



# MDES Conference 2019

Malaysian Diabetes Educators Society Conference 2019

29 – 31 March 2019 | Berjaya Times Square Hotel Kuala Lumpur, Malaysia

## CONFERENCE PROGRAMME

### DAY 1 | 29 March 2019, Friday

7:30am – 8:30am	<b>Registration</b>	
8:30am – 9:15am	<b>Plenary 1: A Look at The Latest Diabetes Management Algorithms (ADA &amp; EASD Algorithms)</b> Prof. Dr. Juliana Chan	
9:15am – 10:00am	<b>Plenary 2: Strategies to Improve Glucose Control in Children and Adolescent</b> Assoc. Prof. Dr. Muhammad Yazid Jalaludin	
10:00am – 10:45am	<b>Opening Ceremony</b>	
10:45am – 11:00am	<b>Morning Break</b>	
11:00am – 12:00pm	<b>Symposium 1: Diabetes and The Kidney</b>	<b>Symposium 2: Diabetes and Pregnancy</b>
	<ol style="list-style-type: none"> <li>Preventing Progression of Diabetes Kidney Disease Assoc. Prof. Dr. Lim Soo Kun</li> <li>Managing Diabetes in End Stage Renal Disease Prof. Dr. Nor Azmi Kamaruddin</li> </ol>	<ol style="list-style-type: none"> <li>Challenges of Maternal Diabetes Dr. Nurain Mohd Noor</li> <li>Managing Offspring of Maternal Diabetes Assoc. Prof. Dr. Muhammad Yazid Jalaludin</li> </ol>
12:00pm – 2:15pm	<b>Lunch Symposium (Abbott Laboratories Sdn Bhd)</b>	
2:15pm – 3:00pm	<b>Plenary 3: Diabetes Education in the Digital Age</b> Ms. Natalie Wischer	
3:00pm – 4:00pm	<b>Case Study 1: Diabetes and Cardiovascular Disease</b>	<b>Workshop 1: Management of the Diabetic Foot</b>
	<p>Primary and Secondary Preventions of Cardiovascular Disease in Diabetes Dr. Zanariah Hussein</p>	<p>Diabetic Foot Management – IDF Guidelines Dr. Yong Sy Liang and team</p>
4:00pm – 5:00pm	<b>Hi-Tea Symposium</b>	
5:00pm – 5:30pm	<b>Hi-Tea</b>	
5:30pm – 6:30pm	<b>Malaysian Diabetes Educators Society – 12<sup>th</sup> Annual General Meeting 2019</b>	
6:30pm – 8:30pm	<b>Dinner Symposium (if any)</b>	



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## DAY 2 | 30<sup>th</sup> March 2019, Saturday

8:00am – 8:45am	<b>Plenary 4: New Insulins: Benefits and Challenges</b> Prof. Dr. Juliana Chan	
8:45am – 9:30am	<b>Plenary 5: Malaysian Strategic Plan for diabetes</b> Dr. Feisul Idzwan Mustapha	
9:30am – 10:00am	<b>Morning Break</b>	
10:00am – 11:00am	<b>Case Study 2: Diabetes and Ramadhan</b>	<b>Symposium 3: Diabetes and Eye</b>
	Diabetes Management during Ramadhan Prof. Dato' Dr. Mafauzy Mohamed Assoc. Prof. Barakatun Nisak MohdmYusof Ms. Norleen Ahmad Tarmizi	1. Are We Screening Our Patients Enough? Dr. Yong Sy Liang 2. Updates in Diabetic Retinopathy Dr. Roslin Azni Abdul Aziz
11:00am – 12:00pm	<b>Symposium 4: Diabetes Mellitus and Non-Alcoholic Fatty Liver Disease</b>	<b>Workshop 2: Diabetes Education</b>
	1. Myths and Facts of NAFLD Dr. Tan Soek Siam 2. Current Management of NAFLD in Diabetes Dr. Foo Siew Hui	Patient-centered Care in Clinical Setting Ms. Natalie Wischer
12:00pm – 1:00pm	<b>Lunch Symposium (Novo Nordisk Pharma (M) Sdn Bhd)</b>	
1:00pm – 1:45pm	<b>Lunch</b>	
1:45pm – 2:45pm	<b>Case Study 3: Gestational Diabetes</b>	<b>Workshop 3: Diabetes and Exercise</b>
	Gestational Diabetes Management – Multidisciplinary Approach Dr. Ho Bee Kiau Ms. Lee Lai Fun Ms. Yong Lai Mee	Exercise as Medicine for Diabetes Dr. Devamalar Selvi Naicker Subramaniam
2:45pm – 3:30pm	<b>Meet the Expert 1: Insulin Pump Therapy from Pregnancy to Delivery</b> Dr. Chan Siew Pheng	
3:30pm – 4:30pm	<b>Meet the Expert 2: Innovative Cooking for Elderly with Diabetes and the Science Behind It</b> Mr. Georgen Thye	
4:30pm – 5:30pm	<b>Hi-Tea Symposium (Ascensia Diabetes Care)</b>	
5:30pm – 6:00pm	<b>Hi-Tea</b>	

MDES Conference website: [conference.mdes.org.my](http://conference.mdes.org.my)



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## DAY 3 | 31<sup>st</sup> March 2019, Sunday

7:30am – 8:30am	<b>Round Table Discussion: Diabetes Education Challenges</b>	
8:30am – 9:15am	<b>Plenary 6: Diabetes Management: The Role of Structured Nutrition Therapy</b> Prof. Dr. Winnie Chee Siew Swee	
9:15am – 10:15am	<b>Case Study 4: Clinical Diabetes</b>	<b>Workshop 4: Psychosocial Care for Diabetes</b>
	Diabetes and Inpatient Care Dr. Hew Fen Lee	Struggling Depression in Silence Mr. Mohd Nazrul Azizi
10:15am – 10:45am	<b>Morning Break</b>	
10:45am – 11:45am	<b>Case Study 5: Diabetes in Paediatric</b>	<b>Workshop 5: Diabetes Education</b>
	<ol style="list-style-type: none"> <li>How to Reduce Recurrent DKA in Children Dr. Arini Nuran Md Idris</li> <li>Managing Diabetes During Exercise Prof. Dr. Wu Loo Ling</li> </ol>	Using SMBG to Improve Clinical Outcomes Dr. Loh Vooi Lee Dr. Lee Ching Li Dr. Tan Ming Yeong
11:45am – 1:00pm	<b>Diabetes Education Forum: Living with Diabetes from Working Adult to Retiree</b> Facilitators: Ms Siah Guan Jian and Ms Wong Yoke Lian	
1:00pm – 1:30pm	<b>Closing Ceremony, Prize Giving &amp; Lunch</b>	