my)). Hardcopy submissions will not be accepted.
2. Abstracts must be submitted by **20<sup>th</sup> February 2017**. Late submissions or incomplete abstracts will not be accepted.
3. Your abstract will appear in print as submitted. Please ensure you check your data carefully before submitting as changes or additions will not be accepted after **20<sup>th</sup> February 2017**.
4. Upon submission, abstract applicants will receive a notification of receipt from the Conference Secretariat by email. If you do not receive any acknowledgement reply, please contact the Conference Secretariat via email at [mdes2017@crestevendz.com.my](mailto:mdes2017@crestevendz.com.my)
5. The Conference Secretariat will notify participants regarding the results of their submission by **7<sup>th</sup> March 2017**.

### IMPORTANT NOTE

Authors of accepted abstracts must be registered delegates and be responsible for all expenses incurred in the production of poster, travel and accommodation during the Conference.

Please register as a delegate before **14<sup>th</sup> March 2017** to ensure that your abstracts will be published in the abstract book.

For further details of **Abstract Submission Guidelines** and download of **Abstract Submission Form**, please visit the conference website at [conference.mdes.org.my](http://conference.mdes.org.my)

## Hotel Information

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice.

### V E HOTEL & RESIDENCE, BANGSAR SOUTH

Bangsar South City, No. 8, Jalan Kerinchi, 59200 Kuala Lumpur.

**Hotel reservation or booking details:**

Tel: +60 3 2246 2888 | Email: [info@vehotel.com](mailto:info@vehotel.com)

Website: [www.vehotel.com](http://www.vehotel.com)

(Room rate from RM 260 onwards)

*Download the Booking Form at conference website*

### CAPRI BY FRASER HOTEL & RESIDENCE, KUALA LUMPUR

No. 5 Jalan Kerinchi, Bangsar South City, 59200 Kuala Lumpur.

Tel: +60 3 2386 0888

Email: [reservations.kualalumpur@capribyfraser.com](mailto:reservations.kualalumpur@capribyfraser.com)

Website: [kualalumpur.capribyfraser.com](http://kualalumpur.capribyfraser.com)

(Room rate from RM 330 (2 guests) onwards)

*Download the Booking Form at conference website*

### CITITEL MID VALLEY

Mid Valley City, Lingkaran Syed Putra, 59200 Kuala Lumpur.

Tel: +60 3 2296 1188

Website: [www.cititelmidvalley.com](http://www.cititelmidvalley.com)

(Room rate from RM 220 onwards)

### SIGNATURE HOTEL @ BANGSAR SOUTH

B-10, Pantai Business Park, Off Jalan Pantai Baru, 59200 Kuala Lumpur

Tel: +60 3 2202 3435

Website: [bangsarsouth.mysignaturehotel.com.my](http://bangsarsouth.mysignaturehotel.com.my)

(Room rate from RM 120 onwards)

### KOPTOWN HOTEL

No. 68, Wisma Pantai, Jalan Pantai, 59200, Bangsar Kuala Lumpur.

Tel: +60 3 2202 2722

Website: [www.koptown.com.my](http://www.koptown.com.my)

(Room rate from RM 120 onwards)

**For more alternative accommodation, kindly visit the conference website.**

## MDES 2017 SECRETARIAT

c/o CREST EVENDZ SDN BHD

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