



# MDES Conference 2017

Malaysian Diabetes Educators Society Conference 2017

7<sup>th</sup> – 9<sup>th</sup> April 2017 | Connexion @ The Vertical, Bangsar South, Kuala Lumpur, Malaysia

**Friday, 7<sup>th</sup> April 2017**

Time	Agenda		
7:30am – 4:00pm	<b>Registration</b>		
8:30am – 9:15am	<b>Plenary 1</b> <span style="float: right;"><b>Summit 1</b></span> Diabetes Education: Why It's So Crucial to Care <b>Speaker: Prof. Dr. Bodil Rasmussen</b> Chairperson: Dr. Tan Ming Yeong		
9:15am – 10:00am	<b>Plenary 2</b> <span style="float: right;"><b>Summit 1</b></span> Newer Anti-Diabetic Agents and Cardiovascular Outcomes <b>Speaker : Prof. Dr. Tan Meng Hee</b> Chairperson: Assoc. Prof. Dr. Shireene Ratna Vethakkan		
10:00am – 10:45am	<b>Opening Ceremony by YBhg. Datuk Dr. Noor Hisham Bin Abdullah</b> <span style="float: right;"><b>Summit 1</b></span> The Director-General of Health, Malaysia		
10:45am – 11:00am	<b>Morning Break</b>		
11:00am – 12:00pm	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Symposium 1</b> <span style="float: right;"><b>Summit 1</b></span>  <b>Diabetes and the Kidney</b>            Chairperson: Dr. Wong Yong Kai            (i) Preventing Progression of Diabetic Nephropathy  <b>Speaker: Assoc. Prof. Dr. Lim Soo Kun</b>            (ii) Managing Hyperlipidemia and Diabetes in End-Stage Renal Disease  <b>Speaker: Dr. Hew Fen Lee</b> </td> <td style="width: 50%; vertical-align: top;"> <b>Case study 1</b> <span style="float: right;"><b>Zenith</b></span>  <b>Management of Diabetic Foot</b>            Chairperson: Dr. Logakodie Subramanian            (i) The Painful Neuropathic Foot  <b>Speaker: Dr. Saini Jeffery</b>            (ii) The Ischemic Foot  <b>Speaker: Dr. Tan Kia Lean</b> </td> </tr> </table>	<b>Symposium 1</b> <span style="float: right;"><b>Summit 1</b></span> <b>Diabetes and the Kidney</b> Chairperson: Dr. Wong Yong Kai (i) Preventing Progression of Diabetic Nephropathy <b>Speaker: Assoc. Prof. Dr. Lim Soo Kun</b> (ii) Managing Hyperlipidemia and Diabetes in End-Stage Renal Disease <b>Speaker: Dr. Hew Fen Lee</b>	<b>Case study 1</b> <span style="float: right;"><b>Zenith</b></span> <b>Management of Diabetic Foot</b> Chairperson: Dr. Logakodie Subramanian (i) The Painful Neuropathic Foot <b>Speaker: Dr. Saini Jeffery</b> (ii) The Ischemic Foot <b>Speaker: Dr. Tan Kia Lean</b>
<b>Symposium 1</b> <span style="float: right;"><b>Summit 1</b></span> <b>Diabetes and the Kidney</b> Chairperson: Dr. Wong Yong Kai (i) Preventing Progression of Diabetic Nephropathy <b>Speaker: Assoc. Prof. Dr. Lim Soo Kun</b> (ii) Managing Hyperlipidemia and Diabetes in End-Stage Renal Disease <b>Speaker: Dr. Hew Fen Lee</b>	<b>Case study 1</b> <span style="float: right;"><b>Zenith</b></span> <b>Management of Diabetic Foot</b> Chairperson: Dr. Logakodie Subramanian (i) The Painful Neuropathic Foot <b>Speaker: Dr. Saini Jeffery</b> (ii) The Ischemic Foot <b>Speaker: Dr. Tan Kia Lean</b>		
12:00pm – 2:15pm	<b>Lunch</b> <span style="float: right;"><b>Summit 2</b></span>		
2:15pm – 3:00pm	<b>Plenary 3</b> <span style="float: right;"><b>Summit 1</b></span> <b>Why Don't' Patients Comply with Diet? How Can We Manage it</b> <b>Speaker: Prof. Dr. Winnie Chee Siew Swee</b> Chairperson: Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof		
3:00pm – 4:00pm	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Symposium 2</b> <span style="float: right;"><b>Summit 1</b></span>  <b>Medical Nutrition Therapy</b>            Chairperson: Poh Kai Ling            (i) The Saturated Fats Controversy and Cardiovascular Health in Diabetes  <b>Speaker: Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof</b>            (ii) The Chronic Kidney Disease Diet and Diabetes  <b>Speaker: Teong Lee Fang</b> </td> <td style="width: 50%; vertical-align: top;"> <b>Workshop 1</b> <span style="float: right;"><b>Zenith</b></span>  <b>Diabetes Education in Children</b>            Chairperson: Wong Yoke Lian            (i) Barriers and Strategies for Counselling the Adolescent with Diabetes  <b>Speaker: Prof. Dr. Bodil Rasmussen</b>            (ii) Remote Glucose Monitoring –Digital Care in the New Millennium  <b>Speaker: Chong Ken Huat</b> </td> </tr> </table>	<b>Symposium 2</b> <span style="float: right;"><b>Summit 1</b></span> <b>Medical Nutrition Therapy</b> Chairperson: Poh Kai Ling (i) The Saturated Fats Controversy and Cardiovascular Health in Diabetes <b>Speaker: Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof</b> (ii) The Chronic Kidney Disease Diet and Diabetes <b>Speaker: Teong Lee Fang</b>	<b>Workshop 1</b> <span style="float: right;"><b>Zenith</b></span> <b>Diabetes Education in Children</b> Chairperson: Wong Yoke Lian (i) Barriers and Strategies for Counselling the Adolescent with Diabetes <b>Speaker: Prof. Dr. Bodil Rasmussen</b> (ii) Remote Glucose Monitoring –Digital Care in the New Millennium <b>Speaker: Chong Ken Huat</b>
<b>Symposium 2</b> <span style="float: right;"><b>Summit 1</b></span> <b>Medical Nutrition Therapy</b> Chairperson: Poh Kai Ling (i) The Saturated Fats Controversy and Cardiovascular Health in Diabetes <b>Speaker: Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof</b> (ii) The Chronic Kidney Disease Diet and Diabetes <b>Speaker: Teong Lee Fang</b>	<b>Workshop 1</b> <span style="float: right;"><b>Zenith</b></span> <b>Diabetes Education in Children</b> Chairperson: Wong Yoke Lian (i) Barriers and Strategies for Counselling the Adolescent with Diabetes <b>Speaker: Prof. Dr. Bodil Rasmussen</b> (ii) Remote Glucose Monitoring –Digital Care in the New Millennium <b>Speaker: Chong Ken Huat</b>		
4:00 pm – 5:00 pm	<b>Hi-Tea Symposium Sponsored by Merck Sharp &amp; Dohme (MSD)</b> <span style="float: right;"><b>Summit 1</b></span> Diabetes and Dyslipidemia <b>Speakers: Dr. Hew Fen Lee</b> <b>Dr. Radhakrishna Sothiratnam</b> Chairperson: Assoc. Prof. Dr. Shireene Ratna Vethakkan		
5:00pm – 5:30pm	<b>Hi-Tea</b>		
5:30pm – 6:30pm	<b>Malaysian Diabetes Educators Society - Annual General Meeting 2017</b> <span style="float: right;"><b>Zenith</b></span>		



# MDES Conference 2017

Malaysian Diabetes Educators Society Conference 2017

7<sup>th</sup> – 9<sup>th</sup> April 2017 | Connexion @ The Vertical, Bangsar South, Kuala Lumpur, Malaysia

**Saturday, 8<sup>th</sup> April 2017**

Time	Agenda	
8:30am – 9:15am	<b>Plenary 4</b> Individualized A1C Targets: One size DOES NOT Fit All <b>Speaker: Assoc. Prof. Dr. Yeow Toh Peng</b> <i>Chairperson: Assoc. Prof. Dr. Shireene Ratna Vethakkan</i>	
9:15am – 10:00am	<b>Plenary 5</b> Debunking Myths about Statins and Cholesterol <b>Speaker: Prof. Dr. Tan Meng Hee</b> <i>Chairperson: Assoc. Prof. Dr. Shireene Ratna Vethakkan</i>	
10:00am – 10:30am	<b>Morning Break</b>	
10:30am – 11:30am	<b>Case Study 2</b> <b>Elderly Diabetes Care</b> <i>Chairperson: Kher Pui Ling</i>  Diabetes and the Elderly – Does Age Matter? <b>Speaker: Dr. Sharmila Paramasivam</b>	<b>Case Study 3</b> <b>Behavioural Modification</b> <i>Chairperson: Lee Ching Li</i>  Cognitive Behavioural Therapy in Improving Adherence <b>Speaker: Jamilah Hanum Abdul Khaiyam</b>
11:30am – 12:30pm	<b>Symposium 3</b> <b>Sex and Fertility in Diabetes</b> <i>Chairperson: Dr. Logakodie Subramanian</i> (i) Managing Erectile Dysfunction in Patients with Diabetes Mellitus <b>Speaker: Dr. Shanggar Kuppusamy</b> (ii) Polycystic Ovarian Syndrome, Fertility and Diabetes Mellitus <b>Speaker: Dr. Mathi Arasu Muthusamy</b>	<b>Case Study 4</b> <b>Diabetes Education</b>  Diabetes Education <b>Speakers: Wong Yoke Lian</b> <b>Prof. Dr. Bodil Rasmussen</b> <b>Assoc. Prof. Dr. Yeow Toh Peng</b>
12:30pm – 1:30pm	<b>Lunch Symposium Sponsored by Becton Dickinson (BD)</b> FITTER: New Insulin Injection Recommendations <b>Speaker: Dr. Larry Hirsch</b> <i>Chairperson: Dr. Zanariah Hussein</i>	
1:30pm – 2:30pm	<b>Lunch</b>	
2:30pm – 3:30pm	<b>Case Study 5</b> <b>Diabetes and Pregnancy</b> <i>Chairperson: Dr. Iliza Idris</i> (i) Gestational Diabetes – A Holistic Approach <b>Speaker: Dr. Zanariah Hussein</b> (ii) Preconception Care in Type 1 and Type 2 Diabetes Mellitus <b>Speaker: Prof. Dr. Imelda Balchin</b>	<b>Case Study 6</b> <b>Diabetes Education</b> Interpreting Self-monitoring of Blood Glucose (SMBG) and forming an Action Plan <b>Speakers: Dr. Tan Ming Yeong</b> <b>Lee Ching Li</b> <b>Assoc. Prof. Dr. Shireene Ratna Vethakkan</b>
3:30pm – 4:30pm	<b>Meet the Experts</b> <b>Matching Insulin with Food Intake in Children</b> <b>Speakers: Prof. Dr. Wu Loo Ling</b> <b>Lee Lai Fun</b>	<b>Workshop 2</b> <b>Medical Nutrition Therapy (adult)</b> (i) Carbohydrate Counting: From Basics to Advanced <b>Speaker: Foong Pui Hing</b> (ii) Self-monitoring of Diet: Practical Solutions <b>Speaker: Lee Ching Li</b>



# MDES Conference 2017

Malaysian Diabetes Educators Society Conference 2017

7<sup>th</sup> – 9<sup>th</sup> April 2017 | Connexion @ The Vertical, Bangsar South, Kuala Lumpur, Malaysia

4:30pm – 5:30pm	<b>Hi-Tea Symposium Sponsored by AstraZeneca</b> Once Weekly Exenatide: New Solution for Type 2 Diabetes Patients Failing Oral Anti-diabetic Agents <b>Speaker: Dr. Luqman Ibrahim</b> Chairperson: Prof. Dr. Norlela Sukor	<b>Summit 1</b>
5:30pm – 6:00pm	<b>Hi-Tea</b>	

## Sunday, 9<sup>th</sup> April 2017

Time	Agenda	
7:30am – 8:30am	<b>Diabetes Education Round Table Discussion</b> Challenges of Diabetes Education in Malaysia and Strategies for Improvement <b>Facilitators: Dr. Tan Ming Yeong</b> <b>Siah Guan Jian</b>	<b>Zenith</b>
8:30am – 9:15am	<b>Plenary 6</b> Challenges in the Management of Diabetes in Young Children <b>Speaker: Assoc. Prof. Dr. Muhammad Yazid Jalaludin</b> Chairperson: Prof. Dr. Wu Loo Ling	<b>Summit 1</b>
9:15am – 10:15am	<b>Case Study 7</b> <b>Pharmacotherapy for Diabetes</b> Chairperson: Poh Kai Ling  Managing Type 2 Diabetes Mellitus: Matching the Right Patient with the Right Drug <b>Speaker: Dr. Luqman Ibrahim</b>	<b>Summit 1</b>
	<b>Case Study 8</b> <b>Paediatric</b> Chairperson: Tan Sing Ean  Type 2 Diabetes Mellitus with Antibodies <b>Speaker: Dr. Janet Hong Yeow Hua</b>	<b>Zenith</b>
10:15am – 10:45am	<b>Morning Break</b>	
10:45am – 11:45am	<b>Symposium 4</b> <b>Obesity/Diabetes</b> Chairperson: Dr. Luqman Ibrahim (i) Pharmacotherapy for Both Diabetes and Obesity- New Horizons <b>Speaker: Prof. Dato' Paduka Mafauzy Mohamed</b> (ii) Bariatric Surgery - New and Old <b>Speaker: Dr. Cha Kar Huei</b>	<b>Summit 1</b>
	<b>Symposium 5</b> <b>Diabetes Prevention</b> Chairperson: Dr. Wong Yong Kai (i) Malaysian Strategies for Diabetes Prevention <b>Speaker: Dr. Feisul Idzwan Mustapha</b> (ii) Exercise - Maximum Outcome with Minimum Input <b>Speaker: Dr. Benedict Tan Chi'-Loong</b>	<b>Zenith</b>
11:45am – 1:00pm	<b>Diabetes Education Interactive Forum</b> 3L Peer Sharing: Live, Link, Learn <b>Facilitators: Siah Guan Jian</b> <b>Dr. Tan Ming Yeong</b>	<b>Summit 1</b>
1:00pm – 1:30pm	<b>Closing Ceremony, Prize Giving &amp; Lunch</b>	<b>Summit 1</b>