



Annual SPEED Conference

Practical Endocrinology: Translating Evidence to Practice

10th & 11th February
2018

**SCIENTIFIC
PROGRAM**



**The Leela Ambience
Delhi - Gurugram Border**

Organized by
**Society for Promotion of Education in
Endocrinology & Diabetes (SPEED)**

Official Partners
API Gurugram
RSSDI Haryana Chapter
IMA Haryana

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Time	Topic	Speaker	Chairpersons
1300 - 1350 hrs	Lunch		
1350 - 1400 hrs	Welcome Note		
1400 - 1510 hrs	Things that matter: Few issues are so central to management of people with diabetes and yet are not part of any discussions usually. Let's take the bull by its horns!!		AK Sood, Suresh Mittal, CP Ahuja
1400 - 1430 hrs	Male Sexual Dysfunction (25 + 5 Min)	Ashok Kr Das	
1430 - 1510 hrs	Panel Discussion Managing Hypertension in Diabetes (40 Min)	Maung Maung Thant (Myanmar) Ajay Agarwal (Moderator)	Saibal Mukhopadhyay, SK Dutta, Aditya Batra, Vineet Surana, Atul Dhingra
1510 - 1640 hrs	Yes it's Endocrinology!: Some common diseases that are not considered to be an endocrinologists' forte, yet they are!!		Sudhish Sehra, SC Juneja, D Sehra, Navneet Agarwal
1510 - 1535 hrs	Vitamin D: Good, Bad and Ugly (25 + 5 Min)	Ameya Joshi	
1600 - 1640 hrs	Panel Discussion Medical Management of Osteoporosis (40 Min)	Subhash Wangnoo (Moderator)	Manoj Kumar, Dheeraj Kapoor, Saket Kant, Sona Abraham
1640 - 1650 hrs	Tea Break		
1650 - 1805 hrs	Difficult Nut to Crack: Issues that nobody knows how to manage optimally. We bring some renowned experts to solve them for you.		
1650 - 1715 hrs	Difficult Case Scenarios in Diabetes Management (20 + 5 Min)	Manilka Sumantalike (Sri Lanka)	Pawan Sharma, Harpreet Singh, Vinod Gautam
1715 - 1740 hrs	Insulin Therapy Failure: How to Manage? (20 + 5 Min)	Sambit Das	
1740 - 1805 hrs	Nutritional Management of CKD: Indian Perspective (20 + 5 Min)	Yogesh Chabra	
1805 - 1940 hrs	Kaledioscope: Beyond Diabetes and Thyroid!		
1805 - 1830 hrs	Digital Medicine: Use of technology for solving diabetes (20 + 5 Min)	Rajiv Singla, Sameer Agarwal	Shyam Kishore, Ajay Yadav, Sunil Kohli
1830 - 1855 hrs	Endocrine Kaledioscope (20 + 5 Min)	Subhankar Chowdhury	
1855 - 1920 hrs	Vitamin-D & Diabetes (20 + 5 Min)	Rajesh Khadgawat	

Scientific Program**Day 1: 10th February, 2018 (Saturday) - AC Ammini Hall**

Time	Topic	Speaker	Chairpersons
1920 - 1940 hrs	Need for Speed in era of CME overdose	Saptarshi Bhattacharya and Sanjay Kalra	
1940 - 2015 hrs	Physician-Industry Co-operation: Medico-Legal Aspects	R K Sharma	
2015 - 2200 hrs	Cocktail and Dinner		

Scientific Program**Day 2: 11th February, 2018 (Sunday) - AC Ammini Hall**

Time	Topic	Speaker	Chairpersons
0900 - 1000 hrs	Prelude: The Story Begins		Bal Krishna Tiwari, Parul Khurana, Suchin Bajaj
0900 - 0920 hrs	Early Insulin Use in Type 2 Diabetes (15 + 5 Min)	J Mokta	
0920 - 0940 hrs	Procedural Therapy in Diabetes (15 + 5 Min)	Ashok Taneja	
0940 - 1000 hrs	PCOS: Improving Short and Long Term Outcomes (15 + 5 Min)	Sarita Bajaj	

Time	Topic	Speaker	Chairpersons
1000 - 1115 hrs	JUGALBANDI: A signature dish from SPEED		Rajiv Bansal, AK Jhingan, Eva Ngenga (Kenya)
1000 - 1025 hrs	Remission in Diabetes: is it possible? (20 + 5 Min)	Sachin Chittawar/ Mohit Bhandari	
1025 - 1050 hrs	Ketogenic Diet for Weight Loss (20 + 5 Min)	Deepak Khandelwal/ Deep Dutta	
1050 - 1115 hrs	Artificial Sweeteners: Myths & Facts (20 + 5 Min)	Saptarshi Bhattacharya/ Parjeet Kaur	
1115 - 1130 hrs	High Tea / Snacks		
	The Butterfly Effect: This little butterfly in your neck has profound and far reaching effects		MPS Chawla, Anil Mota, Vijay Arora
1130 - 1155 hrs	Session A Hyperthyroidism: A Critical Review of Guidelines (20 + 5 Min)	SK Sharma	
1155 - 1220 hrs	Hypothyroidism: How to Avoid Pitfalls (20 + 5 Min)	Sandeep Jhulka	
1220 - 1245 hrs	Session B Thyroid Nodules: Making Sense (20 + 5 Min)	KVS Harikumar	Vinod Mittal, PD Pahwa, Ratnakar Sahu
1245 - 1310 hrs	Nuclear Medicine in Thyroid (20 + 5 Min)	Nishikant Damble	
1310 - 1400 hrs	Lunch		
1400 - 1500 hrs	The Core: Allow us to show you depth of endocrinology		Jai Bhagwan, Namrata Singh, RM Chhabra
1400 - 1420 hrs	Endocrine Hypertension (15 + 5 Min)	Sushil Jindal	
1420 - 1440 hrs	Endocrine Disruptors (15 + 5 Min)	Balram Sharma	
1440 - 1500 hrs	Calorie Restriction Mimmicry (15 + 5 Min)	Jubin Jaccob	

Time	Topic	Speaker	Chairpersons
1500 - 1705 hrs	Potli: A mix bag collection on endocrinology comprising past, contemporary and future		
1500 - 1530 hrs	Panel Discussion Diabetes Management Challenges in SAARC (30 Min)	Sanjay Kalra (Moderator)	
	Anshumali Joshi (Nepal), Maung Maung Thant (Myanmar), Manilka Sumanthilake (Sri Lanka), Eva Njenga (Kenya)		
1530 - 1550 hrs	Debate Pioglitazone as Second Line Therapy for T2DM: Debate (20 Min)	Mithun Bhartiya, Gagan Priya	R S Taneja, Suresh Kumar, Munish Prabhakar
1550 - 1615 hrs	Individualizing Treatment for Diabetic Neuropathy (20 + 5 Min)	Anantharaman R	
1615 - 1640 hrs	Metabolic Bone Disease in Clinical Practice: Beyond Post Menopausal Osteoporosis (20 + 5 Min)	Jyoti Bhattarai (Nepal)	
1640 - 1705 hrs	Dyslipidemia Management: Novel Strategies to Overcome Statin Intolerance (20 + 5 Min)	Rakesh Sahay	
1705 - 1730 hrs	Tea		
1730 - 1930 hrs	Straight from Horses' mouth: No Elaboration required		Sachin Jain, Aparna Agarwal, Meena Chhabra
1730 - 1800 hrs	Osteoporosis: A Silent Epidemic in India (25 + 5 Min)	Ambrish Mithal	
1800 - 1830 hrs	Stem Cell Therapy in Diabetes: The Eye Doesn't See What the Mind Doesn't Know (25 + 5 Min)	Sujoy Ghosh	
1830 - 1900 hrs	Prevention & Management of Diabetic Foot (25 + 5 Min)	Satinath Mukhopadhyay	
1900 - 1930 hrs	Diabetes in Delhi: Perspectives from CARR study and New Delhi Birth Cohort (25 + 5 Min)	Nikhil Tandon	
	Vote of Thanks		
	Dinner & Music		

Time	Topic	Speaker	Chairpersons
	Parallel Session		
	Inception: Creating a human life is an immense responsibility and at the same time it gives you joy and fulfillment beyond imagination. Let us be a part of this journey with you		
	Gynaecology Workshop		
0905 - 0930 hrs	Hypothyroidism in Pregnancy: Pitfalls in Management (20 + 5 Min)	Raman K Marwaha	Neeru Kiran, J B Sharma, Shilpa Ghosh, Neera Agarwal
0930 - 0955 hrs	An Update on Hyperthyroidism in Pregnancy (20 + 5 Min)	Abhay Sahoo	
0955 - 1020 hrs	Thyroid in Assisted Reproductive Therapy (20 + 5 Min)	Priya Chittawar	
1020 - 1100 hrs	Panel Discussion Subclinical Hypothyroidism: When to Treat? (40 Min)	SK Singh	Garima Khadgawat, Bharti Kalra, Neelam Pandey, Nishant Raizada, Shyam Kishore
1100 - 1125 hrs	GDM: India Vs World (20 + 5 Min)	Yashdeep Gupta	JB Sharma, Puneet Kocchar
1125 - 1140 hrs	Summary Course Summarization & Take Home Message	JB Sharma	
1140 - 1200 hrs	High Tea + Snacks		
	Endocrine Therapeutics: Pipeline From Industry		
	Session A		
1200 - 1220 hrs	Smart Use of Sulfonylureas in 2018 and Beyond	Sarita Bajaj	Ajay Mahajan, Arun Kumar, Silky Pandey
1220 - 1240 hrs	Relevance of DPP4I in the age of SGLT2I	Abhay Ahluwalia	
1240 - 1300 hrs	Initiating & Intensifying Insulin Therapy: Place of Premixed Insulin in Clinical Care	Sanjay Kalra	
1300 - 1320 hrs	Concentrated Insulins: A Newer Milestone	Sachin Mittal	
1320 - 1400 hrs	Lunch		

Time	Topic	Speaker	Chairpersons
	Session B		
1400 - 1420 hrs	Fiction Turning Into Real World Evidence (SGLT2I)	Sanjay Kalra	Sweety Agarwal, Himika Chawla, Vrinda
1420 - 1440 hrs	Cardiovascular Safety of SGLT2I: A Critical Appraisal	Ashwani Mehta	
1440 - 1500 hrs	Basal Plus Insulin Therapy: Devil's Advocate	Sujoy Ghosh	
1500 - 1520 hrs	Ultrashort Acting Insulin: Future Directions & Clinical Possibilities	Deepak Khandelwal	
	Session C		
1520 - 1540 hrs	Newer Insulins	Ambrish Mithal	Rakesh Pandit, KS Chadha, Nityanand
1540 - 1600 hrs	Mono2Combo: Bringing It On With Glp1a in T2dm: Endocrinologist Perspective	Vaishali Deshmukh	
1600 - 1620 hrs	Diabetic Kidney Dilemma: Which Drug to Use?	Dinesh Khullar	
1620 - 1640 hrs	SGLT2 inhibitors and DPP4 Combination: two good to be true?	KVS Hari Kumar	
1640 - 1700 hrs	Diabetes and inflammation	Atul Dhingra	
Parallel Session - Charaka Hall			
0900 - 1100 hrs	Oral Competitive Research Paper Presentation <i>(Attractive Cash Prize for Top-3 Awarded Papers) ₹25,000, ₹15,000 and ₹10,000</i>		
1100 - 1200 hrs	Poster Presentation Rounds		

Organizing Committee



Organizing Chairman
Sanjay Kalra
Karnal



Organizing Co-Chairman
Sameer Aggarwal
Rohtak



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New Delhi



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For registration contact **Speedbharat.com / Neumech Events**

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Note: Cheque / DD to be drawn in favour of "Society for Promotion of Education in Endocrinology and Diabetes" payable at Rohtak.

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