



SPEEDCON 2019

2nd Annual SPEED Conference 2019

Dilemmas in Endocrinology: From Doubts to Decisions

2nd - 3rd February 2019, The Leela Ambience Gurugram



Scientific Program



**Organized by
Society for Promotion of Education in
Endocrinology & Diabetes (SPEED)**

1230 - 1300 hrs	Registration						
1300 - 1345 hrs	Lunch						
1345 - 1400 hrs	Welcome Address						
Time	Topic	Speaker	Chairpersons	Time	Topic	Speaker	Chairpersons
Parallel Session - Hall A				Parallel Session - Hall B			
1400 - 1450 hrs	Session 1 - Endocrine Enlightenment (20 + 5 Min)			1400 - 1440 hrs	Session 1 - The Matinee Show (18 + 2 Min)		
1400 - 1425 hrs	Twincretins in Type 2 Diabetes	Sachin Chittawar	Neeraj Nischal, A K Jhingan, R M Chhabra, Prayas Sethi	1400 - 1420 hrs	Latest Diabetic devices: Practical usage	K V S Harikumar	S Sehra, P S Ghalaut, Anoop Chhabra, Satish Gulati
1425 - 1450 hrs	Hypertension: When and how to screen for Endocrine causes	S K Singh		1420 - 1440 hrs	Why aren't we prescribing pills for Obesity	Vageesh Ayyar	
1450 - 1535 hrs	Session 2 - Rapid Fire Round on Fresh Arrivals (12 + 3 Min)			1440 - 1540 hrs	Session 2 - Rapid fire on Way of Living (10 + 3 Min)		
1450 - 1505 hrs	PCSK 9 Inhibitors: Rational usage	Jyoti Bhattarai	Ashish Goel, Deepak Kothari, Vinod Gautam, Suresh Mittal	1440 - 1453 hrs	Exercise and Diabetes: What we need to know!	S K Sharma	Munish Prabhakar, Surjadeep Sengupta, Prabhat Goel, Navin Atal
1505 - 1520 hrs	Denosumab: Position in treatment of Osteoporosis	Vijaya Bhaskar Reddy		1453 - 1506 hrs	How much fat can be safely consumed?	Soumik Goswami	
				1506 - 1519 hrs	Are fruits healthy for Diabetics?	Debmalya Sanyal	
1535 - 1610 hrs	Session 3 - Panel Discussion: What Patient wants from Doctor? (35 Min)			1519 - 1532 hrs	Role of diet in controlling Hyperuricemia	Ameya Joshi	
	Moderator: Sanjay Kalra			1540 - 1620 hrs	Session 3 - Chaiye Pe Charcha (40 Min)		
	Patients' outlook on Diabetes management - Ethical Perspective - Live interaction with patients				Moderator: S V Madhu		
					Management of Hypertension in Diabetes: Current practice in South Asian Countries Panelists: Dina Shrestha (Nepal), Mohammad Wali Naseri (Afghanistan), Chaminda Garusinghe (Sri Lanka), Shahjada Selim (Bangladesh), Anil Dhall (India)		

Time	Topic	Speaker	Chairpersons	Time	Topic	Speaker	Chairpersons		
Parallel Session - Hall A				Parallel Session - Hall B					
1610 - 1700 hrs	Session 4 -The Big Fight: Debate on Dilemmas (10 + 2 Min)			1620 - 1650 hrs	Session 4 - Challenging the Tradition (25 + 5 Min)				
1610 - 1635 hrs	Aspirin should be routinely used for primary prevention of CVD in Diabetes		M P S Chawla, Charu Goel, K S Chadha, Sandeep Garg	1620 - 1650 hrs	Low Carbohydrate diet in type 2 Diabetes	Rajiv Singla	Deepmala Lalchandani, Harpreet Singh, Pawan Sharma, Dhiraj Kapoor		
	For the motion	Jay Chordia							
	Against the motion	Altamash Sheikh							
1635 - 1700 hrs	BP target of 140/90 is safer than 120/80 mm Hg in Hypertensive subjects with Diabetes!								
	For the motion	Alpesh Goyal							
	Against the motion	Abhilash Nair							
1700 - 1715 hrs	Tea / Coffee Break								
Time	Topic	Speaker	Chairpersons						
1715 - 1845 hrs	The Endocrine Pundits (25 + 5 Min)		Ghanshyam Pangtey, Ashok Taneja, Kanwar Singh Goel, Sonika Lamba						
	Session A								
1715 - 1745 hrs	Management of Thyroid nodule	Vivek Aggarwal							
1745 - 1815 hrs	Understanding the results of DEXA Scan	Subhankar Chowdhury							
	Session B								
1815 - 1845 hrs	Primary Hyperparathyroidism: A primer for Physicians	Nikhil Tandon							
1845 - 1915 hrs	President's Oration		Meena Chhabra, Nishant Raizada, Vijay Arora, Alka Sharma, Aparna Agrawal						
	Cardiovigilance in Thyroid disorder								
	Saptarshi Bhattacharya								
1915 - 1930 hrs	A Real Life Story								
	Steps in the life of type 1 Diabetic								
	A K Jhingan								
1930 - 1935 hrs	Book Launch								
1935 - 2100 hrs	Music Show and Dinner								

Time	Topic	Speaker	Chairpersons	Time	Topic	Speaker	Chairpersons
Parallel Session - Hall A				Parallel Session - Hall B			
0930 - 1010 hrs	Session 1 - Panel Discussion on one of The Biggest Dilemmas in Diabetes (40 Min) Moderator: Narender Kotwal			0930 - 1010 hrs	Session 1 - Dynamic Duos (18 + 2 Min)		
	How to screen for CAD in Diabetes			0930 - 0950 hrs	Endocrine practice patterns in Delhi	Deep Dutta, Deepak Khandelwal	Ajay Yadav, Balkrishna
	Panelists: Aditya Batra, Mangesh Tiwaskar, R K Prasad, Dheeraj Kapoor, Ajay Mahajan			0950 - 1010 hrs	Hormone abuse in sports	Parjeet Kaur, Saptarshi Bhattacharya	Tiwari, Inder Kasturia, Rakesh Pandit
1010 - 1110 hrs	Session 2 - Interesting Cases: A Learner's Paradise (15 + 5 Min)			1010 - 1050 hrs	Session 2 - Pharmacological Prudence (18 + 2 Min)		
1010 - 1030 hrs	Interesting Cases: Adrenal	Pramod Gandhi	Manoj Kumar, Sweety Aggarwal, Saket Kant, Nidhi Malhotra	1010 - 1030 hrs	Clinical outcomes of titration and comparing ultra long acting basal insulin	Abhay Ahluwalia	Parul Jain, Rajneesh Mittal, Ajay Gupta, Sushil Kotru
1030 - 1050 hrs	Interesting Cases: Pituitary	Ganapathi Bantwal		1030 - 1050 hrs	Its time to declare victory over heart failure in T2DM	Inder Anand	
1050 - 1110 hrs	Interesting Cases: Bone	Chaminda Garusinghe		1050 - 1150 hrs	Session 3 Cardiovascular Vigilance (18 + 2 Min)		
1110 - 1150 hrs	Session 3 - Not Run of the Mill (10 + 2 Min)			1050 - 1110 hrs	RCT to RWE - Do the clinical trials reflect the benefits in real world setting	Kalyan Kumar Gangopadhyay	Khwaja Nazim Uddin, Shuchin Bajaj, D Sehra, Kamal Kishor
1110 - 1122 hrs	Testosterone replacement and CV Risk	Abhay Sahoo		1110 - 1130 hrs	Rewinding the decade of journey of GLP RAs - glycemic benefit to CVOT - an awarding option	Sanjay Kalra	
1122 - 1134 hrs	Statin in elderly: Time to question?	Partha Pratim Chakraborty	Muthukrishnan, Rajneesh Mittal, Girish Khurana, Sandeep Suri	1130 - 1150 hrs	Present day approach to CV mortality reduction in T2 DM: Time to bell the cat	A K Singh	
1134 - 1146 hrs	Non-Celiac Gluten sensitivity: Is wheat deleterious?	Girish Parmar					
1150 - 1200 hrs	Tea / Coffee Break						

Time	Topic	Speaker	Chairpersons
1200 - 1300 hrs	In the Limelight (25 + 5 Min)		Nitin Gupta, Ratnakar Sahoo, Rajender Singh, Saurabh Kedia
1200 - 1230 hrs	Nexus of NASH and Diabetes: Focus on anti-fibrotic strategies	Satinath Mukhopadhyay	
1230 - 1300 hrs	Rational prescription writing in Diabetes: Direction from the gyani	S K Wangnoo	
1300 - 1330 hrs	Teacher's Oration		
	Prof. M M S Ahuja: Man behind Indian Endocrinology	Ambrish Mithal	
1330 - 1400 hrs	Endocrine Masters (25 + 5 Min)		Suresh Kumar, Nikhil Govil, S K Jain, Ravi Mohan
	Diabetic Kidney Disease: Changing times - Changing views	Sujoy Ghosh	
1400 - 1430 hrs	Lunch		
	Hall A		
1430 - 1510 hrs	Session A - Therapeutic Strategies (18 + 2 Min)		Atulya Atreja, S C Juneja, Rajiv Bansal, Amit Rawal
1430 - 1450 hrs	Premix insulins : Embracing Indian approach to insulin therapy	Kalyan Kumar Gangopadhyay	
1450 - 1510 hrs	SGLT2i and DPP4i FDC: Rationale and place in type 2 DM management	S K Wangnoo	
1510 - 1550 hrs	Session B - Healing Touch (18 + 2 Min)		Ashok Gupta, Amandeep Singh, Nitin Gupta
1510 - 1530 hrs	Inhaled Insulin: Will it make a difference?	D C Sharma	
1530 - 1600 hrs	Panel Discussion		
	Moderator: Girish Tyagi		
	Common medicolegal errors in Clinical Practice Panelists: Arun Gupta, Ashwani Goyal, B B Wadhwa, Rajiv Gupta		
1600 - 1640 hrs	Session C - Be Smart (40 Min)		
	Be Smart (Basal early strategies to maximize A1c reduction with oral therapy) Approach with gold standard Basal Insulin	Minakshisundaram Shunmugavelu	
	Tea / Coffee Break		

Time	Topic	Speaker	Chairpersons
Hall B			
1430 - 1745 hrs	Gynaecological Endocrinology Workshop Course Directors: Puneet Kochhar, Vineet Surana		
1430 - 1530 hrs	Thyroid and Pregnancy (25 + 5 Min)		
1430 - 1500 hrs	Management of subclinical Hypothyroidism in pregnancy: An update	Deepak Khandelwal, Deep Dutta	Anjali Tempe, Aruna Bahl, Reetu Hooda, Kusum Sahni
1500 - 1530 hrs	Hyperthyroidism in pregnancy: Case based approach	Indira Maisnam	
1530 - 1630 hrs	PCOS Symposium (15 + 5 Min)		Deepti Goswami, Sanjeevni Khanna, Neelam Bala Vaid, Akta Bajaj
1530 - 1550 hrs	Diagnosis of PCOS	Rakesh Sahay	
1550 - 1610 hrs	PCOS and Fertility	Puneet Kochhar	
1610 - 1630 hrs	Management of Hirsutism	Gagan Priya	
1630 - 1745 hrs	An Interactive Guide to Challenging Case Scenarios in day to day Practice (10 + 5 Min)		Tripti Raheja, Shilpa Ghosh, Monika Bhatia, Bharti Kalra, Rekha Mehra
1630 - 1645 hrs	A1c 10% in first trimester pregnancy	Rajat Gupta	
1645 - 1700 hrs	PCOS with prolonged Amenorrhoea	Pikee Saxena	
1700 - 1715 hrs	HRT in premature ovarian failure with Diabetes	Rajeev Khanna	
1715 - 1730 hrs	Pregnancy in Prolactinoma	Sunil Kota	
1730 - 1745 hrs	Isolated Hypothyroxinemia (Low T4, Normal TSH) in pregnancy	Rakesh Goyal	
Hall A			
1640 - 2000 hrs	Pediatric Endocrinology Workshop Course Directors: Rajesh Khadgawat, Mukesh Verma		Devendra Gaba, Ajay Gupta, Vineet Sehgal, Gaurav Sethi
1640 - 1740 hrs	Short Stature Symposium (15 + 5 Min)		
1640 - 1700 hrs	Recognition of short child and interpretation of growth chart	Atul Dhingra	
1700 - 1720 hrs	How to investigate a short child	Vineet Surana	
1720 - 1740 hrs	Management and follow up of a short child	S Nagesh	

Time	Topic	Speaker	Chairpersons
Hall A			
1740 - 1830 hrs	Neonatal Endocrinology (20 + 5 Min)		Abhishek Chopra, Sunil Mehendiratta, Gagan Malhotra, Suni Bhasin
1740 - 1805 hrs	Neonatal screening of Pediatric Endocrine disorders	Jubbin Jacob	
1805 - 1830 hrs	Approach to Neonate with DSD	Sameer Aggarwal	
1830 - 1845 hrs	Tea / Coffee Break		
1845 - 2000 hrs	Endocrine Pearls (20 + 5 Min)		
1845 - 1910 hrs	Diagnosis and management of precocious puberty	Bindu Kulshrestha	Mukesh Verma, G S Kochhar, N P Singh, Deepak Gautam
1910 - 1935 hrs	Approach to Renal Tubular Acidosis	Arvind Bagga	
1935 - 2000 hrs	Interesting case scenarios in delayed puberty	Rajesh Khadgawat	
2000 hrs onwards			
Dinner			
Hall B			
1745 - 2000 hrs	Post Graduate Endocrine Training Module Coordinators - Deepak Khandelwal/Rajiv Singla		
1745 - 1900 hrs	Session A: Basics of History/Examination		Radhika Jindal, Shyam Kishore, B K Roy, B D Sharma
1745 - 1815 hrs	History and examination in a case of Diabetes	Sanjay Kalra	
1815 - 1840 hrs	Diabetic Foot - History & examination	Rajiv Singla	
1840 - 1900 hrs	Approach to a case of thyrotoxicosis	Vineet Surana	
1900 - 2000 hrs	Session B: Case Based Approach - History/Examination/Basic lab work (15 Min)		
1900 - 1915 hrs	Acromegaly	Neelam Kukreti	Swadesh Lamba, Parveen Gupta, Hitesh Punyani, Sandeep Garg
1915 - 1930 hrs	Cushing's Syndrome	Sachin Chittawar	
1930 - 1945 hrs	Adrenal Insufficiency	Deep Dutta	
1945 - 2000 hrs	Metabolic Bone Disease	Sameer Aggarwal	

Organizing Committee



Dr. Sanjay Kalra
Organizing Chairman



Dr. Sameer Aggarwal
Organizing Chairman



Dr. Sachin Chittawar
Organizing Co-Chairman



Dr. Vineet Surana
Organizing Secretary



Dr. Deep Dutta
Organizing Secretary



Dr. Atul Dhingra
Joint Secretary



Dr. Rajiv Singla
Scientific Secretary



Dr. Saptarshi Bhattacharya
Scientific Secretary



Dr. Deepak Khandelwal
Treasurer

www.speedbharat.com

Conference Secretariat

Dr Vineet Kumar Surana

Organizing Secretary SPEED

Consultant, Diabetes And Endocrinology

Room No- 46, OPD -01, Manipal Hospital,

Palam Vihar, Sector-6, Dwarka, New Delhi - 110075

Email: speed.society@hotmail.com

www.speedbharat.com

Conference Manager

Neumech Events

908, Chiranjiv Tower - 43, Nehru Place,
New Delhi - 110019

Mobile: +91 97172 98180 / 78

Email: desk@conferenceindia.org

www.conferenceindia.org