



Message from the President 2016 - 2017



Greetings from the desk of the Outgoing President. I feel really honored and privileged to have served the Malaysian Society of Otorhinolaryngologists - Head and Neck Surgeons (MSO-HNS). Time flies and I wish I could have done more for the Society in the year 2016 - 2017.

For the past 12 months, the Executive Committee Members have worked hard to carry out the activities to benefit every strata of the membership as well as the public. I must thank Dr Norhafiza Mat Lazim who has gathered and edited the materials for this newsletter. The inaugural collaboration with the Malaysian Pharmaceutical Society was in the form of ENT Course for Pharmacy at three different venues in Peninsular Malaysia in addition to the regular ENT Primary Care Workshops that were carried out in four different states including Sabah and Sarawak. I believe these educational activities provided opportunities for our members to have experience to speak to different groups of audience as well as to get to know the members from various hospitals and institutions. Indirectly, I believe this has strengthened the fellowship amongst the Society members. I would like to thank all the members of the Society who have contributed to and supported these programmes unstintingly.

I welcome you all to visit the Society website. This will allow us to function better as we should in this digital age. We have done our best to make it more informative and easily accessible. This year our Society has also improved the service on the group email to members as well disseminated update programmes and shared achievement of our members at both the national or international level. Our Society has matured over years and our members had been conferred various awards that we should be proud of. I hope all of you have time to check out the achievements on the Society website and congratulate them.

Malacca has been chosen as the venue for the 9th Malaysian International ORL-HNS Congress, in conjunction with the 37th Annual General Meeting of the MSO-HNS. The Congress has not been held there before and it would be good to benefit the local members. I am sure members will agree that Malacca is a rewarding town to explore and is about two hours' drive from Kuala Lumpur. Nevertheless, the pre and post congress workshops have been arranged at Universiti Kebangsaan Malaysia Medical Centre, Kuala Lumpur for Paediatric Airway and FESS workshops and collaboration with the Manipal Medical College for the Tracheostomy workshop in Malacca. Two of the Clinical Practice Guidelines by the Ministry of Health namely Management of Nasopharyngeal Carcinoma and Management of Rhinosinusitis in Adolescent and Adults will be launched during the Opening Ceremony. I congratulate all the professionals who were involved in the preparation of the CPGs as well as the launching of guidelines.

Please join me in congratulating and thanking the tireless team of able and talented members of the Executive Committee and the Organising Committee who have made these 12 months eventful and the 37th AGM and Congress a great success. I sincerely believe that they have been a great example of how teamwork and bold execution can make any wish come true.

On this note, I wish Dr Ramiza Ramza Ramli, the incoming President, all the best. I have full confidence that he will bring us to greater heights and I urge the Society and members to fully support him in his plans and programme in the same manner as you have supported me.

To go first you have to walk alone, if you want to go further you have to walk together. Let's work together and aim at achieving the common goal and objectives of our Society.

Professor Dr Goh Bee See

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Message from the President-Elect 2016 - 2017



First and foremost, I would like to express my upmost gratitude to be installed as the 38th President of the Malaysian Society of Otorhinolaryngologists - Head and Neck Surgeons (MSO-HNS) at the Annual General Meeting on 4th May 2017. It is truly an honor to be among the great presidents of MSO-HNS and be given the opportunity to spearhead this Society.

I would like to take this opportunity to congratulate Professor Dr Goh Bee See and the Executive Committee Members for their commitment and dedication over the past twelve months. She had delivered outstanding work in leading the Society during her 2016 - 2017 term. She had truly raised the bar for me to strive and maintained the positive momentum. I truly hope that, soon to be elected 2017 - 2018 Executive Committee Members can be as committed and determined to continue the success of previous predecessors.

In MSO-HNS, members play a vital role in its success. Although our Society has a diverse background which reflects the Malaysian scene as we know but we share a common goal that is to move forward, be positive and eventually achieve success. I hope that we can harvest this diversity and attitude to move our Society forward.

The ORL-HNS fraternity is steadily growing and the MSO-HNS has now more than 350 members. The number of members with subspecialty training such as in Rhinology and Skull Base Surgery, Neurotology, Lateral Skull Base Surgery, Paediatric ENT, Head and Neck, and

Laryngology is increasing, opening the opportunity for the community to gain from their expertise. Such a positive scenario hopefully can help us edge closer to the formation of the College of Otorhinolaryngologists Head and Neck Surgeons / separate Chapter of ENT under the auspices of the College of Surgeons.

I will try my best to continue the excellent annual activities organised by the Society such as:

1. Annual ORL-HNS health camp
2. Annual Scientific Meeting
3. Nationwide ORL-HNS primary care updates
4. Continuation of subcommittees in MSO-HNS Fee Schedule, MSO-HNS Sleep Advisory and Proposed Committee for the formation of the College of ORL-HNS

For the 10th Malaysian International ORL-HNS Congress and the 38th AGM of the MSO-HNS 2018, I would like to bring the event to the east coast of Malaysia, hoping to mix the exciting and beneficial academic program with the beautiful scenery of the east coast and its diverse culture.

Lastly, I would like to encourage all members to join us in the activities that we organised as well as give us feedback and advice where needed to help better the Society. I pray that we stay united and may Allah S.W.T guide me and my soon to be elected Executive Committee Members in bringing MSO-HNS to greater heights.

"SUCCESS THROUGH DIVERSITY"

Dr Ramiza Ramza Ramli

First Private Master of ORL-HNS Programme in Malaysia a Success

by Professor Dato' Dr Lokman Saim

A significant milestone in the history of ENT training in Malaysia was achieved when the first private Master of ORL-HNS programme was approved by the Ministry of Higher Education in November 2012. The Master of ORL-HNS, proposed by KPJ Healthcare University College (KPJUC), was approved with the support of Department of ORL-HNS Universiti Kebangsaan Malaysia, the Conjoint Board of ORL-HNS and the National Conjoint Board. It received accreditation and approval by the Malaysian Qualification Agency and Ministry of Higher Education. History was created when the first two candidates in the programme passed the Final Conjoint Part II examination with flying colours (picture). The examination was held at Universiti Sains Malaysia in November 2016. These first two graduates received their degree from UKM.

The hallmark of the training programme is 'one-to-one', hands-on apprenticeship, where each master's trainee (resident) is supervised by one consultant. Residents will be supervised by experienced KPJ consultants on a three to six monthly rotation. In the early part of the training, residents are introduced to basic skills for outpatient assessment, care of inpatients and basic specialty procedures. As the residents gain experience and becomes more proficient they will be allowed to progress in level of supervised clinical skills learning opportunities. Residents can evaluate inpatient and emergency conditions under the supervision of consultants. In the operating room, residents are always supervised, but allowed to become more independent in decision making and performance of

procedures as their skills evolve, guided by immediate formative feedback by the consultants. As residents gain further patient care and clinical skills experience, they will progress in responsibility to one of 'supervised independence', where the supervising consultant is always in the care of every patient and has ultimate responsibility. Residents in the KPJUC Masters programme also do three-monthly posting at UKM Medical Centre and Department of ORL-HNS, Ministry of Health hospitals in Alor Setar, Kota Bharu, Melaka, Selayang and Hospital Kuala Lumpur.

This private Master of ORL-HNS programme at KPJUC proves that through innovative training structure, and close cooperation from Department of ORL-HNS UKM and KKM hospitals, private ENT surgeons in KPJ hospitals are capable of contributing to quality training and education. This close collaboration between the public and private sector in training the next generation of ENT surgeons is the pride of our ENT Society. Thank you to Professor (C) Dr Primuharsa Putra (Programme Director), Professor (C) Dr Aminuddin Saim, Associate Professor (C) Dato' Dr Mohd Solahuddin Mohd Kenali, Dr Muhammad Hazim Mohd Yusof Senusi, Associate Professor (C) Dr Roslan Mahmud, Dr Ridzo Mahmud, Associate Professor (C) Dr Vijay Soni and Associate Professor (C) Dr Mazita Ami from KPJ group of hospitals who have devoted their time as trainers and supervisors in the programme, despite their busy clinical work. Currently, five more residents are in the programme.



The First Graduates from the KPJUC ENT Specialist Training Programme, Dr Tengku Ezulia Tengku Nun Ahmad and Dr Tan Shi Nee, with Clinical Professor Dr Primuharsa Putra and Professor Dato' Dr Lokman Saim, Upon Passing their Final Master Examination

MSO-HNS

Executive Committee 2016 - 2017

PRESIDENT

Professor Dr Goh Bee See

PRESIDENT-ELECT

Dr Ramiza Ramza Ramli

IMMEDIATE PAST PRESIDENT

Dr Jeevanan Jahendran

HON SECRETARY

Associate Professor Dr Tang Ing Ping

HON TREASURER

Dr Avatar Singh A/L Mohan Singh

COMMITTEE MEMBERS

Datuk Dr Patawari Patawe

Professor Dr Primuharsa Putra

Professor Dr Marina Mat Baki

Dr Yap Yoke Yeow

Dr Norzi Gazali

Dr Norhafiza Mat Lazim

Dr Rajveer Singh Saren

HON AUDITORS

Dato' Dr Gurdeep Singh Mann

Dato' Dr Siti Sabzah Mohd Hashim

Subcommittees

MSO-HNS RESEARCH GRANT SUBCOMMITTEE MEMBERS

Professor Dr Marina Mat Baki

Associate Professor Dr Irfan Mohamad

Professor Dr Prepageran Narayanan

Associate Professor Dr Mazita Ami

Dr Masaany Mansor

Professor Dr Goh Bee See

MSO-HNS FEE SCHEDULE SUBCOMMITTEES

Dr Jeevanan Jahendran

Dr Paul Lim

Professor Dr Primuharsa Putra

Associate Professor Dr Mohamad Razif Mohd Yunus

Dr Harvinder Singh

Professor Dr Goh Bee See

MSO-HNS SLEEP ADVISOR COMMITTEE

Dr Yap Yoke Yeow

Datuk Dr Balwinder Singh

Dr Jeevanan Jahendran

Dr Rosalind Simon

Dr Nurhashima Abdul Rashid

Professor Dr Goh Bee See

MSO-HNS COLLEGE OF ACADEMY OF MEDICINE OF MALAYSIA

Professor Dr Lokman Saim

Professor Dr Primuharsa Putra

Professor Dr Goh Bee See

Dr Jeevanan Jahendran

Datuk Dr Patawari Patawe

Datuk Dr Kuljit Singh

Dr Harvinder Singh

Associate Professor Dr Mazita Ami

Dr V K Ravindran

Upcoming Events

3rd UKM Paediatric Airway Workshop

Date: 2nd - 3rd May 2017

USM Sinus Academy 2017: Allergy and Sinusitis & USM Coblation Surgery Workshop

Date: 17th - 18th July 2017

USM International Temporal Bone Workshop 2017

Date: 1st - 3rd August 2017

USM International Head & Neck Cadaveric Workshop 2017

Date: 5th - 7th September 2017

18th Asian Research Symposium on Rhinology ARSR 8th Malaysian International Congress of Otorhinolaryngology 36th Annual General Meeting of the MSO-HNS

Reported by Dr Jeevanan Jahendran

The 18th Asian Research Symposium on Rhinology, 8th Malaysian International Congress of Otorhinolaryngology and 36th AGM of Malaysian Society of Otorhinolaryngologist - Head & Neck Surgeons was held on 26th to 28th May 2016 at the Shangri-La Hotel, Kuala Lumpur, Malaysia. This is the second time that the ARSR was hosted in our country the last being in 2007. There was an overwhelming participation not only from within the country but from our neighbouring countries and even from as far Europe, America and the Far East.

For the first time, we were allowed to bring cadaveric specimens into the hotel and conducted life demonstrations on various new state-of-the-art techniques which were done by experts like Professors Heinz Stammberger, N. Ahilasamy, Demir Bajin, Nishit Shah and our own N Prepagaran among others. The meeting itself hosted a myriad of topics covering the width and depth of ENT; however emphasis was given to topics related to rhinology, skull base and allergy. Controversial topics were addressed in highly charged expert panel discussions and also in the form of debates. This is a paradigm shift from the conventional way our conferences are conducted which is based on lectures and question and answer sessions.

The participation of the meeting was good with almost 500 participants and there was fantastic support from the industry where there was close to 50 industry partners who helped make this meeting possible. There were even companies from South Korea, India and China as well together with our local distributors.

We were privileged to host the Malaysian- Singapore Meeting this time with many of the young residents presenting research of truly high quality. The winner was Dr Tan Shi Nee a Malaysian candidate from KPJ University. As always the highlight was our Gala Dinner and the installation of the new President and the awards ceremony. Two women were the recipients at the Dinner namely Dato' Dr Pua Kin Choo and Dato' Dr Siti Sabzah both outstanding ladies and strong stalwarts of the Society. This was also the first time an award was presented posthumously to Prof Dr KN Subramaniam who had served tirelessly in his time as Hon Secretary of the Society.

All in all, I would consider this event to be hugely successful on which the tradition of conducting high quality scientific meeting was upheld since its inception in 2009. We look forward to playing host in many international meetings in the future.



2nd Kedah Paediatric Otolaryngology Audiology Update 2016 (in conjunction with ORL and Audiology Service Meeting 2016, Ministry of Health Malaysia) 6th & 7th November 2016, Hotel and Convention Centre, Alor Setar, Kedah Darulaman

Reported by **Dr Norzi Ghazali**

This was a two-day event organised by the Department of ORL, Head and Neck Surgery, Hospital Sultanah Bahiyah under the ORL, Audiology and Speech Education Society - OASES in conjunction with the National ORL & Audiology Service Meeting of Ministry of Health Malaysia for the year 2016. It involved a series of lectures and panel discussions from the Paediatric Otolaryngologists, Otolologists, Audiologists, Paediatrician, Child Psychiatrist, Paediatric Neuroradiologist, Speech Language Pathologist and Family Physician from Ministry of Health and Universiti Kebangsaan Malaysia. It enlightened the importance of early detection of paediatric ear diseases and hearing loss including children with special needs, in order to escalate early intervention and hearing rehabilitation, thus ensuring appropriate language development, learning skills and improved quality of life of these children. This event was officiated by the Kedah State Director of Health, Dato' Dr Norhizan Ismail, and we managed to gather a

participation from almost 140 health personnel including specialists, medical officers and paramedic from all over the country.



USM Allergy and Sinus Master Class & ORL-HNS Updates 2016

Reported by **Dr Norhafiza Mat Lazim**

On the 7th August 2016, the Department of ORL-HNS USM in collaboration with the ORL Community Club organised a day course on the USM Allergy & Sinus Master Class & ORL-HNS Updates 2016. An overwhelming response from the general practitioners (GP) as far as Kuala Terengganu and Kuantan attended this seminar. Multiple topics of interest for both the GPs and the MMED candidates have been delivered in more than ten lecture slots. Some of the nurses also attend this seminar and made this event a more meaningful day for the month of August 2016.



2016 Head and Neck Surgery Master Class - The Quest for Knowledge: Transcending Oceans & Continents

Reported by Dr Masaany Mansor, Dr Ida Sadja'ah Sachilin



The 8th and 9th have been coincidentally significant dates to the Otorhinolaryngology (ORL) Department of Hospital Sultanah Bahiyah (HSB), Alor Setar for the past two years. This year, on 8th and 9th August 2016, ORL-Head and Neck surgeons throughout Malaysia gathered again in HSB for the "2016 Head and Neck Surgery Masterclass". It was a true honor to have with us the President of the Asia Oceania Association of Otorhinolaryngology, Head & Neck Surgery Societies and the founding President of the Asian Society of Head and Neck Oncology, Professor Sheng-Po Hao from Taiwan. Together with Dato' Dr Pua Kin Choo (Senior Consultant in Head Neck Surgery Penang Hospital), Associate Professor Dr Mohd Razif Mohd Yunus (Head of ORL Department, UKMMC) and Dr Gokula Kumar a/l Appalanaido (Consultant Radiation Oncologist, Advanced Medical and Dental Institute, USM, Bertam), new perspectives and updates in managing the head neck oncology patients were discussed. A live surgery demonstration with Professor Dr Sheng-Po Hao as the lead surgeon was witnessed by participants on the subsequent day.



USM Tracheostomy and Pediatric Airway Workshop 2016

Reported by Dr Hazama Mohamad

The Department of Otorhinolaryngology-Head and Neck Surgery, Universiti Sains Malaysia in collaboration with the ORL Community Club as well as assistance from the USM Animal Research and Service Center had successfully organised the USM Tracheostomy and Pediatric Airway workshop 2016 on 13th and 14th December 2016 at School of Medical Sciences, USM, Kota Bharu, Kelantan.

The first day of the workshop was targeted at participants such as the medical officers and the paramedics who were directly involved in managing tracheostomized patients.

The lectures were mainly focused on pertinent matters and issues regarding the tracheostomy care. The participants also had the opportunity to do hands-on tracheostomy care on the mannequins. The second day of the workshop focused on the pediatric airway problem and its management. It includes a series of lectures by distinguished invited speakers and hands-on sessions on the anaesthetized rabbits. The distinguished speakers among others were Dato' Dr Siti Sabzah from Hospital Sultanah Bahiyah and Dr Hashimah Ismail from Hospital Raja Perempuan Zainab II, Kota Bharu, Kelantan.



USM International Endoscopic Sinus Surgery FESS Course & Workshop 2017

Reported by **Dr Norasnieda Md Shukri, Dr Ramiza Ramza Ramli**

We are pleased that the 3rd USM International Endoscopic Sinus Surgery (FESS) Course & Workshop 2017 was successfully held at the ORL-HNS Department Universiti Sains Malaysia on 13th to 15th March 2017. This 3-day course aimed to enable participants to learn and understand more about sinus diseases and endoscopic sinus surgery. The workshop was attended by ORL residents from all over Malaysia and also by ORL surgeons of hospitals in Malaysia, as well as from India and Kuwait. Distinguished speakers from local; Associate Professor Dr Tang Ing Ping, Mr Rosdi Ramli, Mr Rosli Mohd Nor and international speakers, Dr David Chin from Singapore and Dr Budi Sutikno from Indonesia shared their knowledge and experiences in the sinus surgery.

Besides a whole day lectures by our distinguished speakers, the workshop also included a live surgery session for FESS followed by a hands-on cadaveric dissection. Equipped with the high definition monitor and IGS monitoring systems for each cadaver, we provide one of the best set-up for cadaveric dissection with our fresh specimens. A heartfelt gratitude to all the members from ORL-HNS Department USM who were involved in organising the workshop and making it a very successful event. At the end of the session, we received positive feedbacks from the participants. We intend to do this workshop every year.



UKMMC Total Laryngectomy and Neck Dissection Cadaveric Dissection Workshop 2017

On the 7th March 2017, the UKMMC Total Laryngectomy and Neck Dissection Cadaveric Dissection Workshop took place in the Microsurgery Lab of the ENT Department UKMMC. A total of 21 postgraduate students registered for the one-day workshop. The moderators for the workshop included Professor Dato' Dr Abdullah Sani, Professor Dr Marina Mat Baki, Mr Mohd Razif Mohamad Yunus and Associate Professor Dr Mawaddah Azman. Fresh human head and neck cadavers were used for the workshop. The postgraduate students learnt the landmarks involved in neck dissection, parotidectomy, submandibulectomy and were able to perform laryngectomy. It was a fruitful workshop for the postgraduate students. The moderators too had a joyful moment sharing experiences performing these surgeries. The organisers are very thankful for the kind participation of the moderators involved and hope for successful similar workshops in the future.



11th Laryngology and Phonosurgery Workshop, 2017

Reported by **Professor Dr Marina Mat Baki**

The 11th Laryngology and Phonosurgery workshop, organised by the Department of Otorhinolaryngology, UKM Medical Centre, was successfully held on 11th until 13th of January 2017. The 3-day workshop enabled participants to learn and understand more about laryngeal disorders and the surgical treatments as well as the upper airway obstruction caused by the bilateral vocal fold immobility. Distinguished speakers, Professor Dr Abdullah Sani Mohamed, Professor Dr Marina Mat Baki, Associate Professor Dr Mawaddah Azman and Dr Masaany Mansor shared their knowledge and experience. The course incorporated lectures and live operative sessions, demonstration of office based injection laryngoplasty and laryngeal cadaveric hands-on to learn and practise various surgical treatments for laryngeal disorders. There were 67 participants from Malaysia, Myanmar and Indonesia.



The USM Audiology Intensive Course for ORL-HNS MMED Candidates 2017

Reported by **Dr Nik Adilah Nik Othman, Dr Wan Najibah Wan Mohamad, Dr Nik Fariza Husna Nik Hassan**

Audiology and Speech Pathology Programme, School of Health Sciences, was proud to organise the Audiology Intensive Course for the ORL-HNS MMED candidates for the third consecutive year. It was held at the Tutorial Room A, School of Medical Sciences from 5th to 6th April 2017. It was attended by the third and fourth year MMED candidates of ORL-HNS. This course was started in 2014 as an addition to the ORL-HNS compulsory intensive course held yearly. It is well known that audiology is an important topic to learn as part of the otology section. However, due to time constraint it is unable to be fully covered during the five days ORL-HNS intensive course. Hence, we saw the need to address this issue and with the collaboration with the audiology lecturers from Audiology and Speech Pathology Programme, and the ORL-HNS surgeons from the ORL-HNS department, the Audiology intensive course was designed to provide the essential knowledge of clinical audiology and the integration of the audiologic tests results. This will lead to effective management of patients when there is mutual understanding between the ORL surgeons and audiologists. The course ended successfully and receive positive feedback from the participants.



1st International Masterclass on Vestibular Assessment and Management

Reported by **Dr Nik Adilah Nik Othman, Dr Zuraida Zainun, Dr Mohd Normani Zakaria**

Balance Unit, Audiology & Speech Pathology Program was proud to organise the first International Masterclass on Vestibular Assessment and Management on the 13th and 14th March 2017 at the Bluewave Hotel, Shah Alam, Selangor. The event was officiated by the Deputy Dean (Student Affairs and Network) from School of Medical Sciences, USM, Professor Dr Din Suhaimi Sidek. The international speakers were Professor Dr Anirban Biswas, a well-known neurotologist from Kolkata, and Dr Michelle Petrak, the Director of Clinical Audiology from Interacoustics. The local speakers were Professor Dr Din Suhaimi Sidek, Dr Philip Rajan, Dr Mohd Normani Zakaria and Dr Zuraida Zainun. This event was made possible by the collaboration from USAINS and the sponsors. The total numbers of participants were 106 from Malaysia and Singapore. The majority of the participants were physiotherapists, followed by audiologists and the medical officers and specialists of ORL-HNS. The main aim of this masterclass was to enhance the knowledge on the clinical vestibular assessment and management, with the emphasis on the latest update on BPPV. Participants were also introduced to the *Bal Ex* innovation products for vestibular rehabilitation. The second and third vestibular masterclass will be held in Bandung, Indonesia and USM Health Campus respectively.



1st ENT Course in Pharmacy 2016

Kuala Lumpur, 4th September 2016 - To further strengthen Science for a Better Life, Bayer Consumer Health was the first to pioneer a collaboration with Malaysian Society of Otorhinolaryngologists - Head and Neck Surgeons (MSO-HNS) and Malaysian Pharmaceutical Society (MPS) to organise the 1st ENT Course in Pharmacy. This CME activity was successfully held at the Le Meridien Hotel, Kuala Lumpur to educate pharmacists on how to deal with ENT cases with the hopes that this can improve patient management and care.

A total of more than 90 pharmacists from Klang Valley attended the full day programme on ENT topics. There were a total of 9 ENT speakers plus a MPS speaker who deliberated over various topics including common ENT problems for example; allergic rhinitis, sinusitis, sore throat, vertigo and the role of pharmacist in educating patients. Six CPD points were awarded for MPS members.



2nd ENT Course in Pharmacy 2017

Penang, 26th March 2017 - To continue the momentum from the 1st ENT Course in Pharmacy held in Kuala Lumpur, Bayer Consumer Health together with MSO-HNS decided to continue with the series of ENT courses for pharmacists. For the 2nd ENT Course in Pharmacy, it was decided to have it at the second largest city in Malaysia, Penang, to cater to the Northern States pharmacists as part of a continuous medical education.

The course was well attended with a total of 70 pharmacists. There were a total of 8 ENT speakers from both public and private sectors plus a MPS speaker who shared various topics including common ENT problems for example allergic rhinitis, sinusitis, sore throat, vertigo and the role of pharmacist in educating patients. Besides that, it was a good forum for both doctors and pharmacists to understand each other's roles better. Six CPD points were awarded for MPS members.



Seremban Primary Care GP Symposium on 21st August 2016

Reported by Dr Rajveer Singh Saren

This was the 1st Primary Care GP symposium organised by the MSO-HNS 2016 - 2017 Committee together with MMA Negeri Sembilan Branch. Despite being a gloomy Sunday morning, there were a total of 45 medical practitioners from Negeri Sembilan who attended the symposium at the Klana Resort, Seremban from 9 am to 5 pm. We had 12 speakers for the day who delivered concise and practical approaches for GP management of the ENT conditions, some of whom came as far from Kuching, Kota Bharu and Alor Star. Local Seremban speakers were from Hospital Tuanku Ja'afar, KPJ Hospital Seremban and Columbia Hospital Seremban. Running concurrently in the afternoon session was the Exco and MSO-HNS AGM 2017 organising committee meetings. There were about six medical companies that help to support and provided booths display for the event. Overall it was good turnout and this is the kind of nice session in which the local Serembanians looks forward to attend in future educational events by the MSO-HNS.



MSO-HNS Primary Care Symposium 2017 Pullman City Centre Hotel

On 15th January 2017, the MSO-HNS conducted its first primary care workshop for the year of 2017. This was held with the support of the Malaysian Medical Association (Wilayah Persekutuan Branch) at Pullman City Center Hotel & Residences, Kuala Lumpur from 9 am to 5 pm. There was a total of 48 participants who attended the event. Twelve consultant ENT surgeons from various parts of Klang Valley shared their experience in presenting their respective important topics. This event was also supported by seven pharmaceutical companies which had booths to display their products and distribute the information to the doctors. Overall the event was a huge success with the GPs who are looking forward to similar events in coming future.



MSO-HNS - MMA ENT Forum for Primary Care, Sibul 2017

Reported by Associate Professor Dr Tang Ing Ping

MSO-HNS - MMA ENT Forum for Primary Care was held on 5th March 2017 at RH Hotel, Sibul, Sarawak. We aimed to provide an update on common ENT problems faced in primary care setting. This event was a combined effort of MSO-HNS, MMA Sarawak Branch and Jet Pharma as secretariat. Eight speakers from all over the country shared their knowledge and experience in this forum. Four pharmaceutical companies sponsored the forum. The forum received good response from the doctors in this region. We managed to attract 100 participants from Sibul division to attend the forum.



MSO-HNS Health Camp - Programme Saringan Kesehatan ENT, Teluk Intan 2017

The annual MSO-HNS health camp was held in Teluk Intan, a district in Hilir Perak on 18th February 2017. A free screening programme organised by MSO-HNS in collaboration with the ORL Department Hospital Teluk Intan, UMMI Surgical Sdn Bhd, Anson Bay Medical Centre and Persatuan Han Kang Hilir Perak. The team was led by MSO-HNS President, Professor Dr Goh Bee See and Dr Khairul Azlan Shahril bin Abu Dahari, the head of ORL Department, Hospital, Teluk Intan. It was held at Dewan Rumah Rehat Majlis Perbandaran Teluk Intan. There were 10 stations for screening consist rigid and flexible scopes courtesy by UMMI Surgical Sdn Bhd. The programme was officiated by Dr Megat Iskandar Bin Megat Abdul Hamid, Hospital Teluk Intan Director. The crowd also was entertained with three informative and interactive health talk given by Professor Dr Goh Bee See, Associate Professor Dr Tang Ing Ping and Mr Avatar Singh.

Fifteen surgeons and ten medical officers were involved during the health camp and they were divided into two working shifts. Anson Bay Medical Centre deployed ten staff that day to help the programme runs smoothly. We were glad that Persatuan Han Kang Hilir Perak helped us with the logistic and food preparation. There was a mobile hearing scening truck to provide hearing screening and it was done by four audiologists from Hospital Teluk Intan. A total of 262 peoples came for screening that day and 106 peoples was referred to ORL Hospital Teluk Intan for further management. Out of total people screened, 151 of them had hearing screening done and we only provide hearing screening for adults only. Most people who came have benefited much from the programme and wish that there will be a similar programme in the future. In conclusion the programme achieved its objectives and all committee members would like to thank to all who supported the programme.



USM Oral Cancer Awareness Programme - World Head and Neck Cancer Day 2016, in collaboration with Kelab Kanser Kelantan

Reported by **Dr Norhafiza Mat Lazim**

The Department of Otorhinolaryngology-Head & Neck Surgery, HUSM in collaboration with Kelab Kanser Kelantan and the State Health District Office has conducted a health camp at the vicinity of Pasir Mas. The theme for the event was "Sayang Diri, Hargai Nyawa" focusing on the Oral Cancer Awareness. This health camp focused on the Oral Cancer education and screening programmes among other common head and neck cancers on 8th August 2016 in conjunction with the World Head and Neck Cancer Day 2016. The representatives from Breast Cancer Association 'KAWAN' also joined the events to lift up the event.

Lectures on oral cavity cancer were delivered in local language, oral cavity examination and screening were performed at several health check-up tables, displays of the pathology specimens of head and neck cancers as well as colorectal and breast cancer were conducted. The other activities include breast self-examination, general medical screening of diabetes and hypertension. The event concluded well with the local show of 'Dikir Barat' performance by Pasir Mas group of Dikir Barat. This event has been uploaded in the International Federation of Oncology Society (IFNOS) website.



MSO-HNS Annual Scientific Meeting 2017

19th March 2017

Level 3, Pullman Hotel City Centre, Kuala Lumpur

The Annual Scientific Meeting was held with a great success from 2 pm - 6 pm on 19th March 2017 afternoon at the Pullman Hotel City Centre, Kuala Lumpur. Overall there are 40 people who attended the meeting.

Free paper presentation:

- **Resident category:** Twelve papers had been presented (4 from UM, 3 from UKM, 4 from USM and 1 from KPJ)
- **Specialist category:** Three papers had been presented (1 from each UKM, USM and UM)

The judges were - Dato' Dr Siti Sabzah Mohd Hashim
- Professor Dr Rahmat Omar
- Associate Professor Dr Annura Michelle
- Dr Jeevanan Jahendran

The winners were:

Resident category:

- 1st: Siow Ping Loong - Normative data of the sniffin' test in Malaysia post cultural adaptation
- 2nd: Farhana Ariff - The reliability of vocal intensity and pitch range measurement in unilateral vocal fold palsy (UVFP) patients
- 3rd: Mohd Eksan Sairin - Airway resistance assessment in patients with bilateral vocal fold immobility

Specialist category:

Best: Professor Dr Abdullah Sani - The cure to stomal stenosis in laryngectomees: X men and fish mouth technique



Malaysia Laryngectomee Association

The Malaysia Laryngectomee Association (MLA) was officially established in Universiti Kebangsaan Malaysia Medical Centre (UKMMC) on 7th April 2016. This Association is registered by the Malaysian government JPPM and our registered number is PPM-017-14-07042016. The purpose of this establishment is to help patients with cancer of larynx (voice box), who have had or undergoing laryngectomy operation (Voice Box Removal) for moral support, and education about health care after laryngectomy.

The members of MLA comprises two groups: clinical and patient groups. The clinical team is led by Professor Dr Marina Mat Baki and Professor Dato' Dr Abdullah Sani Mohamad as an advisor.



The MLA Objectives are;

- To create public awareness concerning the existence of cancer of larynx and laryngectomee patients in the community in Malaysia who also have rights as normal individuals.
- To create programmes and activities for character development and self-esteem for laryngectomees.
- To demonstrate the ability of laryngectomees to communicate with absence of voice box.
- To assist laryngectomees in securing financial support for their medical as well as the voice Rehabilitation treatment.



MLA Source of Media

- FACEBOOK

www.facebook.com/MalaysiaLaryngectomeeAssociation/
(Official facebookpage)

Contact Person: +60136052256 - Mr Shah (FB Admin)

- WEBSITE

<http://laryngectomeesdens.wixsite.com/laryngectomees>

(Official temporarily website address, waiting for sponsorship for our own domain)

Contact Person: +60136052256 - Mr Shah (webmaster)

Kelab Kanser Kelantan



Reported by **Dr Norhafiza Mat Lazim**

Kelab Kanser Kelantan has been established and registered on 20th October 2015 with the "Akta Pertubuhan1966" with the registered number PPM-014-03-201-0201. The objectives of the club are to help all cancer patients i.e. the paediatric, the adult and the elderly patients in terms of physical, psychosocial as well as financial in order to assist them to have a better quality of life. The charity events including the carnival, the aerobic sessions and garage sales were held to collect funds for these patients. Several home visits were made to houses of patient with maxillary carcinomas in Pasir Mas, papillary carcinoma of thyroid patient in Binjai and thyroid carcinoma with neck

recurrence in Kota Bharu. Attending the special occasion of the home visits includes the USM dietitians, the physiotherapist, the year four medical students and the ORL specialist. Patients were examined clinically with the medical equipment & ORL instruments that were brought along during the trip. Patients were happy and were glad to welcome the team. The club also was established with the aims to disseminate knowledge and awareness of the head and neck cancer to the local public so that they will present early to the hospital for early intervention and subsequent management.



Academy of Medicine of Malaysia

List Members in ENT Specialty as on 11th April 2017

Fellows

Dr Abdul Hakim B Jaafar
Associate Professor Dr Andrew Charles Gomez
Professor Dato' Dr Balwant Singh Gendeh
Dr George Aloysius Thavarajah
Dato' Dr Harnam Singh
Datuk Dr Khanna Durshan K
Professor Dato' Dr Lokman B Saim
Tan Sri Dato' Professor Dr Mohd Amin B Jalaludin
Dr V K Ravindran
Dr S P Singaram

Professor Dr Umapati Prasad
Dr Vijay Kumar Khanijow
Dato' Dr Gurdeep Singh A/L Mahindar Singh
Dr Koay Cheng Boon
Dr Valuyeetham A/L Kamaru Ambu
Professor Dr Primuharsa Putra B Sabir Husin Athar
Professor Dr Goh Bee See
Dr Raja Ahmad Al'Konee B Raja Lope Ahmad
Professor Dr Prepageran Narayanan
Dato' Dr Mohd Solahuddin B Mohd Kenali

Ordinary Members

Dr Aloopillai Nagarajan Narayanasamy A/L A N Rajan
Dr Arvin Balachandran
Dr Chang Chew Ming
Dr Chua Hock Kim
Dr Dipak Banarsi Dass
Dr Eng Chee Yean
Dr Ganeshwaran Selvarajah
Dr Goh Say Wee
Dr Gopalan Nair A/L Kunyongni Nair
Dr Harvinder Singh A/L Dalip Singh
Dr Jeevanan Jahendran
Assistant Professor Dr Kahairi B Abdullah
Dr Kayalakakathu Mathen Mathew
Datuk Dr Kuljit Singh A/L Mahinder Singh
Dr Lee Guan Teik
Dr Lee Leong Meng
Dr Lee Mun Loy Aloysius
Dr Lim Kok Chee
Dr Loganathan A/L Athanari
Dr Loo Chun Pin
Dato' Dr Maria Ithaya Rasan Dato' Puspa Das
Dr Mazita Bt Ami
Dr Md Husain B Hj Said

Dr Mohd Husni Ahmad
Dr Mohd Sayuti B Razali
Dr Ngou Chee Foo
Dr Nur Hashima Abdul Rashid
Dr Ong Chun Chiang
Dr Parminder Singh A/L Harnam Singh
Dr Raj Kumar A/L A M Narayanan
Dr Raj Kumar A/L Krishen Lal
Dr Ramani Krishnan
Dr Samuel Moses Daniel
Dato' Dr Sathananthar K S
Dato' Dr Siti Sabzah Mohd Hashim
Dr S Subramanian
Dr Sushil Brito-Mutunayagam
Dr Tan Eng Soon Vincent
Dr Tan Hong Guan John
Dr Tschang Hsing Huang
Dr Yau Pak Chenk Thomas
Dr Yeat Siw Eng
Dr Yeo Sek Wee
Dr Yoong Fook Ngian
Brig Gen Dato' Pahlawan Dr Zulkaflay B Abd Rahman

Conferment of Fellowship - Academy of Medicine of Malaysia



Academy of Medicine of Malaysia - 2016 Gala Dinner



Malam Tokoh Ansara 2017

