

PIGMENTARYCON 2016

2nd Biennial Conference of PDS 1-3 April 2016, Hotel Ashok, New Delhi, India

PRE-CON WORKSHOP

Mesotherapy







Skin OPD (7th Floor),

MAMC-LN Hospital, New Delhi, India



MESOTHERAPY WORKSHOP - HIGHLIGHTS

HIGHLIGHTS OF COURSE CURRICULUM

MESOTHERAPY: Redressing the misconceived concepts;

Dwelling on accruing evidence

Mesotherapy Cafeteria – Free hand, Mesogun to needleless Electroporation

Mesotherapy in Disorders of Hyperpigmentation - Indications

Mesotherapy for Hyperpigmentation – When Peels and Lasers are not an option!

Mesotherapy & Anaesthesia – Nerve Blocks you must know

Future of Mesotherapy - Accoustic hammers and beyond.....



FACULTY - MESOTHERAPY WORKSHOP

Workshop Coordinator



Dr Sachin Dhawan

Senior Consultant Dermatologist, Skin n' Smiles Dermatology, Aesthetics and Orthodontics & Fortis Hospital, Gurgaon

Member IADVL Academy, Special Interest Group on Lasers and Aesthetics

Member IADVL Academy Focus Group on Aesthetics

Past Director Deptt of Clinical and Aesthetic Dermatology, Artemis Health Institute, Gurgaon Founder member SAARC Association of Aesthetic Dermatology



FACULTY - MESOTHERAPY WORKSHOP

Faculty Members



Dr Anuj Pall

Director, La Skinnovita Dermatology, Laser & Hair Center, Gurgaon
Sr Consultant Dermatologist, Max Hospital, Gurgaon
Fellowship in Lasers and Aesthetic Dermatology, Dallas
Clinical Fellow, Boston University
tional Certification in Laser, Botox and Soft tissue Augmentation, California.
Founder member, SAARC Association of Aesthetic Dermatology



Dr Sangeeta Verma

Sr Consultant Dermatologist, Twachapal Clinic & Kaya Clinic, Gurgaon Consultant at Metro Hospital and Kalyani Hospital, Gurgaon



MESOTHERAPY WORKSHOP DETAILS

TWO BATCHES

MORNING

09.00AM-12.00PM

AFTERNOON

01.00PM-04.00PM



MESOTHERAPY WORKSHOP INSTRUCTIONS FOR DELEGATES

- Two identical batches will be conducted, one in morning and one in the afternoon, each lasting for 2.5-3 hours.
- The workshop will start precisely at 9.00AM(morning batch) and 1.00 PM(afternoon batch). So please reach venue of workshop 5-10 minutes before time.
- Each session will begin with a short presentation followed by Live Demo and /or Hands-on training.



MESOTHERAPY WORKSHOP CURRICULUM

Time	Lecture & Speaker(s)
	And/or
	Live Demo: Hands-On
09.00-09.08 AM	SESSION 1: Revisiting Concepts
01.00-01.08 PM	Mesotherapy: A True Evidence-proven Dermatologic therapy
	Sachin Dhawan
09.10-09.18 AM	SESSION 2: Hitting the Bull's Eye
01.10-01.18 PM	Modes of delivering Meso-products into the cutis
	Anuj Pall
09.20-09.30 AM	SESSION 2 PRACTICALS
01.20-01.30 PM	 Demonstration of different kinds of needles, meso-guns, Electroporation equipment and other devices commonly used for Mesotherapy
	 Discussion on selection of choice of delivery mode and determining factors
	> Q & A session
09.32-09.40 AM	SESSION 3: Potions & Cocktails
01.32-01.40 PM	Solutions used in Mesotherapy of hyperpigmentation
	Sachin Dhawan
09.40-09.50 AM	SESSION 3 PRACTICALS
01.40-01.50 PM	 Demonstration of different kinds of Mesotherapy solutions – proprietary as well as indigenous
	 Discussion on selection of the meso-product appropriate for a particular hyperpigmentary condition
	➤ Use of combination solutions and "meso-cocktails"



MESOTHERAPY WORKSHOP CURRICULUM

09.52-10.00 AM	SESSION 4: Gunpoint
01.52-02.00 PM	Types & Modes of Mesoguns
	Sangeeta Varma
10.00-10.15 AM	SESSION 4 PRACTICALS
02.00-02.15 PM	> Demonstration of different kinds of Mesoguns
	> Discussion on advantages and selection of a particular Mesogun
	➤ Choosing Mesogun for your practice
10.15-10.22 AM	SHORT BREAK
02.15-02.22 PM	
10.22-10.30 AM	SESSION 5: Mesotherapy and Hyperpigmentation
02.22-02.30 PM	Indications of Meso for Hyperpigmentation Disorders
	Sachin Dhawan
10.32-10.40 PM	SESSION 6: Anesthesia for Facial Mesotherapy
02.32-02.40 PM	Different anesthetic approaches for 'painless' Meso & PRP
	Anuj Pall
10.40-11.00 AM	SESSION 6 PRACTICALS
02.40-03.00 PM	> Demonstration of Facial Nerve Blocks
	> Q & A session
11.02-11.10 PM	SESSION 7: The Vampire Mesotherapy
03.02-03.10 PM	Platelet Rich Plasma for Facial use — A Quick Update
	Sangeeta Varma
11.10-11.15 PM	SESSION 8: Looking into the Future
03.10-03.15 PM	Advancements in Mesotherapy
	Anuj Pall
11.15-12.00 PM	FINALE PRACTICALS & HANDS-ON
03.15-04.00 PM	Use of mesogun & free hand intradermal meso for various indications
	for face and corporal Pigmentation



MAP OF VENUE

