

# BALANCEOIL+

## ALL-NATURAL POLYPHENOL OMEGA BALANCE FOOD SUPPLEMENT



### HIGHLIGHTS REGARDING BALANCEOIL+

BalanceOil+ is an all-natural Polyphenol Omega Balance food supplement high in olive polyphenols, Omega-3 and vitamin D<sub>3</sub>. It safely adjusts and maintains EPA + DHA levels and the Omega-6:3 Balance in your body while protecting your cells from oxidation.<sup>6</sup> It contains a premium blend of oils derived from wild-caught small fish and pre-harvest extra virgin olive oil.

**Contents:** 300 ml

### ALL-NATURAL INGREDIENTS

- ▶ The fish oil, from wild-caught small fish
- ▶ Cold-pressed extra virgin olive oil
- ▶ Vitamin D<sub>3</sub> is derived from a natural source
- ▶ Contains only natural flavors

-  **POLYPHENOL PROTECTION**  
Protect your cells from rusting (oxidation). Olive oil polyphenols contribute to the protection of blood lipids from oxidative damage.<sup>6</sup>
-  **GET BALANCED**  
Bring your Omega-6:3 ratio to 3:1 balance in 120 days.
-  **TEST-BASED NUTRITION**  
See your individualized before and after test results.
-  **ULTRA-PURE**  
Molecularly tested for toxins to ensure freshness, safety and purity you can trust.
-  **NEXT GEN NUTRITION**  
Synergistic formula that contributes to normal heart,<sup>2</sup> brain<sup>1</sup> and immune<sup>3</sup> function.
-  **CARE FOR THE FUTURE, TODAY**  
By choosing BalanceOil+, you're supporting a balanced ocean ecosystem with a certified sustainable source of wild-caught fish.

## SUPPLEMENT FACTS

Contents in:	7.5 ml	12 ml
Fish oil	4142 mg	6627 mg
Omega-3 fatty acids	1549 mg	2478 mg
of which C20:5 (EPA)	802 mg	1283 mg
of which C22:6 (DHA)	427 mg	683 mg
Olive Oil	2557 mg	4091 mg
of which Omega-9	1918 mg	3069 mg
of which polyphenols	2.2 mg	3.5 mg
Vitamin D <sub>3</sub> (250% of RV)	12.6 µg	
(400% of RV*)		20 µg

*RV. Percentage daily intakes are based on an average adult diet of 8700 kJ*

**RECOMMENDED DAILY USE:** 0.15 ml per kilo body weight. Adjust serving size based on body weight. Adults with body weight 50 kg: 7.5 ml daily. Adults with body weight 80 kg: 12 ml daily. Do not exceed recommended daily dose. Food supplements are not intended as a substitute for a balanced and varied diet.

**INGREDIENTS:** Fish oils, cold-pressed olive oil, mixed tocopherols (antioxidants), natural flavour\*, vitamin D<sub>3</sub> (cholecalciferol).

\* Natural orange lemon mint flavour

\* Natural grapefruit lemon lime flavour

**CAUTION:** If taking blood-thinning medicine, consult your doctor before using BalanceOil+.

**STORAGE:** Store unopened bottles in a dark dry place at room temperature. Store opened bottles in refrigerator and use within 45 days. The oil may become cloudy at temperatures lower than 4 °C due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

**ZINZINO POLYPHENOL BLEND:** Hydroxytyrosol, Tyrosol, Oleuropein, Oleocanthal, Flavonoids.

**ZINZINO BALANCE BLEND:** Omega-3 (EPA, DHA, DPA), Omega-7, Omega-9 and Vitamin D<sub>3</sub>.

**NATURAL:** BalanceOil+ is made only from ingredients coming from natural sources.

**GMO-FREE:** Our products are GMO-free (i.e. free of genetically modified organisms).

### FISH OIL

The fish oils used in BalanceOil+ products have a strict specification for EPA and DHA that efficiently optimizes the Omega-6:3 fatty acid balance in the body within 120 days. The fish oils we use are primarily derived from short-lived, small pelagic fish such as sardines and anchovies. The fish oils are derived from whole, unprocessed fish. The oil goes through a refining process to remove environmental contaminants (if any is present) and is certified as free from heavy metals and other toxins. LYSI, the manufacturer of BalanceOil+, meets all regulatory requirements for production, and follows GMPs (Good Manufacturing Practices) for food and pharmaceutical products.

### EXTRA VIRGIN OLIVE OIL

The Spanish Picual olive is selected due to its richness in Omega-9 and very high antioxidant content.

The olives are of pre-harvest quality and in the process the stones are taken out and only the fruits are cold-pressed, resulting in an extra virgin oil, rich in Omega-9 (Oleic acid) with very high content of antioxidants called polyphenols (above 750 mg/kg<sup>5</sup>), both with several beneficial effects.<sup>15</sup> The polyphenols protect the BalanceOil+ in the bottle but even more importantly, also your cells.<sup>6</sup>

### VITAMIN D<sub>3</sub>

BalanceOil+ contains vitamin D<sub>3</sub> (cholecalciferol). We use a natural vitamin D<sub>3</sub> (cholecalciferol) made from lanolin. Lanolin is a naturally occurring fat found in sheep's wool. The vitamin D<sub>3</sub> is made by dissolving a precursor to vitamin D<sub>3</sub> from the lanolin. It is then chemically altered and activated by exposure to ultraviolet (UV) light. The chemical process is comparable to the process which occurs in the human skin when it produces vitamin D<sub>3</sub>.

### NATURAL TOCOPHEROLS

Mixed tocopherols are commonly used anti-oxidant in dietary supplements. The natural tocopherols used are made from GMO-free, highly refined soy bean oil distillates, which undergo further refining and therefore do not contain any soy proteins. This means there are no allergens present. The typical composition is: alpha-, beta-, gamma- and delta-tocopherols.

## FISH AND OLIVE OIL SYNERGY = RESULTS

Our scientists formulated BalanceOil+ to combine the Omega-3 with the correct amounts of olive oil that provides Omega-9 and anti-oxidants in extra high amounts. This synergistic combination makes it possible to safely adjust and maintain the Omega-3 in your body to achieve an Omega-6:3 Balance below 3:1.

## PROOF OF BALANCE IN 120 DAYS

Our certified laboratories are responsible for analyzing the dried blood spot tests for eleven fatty acids in the blood, making our database the world's largest of its kind. The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 for Northern Europe, 15:1 for Europe and 25:1 for USA. After taking BalanceOil products for 120 days, the average ratio is for most people below 3:1.

## BRAIN FUNCTION

EPA and DHA have approved health claims for maintaining normal brain function<sup>1</sup>. For pregnant and lactating women, DHA contributes to normal brain development of the fetus and breastfed infants.<sup>1</sup> The long-chained Omega-3 fatty acids are important for our health, and for the health of the next generation too.

## HEART FUNCTION

EPA and DHA have approved health claims for heart health. They contribute to the normal function of our hearts.<sup>2</sup>

## THE IMMUNE SYSTEM

BalanceOil+ contains vitamin D<sub>3</sub>, vitally important for the immune system as it contributes to its normal function.<sup>3</sup>

## OXIDATION PROTECTION

Hydroxytyrosol from olives contributes to the protection of blood lipids from oxidative damage when the daily dose is 5 mg or more.<sup>6</sup> Lipids are fat-like substances found in your blood and body tissues, such as cholesterol or triglycerides which are important for our heart health.



Norwegian Formulation. Produced in Iceland.

ZINZINO

## KEY BENEFITS

- ▶ **Contributes to normal brain function<sup>1</sup> since the daily dosage contains 700 mg DHA**
- ▶ **Contributes to normal heart function<sup>2</sup> since the daily dosage contains 1300 mg EPA and 700 mg DHA**
- ▶ **Contributes to a normal immune system<sup>3</sup> since the daily dosage contains 20 µg Vitamin D<sub>3</sub>**
- ▶ **Helps maintain good levels of EPA and DHA in your body**
- ▶ **Helps maintain optimal Omega-6:3 levels in your body**
- ▶ **Helps maintain polyphenol levels in your body to protect blood lipids from oxidative stress<sup>6</sup>**
- ▶ **Supports healthy and normal eye function since it contains 700 mg DHA<sup>7</sup>**
- ▶ **Contributes to normal bones<sup>11</sup>, muscle function<sup>12</sup>, normal teeth<sup>13</sup> and cell division<sup>14</sup> since the daily dosage contains 20 µg Vitamin D<sub>3</sub>**
- ▶ **Supports normal blood triglyceride levels<sup>8</sup>, normal blood pressure<sup>9</sup> and normal blood calcium levels<sup>10</sup>**

## BALANCEOIL+ HEALTH CLAIMS (EFSA)

<sup>1</sup>DHA contributes to the maintenance of normal brain function. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA. Docosahexaenoic acid (DHA) maternal intake contributes to the normal brain development of the fetus and breastfed infants. Information shall be given to pregnant and lactating women that the beneficial effect is obtained with a daily intake of 200 mg of DHA in addition to the recommended daily intake of Omega-3 fatty acids for adults, i.e. 250 mg DHA and EPA. The claim may be used only for food which provides a daily intake of at least 200 mg DHA.

<sup>2</sup>EPA and DHA contribute to the normal function of the heart. The claim may be used only for food which is at least a source of EPA and DHA as referred to in the claim SOURCE OF Omega-3 FATTY ACIDS as listed in the Annex to Regulation (EC) No 1924/2006. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA.

<sup>3</sup>Vitamin D contributes to the normal function of the immune system. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>4</sup>A claim that a food is high in Omega-3 fatty acids, and any claim likely to have the same meaning for the consumer, may only be made where the product contains at least 0.6 g alpha-linolenic acid per 100 g and per 100 kcal, or at least 80 mg of the sum of eicosapentaenoic acid and docosahexaenoic acid per 100 g and per 100 kcal. Analyzed and certified at source.

<sup>5</sup>The extra virgin oil used in BalanceOil+ comes from Picual olives that are cold-pressed and specially selected for their high polyphenol content (above 750 mg/kg). Analyzed and certified at source.

<sup>6</sup>Olive oil polyphenols contribute to the protection of blood lipids from oxidative stress. The claim may be used only for olive oil which contains at least 5 mg of hydroxytyrosol and its derivatives (e.g. oleuropein complex and tyrosol) per 20 g of olive oil. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 20 g of olive oil.

<sup>7</sup>DHA contributes to the maintenance of normal vision. The claim may be used only for food which contains at least 40 mg of DHA per 100 g and per 100 kcal. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 250 mg of DHA. Docosahexaenoic acid (DHA) intake contributes to the normal visual development of infants up to 12 months of age. Information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 100 mg of DHA. When the claim is used on follow-on formula, the food shall contain at least 0.3% of the total fatty acids as DHA.

<sup>8</sup>DHA and EPA contribute to the maintenance of normal blood triglyceride levels. The claim may be used only for food which provides a daily intake of 2 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of EPA and DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined. DHA contributes to the maintenance of normal blood triglyceride levels. The claim may be used only for food which provides a daily intake of 2 g of DHA and which contains DHA in combination with eicosapentaenoic acid (EPA). In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 2 g of DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined.

<sup>9</sup>DHA and EPA contribute to the maintenance of normal blood pressure. The claim may be used only for food which provides a daily intake of 3 g of EPA and DHA. In order to bear the claim, information shall be given to the consumer that the beneficial effect is obtained with a daily intake of 3 g of EPA and DHA. When the claim is used on food supplements and/or fortified foods, information shall also be given to consumers not to exceed a supplemental daily intake of 5 g of EPA and DHA combined.

<sup>10</sup>Vitamin D contributes to normal blood calcium levels. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>11</sup>Vitamin D contributes to the maintenance of normal bones. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>12</sup>Vitamin D contributes to the maintenance of normal muscle function. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>13</sup>Vitamin D contributes to the maintenance of normal teeth. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>14</sup>Vitamin D has a role in the process of cell division. The claim may be used only for food which is at least a source of vitamin D as referred to in the claim SOURCE OF vitamin D as listed in the Annex to Regulation (EC) No 1924/2006.

<sup>15</sup>Oleic acid (Omega-9) is an unsaturated fat. Replacing saturated fats in the diet with unsaturated fats contributes to the maintenance of normal blood cholesterol levels.

# BALANCEOIL+ (圣希诺平衡油)

纯天然多酚 OMEGA 类脂肪酸均衡食品补充剂



## BALANCEOIL+ 特色

BalanceOil+ 是一款富含橄榄多酚、Omega-3 和维生素 D<sub>3</sub> 的纯天然多酚 Omega 类脂肪酸均衡食品补充剂。<sup>6</sup> 它可以安全地调节和维持人体内部的 EPA 和 DHA 水平以及平衡 Omega-6 和 Omega-3 比例，帮助体内细胞抗氧化。它是一款含有野生鱼油和冷压特级初榨橄榄油的优质复合油。

含量: 300 毫升

## 纯天然成分

- ▶ 鱼油, 选用野生捕捞的小鱼制成
- ▶ 特级冷压初榨橄榄油
- ▶ 源自天然的维生素 D<sub>3</sub>
- ▶ 仅含天然香料



### 多酚保护

<sup>6</sup>橄榄油中多酚有效帮助细胞抗氧化, 保护血脂免受氧化损伤。



### 均衡调理

在120天内让您的Omega 6和Omega 3达到3:1的均衡比例。



### 权威测试的保健营养

观察您个人服用前后的测试结果。



### 超高纯度

经过分子毒素检测, 以确保你值得信赖的新鲜度, 安全性和纯度。



### 新一代的保健营养

复合配方发挥协同效应, 有助于维持<sup>1</sup>心脏<sup>1</sup>大脑和<sup>3</sup>免疫系统的正常机能。



### 普惠当下, 关怀未来

BalanceOil+ 选用经认证的可持续野生捕捞鱼类作为原材料, 选择 BalanceOil+ 即是在支持海洋生态平衡的保护。

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## 营养成分

Contents in: / 每包装所含 食用份量数目:	7.5 ml	12 ml
Fish oil / 鱼油	4142 mg	6627 mg
Omega-3 fatty acids / 脂肪酸 of which C20:5 (EPA)	1549 mg 802 mg	2478 mg 1283 mg
of which C22:6 (DHA)	427 mg	683 mg
Olive Oil / 橄榄油	2557 mg	4091 mg
of which Omega-9 / Omega-9 脂肪酸 of which polyphenols / 橄榄多酚	1918 mg 2.2 mg	3069 mg 3.5 mg
Vitamin D <sub>3</sub> / 维生素 D <sub>3</sub> (250% of RV) (400% of RV*)	12.6 µg	20 µg

*RV. Percentage daily intakes are based on an average adult diet of 8700 kJ*

**建议服用剂量:** 每公斤体重服用 0.15 毫升。根据体重调整使用量。体重 50 公斤的成人: 每日 7.5 毫升。体重 80 公斤的成人: 每日 12 毫升。请勿超过每日推荐使用量。食品补充剂不可替代均衡多样的膳食。

**成分:** 鱼油、冷压橄榄油、混合生育酚 (抗氧化剂)、天然香料\*、维生素 D<sub>3</sub> (胆钙化醇)

\* 天然香橙柠檬薄荷香料  
\* 天然西柚柠檬香料

**注意事项:** 如果正在服用血液稀释药物, 请在使用平衡油前咨询自己的医生。

**保存方式:** 将未开封的产品室温保存在避光干燥处。开封后须冷藏保存并在 45 天内服用完。由于橄榄油的凝固属性, 平衡油在低于 4 °C 时会变得浑浊。平衡油在室温下为澄清状。避免儿童接触。

**ZINZINO 多酚类复合成分:** 羟基酪醇、酪醇、橄榄苦苷、刺激醛、类黄酮。

**ZINZINO 均衡类复合成分:** Omega-3 (EPA、DHA、DPA)、Omega-7、Omega-9 和维生素 D<sub>3</sub>。

**天然:** BalanceOil+ 仅选用天然的原材料成分。

**无转基因成分:** 我们的产品无转基因成分 (即不含基因改造生物)。

### 鱼油

BalanceOil+ 产品中的鱼油对 EPA 和 DHA 有严格要求, 它们可以在 120 天内有效优化人体内部 Omega-6 和 Omega-3 脂肪酸的比例。我们使用的鱼油主要来自沙丁鱼和鲱鱼这类寿命较短的远洋小型鱼。鱼油来自未加工的整鱼。鱼油经过精炼提纯去除了环境污染物 (如果存在的话), 并具有无重金属和其他毒素认证。BalanceOil+ 制造商 LYSI 符合所有生产规定要求, 并且遵守食品和药品生产质量管理规范 (Good Manufacturing Practices, 简称 GMPs)。

### 初榨橄榄油

精选西班牙皮夸尔橄榄, 因其富含 Omega-9 和高抗氧化成分。

<sup>15</sup>所选橄榄为早收品质, 果实经过石磨冷压得到富含 Omega-9 (油酸) 的初榨橄榄油, 其中抗氧化多酚类物质含量极高 (<sup>6</sup>每公斤超过 750 毫克), Omega-9 和多酚类物质都具有多重有益功效。<sup>6</sup>多酚类物质不仅可以保护瓶中的 BalanceOil+ 免受氧化, 更能给体内细胞带来重要的抗氧化保护。

### 维生素 D<sub>3</sub>

BalanceOil+ 含有维生素 D<sub>3</sub> (胆钙化醇)。我们使用的是羊毛脂制成的天然维生素 D<sub>3</sub> (胆钙化醇)。羊毛脂是绵羊毛中天然存在的脂肪。这种维生素 D 通过将羊毛脂中的维生素 D 前体溶解而得。当它暴露于紫外线时就会发生化学变化并被激活。这种化学反应与人体皮肤产生维生素 D 的过程相似。

### 天然生育酚

混合生育酚是膳食补充剂中常用的抗氧化剂。所使用的天然生育酚来自高精炼非转基因大豆油馏分, 由于经过深度精炼, 所以不含任何大豆蛋白。这就意味着不存在任何过敏原。主要成分为: α-生育酚、β-生育酚、γ-生育酚和 δ-生育酚。

## 鱼油与橄榄产生的协同效应等於更佳的成效

我们的科研人员在 BalanceOil+ 的配方中为 Omega-3 配置了相应比例的橄榄油, 后者富含大量 Omega-9 和抗氧化成分。这种协同增效组合可以安全可靠地调整和维护人体内部的 Omega-3 含量, 以以达到 Omega-6 和 Omega-3 的比例均衡维持在 3:1 以下。

## 120 天见效证明

我们的认证实验室负责分析血液中 11 种脂肪酸的干血点测试, 这让我们在同行之间拥有全球最大的数据库。未服用 Omega-3 补充剂者的 Omega-6 和 Omega-3 平均比例: 北欧人为 12:1, 欧洲人为 15:1, 美国人为 25:1。服用 BalanceOil+ 120 天后, 大部分人的平均比例降至 3:1。

## 脑部机能

<sup>1</sup>EPA 和 DHA 已经证实具有维持脑部正常机能的保健功效。对于怀孕和哺乳期女性来说, <sup>1</sup>DHA 有助于胎儿和母乳喂养婴儿大脑的正常发育。Omega-3 长链脂肪酸对亲子两代人的健康都非常重要。

## 心脏机能

<sup>2</sup>EPA 和 DHA 已经证实有益于心脏健康。它们有助于维持心脏的正常机能。

## 免疫系统

<sup>3</sup>BalanceOil+ 含有维生素 D<sub>3</sub>, 它对于维持免疫系统的正常机能有着非常重要的作用。

## 抗氧化

<sup>6</sup>每日服用 5 毫克 或以上剂量时, 橄榄中的羟基酪醇有助于保护血脂免受氧化损伤。脂质是血液和身体组织中的脂肪类物质, 如胆固醇或甘油三酯, 它们对我们的心脏健康非常重要。



## 主要功效

- ▶ <sup>1</sup>有利于维持脑部正常机能, 因为每日剂量包含 700 毫克 DHA
- ▶ <sup>2</sup>有利于维持心脏正常机能, 因为每日剂量包含 1300 毫克 EPA 和 700 毫克 DHA
- ▶ <sup>3</sup>有益于免疫系统的正常功能, 因为每日剂量包含 20 微克维生素 D<sub>3</sub>
- ▶ 帮助维持人体内部的 EPA 和 DHA 水平
- ▶ 帮助维持人体内部 Omega-6 和 Omega-3 最佳比例。
- ▶ <sup>6</sup>帮助维持人体内部多酚水平, 保护血脂对抗氧化应激
- ▶ <sup>7</sup>支持眼部健康和正常机能, 因为含有 700 毫克 DHA
- ▶ <sup>11</sup>强健骨骼、<sup>12</sup>肌肉、<sup>13</sup>牙齿并<sup>14</sup>促进细胞分裂, 因为每日剂量包含 20 微克 维生素 D<sub>3</sub>
- ▶ 有助于维持正常的<sup>8</sup>血甘油三酯、<sup>9</sup>血压和<sup>10</sup>血钙水平

## BALANCEOIL+ 保健功效声明 (EFSA)

<sup>1</sup>DHA 有利于维持脑部正常机能。此声明仅可用于每 100 克 和每 100 千卡中至少含有 40 毫克 DHA 的食物。告知消费者每日摄入 250 毫克 DHA 才能获得相应保健功效是商家应尽的声明责任。母体摄入的二十二碳六烯酸 (DHA) 有助于胎儿和母乳喂养婴儿大脑的正常发育。应告知妊娠期和哺乳期的女性, 为了达到有益功效, 每日除服用 200 毫克 DHA 外, 还建议摄入成人 Omega-3 脂肪酸, 即 250 毫克 DHA 和 EPA。此声明仅可用于能提供每日至少 200 毫克 DHA 摄入量的食物。

<sup>2</sup>EPA 和 DHA 有助于维持心脏的正常机能。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列 Omega-3 脂肪酸来源声明中提及的一种含 EPA 和 DHA 的食物。告知消费者每日摄入 250 毫克 EPA 和 DHA 才能获得相应保健功效是商家应尽的声明责任。

<sup>3</sup>维生素 D 有助于维持免疫系统的正常功能。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

<sup>4</sup>向消费者表示食物中 Omega-3 脂肪酸含量较高以及具有相同意义的声明仅适用于每 100 克 和每 100 千卡 中至少含有 0.6 克  $\alpha$ -亚麻酸的产品, 或每 100 克 和每 100 千卡 中二十碳五烯酸和二十二碳六烯酸总量超过 80 毫克的产品。来源经过分析和认证。

<sup>5</sup>BalanceOil+ 中的特级初榨橄榄油来自冷压的皮夸尔橄榄, 之所以特别选择这个品种是因为它们的多酚类物质含量高(大于 750 毫克/公斤)。来源经过分析和认证。

<sup>6</sup>橄榄油多酚有助于保护血脂对抗氧化应激。此声明仅可用于每 20 克 至少含有 5 毫克 羟基酪醇及其 衍生物(如橄榄苦苷复合物和酪醇)的橄榄油。告知消费者每日摄入 20 克 橄榄油才能获得相应保健 功效是商家应尽的声明责任。

<sup>7</sup>DHA 有利于维持视力健康。此声明仅可用于每 100 克 和每 100 千卡 中至少含有 40 毫克 DHA 的食物。告知消费者每日摄入 250 毫克 DHA 才能获得相应保健功效是商家应尽的声明责任。二十二 碳六烯酸 (DHA) 的摄入有助于 12 个月以内婴儿视力的正常发育。应告知消费者每日摄入 100 毫克 DHA 才能获得相应保健功效。当此声明用于 6-12 个月婴儿的配方时, 食物总脂肪酸含量中应至少有 0.3% 为 DHA。

<sup>8</sup>DHA 和 EPA 有利于维持正常的血甘油三酯水平。此声明仅可用于能提供每日 2 克 EPA 和 DHA 摄入量 的食物。告知消费者每日摄入 2 克 EPA 和 DHA 才能获得相应保健功效是商家应尽的声明责任。当 此声明用于食品补充剂和/或强化食品时, 应告知消费者 EPA 和 DHA 组合的每日补充摄入量不得超过 5 克。DHA 有利于维持正常的血甘油三酯水平。此声明仅可用于能提供每日 2 克 DHA 摄入量且含 有结合了二十碳五烯酸 (EPA) 的 DHA 的食物。告知消费者每日摄入 2 克 DHA 才能获得相应保健功 效是商家应尽的声明责任。当此声明用于食品补充剂和/或强化食品时, 应告知消费者 EPA 和 DHA 组合的每日补充摄入量不得超过 5 克。

<sup>9</sup>DHA 和 EPA 有利于维持正常的血压水平。此声明仅可用于能提供每日 3 克 EPA 和 DHA 摄入量 的食物。告知消费者每日摄入 3 克 EPA 和 DHA 才能获得相应保健功效是商家应尽的声明责任。当此 声明用于食品补充剂和/或强化食品时, 应告知消费者 EPA 和 DHA 组合的每日补充摄入量不得超过 5 克。

<sup>10</sup>维生素 D 有利于维持正常的血钙水平。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

<sup>11</sup>维生素 D 有利于维持骨骼健康。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

<sup>12</sup>维生素 D 有利于维持肌肉健康。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

<sup>13</sup>维生素 D 有利于维持牙齿健康。此声明仅可用于至少为《欧盟 1924/2006 条例执行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维生素 D 的食物。

<sup>14</sup>维生素 D 在细胞分裂过程中起着一定的作用。此声明仅可用于至少为《欧盟 1924/2006 条例执 行细则》(Annex to Regulation [EC] No 1924/2006) 中所列维生素 D 来源声明中提及的一种含维 生素 D 的食物。

<sup>15</sup>油酸 (Omega-9) 是一种不饱和脂肪。用不饱和脂肪代替饮食中的饱和脂肪有助于维持正常的血 胆固醇水平。