Guidelines on how to record yourself presenting on Zoom



1. Download Zoom to your desktop via https://zoom.us/download

Zoom Desktop Client

Phone, Meetings, Chat, Whiteboard and more for your desktop.

The web browser client will download automatically when you start or join your first Zoom meeting, and is also available for manual download here.



Latest Version

Or, for Macs with Apple Silicon chips, click here to download



2. Sign in to your account

• You may sign in to your Zoom account or sign in via your Apple/Google/Facebook account





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• If you do not have a Zoom account, you can sign up for free.

Let's Get Started

New to Zoom? Sign Up Continue By proceeding, I agree to Zoom's Privacy
Statement and Terms of Service. Or sign up with Image: State of the service of the



3. Set the recording settings



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4. Start new meeting



5. Set up your camera and microphone





6. Change to virtual background

1. Click on the **arrow** near the "Stop Video" button





6. Change to virtual background



6. Change to virtual background



1. Choose the personalized background

2. Close the tab once the virtual background has been set up



7. Start presentation

















8. Save and review video

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• Your video will automatically converted after the meeting ended

• Save and rename your recording and it's ready to be reviewed and edited.

This is how the finalized presentation recording will looks like.





Tips and Trick

- Find a place with minimal noise to record your presentation.
- Wardrobe for the day of your presentation avoid checkered pattern fabrics as they tend to cause disturbing effects on the camera.
- Make sure that you get an adequate amount of lighting so that your video will be clear.
- It is advisable to record with a plain background or minimal things at the back so the camera may focus on your face.
- Align your screen. Adjust your camera so you are in the centre of the screen. It is best to have the camera at eye level.
- It is recommended to record your presentation near a Wi-Fi router or using a LAN cable to ensure a stable internet connection throughout your presentation.
- Close all other applications, browsers, and other devices that may disrupt the internet bandwidth.
- Ensure that your presentation recording is completed within the time limit and is in 16:9 aspect ratio (Widescreen).
- It is recommended to practise your first few slides before recording the entire presentation.



Tips and Trick

- Find a place with minimal noise to present LIVE.
- Wardrobe for the day of your presentation
 - Avoid checkered pattern fabrics as they tend to cause disturbing effects on the camera.
 - Wear the same clothes as your recording
- Make sure that you get an adequate amount of lighting so that your visual will be clear.
- It is advisable to have a plain background or minimal things at the back so the camera may focus on your face.
- Align your screen. Adjust your camera so you are in the centre of the screen. It is best to have the camera at eye level.
- It is recommended to present near a Wi-Fi router or using a LAN cable to ensure a stable internet connection throughout your presentation.
- Close all other applications, browsers, and other devices that may disrupt the internet bandwidth.
- Ensure that your presentation recording is completed within the time limit and is in 16:9 aspect ratio (Widescreen).
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