



Essential First Aid & CPR Training for Workplace & Everyday Emergencies

RM380
Register Now!

Injuries Can Happen Anytime.
Would you like to learn what to do?

26 April 2025 (Saturday)
9.00am – 5.00pm
Kota Kemuning, Shah Alam

Join Now
 **016 212 0358**

BEING PREPARED COULD SAVE A LIFE



Workplace Safety:
Equip your Emergency Response
Team (ERT).



Parents & Caregivers:
Learn how to save a loved
one from choking



General Public:
Gain confidence to
respond to accidents.



Join Now

 **016 212 0358**

EVERY SECOND COUNTS

- ✓ Essential First Aid & CPR Skills
- ✓ Perform CPR & use an AED
- ✓ Rescue a choking child or adult
- ✓ Treat wounds, burns & fractures
- ✓ Handle chemical exposure & allergic reactions
- ✓ Manage bleeding, cuts, bandaging, injuries, insect bites & more
- ✓ Mock evacuation drill; Simulated emergency response



Certified Occupational Safety and
Health (OSH) Officer &
Certified Occupational First Aider (NIOASH)

Join Now



016 212 0358