

## Ladakh with Sham Trek (6 Nights)

<b>Day 01</b>	Delhi / Leh (Flight)
<b>Day 02</b>	Leh
<b>Day 03</b>	Leh – Likir (Drive / 1.5 hrs approx) Likir – Yangtang (Trek / 3 – 4 hours approx)
<b>Day 04</b>	Yangtang – Himis Sukpachan (Trek / 3 hours approx)
<b>Day 05</b>	Himis Sukpachan – Themisgang (Trek / 5 hours approx)
<b>Day 06</b>	Themisgam – Leh (Drive 78 kms / 2 hrs approx.)
<b>Day 07</b>	Leh / Delhi

### **Day 01 Delhi / Leh (Flight) (L D)**

On arrival in Leh, welcome and transfer to your hotel. Leh is located at an altitude of 3500M above sea level is situated on the banks of the River Indus. Day free to acclimatize to high altitude and low oxygen levels. Late afternoon take a leisurely walk to Leh market and Le monastery. Overnight in hotel

### **Day 02 Leh (B L D)**

Morning proceed for sightseeing of Shey, old summer palace with 12 feet statue of Buddha: Thikse, the superbly situated Monastery on a hilltop overlooking the village and the Indus river and Hemis Monastery the richest and the largest Monastery of the area. Also visit Gotsang – Old Hemis monastery. Late afternoon return to Leh. Overnight in hotel.

### **Day 03 Leh – Likir (Car / 1.5 hrs approx) Likir – Yangtang (Trek / 3 – 4 hours approx) (B L D)**

After breakfast drive to Likir. Visit Likir gompa. **Get ready for the first day of the trek.** Proceed to Likir village from the monastery and after leaving behind the last houses enter in an arid terrain, start ascending towards a small pass Pobe-la (3580M), arrive at sumdo village, cross the river and leaving sumdo on the right side, continue in the valley for about an hour and finally reach at the summit of the Charatse-la (3650M). It is only about 30 minutes to Yangtang (3700M) from here. Dinner and overnight in tented camp.

### **Day 04 Yangtang – Himis Sukpachan (Trek / 3 hours approx) (B L D)**

Proceed to Wulle valley, very close 15 minutes only, then ascent for about 1 hour to Sermanchan-la (3720M) and then descent towards Himis Shukpachan (3590M), a relatively large village. Here (shukpa) cedar is found in plenty, hence the name of the village. There is beautiful monastery as well which one can visit. Camp here near the village. Dinner and overnight in tented camp.

### **Day 05 Himis Sukpachan – Themisgang (Trek / 5 hours approx) (B L D)**

After breakfast cross the village, there is flat land, then steep descent, follow right side, climb a steep slope to the summit of the Meptek-la. It is about 2 hours hike from Himis Shukpachan. Descent for about half an hour and you are in Ang Village. Proceed for next half an hour which will take you upto Themisgang (Tingmosgang) village. It is one of the richest valley in Ladakh. Apricots, apples, nuts are in plenty, houses are beautiful. Dinner and overnight in tented camp or hotel.

### **Day 06 Themisgam – Leh (78 kms / 2 hrs approx.) (B L D)**

After breakfast leave Themisgam by road to Leh. Enroute visit Alchi monastery and village. Lunch at Alchi. Arrive Leh and check in hotel. Rest of the day free at leisure. Overnight in hotel

### **Day 07 Leh / Delhi**

Transfer to airport.

**Tour Ends**