



FAITH ITM FAM

LADAKH WITH NUBRA VALLEY



Districts: Leh, Nubra, Alchi
Duration: 5 Nights/6 Days
Wednesday, 19 September 2018

Ladakh is the land of many passes, desolate moonscapes, barren rocks, mystical Gompas, spectacular summer festivals, geographical terrains and a unique lifestyle. Sometimes referred to as "Moonland" it derives its name from "La Tags" in Tibetan. Enshrined in glorious history and abounding in monasteries, Ladakh is among the most beautiful places in the world and also among the most elevated regions at 3513 Mts. above Sea level

Detailed Itinerary

19th September: Delhi / Leh (Flight: 90 Mins Approx)

(L D)

On arrival in Leh, welcome and transfer to your hotel. Leh is located at an altitude of 3500M above sea level is situated on the banks of the River Indus. Day free to acclimatise to high altitude and low oxygen levels. Late afternoon take a leisurely walk to Leh market and Leh monastery. Overnight in hotel

20th September: Leh

(B L D)

Breakfast at hotel.

Leave with packed lunch and proceed for sightseeing of Shey – the old summer palace with 12 feet statue of Buddha, Thikse - the superbly situated Monastery on a hilltop overlooking the village and the indus river and Hemis Monastery the richest and the largest Monastery of the area. Also visit Gotsang – Old Hemis monastery. Late afternoon return to Leh.

Overnight in hotel.

21st September: Leh – Nubra (130 kms / 5 hrs approx)

(B L D)

Breakfast at hotel.

After early breakfast leave for Nubra valley, crossing the worlds highest motor-able road - the Khardungla pass (5570 m). Arrive Hunder and check in at your hotel. Immediate lunch.

After lunch leave for visit to the Diskit and Hunder monasteries and village. Evening walk around. Return to your hotel.

Overnight in hotel

22nd September Nubra – Leh – Alchi (180 kms / 6 hrs approx.)

(B L D)

Early breakfast at hotel.

Check-out and leave to visit the famous Samasthanling monastery, Panamic hot water springs and Insta monastery.

Hot lunch will be arranged at Teggar.

Later retrace the route back to Leh via Khardung La and further onto Alchi. Enroute stop at Magnetic Hill a point which defies gravity and photo stop at Nimmu which is the confluence of River Zanskar and River Indus. Arrive and check in hotel. Evening free at leisure. Overnight in hotel.

23rd September Alchi – Leh (62 kms)

(B L D)

After breakfast leave for visit Chulichen (Nunnery). From here WALK to Resong monastery (4 kms / 1 hr approx). Return to Alchi for lunch.

Check out and return drive to Leh. Enroute visit Alchi monastery and village. Arrive Leh and check in hotel. Evening free at leisure.

Dinner and overnight in hotel

24th September Leh / Delhi

(B)

Breakfast at hotel.

Transfer to airport for flight Leh / Delhi.

Things to bring

1. Flash lights with extra batteries.
2. Walking Shoes (Beaten Down)
3. Personal medical kit: Diamox (avoid if allergic to sulfa drugs), Medicines for headache, fever, stomach ache, cold and cough syrup
4. At least a litre of water (Keep yourself hydrated at all times)
5. A pullover / warm jacket for morning & evening.
6. Rain proof jacket
7. Sun shade cap
8. Sun block cream / Moisturiser Cream
9. Sun glasses
10. Lip balm
11. Sleeping bag (Only if camping)
12. Extra storage for your digital camera and extra batteries.
13. Personal identification for inner line permit – If applicable
14. Aadhar Card / Driving licence / Election card / Passport
- 15. Your sense of humour !!!**

Necessary Precautions

1. Take complete rest for the first 24 hours after arrival in Leh to get acclimatised to high altitude and low oxygen levels in Leh.
2. Preferably sleep in flat back position without a pillow on the first day.
3. Avoid excessive consumption of alcohol for the first 24 hours
4. Avoid excessive smoking for the first 24 hours

We are sure with some precautions taken, you will be able to enjoy this beautiful place “Ladakh” to the fullest.

Essential POCs

HOTEL AT LEH	
NAME	THE GRAND DRAGON LADAKH
WEBSITE	www.thegranddragonladakh.com
DATES	19 th Sept to 21 st Sept, 2018 And 23 rd Sept to 24 th Sept, 2018
YOUR HOST	Mr. Danish Din
EMAIL	Danish.din@thegranddragonladakh.com
MOBILE	+91 97978 40786

HOTEL AT NUBRA (HUNDER)	
NAME	HOTEL NEYCHO RESORT
WEBSITE	www.neychoresort.com
DATES	21 st Sept to 22 nd Sept, 2018
YOUR HOST	Mr. Tundup Wangial
EMAIL	wangyalnubra@yahoo.co.in
MOBILE	+91 94191 78844

HOTEL AT ALCHI	
NAME	HOTEL ALCHI ZIMSKHANG
WEBSITE	www.zimskhang.com
DATES	22 nd Sept to 23 rd Sept, 2018
YOUR HOST	Mr. Norboo Gailchan
EMAIL	zimskhang@gmail.com
MOBILE	+91 97974 47177

Accompanying Tour Manager







Name: Dhruv Razdan
Email: dhruv.razdan@razdanholidays.com
Number: +91 9819018361

Ladakh Guide

Name: Tsewang Gyaltsan
Email: tgyaltsan7@gmail.com
Number: +91 9622281862

Expected Weather



Wed 9/19	29°/16°	4 MM	0 CM		An afternoon shower
Thu 9/20	29°/17°	3 MM	0 CM		A little afternoon rain
Fri 9/21	27°/16°	4 MM	0 CM		A little afternoon rain
Sat 9/22	27°/15°	2 MM	0 CM		A touch of afternoon rain
Sun 9/23	27°/15°	0 MM	0 CM		Times of clouds and sun
Mon 9/24	28°/15°	0 MM	0 CM		Sunny

Mon 9/24	28°/15°	0 MM	0 CM		Sunny
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Sun 9/23	27°/15°	0 MM	0 CM		Times of clouds and sun
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