

# INDIAN SOCIETY OF NEPHROLOGY

## SOUTHERN CHAPTER

July 2009

### NEWS LETTER

YEAR 2 VOLUME

PRESIDENT  
Dr. Pradeep Deshpande

SECRETARY  
Dr. K. Sampathkumar

TREASURER  
Dr. J. Balasubramaniam

EXECUTIVE COMMITTEE  
Dr. Gokulnath  
Dr. Gopalakrishnan  
Dr. Abi Abraham  
Dr. Manisha Sahay

Dear Member,

*Greetings  
from Madurai!*

The setting of Vivekananda rock and towering statue of Thiruvalluvar looming large close to the conference venue gave a unique atmosphere to the 29th ISNSC conference at Kanayakumari which was a well attended on Feb 6-8. Dr. Bala and his team did a commendable job of organising a conference away from their hometown. The workshop on Interventional nephrology with two way interactions was lively. In future, such workshops will add variety and sustain the delegates interest in the proceedings. A video CD of the procedures is getting ready for distribution to the members. Dr. Vinayagam, Director of Medical Education, Tamil Nadu was the chief guest for the inaugural function. He was of the view that preventive nephrology should be taken up by the southern chapter in a larger way. Dr. Georgi Abraham was instrumental in arranging a "special guest lecture" by Dr. Robin Eady from UK whose poignant life story of battle with CKD was delivered to a packed house and in the end the audience gave a standing ovation to a man who is the longest surviving patient on renal replacement therapy. The total number of delegates who have registered stood at 278 and there were as many as 125 registrants for the workshop. A total of 67 papers of high academic standards were presented.



Interactions among the delegates were friendly and mutually enriching. The quiz programme was well organised and credit should go to Dr. Ram Rapur from Nizam's Institute, Hyderabad. The cultural programme and the cuisine which was served to the delegates had the stamp of local flavour. In short a festive atmosphere prevailed throughout the conference.

Those of you who have moved your residence recently please drop in a letter or email to me so that mails and newsletters will reach you promptly. The website is in the process of upgradation which will enable our members to change or edit their personal profile by themselves.

*Let us meet in Pondicherry and till then au revoir!*

*Yours sincerely,*

(Dr. K. Sampathkumar)

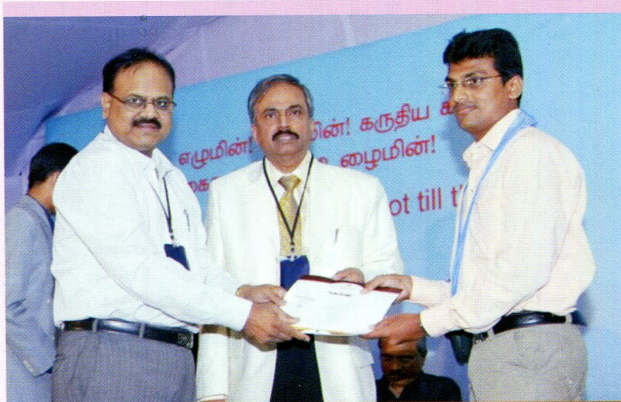




**Mannequin for internal jugular vein puncture during the workshop**



**Inaugural function**

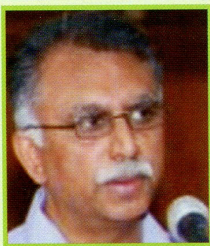
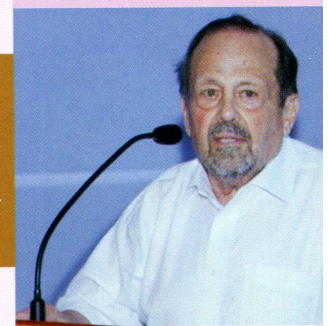


**Niyamathullah award**



**Ageless wonders!**

**Conquerer of  
CKD-  
Prof .Robin Eady**



**Dr. GEORGI ABRAHAM**

HAS THIS TO SAY ABOUT

**KANYACON 2009.....**

The Southern Chapter Congress of ISN was held in the beautiful town of Kanyakumari from 6th - 8th February 2009. On 6th Feb 2009 an intervention nephrology programme was organised live by Dr. Sampath kumar and Dr. Balasubramaniam, Nephrologist from Madurai Thirunalveli. The live demonstration included a permanent peritoneal dialysis catheter implantation technique by Dr. Sampath Kumar, Madurai Meenakshi Mission Hospital using a peel away sheath technology. The demonstration was an outstanding show of how a nephrologist could implant a permanent peritoneal dialysis catheter at the bedside without the help of a trained surgeon or anaesthetist. There was active interaction from the delegates who watched the live procedure telecasted through the cable network. Dr. Balasubramaniam handled the workshop very well. He also demonstrated how the handling of an ultrasonogram machine by a nephrologist will provide a diagnostic and therapeutic edge. I believe that both Dr. Sampath Kumar and Dr. Balasubramaniam have shown interventional nephrology as a part of nephrology care. Where the availability of trained surgeons are sparse, nephrologists could perform access creation without any side effects.

I congratulate the southern chapter of nephrology for taking this un-usual initiative and the nephrologists Dr. Sampath Kumar and Dr. Balasubramaniam for their innovativeness and enthusiasm.

**Georgi Abraham**  
Chair COMGAN So



# Minutes of the General Body Meeting

held at Main Conference Hall, Vivekananda Puram  
Kanyakumari 7-2-2009. 6-7 pm.

## Members present

Dr. Pradeep Deshpande	Dr. N. Gopalakrishnan	Dr. Sidduraj
Dr. K.Sampathkumar	Dr. N. Chezhan	Dr. Rajarathinam Krishnan
Dr. J.Balasubramaniam	Dr. Georgi Abraham	Dr. Vinu Thomas
Dr. Girish Narayan	Dr. Abi Abraham	Dr. Jayant Mathews
Dr. Gopal Kishan	Dr. George T John	Dr. Gopal Rabindranath
Dr. Jayakumar	Dr. Chakko Jacob	Dr. Edwin Fernando
Dr. Padmanabhan	Dr. Muthusethupathi	Dr. Anuradha
Dr. Ramdas Pisharody	Dr. Ramsubramanian	Dr. Rajan Ravichandran
Dr.Kasi Visweswaran	Dr. Amol Mahaldhar	Dr. Gokulnath
Dr. S. Kandasamy	Dr. Ramakrishnan	Dr. Dhinakaran
Dr. Rajendran	Dr. Nammalwar	Dr. Rajeev Agarwal
Dr. Prabaharan	Dr. Jikki	Dr. Gurudev
	Dr. Sajith	Dr. Arun

President Dr.Pradeep Deshpande welcomed the members. Two minutes silence was observed as mark of respect to Dr.Talwalkar who passed away recently. Minutes of the previous meeting were passed .The term of the President, Secretary and Treasurer will be ending by 2010. Dr. Jayakumar who is the present Vice President was unanimously elected to take over as the President of ISNSC. The nominations for the post of Vice Presidents (Two), Secretary and Treasurer are being called for. In the event of an election Dr. Girish Narayan will be the returning officer. Dr. Balasubramaniam will be involved in website development of [www.isnsc.org](http://www.isnsc.org). The scientific committee will have Prof. Muthusethupathi, Prof. Kasi Visweswaran and Prof. Georgi Abraham and the President as the members.

Registrations to future ISNSC conferences to be done by delegates directly and not through Pharma industry . This will enable the organising secretary to get a clear idea of number of delegates who will be attending the conference.The delegates are requested to register early. The accounts of the previous conference to be circulated to the members at least one month ahead of the next conference.Donation from the local organising committee to go to corpus fund. The interest to be spent in the same year.The prize money for the Niyamathullah award will be increased to Rs.2500 ,1500 and 1000 for the first ,second and third prizes respectively.The topic selected is **Tropical Acute renal failure**.The conference will be held in Pondicherry for the year 2010 with Dr.Murugesan as the organising secretary . Dr. Jai Radhakrishnan will be one of the International Speakers.The theme of the conference will be **Acute Kidney Injury**. Prof.Gopal Kishan proposed the name of Prof. M K. Mani for Life time achievement award It was accepted unanimously by all the members.

The ISNSC 2011 will be held in Trichur, Kerala which will be organised by Dr. Jayant Mathews.

Members raised a concern of stand alone dialysis centres being organised in various cities without the help of a qualified nephrologist. Another issue raised was about the dialysis technicians who will be allowed hereafter to attend the conference as associate delegates only and they have to produce a certificate from the HOD of the respective departments.

The meeting concluded at 7 pm.



# Congratulations to Prize Winners



## Free Paper- Dialysis, Transplant

1. Dr. Vijayakumar, CMC, Vellore  
Paper : Human identity testing in renal transplant by DNA analysis

2. Dr. Vijayakumar, CMC, Vellore  
Paper : Cost effective monitoring of CMV

## Free Paper Clinical Nephrology

1. Dr. Ramapur, Nizam, Hyderabad -  
Paper : ACE, ARB in Progression of CKD  
2. S.P. Subramaniam, MMC  
Paper : Novel Approach to Hyperphosphatemia

## Best Paper – Poster

1. Dr. J. Balasubramaniam, Tirunelveli  
Paper : Doppler indices in renal artery stenosis  
2. Dr. Manisha Sahay, Hyderabad  
Paper : Relapsing Nephrotic Syndrome

## PG Quiz

1. Dr. Shri Ganesh R. Barnela, Hyderabad.  
2. Dr. Shekhar Shiradhonkar, Hyderabad.  
3. Dr. V. Ramesh Chandra, Vizag

## Tanker Award

1. Dr. Partha Karmakar, Apollo Hospitals, Chennai.  
Topic : Usefulness of estimation of carbamylated haemoglobin in differentiating acute renal failure from chronic renal failure.

## Niyamatullah Award

1. Dr. Saravanan - Tanjore Medical College  
2. Dr. Revathy - MMHRC, Madurai  
3. Dr. Yogesh Chhabra - Maulana Azad Medical College, New Dell

## Dr. Georgy Ninan announces

**VI th International Leptospirosis Society meeting - LeptoCON 2009 will be held at Cochin - India from 21st to 24th of September 2009.**

This is to bring to your notice that the 'call for abstract submission' is open and details are put in the website along with registration details.

### **Please note the Deadlines**

Last date for registration : 15th of August 2009.

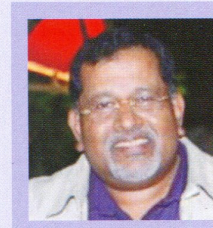
Registration is mandatory for paper / poster presentation.

Young Scientists who have a paper to present, Indian Leptospirosis Society Members, Non-practicing Clinicians etc., can be given grant for defraying the cost of registration if needed. This will be given by the organizing committee of LeptoCON on application before 15th of August 2009 on first come basis. I am trying to arrange for "limit number" and "limit amount" depends upon the funds I can raise

Please visit website : [www.leptocon2009.org](http://www.leptocon2009.org) If you want any further details please mail to the organizing secretary.

### **Dr. Georgy K. Nainan**

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## Sad News

Dr. Hari Shankar one of our new members who played a pivotal role during the KANYACON 2009 is no more with us. He died in a tragic road accident recently. Let us join together to convey our heartfelt condolences to the bereaved family.

*With best compliments from*



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