



SPEEDCON 2019

2nd Annual SPEED Conference 2019

Dilemmas in Endocrinology: From Doubts to Decisions

2nd - 3rd February 2019, The Leela Ambience Gurugram



Organized by
Society for Promotion of Education in
Endocrinology & Diabetes (SPEED)



Invitation

Dear Friends,

On behalf of the Organizing committee, it gives us great pleasure to invite you for the **2nd Annual Speed Conference** to be held from **February 2 - 3, 2019** at the **Leela Ambience Delhi-NCR**.

SPEEDCON 2019 commits to enhance the content and scientific knowledge to deliver an overwhelming enriching experience to the delegates. Internationally renowned faculty will be available for scientific deliberations and various platforms of social interactions. The Conference aims to bring together researchers and medical professionals from across the country to interact and forge new relationships.

The meeting will be a scientific blend of collaboration between the Endocrinologists and Physicians from all over the country. You will meet stalwarts in their fields who would love to share their professional work, research and academic and clinical experience as well as offer professional and personal insights to further understand the issues involved in the service delivery system. From these standards the meeting shall provide intellectual space for all – “the student to the experts” as well as the delegates.

We are looking forward to host you in the conference and hopefully it will be an academically as well as socially enriching experience.

Warm Regards

Organizing Committee
SPEED

❖ *Organizing Committee*



Dr. Sanjay Kalra
Organizing Chairman



Dr. Sameer Aggarwal
Organizing Chairman



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Organizing Co-Chairman



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Dr. Shahjada Selim (Bangladesh)

❖ *National Faculty*

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Dr. Ambrish Mithal
Dr. Subhash Wangnoo
Dr. Rajesh Khadgawat

Dr. Subhankar Chowdhury
Dr. S K Singh
Dr. S V Madhu

❖ Conference Highlights

- ❖ Focus on Dilemmas and Doubts in Endocrinology and Diabetes.
- ❖ Distinguished International and National Faculty.
- ❖ Expert guidance on Contentious Issues in Endocrinology.
- ❖ Heated Debates on Controversies in Endocrinology.
- ❖ Rapid fire on Burning topics.
- ❖ Pediatric Endocrinology Symposium.
- ❖ Gynaecology Endocrinology Symposium.
- ❖ Diabetes from Patient's Perspective – What Patients expect from Doctors?
- ❖ Practical Tips to Optimize Diabetes Prescription: Ethical Perspective.
- ❖ Diabetes Practice in South Asian Countries – Opinion from South Asian Faculty.
- ❖ Post Graduate Endocrine Training Module.

❖ Registration Fee

(Before 31 st December, 2018)	(1 st January, 2019 onwards)	(Spot Registration)
INR 4,000	INR 8,000	INR 10,000

*Student 50% discount (on providing HOD approval letter)

Note:

- ❖ Registration fee is inclusive of 18% GST.
- ❖ Cheque/DD to be drawn in favour of “**Society for Promotion of Education in Endocrinology and Diabetes**” payable at New Delhi.

Bank Details:

Account Name: Society for Promotion of Education in Endocrinology and Diabetes

Account No: 35526716154

Bank Name: State Bank of India, MC Rohtak, Haryana 124001

IFSC Code: SBIN0004735

Branch Code: 04735

1230 - 1300 hrs	Registration						
1300 - 1345 hrs	Lunch						
1345 - 1400 hrs	Welcome Address						
Time	Topic	Speaker	Chairpersons	Time	Topic	Speaker	Chairpersons
	Parallel Session - Hall A				Parallel Session - Hall B		
1400 - 1450 hrs	Session 1 - Endocrine Enlightenment (20 + 5 Min)			1400 - 1440 hrs	Session 1 - The Matinee Show (18 + 2 Min)		
1400 - 1425 hrs	Twincretins in Type 2 Diabetes	Sachin Chittawar	Neeraj Nischal, A K Jhingan, R M Chhabra, Prayas Sethi	1400 - 1420 hrs	Latest Diabetic devices: Practical usage	K V S Harikumar	S Sehra, P S Ghalaut, Anoop Chhabra, Satish Gulati
1425 - 1450 hrs	Hypertension: When and how to screen for Endocrine causes	S K Singh		1420 - 1440 hrs	Why aren't we prescribing pills for Obesity	Vageesh Ayyar	
1450 - 1535 hrs	Session 2 - Rapid Fire Round on Fresh Arrivals (12 + 3 Min)			1440 - 1540 hrs	Session 2 - Rapid fire on Way of Living (10 + 3 Min)		
1450 - 1505 hrs	PCSK 9 Inhibitors: Rational usage	Jyoti Bhattarai	Ashish Goel, Deepak Kothari, Vinod Gautam, Suresh Mittal	1440 - 1453 hrs	Exercise and Diabetes: What we need to know!	S K Sharma	Munish Prabhakar, Surjadeep Sengupta, Prabhat Goel, Navin Atal
1505 - 1520 hrs	Denosumab: Position in treatment of Osteoporosis	Vijaya Bhaskar Reddy		1453 - 1506 hrs	How much fat can be safely consumed?	Soumik Goswami	
				1506 - 1519 hrs	Are fruits healthy for Diabetics?	Debmalya Sanyal	
1535 - 1610 hrs	Session 3 - Panel Discussion: What Patient wants from Doctor? (35 Min) Moderator: A K DAS, Sanjay Kalra			1519 - 1532 hrs	Role of diet in controlling Hyperuricemia	Ameya Joshi	
	Patients' outlook on Diabetes management - Ethical Perspective - Live interaction with patients			1540 - 1620 hrs	Session 3 - Chaiye Pe Charcha (40 Min) Moderator: S V Madhu		
					Management of Hypertension in Diabetes: Current practice in South Asian Countries Panelists: Dina Shrestha (Nepal), Mohammad Wali Naseri (Afghanistan), Chaminda Garusinghe (Sri Lanka), Shahjada Selim (Bangladesh), Anil Dhall (India)		

Time	Topic	Speaker	Chairpersons	Time	Topic	Speaker	Chairpersons
	Parallel Session - Hall A				Parallel Session - Hall B		
1610 - 1700 hrs	Session 4 -The Big Fight: Debate on Dilemmas (10 + 2 Min)			1620 - 1650 hrs	Session 4 - Challenging the Tradition (25 + 5 Min)		
1610 - 1635 hrs	Aspirin should be routinely used for primary prevention of CVD in Diabetes		M P S Chawla, A K Sood, Charu Goel, K S Chadha	1620 - 1650 hrs	Low Carbohydrate diet in type 2 Diabetes	Rajiv Singla	Deepmala Lalchandani, Harpreet Singh, Pawan Sharma, Dhiraj Kapoor
	For the motion	Jay Chordia					
	Against the motion	Altamash Sheikh					
1635 - 1700 hrs	BP target of 140/90 is safer than 120/80 mm Hg in Hypertensive subjects with Diabetes!						
	For the motion	Alpesh Goyal					
	Against the motion	Abhilash Nair					
1700 - 1715 hrs	Tea / Coffee Break						
Time	Topic				Speaker		Chairpersons
1715 - 1915 hrs	The Endocrine Pundits (25 + 5 Min)						Ghanshyam Pangtey, Ashok Taneja, Kanwar Singh Goel, Sonika Lamba
	Session A						
1715 - 1745 hrs	Management of Thyroid nodule				Vivek Aggarwal		
1745 - 1815 hrs	Understanding the results of DEXA Scan				Subhankar Chowdhury		Meena Chhabra, Nishant Raizada, Vijay Arora, Alka Sharma, Aparna Agrawal
	Session B						
1815 - 1845 hrs	Primary Hyperparathyroidism: A primer for Physicians				Nikhil Tandon		
1845 - 1915 hrs	Rational prescription writing in Diabetes: Direction from the gyani				S K Wangnoo		
1915 - 1930 hrs	A Real Life Story						
	Steps in the life of type 1 Diabetic				A K Jhingan		
1930 - 1935 hrs	Book Launch						
1935 - 2100 hrs	Music Show and Dinner						

Time	Topic	Speaker	Chairpersons	Time	Topic	Speaker	Chairpersons	
	Parallel Session - Hall A				Parallel Session - Hall B			
0930 - 1010 hrs	Session 1 - Panel Discussion on one of The Biggest Dilemmas in Diabetes (40 Min) Moderator: Narender Kotwal			0930 - 1010 hrs	Session 1 - Dynamic Duos (18 + 2 Min)			
				0930 - 0945 hrs	Endocrine practice patterns in Delhi	Deep Dutta, Deepak Khandelwal	Ajay Yadav, Balkrishna Tiwari, Inder Kasturia, Rakesh Pandit	
	How to screen for CAD in Diabetes Panelists: Aditya Batra, Mangesh Tiwaskar, R K Prasad, Dheeraj Kapoor, Ajay Mahajan		0945 - 1010 hrs	Hormone abuse in sports	Parjeet Kaur, Saptarshi Bhattacharya			
1010 - 1110 hrs	Session 2 - Interesting Cases: A Learner’s Paradise (15 + 5 Min)			1010 - 1050 hrs	Session 2 - Pharmacological Prudence (18 + 2 Min)			
1010 - 1030 hrs	Interesting Cases: Adrenal	Pramod Gandhi	Manoj Kumar, Sweety Aggarwal, Saket Kant, Nidhi Malhotra	1010 - 1030 hrs	Clinical outcomes of titration and comparing ultra long acting basal insulin	Abhay Ahluwalia	Parul Jain, Rajneesh Mittal, Ashish Sehgal, Sushil Kotru	
1030 - 1050 hrs	Interesting Cases: Pituitary	Ganapathi Bantwal		1030 - 1050 hrs	Its time to declare victory over heart failure in T2DM	Inder Anand		
1050 - 1110 hrs	Interesting Cases: Bone	Chaminda Garusinghe						
1110 - 1150 hrs	Session 3 - Not Run of the Mill (10 + 2 Min)			1050 - 1150 hrs	Session 3 Cardiovascular Vigilance (18 + 2 Min)			
1110 - 1122 hrs	Testosterone replacement and CV Risk	Abhay Sahoo	Muthukrishnan, Rajneesh Mittal, Girish Khurana, Sandeep Suri, Ajay Gupta	1050 - 1110 hrs	Rewinding the decade of journey of GLP RAs - glycemic benefit to CVOT - an awarding option	Kalyan Kumar Gangopadhyay	Khwaja Nazim Uddin, Shuchin Bajaj, Ravi Mohan, D Sehra, Kamal Kishor	
1122 - 1134 hrs	Statin in elderly: Time to question?	Partha Pratim Chakraborty		1110 - 1130 hrs	RCT to RWE - Do the clinical trials reflect the benefits in real world setting	Sanjay Kalra		
1134 - 1146 hrs	Non-Celiac Gluten sensitivity: Is wheat deleterious?	Girish Parmar		1130 - 1150 hrs	Present day approach to CV mortality reduction in T2 DM: Time to bell the cat	A K Singh		
1150 - 1200 hrs	Tea / Coffee Break							

❁ Scientific Program

Sunday, 3rd February, Day 2

Time	Topic	Speaker	Chairpersons
1200 - 1300 hrs	In the Limelight (25 + 5 Min)		Nitin Gupta, Ratnakar Sahoo, Rajender Singh, Saurabh Kedia
	Nexus of NASH and Diabetes: Focus on anti-fibrotic strategies	Satinath Mukhopadhyay	
1230 - 1300 hrs	President’s Oration		
	Cardiovigilance in Thyroid disorder	Saptarshi Bhattacharya	
1300 - 1330 hrs	Teacher’s Oration		
	M M S Ahuja: Man behind Indian Endocrinology	Ambrish Mithal	
1330 - 1400 hrs	Endocrine Masters (25 + 5 Min)		Suresh Kumar, Ashish Sehgal, S K Jain
	Diabetic Kidney Disease: Changing times - Changing views	Sujoy Ghosh	
1400 - 1430 hrs	Lunch		
	Hall A		
1430 - 1510 hrs	Session A - Therapeutic Strategies (18 + 2 Min)		Atulya Atreja, S C Juneja, Rajiv Bansal, Amit Rawal
1430 - 1450 hrs	Premix insulins : Embracing Indian approach to insulin therapy	Kalyan Kumar Gangopadhyay	
1450 - 1510 hrs	SGLT2i and DPP4i FDC: Rationale and place in type 2 DM management	S K Wangnoo	
1510 - 1550 hrs	Session B - Healing Touch (18 + 2 Min)		Ashok Gupta, Amandeep Singh
1510 - 1530 hrs	Inhaled Insulin: Will it make a difference?	D C Sharma	
1530 - 1550 hrs	Ethics in Endocrinology	Deep Dutta	
1550 - 1630 hrs	Session C - Be Smart (40 Min)		
1550 - 1630 hrs	Be Smart (Basal early strategies to maximize A1c reduction with oral therapy) Approach with gold standard Basal Insulin	Minakshisundaram Shunmugavelu	
1630 - 1640 hrs	Tea / Coffee Break		

Time	Topic	Speaker	Chairpersons
	Hall B		
1430 - 1745 hrs	Gynaecological Endocrinology Workshop Course Directors: Puneet Kochhar, Vineet Surana		
1430 - 1530 hrs	Thyroid and Pregnancy (25 + 5 Min)		
1430 - 1500 hrs	Management of subclinical Hypothyroidism in pregnancy: An update	Deepak Khandelwal, Deep Dutta	Anjali Tempe, Aruna Bahl, Reetu Hooda, Kusum Sahni
1500 - 1530 hrs	Hyperthyroidism in pregnancy: Case based approach	Indira Maisnam	
1530 - 1630 hrs	PCOS Symposium (15 + 5 Min)		
1530 - 1550 hrs	Diagnosis of PCOS	Rakesh Sahay	Deepti Goswami, Sanjeevni Khanna, Neelam Bala Vaid, Akta Bajaj
1550 - 1610 hrs	PCOS and Fertility	Puneet Kochhar	
1610 - 1630 hrs	Management of Hirsutism	Gagan Priya	
1630 - 1745 hrs	An Interactive Guide to Challenging Case Scenarios in day to day Practice (10 + 5 Min)		
1630 - 1645 hrs	A1c 10% in first trimester pregnancy	Rajat Gupta	Tripti Raheja, Shilpa Ghosh, Monika Bhatia, Bharti Kalra, Rekha Mehra
1645 - 1700 hrs	PCOS with prolonged Amenorrhea	Pikee Saxena	
1700 - 1715 hrs	HRT in premature ovarian failure with Diabetes	Rajeev Khanna	
1715 - 1730 hrs	Pregnancy in Prolactinoma	Sunil Kota	
1730 - 1745 hrs	Isolated Hypothyroxinemia (Low T4, Normal TSH) in pregnancy	Rakesh Goyal	

Time	Topic	Speaker	Chairpersons
	Hall A		
1640 - 2000 hrs	Pediatric Endocrinology Workshop Course Directors: Rajesh Khadgawat, Mukesh Verma		
1640 - 1740 hrs	Short Stature Symposium (15 + 5 Min)		Devendra Gaba, Ajay Gupta, Vineet Sehgal, Gaurav Sethi
1640 - 1700 hrs	Recognition of short child and interpretation of growth chart	Atul Dhingra	
1700 - 1720 hrs	How to investigate a short child	Vineet Surana	
1720 - 1740 hrs	Management and follow up of a short child	S Nagesh	
1740 - 1830 hrs	Neonatal Endocrinology (20 + 5 Min)		Abhishek Chopra, Sunil Mehendiratta, Gagan Malhotra, Suni Bhasin
1740 - 1805 hrs	Neonatal screening of Pediatric Endocrine disorders	Jubbin Jacob	
1805 - 1830 hrs	Approach to Neonate with DSD	Sameer Aggarwal	
1830 - 1845 hrs	Tea / Coffee Break		
1845 - 2000 hrs	Endocrine Pearls (20 + 5 Min)		
1845 - 1910 hrs	Diagnosis and management of precocious puberty	Bindu Kulshrestha	Mukesh Verma, G S Kochhar, N P Singh, Deepak Gautam
1910 - 1935 hrs	Approach to Renal Tubular Acidosis	Arvind Bagga	
1935 - 2000 hrs	Interesting case scenarios in delayed puberty	Rajesh Khadgawat	
2000 hrs onwards	Dinner		

Time	Topic	Speaker	Chairpersons
	Hall B		
1745 - 2000 hrs	Post Graduate Endocrine Training Module Coordinators - Deepak Khandelwal/Rajiv Singla		
1745 - 1900 hrs	Session A: Basics of History/Examination		Radhika Jindal, Shyam Kishore, B K Roy, B D Sharma
1745 - 1815 hrs	History and examination in a case of Diabetes	Sanjay Kalra	
1815 - 1840 hrs	Diabetic Foot - History & examination	Rajiv Singla	
1840 - 1900 hrs	Approach to a case of thyrotoxicosis	Vineet Surana	
1900 - 2000 hrs	Session B: Case Based Approach - History/Examination/Basic lab work (15 Min)		Swadesh Lamba, Parveen Gupta, Hitesh Punyani
1900 - 1915 hrs	Acromegaly	Neelam Kukreti	
1915 - 1930 hrs	Cushing's Syndrome	Sachin Chittawar	
1930 - 1945 hrs	Adrenal Insufficiency	Deep Dutta	
1945 - 2000 hrs	Metabolic Bone Disease	Sameer Aggarwal	



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Conference Secretariat

Dr Vineet Kumar Surana

Organizing Secretary SPEED

Consultant, Diabetes And Endocrinology

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