



# PIGMENTARYCON 2016

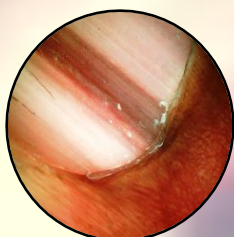
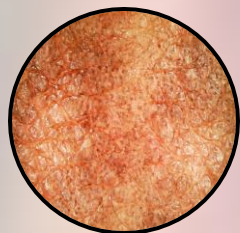
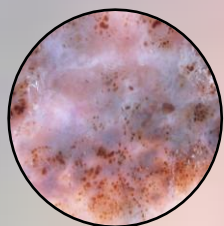
**2<sup>nd</sup> Biennial Conference of PDS**  
**1-3 April 2016, Hotel Ashok, New Delhi, India**

**PRE-CON WORKSHOP**

# DERMOSCOPY



**1<sup>ST</sup> APRIL 2016**  
**(Friday)**



**Skin OPD (7<sup>th</sup> Floor),**

**MAMC-LN Hospital, New Delhi, India**



# DERMOSCOPY WORKSHOP - HIGHLIGHTS

## HIGHLIGHTS OF COURSE CURRICULUM

**DERMOSCOPY: Basics, technique and image capture**

**Dermoscopic patterns of normal skin, hair, and nails**

**Understanding Dermoscopic Structures & Terminology**

**Pigmentaroscopy: Dermoscopy of Disorders of Pigmentation**

**Inflammoscopy: Dermoscopy of Papulosquamous Disorders**

**Entodermoscopy: Dermoscopy of Cutaneous Infestations**

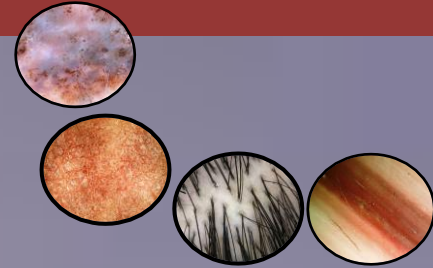
**Trichoscopy: Indispensable for scalp & hair disorders**

**Choosing a Dermoscope: The one that suits you the best!**



# FACULTY – DERMOSCOPY WORKSHOP

## Workshop Coordinator



### Dr Sidharth Sonthalia

Senior Consultant Dermatologist, Gurgaon

Chief Founder & Secretary – ISODOT

(Indian Society of Dermoscopy, Onychoscopy & Trichoscopy)

Member – IDS (International Dermoscopy Society)

Founder Treasurer – Pigmentary Disorders Society

Organizing Joint Secretary – PIGMENTARYCON 2016

Organizing President – First Dermoscopy Conclave India, Jun 2015, New Delhi

Organizing President – Asia Pacific Summit On Dermoscopy (APSOD), Mar 2017, New Delhi

Editor-in-Chief, Dermatology International (DI)

Assistant Editor – Pigment International (PINT)



# FACULTY – DERMOSCOPY WORKSHOP

## Faculty Members

### Dr Nilendu Sarma

Associate Professor of Dermatology, BC ROY PGI, Kolkata

Founder Member and Vice-President – ISODOT

Founder Member: Pigmentary Disorder Society

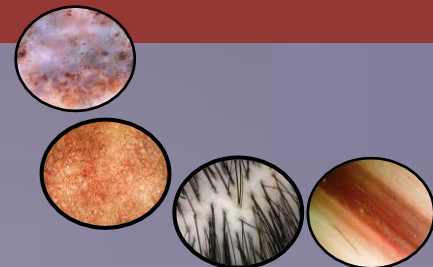
Organizing Secretary –Dermatoscopy Workshop - Pigmentary Disorders

Organizing Secretary – Dermatoscopy Workshop, Jan 2016, Kolkata

Editor: Asian Pigment Bulletin

Deputy Editor: Indian Journal of Dermatology

Associate Editor- Pigment International



### Dr Mary Thomas

Senior Consultant Dermatologist, Poornima Hospital, Bengaluru

Founder Member and Editor of Newsletter “SCOPE” – ISODOT

Assistant Editor - IJDVL

Editorial Member - IJDPDD

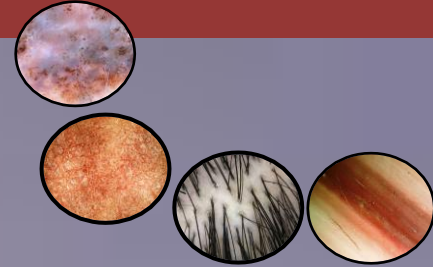
Co-author of chapters in Dermoscopy and Dermatopathology books





# FACULTY – DERMOSCOPY WORKSHOP

## Faculty Members



### Dr Rahul Arora

Senior Resident, UCMS & GTB Hospital, New Delhi

Founder Treasurer– ISODOT

Organizing Secretary – First Dermoscopy Conclave, Jun 2015, New Delhi

Organizing Secretary –PRP Conclave, Oct 2015, Gurgaon

Organizing Secretary –APSOD, Mar 2017, New Delhi

Assistant Editor – Dermatology International

### Dr Sukesh MS

Consultant Dermato-Trichologist , Bengaluru

Founder Member and Joint Secretary– ISODOT

Scientific Secretary –PRP Conclave, Oct 2015, Gurgaon

Organizing Joint Secretary –APSOD, Mar 2017, New Delhi

Assistant Editor – Dermatology International



# DERMOSCOPY WORKSHOP DETAILS

## TWO BATCHES

**MORNING**

**09.00AM-12.00PM**

**AFTERNOON**

**01.00PM-04.00PM**





# DERMOSCOPY WORKSHOP

## INSTRUCTIONS FOR DELEGATES

- 1) Two identical batches will be conducted, one in morning and one in the afternoon, each lasting for **3 to 3.5 hours** (Batch timings mentioned above).
- 2) The workshop will start **PRECISELY** at **09.00 AM** (morning batch) and **01.00 PM** (afternoon batch) and faculty shall not wait for all registered delegates to arrive! Anticipating that some time may also elapse at your end in reaching the main venue, collecting your badges and delegate kit (if being provided), please ensure that you preferably reach the **VENUE of DERMOSCOPY WORKSHOP 5-10 minutes before time.**
- 3) The delegate list and morning vs afternoon batch distribution will be made available to the **DERMOSCOPY WORKSHOP coordinator Dr Sidharth Sonthalia** beforehand. Each batch will also be subdivided into **smaller batches of 4-8 delegates** (depending on number of delegates/batch) for the demo/hands-on sessions, at the very commencement of the workshop. The delegates will be provided a pre-numbered seating arrangement and they must take the allotted seat and be a part of the allotted mini-batch throughout the workshop.
- 4) Each session will begin with a single or at most two lecture(s) by the Faculty – the presentations will not be lengthy or preachy, rather short, crisp, illustrious and to-the-point (5-10 minutes/lecture only)
- 5) The presentations will be immediately followed by **LIVE DEMO plus QUESTION & ANSWER session**, pertaining to the topic dealt in the lecture. Firstly, a quick live videodermoscopic imaging for the disease/condition for whom consenting patients will be available, will be projected and explained in detail by one Faculty. Then, **every attempt shall be made to provide every registered delegate to have a hands-on (as a part of the mini-batch), for dermoscopic evaluation of that condition; however one-on-one hands-on cannot be 100% guaranteed, being subject to availability of consenting patients and the instruments.**



# DERMOSCOPY WORKSHOP

## INSTRUCTIONS FOR DELEGATES

- 6) We request *the delegates who already own any dermoscope, to PLEASE BRING IT WITH THEM*, along with supporting projection device like their dermoscope-compatible and mountable mobile device, or laptop (for a videodermoscope). This is of course not mandatory but will help you and your colleagues in getting a better exposure. If you bring your dermoscope and supporting devices, please ensure their safety yourself. The organizers shall not be responsible for any unforeseen loss or damage to the same.
- 7) The DERMOSCOPY WORKSHOP TEAM shall try their best to arrange for a separate dermoscope for each delegate. However, you may have to share one dermoscope with one or more colleagues, depending on the net arrangement of the instruments.
- 8) *Hand-outs* for take-home-comprehension-cum-revision shall be made available to each delegate after successful completion of the workshop.
- 9) *A pre-test and post-test analysis* may be conducted to evaluate your learning from the workshop.

# DERMOSCOPY WORKSHOP CURRICULUM

Time	Speaker(s)	Live Demo: Q & A: Hands-On
<b>09.00-09.15 AM</b> <b>01.00-01.15 PM</b>	<b>SESSION 1: <i>The Precious Prologue</i></b> <b>Dermoscopy: Why, When and How?</b>	
	Sidharth Sonthalia	Technique of using the dermoscope and image capture
<b>09.18-09.35 AM</b> <b>01.18-01.35 PM</b>	<b>SESSION 2: <i>Stepping Stone – “Normal” before “Pathology”</i></b> <b>Dermoscopic patterns of normal skin, hair, and nails</b>	
	Mary Thomas	Dermoscopic patterns of normal skin, hair, and nails and understanding some basic dermoscopic terminology
<b>09.40-10.10 AM</b> <b>01.40-02.10 PM</b>	<b>SESSION 3: <i>“ABCD” of Dermoscopic Interpretation</i></b> <b>Modified Pattern Analysis – Understanding Structures</b>	
	Nilendu Sarma Rahul Arora	Evaluating and Interpreting dermoscopic structures – colors, vessels, lines, dots, clods, circles, pseudopods and special structures
<b>10.12-10.35 AM</b> <b>02.12-02.35 PM</b>	<b>SESSION 4: <i>Pigmentaroscopy</i></b> <b>Dermoscopic diagnosis of Common Pigmentary Disorders</b>	
	Mary Thomas Sidharth Sonthalia	Evaluating and interpreting dermoscopic patterns in – melasma, exogenous ochronosis, LPP, Reihl’s melanosis, macular amyloidosis, acanthosis nigricans, vitiligo and other hypopigmented conditions
<b>10.38-10.50 AM</b> <b>02.38-02.50 PM</b>	<b>SHORT BREAK</b>	

# DERMOSCOPY WORKSHOP CURRICULUM

<b>10.52-11.18 AM</b> <b>02.52-03.18 PM</b>	<b>SESSION 5: <i>Hair Splitting - Trichoscopy</i></b> <b>Principles of Trichoscopy and diagnosis of common alopecias</b>	
	Sukesh MS Nilendu Sarma	Evaluating and interpreting trichoscopic patterns in – alopecia areata, AGA, TE, trichotillomania, and cicatricial alopecias, specifically LP pilaris and DLE
<b>11.20-11.35 PM</b> <b>03.20-03.35 PM</b>	<b>SESSION 6: <i>Inflammoscopy and Entodermoscopy</i></b> <b>Dermoscopy of papulosquamous and infestation disorders</b>	
	Rahul Arora Sukesh MS	Evaluating and interpreting dermoscopic patterns in – psoriasis, eczemas, lichen planus, P rosea, scabies and pediculosis
<b>11.38-11.43 PM</b> <b>03.38-03.43 PM</b>	<b>SESSION 7: <i>Dermoscopy beyond Diagnosis</i></b> <b>Use of dermoscopy for nails &amp; non-diagnostic indications</b> <b>Lecture: Sidharth Sonthalia</b>	
<b>11.45-12.00 PM</b> <b>03.45-04.00 PM</b>	<b>SESSION 8: <i>Burning Issue: The Cafeteria Choice</i></b> <b>Choosing your Dermoscope</b>	
	Mary Thomas	Demonstration of various dermoscopes available in the market, hand-held and videodermoscopes, advanced models, and interactive assistance with experts who would help you chose a device suiting your need, technology, and pocket!