

# LUPUS NEPHRITIS: EPIDEMIOLOGICAL PROFILE AND TEMPORAL TREND OVER A PERIOD OF 19 YEARS



## WCN24-AB-1643

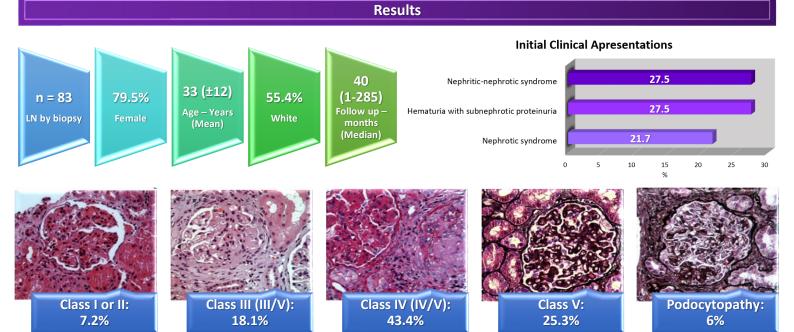
Fernando Sales<sup>1</sup>, Priscylla Vieira do Carmo<sup>1</sup>, Nicolas William Gonçalves de Almeida<sup>1</sup>, Mateus Henrique Toledo Lourenço<sup>1</sup>, Natalia Maria da Silva Fernandes<sup>1</sup> <sup>1</sup>University Hospital of the Federal University of Juiz de Fora (HU-UFJF), Minas Gerais State, Brazil Interdisciplinary Center for Studies and Research in Nephrology of the UFJF (NIEPEN-UFJF)

# Introduction

- → Lupus Nephritis (LN) is a complication that affects approximately 50% of cases of Systemic Lupus Erythematosus (SLE).
- → The objective of the study was to evaluate the profile of patients with LN in the Nephrology service of the University Hospital of the Federal University of Juiz de Fora.

# Methods

- $\rightarrow$  Retrospective cohort of patients with LN from 2003 to 2022.
- → Sociodemographic, clinical and laboratory variables were evaluated at admission and at the end of the study.
- $\rightarrow$  Outcomes: estimated glomerular filtration rate (eGFR) and proteinuria.



# Comorbidities

Systemic Arterial	
Hypertension	81.9%
Dyslipidemia	48.2%
Psychiatric illnesses	47.0%
.,	
Bone Diseases	18.1%
Diabetes Mellitus	14.5%
Thyroidopathy	12.0%
Cardiovascular diseases	9.6%
Antiphospholipid syndrome	9.6%
Nephrolithiasis	8.4%
Diabetes Mellitus Thyroidopathy Cardiovascular diseases Antiphospholipid syndrome	47.0% 18.1% 14.5% 12.0% 9.6% 9.6%

1 Kidney

biopsy

31%

### Immunosuppressants

Corticosteroids	100%
Hydroxychloroquine	94%
Azathioprine	66.3%
Mycophenolate	50.6%
Intravenous therapi	
	163
Corticosteroids	75.9%
Cyclophosphamide	61.4%
Belimumab	9.6%
Rituximab	2.4%

Rapidly

progressive

GN

≥2 Kidney

biopsies

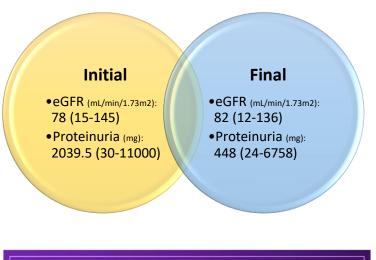
23%

29%

Crescents

on initial

biopsy



### Conclusions

- $\rightarrow$  Predominance of young, female patients, class IV or IV/V, with improvement in eGFR and proteinuria level.
- → Knowledge of the epidemiological profile of lupus nephritis is essential for guiding managers of public systems to optimize health care and better renal outcomes.

nataliafernandes02@gmail.com fernansales@gmail.com