



Executive Committee 2018 - 2019

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- Dr Kong Min Han

PRESIDENT-ELECT

- Prof Dr Tang Ing Ping

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- Assoc Prof Dr Ramiza Ramza Ramli

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- Dr Masaany Mansor

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- Prof Dr Goh Bee See
- Prof Dr Primuharsa Putra Sabir Husin Athar
- Prof Dr Salina Husain
- Dr Ahmad Nordin bin Afandi
- Dr Mohd Razif Mohamad Yunus
- Dr Rajveer Singh Saren
- Dr Zahirudin bin Zakaria@Azidin

HONORARY AUDITORS

- Prof Dato' Dr Abdullah Sani Mohamed
- Dato' Dr Solahudin Mohd Kenali

SUBCOMMITTEES

A. MSO-HNS Research Grant Subcommittee Members

- Prof Dr Marina Mat Baki (Head)
- Assoc Prof Dr Irfan Mohammad
- Prof Dato' Dr Prepageran Narayanan
- Assoc Prof Dr Mazita Ami
- Dr Masaany Mansor
- Dr Kong Min Han

B. MSO-HNS Fee Schedules Subcommittee Members

- Dr Harvinder Singh (Head)
- Dr Jeevanan Jahendran
- Dr Paul Lim
- Prof Dr Primuharsa Putra
- Dr Mohd Razif Mohamad Yunus
- Dr Kong Min Han

C. MSO-HNS Sleep Advisory Subcommittee

- Dr Nur Hashima Abdul Rashid (Head)
- Dr Yap Yoke Yeow
- Datuk Dr Balwinder Singh
- Dr Jeevanan Jahendran
- Dr Rosalind Simon
- Dr Kong Min Han

D. College of Otorhinolaryngologists- Head & Neck Surgeon

- Prof Dato' Dr Lokman Saim (Head)
- Dr Jeevanan Jahendran
- Prof Dr Primuharsa Putra
- Datuk Dr Patawari Patawe
- Datuk Dr Kuljit Singh
- Dr Kong Min Han

MESSAGE FROM THE PRESIDENT 2018 - 2019



Greeting to all members of the Society. I would like to take this opportunity to thank the members for the privilege to be the President of the Malaysian Society of Otorhinolaryngologists - Head & Neck Surgeons (MSO-HNS) for the term 2018-2019. It is a great honour to be elected to this position and to be given the opportunity to serve the Society. I am also honoured to work together with my experienced and supportive Executive Committee who has tirelessly assist me to perform to my best ability. I would like to congratulate Professor Dr Tang Ing Ping, the Incoming President for 2019-2020.

Over the past one year, many important events occurred in our country. The change of the government, unimaginable re-election of our oldest Prime Minister and "Harapan" for changes in the new government administration. The MSO-HNS too underwent some changes, challenges and improvement throughout this year.

The Society had initiated the formation of Chapter of Otorhinolaryngologists - Head & Neck Surgeons, spearheaded by Professor Dato' Dr Lokman Saim together with his subcommittee, Dr Jeevanan Jahendran, Professor Dr Primuharsa Putra, Datuk Dr Patawari Patawe, Datuk Dr Kuljit Singh and current President MSO-HNS. The Society had successfully formed the Chapter of Otorhinolaryngologists - Head & Neck Surgeons on 11th May 2018 and the Exco had brainstormed on multiple occasions the draft of the Chapter By-Laws. This is the first step for formation of our own College of Otorhinolaryngologists - Head & Neck Surgeons and it is my aspiration that all members of the Society stand united to push forward with having our own college.

For years, the Society has been giving back to the community and we kept the tradition going by organising the health camps in rural areas. We organised the MSO-HNS health camp in the beautiful mountainous land of Kundasang, Sabah. A special thank to Dr Nor Ahmad and his team as well as the Klinik Kesihatan Kundasang for organising a very successful health camp. The overwhelming response from the community was encouraging despite the tiredness of all the team.

General practitioners (GP) updates were renamed as MSO-HNS Primary Care Symposium. We organised the Primary Care symposium tour from Johor Bahru, Kuala Lumpur, Penang and ended in Ipoh. The programme was revamped and made interesting with only eight minutes "sharing" by each speaker on the most important knowledge crucial for the primary care in his or her practice. We experimented with this method and we were glad that we received positive responses with this new system.

The finale for this term will be the 11th Malaysian International ORL-HNS Congress and the 38th Annual General Meeting of the MSO-HNS in Royale Chulan, Kuala Lumpur on 20th - 22nd June 2019. The Annual Scientific Meeting is incorporated as part of the congress programme. A pre-congress workshop on Paediatric Hearing Implant will be held on 19th June 2019 and post-congress Nurses and Paramedic Workshop on 22nd June 2019 in Royale Chulan, Kuala Lumpur as well.

This Society will only progress with participation from members. The collective efforts of each member, big or small, is crucial and I urge all members to give their full support to the incoming president, Professor Dr Tang Ing Ping and his elected Exco. I believe MSO-HNS will continue to thrive and excel and let us work together with the "Harapan" that our future will be another great year ahead.

Dr Kong Min Han

Contents

Message from the President 2018 - 2019	1	• MSO-HNS Penang ENT Primary Care Symposium	6
Message from the President-Elect 2018 - 2019	2	• 16 th UKMMC Basic Endoscopic Sinus Surgery Workshop 2019	7
Activities		• The 13 th UKMMC Laryngology and Phonosurgery Course	8
• MSO-HNS Johor Bahru ENT Primary Care Symposium	2	• MSO-HNS Health Camp Kundasang, Sabah	9
• 1 st International Lateral Skull Base & 14 th International Functional Endoscopic Sinus Surgery Workshop	3	• MSO-HNS Perak ENT Primary Care Symposium Programme	10
• Malaysia Laryngectomy Association Charity Dinner	4	• 6 th Tracheostomy & 3 rd ORL Emergency Workshop	11
• UKMMC Skin Prick Test Workshop	5	• 1 st Kelantan World Hearing Day Fun Run 2019 in conjunction with Annual World Hearing Day	12
• Seminar on Danger of Cigarette Smoking and Laryngeal Cancer for Secondary School Children	5		
• MSO-HNS Kuala Lumpur ENT Primary Care Symposium	6		

Message from the President-Elect 2018 - 2019



It is a great honour to be given the opportunity to serve as the 40th President of the Malaysian Society of Otorhinolaryngologists - Head & Neck Surgeons (MSO-HNS) for the year of 2019-2020. I would be installed on 20th June 2019. I would like to express my heartiest gratitude to all the members who had supported, encouraged and elected me. I will keep my promise to lead the Society to another level, together with the soon to be elected Executive

Committee members for 2019-2020.

I would also like to congratulate Dr Kong Min Han and his team for their endless commitment and dedication to our Society during their term in 2018-2019.

Our Society has grown steadily for the past 39 years. Our members with subspecialty training in otology, neurotology, rhinology, skull base surgery, head & neck surgery, laryngology and paediatric ENT have also increased significantly. The responsibility and the role of our Society have evolved and so has the expectations of the members. We are now one of the chapters of the College of Surgeons and we are looking forward to form the College of Otorhinolaryngologists - Head & Neck Surgeons (ORL-HNS), under Academy of Medicine of Malaysia. Formation of the College of ORL-HNS will definitely make the ORL-HNS fraternity better represented in the medical fraternity of Malaysia.

During my term as President, I will continue to organise annual activities for our Society such as nationwide ENT primary care updates, annual ENT health camps, annual ENT retreats and of course annual ORL-HNS

Congress. The current subcommittees of MSO-HNS will continue to serve the members as in previous year and I will continue to liaise with the College of Surgeons regarding the formation of College of ORL-HNS, under the Academy of Medicine.

2020 will be an exciting year for MSO-HNS! The 12th Malaysian International ORL-HNS Congress & 40th Annual General Meeting of MSO-HNS will be held in conjunction with the 9th World Congress for Endoscopic Surgery of the Paranasal Sinuses, Skull Base, Brain and Spine from 15th to 18th July 2020 at Shangri-la Hotel, Kuala Lumpur. The short form of the event is "ENDOKL2020". We are especially proud and delighted that this is the first time this prestigious congress is held in Asia. The Neurosurgical Association of Malaysia (NAM) will hold their congress with us simultaneously too! The organising committee member of ENDOKL2020 was formed in the early 2018 before we took over from the committee of Endo Barcelona 2018. We have assiduously lined up a four day programme with keynotes, plenary lectures, live cadaveric dissection demonstrations, round table discussions, meet the expert sessions, oral presentations and posters with generous contributions from both world renowned international and local faculty members. First official announcement of the event will be on 20th June 2019. Stay tuned!

Lastly, I would like to pledge and encourage all the members to join us in the activities that we are going to organise and give us positive suggestions and feedbacks to improve and bring a good name to MSO-HNS.

'Simple, Fast, Accurate & Precise'

Thank you very much.

Professor Dr Tang Ing Ping

ACTIVITIES

MSO-HNS Johor Bahru ENT Primary Care Symposium 21st July 2018

Reported by Dr Kong Min Han

The Malaysian Society of Otorhinolaryngologists - Head & Neck Surgeons (MSO-HNS) was formed to represent the ENT surgeons in Malaysia, to promote fellowship among the local and international ENT doctors, to coordinate the activities of ORL-HNS and most importantly to promote the art and science of otorhinolaryngology - head and neck surgery. MSO-HNS recognises the importance of primary care physician and their contributions in the local healthcare. The Society believes that knowledge obtained by the ENT surgeons should be shared and, traditionally, the Society organises educational talk for the local primary care physicians in the form of workshops, updates, meetings or symposia yearly.

Therefore, the first event by the new Executive Committee for the term 2018-2019 was the MSO-HNS Johor Bahru ENT Primary Care Symposium. The symposium was held on 21st July 2018 in Double Tree by Hilton, Johor Bahru. Dr Jeevanan Jahendran together with Dr Yap Yoke Yeow drawn up the programme comprised important topics on laryngology, otology, rhinology, head & neck as well as sleep disorders breathing. Each talk was limited to only 8 minutes covering the most relevant and pertinent "key point" to the practice of the primary care physician. The programme comprised talk, demonstration, debate and discussion. This new programme was refreshing and attracted the attention of the crowd without causing boredom.

Slido app was also introduced in this symposium. Slido is an audience interaction tool for meetings, events and conferences that allows audience to participate in the event easily. Participants were able to ask questions, live polls and vote using the app. The app enabled shy participants to ask questions, and we experienced overwhelming response.



This symposium will not be successful without the support from the industries. Seven industries had committed to support all the four tours (Johor Bahru, Kuala Lumpur, Penang and Ipoh). The MSO-HNS Johor Bahru ENT Primary Care Symposium were supported by 10 industries and their participation enable us to organise this symposium without charging the participants any fees.

The symposium will not be successful without the participation of the primary care physicians too. As many as 225 participants registered for the event and the turnout on that day was approximately 190. The symposium ended in a high note with encouraging feedback from all the participants and the next tour was held in Kuala Lumpur on 18th November 2018.



1st International Lateral Skull Base & 14th International Functional Endoscopic Sinus Surgery Workshop

23rd - 24th & 25th - 26th July 2018

Reported by Dr Farah Dayana Zahedi & Professor Dr Salina Husain

The Department of Otorhinolaryngology-Head and Neck Surgery, Hospital Canselor Tuanku Muhriz, UKM Medical Centre and UKM Allergic Rhinitis Association had successfully organised the 1st International Lateral Skull Base & 14th International Functional Endoscopic Sinus Surgery Workshop. The successful four days' workshop took place at Putrajaya Marriot Hotel with quite a number of international and local speakers. The workshop received overwhelming participation from international and local delegates as dissectors and observers. The Garden Ballroom of Putrajaya Marriot Hotel was transformed into a sophisticated dissection hall with the tremendous support from our partners namely UMMI-Surgical & Karl Storz, Medtronic & Humedical, Schmidt BioMedTech & Leica, Easmed, Olympus, Labchem & Cochlear, Medel, Brainlab, GSK and Eartistic. A total of 15 dissection stations were set up closed to operating theatre settings to ensure smooth and advanced dissection sessions.



Pro Vice-Chancellor visit to the Dissection Hall



With ProVice-Chancellor of UKM during the Opening Ceremony

We were very honoured to have Pro Vice-Chancellor of Universiti Kebangsaan Malaysia, Professor Datuk Dr A Rahman A Jamal at the opening ceremony and officiated the workshop. The opening ceremony took place at one of the ballrooms in Putrajaya Marriot Hotel with the presence of the international and local speakers, international and local delegates, committee members and our industrial partners.

The workshops started with two days of 1st International Lateral Skull Base Workshop. It was held to share knowledge and techniques on lateral skull base surgeries. The international guest faculty members were Adjunct Associate Professor Dr Yuen Heng Wai from Singapore and Dr Soekirman Soekin from Indonesia. The local faculty members were Professor Dr Asma Abdullah, Professor Dato' Dr Lokman Saim,

Professor Dr Goh Bee See, Dr Tengku Izam bin Tengku Kamalden, Dr Zulkiflee bin Salahuddin, Associate Professor Dato' Dr Ab Rahman Izaini Bin Ghani and Dr Noor Dina Hashim for the otology team, while the neurosurgery team were Associate Professor Dr Azizi Abu Bakar and Dr Azmi Alias. The approach multidisciplinary team is important in lateral skull base surgery. The dissectors had a chance to dissect from skin to bone as the fresh frozen cadavers were prepared for the workshop.

Another two days' workshop was continued with the 14th International Functional Endoscopic Sinus Surgery Workshop. The comprehensive course was designed to provide knowledge about anatomy of the nose and endoscopic sinus surgery. The cadaveric dissections were demonstrated by a renowned Rhinology Senior Consultant Associate Professor Dr Kornkiat Snidvongs from Thailand besides Dr Yeh Teh Hui from Taiwan and Dr Deasi Anggraini from Indonesia. The local faculty members were Professor Dr Baharudin Abdullah, Professor Dr Salina Husain, Dato' Dr Balwant Singh



The ballroom that transformed into dissection hall with 15 stations

(Cont'd on page 4)

(Cont'd from page 3)

Gendeh, Associate Professor Dr Ramiza Ramza Ramli, Dr Abdul Fattah Abdul Wahab and Dr Farah Dayana Zahedi. A total of 28 dissectors participated and had the chance to practice endoscopic sinus surgery on fresh frozen cadavers.

Besides gaining knowledges and skills, the participants also enjoyed the social interaction and networking among the local and international participants. The feedback from the participants for the four days' workshop were excellent. We hope that we could organise the same international level workshop again in the future.



The faculty members and participants of 1st International Skull Base Workshop



The faculty members and participants for 14th International Functional Endoscopic Sinus Surgery Workshop

Malaysia Laryngectomee Association Charity Dinner 8th August 2018

Reported by Professor Dr Marina Mat Baki

Malaysia Laryngectomee Association (MLA) had held a charity dinner at Berjaya Hotel, Kuala Lumpur, on 8th August 2018. The event's director was Associate Professor Dr Mawaddah Azman and the advisor was Professor Dr Marina Mat Baki. The successful charity dinner that was attended by 169 people was co-organised by the Department of Otorhinolaryngology, Universiti Kebangsaan Malaysia Medical Centre. The purpose of holding the dinner was to secure some funding to support MLA's activities. MLA was established with main aims to provide support in rehabilitating laryngectomees as well as carrying out activities to enhance public awareness about danger of smoking and laryngeal cancer. The dinner was officiated by Dato' Seri Azam Baki who is the patron of MLA.



UKMMC Skin Prick Test Workshop

15th August 2018

Reported by Dr Farah Dayana Zahedi & Professor Dr Salina Husain



Participants performed the skin prick test among themselves

UKMMC Skin Prick test Workshop is a biannually workshop organised by Allergy Unit, Department of Otorhinolaryngology-Head and Neck Surgery, Hospital Canselor Tuanku Muhriz, UKM Medical Centre. The workshops are usually held in June and December every year at Otorhinolaryngology Clinic, UKMMC. It is compulsory for the new intake or new in-campus master students in Otorhinolaryngology-Head and Neck Surgery before they can perform skin prick test on patients. The workshop is also open to paramedics, staff nurses and medical officers who are interested in learning Skin Prick Test.

Last year, the workshops were held for half a day. There were lectures and skin prick test demonstration and practice. The participants were given a chance to perform skin prick test among themselves and they were thought how to read and intepret the results. At the

end of the workshops, certificate of attendance was given to each participant.

This workshop is important to teach the correct indications, techniques and intepretation of skin prick test. In future, we plan to do the skin prick test workshop together with smell and taste workshop biannually since currently the smell test is available in our Allergy Unit, Otorhinolaryngology Clinic.



Participants with their certificate after completion of the workshop

Seminar on Danger of Ciggarett Smoking and Laryngeal Cancer for Secondary School Children

1st November 2018

Reported by Professor Dr Marina Mat Baki

Malaysia Laryngectomee Association together with the Department of ORL-HNS of Universiti Kebangsaan Malaysia Medical Centre had organised a seminar on Danger of Ciggarett Smoking and Laryngeal Cancer for Secondary School Children on 1st November 2018. It was held at the Advanced Surgical Skill Centre of UKMMC. The seminar which was attended by 60 secondary students comprised talks and visits to the ORL-HNS clinic, 5H ward and anatomy museum. The talks were delivered by Professor Dr Marina Mat Baki, Associate Professor Dr Mawaddah Azman and laryngectomees (Shamsul Ramli, Said Layot and Foong Kar On). Two schools participated in this seminar - Sekolah Menengah Kebangsaan Ketari, Bentong, Pahang and Sekolah Islam Adni. The students appeared intrigued with the talks, information and exposure to the clinical environment.



MSO-HNS Kuala Lumpur ENT Primary Care Symposium 18th November 2018

Reported by Dr Rajveer Singh Saren

On 18th November 2018, the Malaysian Society of Otorhinolaryngologists - Head and Neck Surgeons conducted a primary care workshop for year of 2018. This was held with the support of Malaysian Medical Association (Wilayah Persekutuan Branch) at New World Hotel, Petaling Jaya from 9am to 5pm. There was a total 215 participants who attended the event. 18 consultant ENT surgeons from various parts of Klang Valley and other states shared their experience in presenting their topics. This event was also supported by nine pharmaceutical companies which had booths to explain their products to the doctors. Overall the event was a huge success with the GP's looking forward to more future events.



MSO-HNS Penang ENT Primary Care Symposium 27th January 2019

Reported by Dr Zahirrudin bin Zakaria

A successful MSO-HNS Penang ENT Primary Care Symposium was held on 27th January 2019 at Royale Chulan Hotel George Town Penang. This camp was organised by Malaysian Society of Otorhinolaryngology - Head & Neck Surgeons (MSO-HNS) in collaboration with ORL Department, Hospital Pulau Pinang.

Various topics which covers the common Otorhinolaryngology diseases were well presented by the distinguished speakers mainly Otorhinolaryngology Surgeons and and also Audiologist and Speech Therapist.

As this event is the only MSO-HNS Primary care symposium held in Northern region, the responds was overwhelming. Total of 166 participants mainly Primary Care doctors from Penang, Perak, Kedah and also Perlis came to this event.

Almost all of the participants stay till the end of the event and continue the discussion after the event finish.

From the feedback of the participants, the really impressed on how the symposium was handled as the speakers covers the most important aspect that relevant to their practice. They also felt that the usage of Slido is a good platform for the participant to engage with speakers for two way communication.

We really hope this event can be organised as annual event.



Head and Neck Symposium - Talk by Professor Dr Mohd Razif



Total of 166 participants

16th UKMMC Basic Endoscopic Sinus Surgery Workshop 2019

28th - 30th January 2019

Reported by Dr Farah Dayana Zahedi & Professor Dr Salina Husain

The Universiti Kebangsaan Malaysia Medical Centre Basic Endoscopic Sinus Surgery Workshop is a yearly workshop organised for Master students in Otorhinolaryngology. This workshop is one of the compulsory workshop to be attended before the Master students of Otorhinolaryngology sit for their final (Part 2) examination.

The 16th UKMMC Basic Endoscopic Sinus Surgery Workshop was held at Microsurgical Lab, Department of Otorhinolaryngology-Head and Neck Surgery, Hospital Canselor Tuanku Muhriz, Universiti Kebangsaan Malaysia Medical Centre from 28th to 30th January 2019.

The speakers and facilitators were the local renowned endoscopic sinus surgery surgeons and rhinologists namely Professor Dr Baharudin Abdullah, Professor Dr Salina Husain and Associate Professor Dr Ramiza Ramza Ramli.

The three days' course consisted of lectures, cadaveric dissection demonstration and practice. The step by step cadaveric dissection demonstrations and techniques used fresh frozen cadavers as the teaching tools. The dissector given time to practice on their own cadavers after each demonstration and were guided by the speakers and facilitators.

The workshop is very important to improve the knowledge of Master students in the anatomy of the nose and paranasal sinus, basic endoscopic sinus surgery besides gaining skills in the technique of endoscopic sinus surgery.



Professor Dr Salina Husain did the demonstration on fresh frozen cadaver



The dissectors were guided by Associate Professor Dr Ramiza during the dissection session



The speakers and facilitators



The Best Dissector of the workshop - Dr Haziq Hakimi



The speakers, facilitators with the participants of the workshop

The 13th UKMMC Laryngology and Phonosurgery Course 27th February - 1st March 2019

Reported by Professor Dr Marina Mat Baki

The 13th Laryngology and Phonosurgery course, organised by the Department of Otorhinolaryngology, Universiti Kebangsaan Malaysia Medical Centre, was successfully held on 27th of February to 1st of March 2019. The three days' workshop enabled participants to learn and understand more about laryngeal disorders and the surgical treatments as well as the upper airway obstruction caused by bilateral vocal fold immobility. Distinguished speakers, Professor Dr Abdullah Sani Mohamed, Professor Dr Marina Mat Baki, Associate Professor Dr Mawaddah Azman, Dr Masaany Mansor and Dr Nik Fariza Nik Hassan shared their knowledge and experiences. The course that was participated by 43 participants from Malaysia incorporated lectures and live operative sessions, demonstration of office-based injection laryngoplasty and laryngeal cadaveric hands-on to learn and practise various surgical treatments for laryngeal disorders. There was also a lunch talk and live demonstration on videolaryngostroboscopy. The workshop was started with lectures of various topics pertaining to voice disorders, early glottic cancer and bilateral vocal fold immobility. On the second day, the participants were exposed to live surgeries. The live surgery was demonstrated in the OR5 of UKMMC general operation theatre and transmitted to the lecture hall. It included cases (five general anaesthesia and three local anaesthesia) such as unilateral vocal fold palsy, vocal fold lesions (cyst, premalignant lesions) and

spasmodic dysphonia. The last day comprised cadaveric hands-on dissection whereby the participants performed various surgeries in treating voice disorders including injection laryngoplasty, Isshiki Type I thyroplasty, arytenoid adduction and endolaryngeal microsurgery during the hands-on session. They were also given the opportunity to handle laser in performing endolaryngeal posterior cordectomy.



MSO-HNS Health Camp Kundasang, Sabah 9th March 2019

Reported by Dr Ahmad Nordin bin Afandi

For this year, we were fortunate to have Sabah to be chosen again for the venue of the annual health camp organised by the Malaysian Society of Otorhinolaryngologists - Head and Neck Surgeons (MSO-HNS). As in 2013, it was again held in the small town of Kundasang which is situated at the foot of Mount Kinabalu, two hours of uphill drive from Kota Kinabalu.



It was a productive outing, whereby at the end of this event, we managed to capture many new cases, including two nasopharyngeal carcinoma, two laryngeal mass, five nasal polyps, one parapharyngeal mass among others out of 128 patients seen.

The groundwork for this event started in November 2018 with collaboration between MSO-HNS with mainly Klinik Kesihatan (KK) Kundasang, which was under the jurisdiction of Pejabat Kesihatan Tuaran. Promotion via banners and Whatsapp application was done by Dr Nur Farhain, Medical Officer in charge of KK Kundasang.

The team who attended the camp consisted of five ORL specialists, four ORL medical officers and two audiologists from Queen Elizabeth Hospital, Kota Kinabalu, plus the President of MSO-HNS himself was on the field. The team departed to KK Kundasang the day before the event. We met up with KK Kundasang staff for a short briefing regarding the flow of event. We were fortunate to have a chance to hike Sosodikon Hill which was 10 minutes drive from the clinic.

On the morning of the health camp, we started setting up the stations at Tamu Kundasang ground as early as 7.30am. 'Tamu' is the Sabahan term for the weekly market. We decided that this was the perfect catchment area as many villagers gather here for their groceries. True enough, the crowd started gathering around the tents as early as 7.00am.

As soon as the counter opened at 8.00am, there was a massive swarming of the crowd to the counter. Thankfully, the KK Kundasang staff assisted in arranging the queue system and it was less chaotic thereafter. We had three stations for rigid scope, one station for flexible scope and two audiology stations. There were also public health screening for chronic illness and blood donation drive managed by KK Kundasang as well alongside our health camp.

The total number of patients seen was 128. Out of these, referral rate was about 90%, whereby they needed to be seen again in either ORL clinic in QEH, Visiting ORL Clinic in Ranau Hospital or in KK Kundasang. This indicated that most of the villagers who came to our health camp did have underlying ORL illnesses, rather than just joining in for screening. There were many more from the public who were at the registration counter, but unfortunately had to be turned away as there was insufficient time.



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(Cont'd from page 9)

We thank Dr Kong Ming Han, President of MSO-HNS, for choosing this venue and attending the event and seeing the patients as well. We also thank Karl Storz for arranging the scopes and camera system for without them this would not have been possible.

Team members

1. Dr Kong Ming Han
2. Dr Ahmad Nordin bin Afandi
3. Dr Noor Azrin binti Md Anuar
4. Dr Elsie Jane Anastasius
5. Dr Siti Hajar Sanudin
6. Dr Nurdiana binti Baharudin
7. Dr Stacy Arvinna binti Jamarun
8. Dr Siti Farhana binti Abdul Razak
9. Dr Vinota Paraselvam
10. Nornabihah binti Ismail
11. Wan Maizatulaiimi binti Wan Mahmood



MSO-HNS Perak ENT Primary Care Symposium Programme 24th March 2019

Reported by Dr Rosalind Simon

The final leg of ENT GP conference ended in picturesque and food haven town called Ipoh on 24th March 2019. The planning started in early January after much debate among us on which town to have the event and was narrowed to Taiping or Ipoh. Somehow we knew it would end up in Ipoh.

Since it is already a well run programme by President, Dr Kong Min Han, and Dr Jeevanan as his advisor, the running of the programme was a breeze and speakers from private sector made the bulk of the faculty including a speech therapist and audiologist.

A total of 138 GPs attended the conference though 167 doctors had registered. The course attracted many who came for the CPD points with

no registration fees initially but after being there, most continued to stay on to listen to the lectures which were presented in rapid fire with lots of interaction which was made possible using the Slido application.

In conclusion, the general practitioners were very happy with the topics covered and were more well informed on cases that require referrals and cases that they could manage themselves. We too learned that most general practitioners also require feedback from the doctors as quite often patients do go back to get further info and also for the general practitioners to improve their knowledge. So fellow ENT Surgeons, do give a reply irrespective if you are in private or public sector.

6th Tracheostomy & 3rd ORL Emergency Workshop 25th - 26th March 2019

Reported by Dr Ahmad Nordin bin Afandi

This marks our 6th year in organising tracheostomy workshops. The initial idea was prompted by the numerous cases of tracheostomy complications which we encountered with patients mainly from other departments. From the inaugural hospital level workshop in 2014, over the years we expanded to the three government hospitals in Kota Kinabalu, later to district level and last to a state level workshop.

128 staff from various hospitals and districts in Sabah participated in this workshop edition. We employed the similar format of morning lectures and afternoon demonstration sessions. The hands-on session was always a hit with the crowd as they are closer to the facilitators and more interactive in smaller groups. As usual, prizes are given to participants who scored top marks for the post test MCQs in various categories.

We included ORL Emergency in our scope recently due to request from district participants, as the initial one-day workshop for tracheostomy can be more meaningful if they can learn more over two days, as they have to travel far out of district. Anaesthesiologist, Oral Maxillofacial Surgeon and Emergency Physician were invited to present lectures as well.



1st Kelantan World Hearing Day Fun Run 2019 in conjunction with Annual World Hearing Day 6th April 2019

Reported by Dr Hashimah Ismail



The ORL Department Hospital Raja Perempuan Zainab II in collaboration with the Kelantan Health Department and Kelab ORL Darul Naim has successfully organised a 1st Kelantan World Hearing Day Fun Run 2019 at Universiti Sains Malaysia, Kubang Kerian, Kelantan, on 6th April 2019. The event was graced by the presence of the Hospital Raja Perempuan Zainab II, Kota Bharu Director, Dato' Dr Hj Selasawati Hj Ghazali, ORL Kelantan State Head of Service, Dr Zulkiflee Salahuddin, and Head of ORL Department Hospital Raja Perempuan Zainab II, Dr Hashimah Ismail. The event was officiated

by Dr Zaini Hussin, Kelantan State Health Director. The programme had a good response, managed to attract more than 1000 participants from all over the Kelantan. The aim of the day was to raise awareness regarding hearing loss, and to promote newborn hearing screening among community and health care providers. Kelantan was selected as the host for upcoming National World Hearing Day 2020.

