

# CURRICULUM VITAE



## PERSONAL INFORMATION

**Name** : DR HANIZAH MOHD YUSOFF

**Designation** : Professor (VK7) & Public Health (Occupational Health) Medicine Specialist

**Office Address** : Department of Public Health Medicine,  
Faculty of Medicine,  
Universiti Kebangsaan Malaysia,  
Jalan Yaacob Latif, Bandar Tun Razak,  
56000 Cheras, W.P Kuala Lumpur

**Date of Birth** : 5<sup>th</sup> December 1967

**Nationality** : Malaysian

**National Specialist Registry (NSR) No.** : 130124

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[drhanizah@gmail.com](mailto:drhanizah@gmail.com)  
hanizah@ukm.edu.my

## EDUCATION & QUALIFICATION

- MD (Universiti Sains Malaysia) 1994
- MCommunity Health (Occupational Health) (Universiti Kebangsaan Malaysia) 2003
- PhD (Public Health) (Universiti Kebangsaan Malaysia) 2018
- Public Health Physician (Malaysian Government Gazette) 2003
- Certified Medical Impairment Assessor (NIOSH, Malaysia) 2004
- Fellow of Academy of Occupational & Environmental Medicine Malaysia 2013
- Certified Independent Medical Examiner (American Board of Independent Medical Examiners) 2016

## SPECIALIZATION

Field of Specialization : Public health & Occupational Health,

Area of interest/niche : Work-related Musculoskeletal Disorders,  
Occupational Stress and Fatigue  
Occupational Health Services  
Work Productivity (Absenteeism & Presenteeism)

Analytical expertise : Research Methodology  
Quantitative and Qualitative Research Methods  
Questionnaire Development & Validation  
Statistical Analysis, SPSS, Atlas.ti

## PROFESSIONAL MEMBERSHIP & AFFILIATION

<i>Society &amp; Organisation</i>	<i>Designation</i>	<i>Year</i>
Malaysian Occupational Health Practitioners Association (MOHPA)	Advisor	2024- current
	President	2021-2023
	Vice-President	2019-2021
	Founding & life member and Treasurer	2017-2018
Qualitative Research Association of Malaysia	Member	2023-current
International Commission of Occupational Health (ICOH)	Member	2019-current
Academy of Occupational and Environmental Medicine Malaysia (AOEMM)	Life member	-Since 2007
	Council member	-2015–2017
Society of Occupational and Environmental Medicine (SOEM), Malaysian Medical Association	Committee member (Co-opted)	2004-2007
Society of Public Health Medicine Specialist Malaysia (PPPKAM)	Life member	- since 2004
	Council member	-2004-2010

## CAREER HISTORY AS PUBLIC HEALTH (OCCUPATIONAL HEALTH) MEDICINE SPECIALIST

<i>Year</i>	<i>Designation</i>
2003-2007	Assistant Director/ Principal Assistant Director, Occupational Health Unit, Disease Control Division, Ministry of Health, Malaysia
2007- 2008	Principal Assistant Director/ WHO Dengue Focal Point Dengue Prevention and Control Unit, Disease Control Division, Ministry of Health, Malaysia
2008 – 2025	Senior Medical Lecturer/ Associate Prof/ Professor Department of Community Health, Faculty of Medicine, Universiti Kebangsaan Malaysia.

## HISTORY OF ADMINISTRATIVE POST IN ACADEMIA

<i>Designation</i>	<i>Level in Organisation</i>
Course Director for the Clinical Fellowship in Occupational Health (Subspecialty) Programme	Faculty of Medicine, UKM
Head of Occupational Health Unit	Department of Public Health Medicine, Faculty of Medicine
Coordinator of Master in Community Health Science (Occupational Health) Executive Programme.	Universiti Kebangsaan Malaysia
Coordinator of Special Study Module (SSM)	Faculty of Medicine UKM
Head of Occupational Safety, Health and Environment Division (service)	Kuala Lumpur Campus, UKM
Head of Occupational Safety and Health Unit (service)	UKM Medical Centre & Faculty of Medicine, UKM

## RESEARCH & PUBLICATION

### Researcher ID /Link

Scopus Researcher ID: 57215784441 and 56825930900

<https://www-scopus-com.eresourcespts1.ukm.remotexs.co/authid/detail.uri?authorId=57215784441>

ORCID: <https://orcid.org/0000-0002-8596-687X>

Google Scholar: <https://scholar.google.com/citations?user=c6SnEjIAAAAJ&hl=en>

ResearchGate: <https://www.researchgate.net/profile/Hanizah-Mohd-Yusoff>

### Summary of Publication:

Scopus - Citation: 321 / h-index: 10

Google Scholar - Citation: 913/ h-index: 15

### PUBLICATION IN JOURNALS (PAST 3 YEARS) AS FIRST/ CORRESPONDING AUTHOR

1. **Mohd Yusoff, H.**, Yew, S. Q., Mohammed Nawi, A., Htwe, O., Mohd Tohit, N., Mohamed, Z., Muhamad Noordin, M. A., Che Mohamed, N., & Mohd, F. H. 2025. Prevalence and symptoms of Long Covid-19 in the workplace. *Occupational Medicine* (Oxford, England), kqae128. <https://doi.org/10.1093/occmed/kqae128> (WOS Q2)
2. **Mohd Yusoff, H.**, Che Mohamed, N., Yew, S. Q., Mohammed Nawi, A., Htwe, O., Mohd Tohit, N., Mohamed, Z., Muhamad Noordin, M. A., Mohd, F. H., Shariff, M. I. A., Shaharum, M. H., Abd. Rahman, A., & Dapari, R. 2024. Prevalence and risk factors of long covid and its associated adverse work outcomes among workers in the manufacturing sector in Malaysia – a mixed-methods study protocol. *Journal of Health, Population and Nutrition*, 43(1), 194. (WOS Q3)
3. **Mohd Yusoff, H.**, Heng, P.P., Illias, M.R., Karrupayah, S., Fadhli, M.A. & Hod, R. 2024. A qualitative exploration and a Fuzzy Delphi validation of high-risk scaffolding tasks and fatigue-related safety behavioural deviation among scaffolders. *Helvion* 10 (15): e34599 (WOS Q2)
4. Ismail, K.I., **Mohd Yusoff, H.**, Ismail, R., Khamis, N.K., Muhamad Robot, R. & Bryce, J.M. 2024. Multilevel moderated mediation effects of sleep on the relationship between individual demands and daily unsafe driving while commuting via persistent fatigue of hospital nurses. *Safety Science* 176: e106538 (WOS Q1)
5. Hoong, D.C.C, **Mohd Yusoff, H.**, Ibrahim, R., Ismail, H. & Ahmad, H. Effectiveness of mental health promotion program for health workers during COVID-19 pandemic: A systematic review. *Malaysian Journal of Medicine and Health Sciences* 20(2): 285-292.(Scopus)
6. Mohd Yusoff, H., Mohtar, N., Ahmad, H. & Ilias, M.Z. A case report of recurrent pterygium in a paddy farmer following occupational risk exposure to solar radiation. *MJM Case Reports* 3 (1): 36-40
7. **Mohd Yusoff, H.**, Ismail, K.I., Ismail, R., Khamis, N.K., Muhamad Robot, R. & Bryce, J.M. 2024. Development and evaluation of a scale to measure nurses' unsafe driving behaviour while commuting. *Helvion* 10:1-16, e23735 (WOS Q2)
8. Heng, P.P. **Mohd Yusoff, H.** & Hod, R. 2024. Individual evaluation of fatigue at work to enhance the safety performance in the construction industry: A systematic review. *PLOS ONE* 19(2):1-26, e0287892. Q2 (WOS Q2)

9. Heng, P.P. & **Mohd Yusoff, H.** 2023. Solvent Induced Cumulative Insult Irritant Contact Dermatitis through Glove Permeation: A Case-Report on the Chronic Occupational Skin Lesion. *Medicine & Health* 18(2): 622-629 (WOS ESCI Q4)
10. Ismail, H., Mohamed Hanan, M.F., Pillai, A.B., **Mohd Yusoff, H.** & Abdul Razak, S. 2023. Factors associated with failure to quit smoking among smoking cessation clinic attendees in Malaysia. *Malaysian Journal of Public Health Medicine* 23 (1): 1-10 (Scopus)
11. Heng, P.P., **Mohd Yusoff, H.**, Hod, R. & Ja'afar, M.H. 2023. The Influence of Work Environmental Risk Factors on Fatigue in The Construction Industry: A Review of Literature. *International Journal of Public Health Research* 13(2):1732-1742
12. Heng, P.P. & **Mohd Yusoff, H.** 2023. Is occupational arsenic exposure a possible causative agent of breast cancer for a young female laboratory technician? A case-study. *International Journal of Public Health Research* 13(2):1779-1783
13. **Mohd Yusoff, H.**, Ahmad, H., Ismail, H., Refn, N., Chan, D. & Abdul Rahman, M.2023. Contemporary evidence of workplace violence against the primary healthcare workforce worldwide: a systematic review. *Human Resources for Health* 21:82 (WOS Q1)

#### **ABSTRACTS & PROCEEDINGS (PAST 3 YEARS)**

1. **Hanizah Mohd Yusoff,** Sheng Qian Yew, Anita Abd Rahman, Nor Ba'yah Abdul Kadir, Muhamad Ariff Muhamad Noordin. 2024. Motivation to remain as practicing occupational health doctor: scale development and validity. *Occupational Medicine-Oxford* 74 (suppl 1):22793
2. **Hanizah Mohd Yusoff,** Nur Abidah Mat Saruan, Sheng-Qian Yew. 2024. Development and validation of the presenteeism climate questionnaire among nurses in Selangor, Malaysia. *Occupational Medicine-Oxford* 74 (suppl 1): 22792

#### **BOOKS & CHAPTER IN BOOK**

Hanizah Mohd. Yusoff & Nurul 'Afiah Mohd. Isa. 2022. Obesity among workers: Its Association with work and non-work factors. Penerbit Universiti Kebangsaan Malaysia. Bangi eISBN 978-967-251-791-7

Noor Hassim Ismail, Hanizah Mohd Yusoff, Vikneswaran Sabramani, & Hadzlinda Zainal. 2020. Aplikasi Ergonomik di Pejabat. Dewan Bahasa dan Pustaka. Kuala Lumpur ISBN 978-983-49-2691-5

Hanizah, M.Y. & Nasir S. 2008. Needle stick injuries among health care professionals. In. Jayakumar, G & Masilamani, R. (editors) *Occupational Health for Health Care Professionals: Caring for the Carers*, page: 73-86, Kuala Lumpur, Malaysia: Malaysian Medical Association. ISBN 983-99128-3-6

## PAPER PRESENTATION AT CONFERENCE/SEMINAR /TALK (PAST 3 YEARS)

<i>Title</i>	<i>Role</i>	<i>Event</i>	<i>Organiser</i>	<i>Date</i>
Promoting workplace resilience towards Long COVID impacts	Invited speaker	ASEAN OSH SUMMIT in KL Convention Centre	NIOSH	4 August 2025
Ergonomics and the remote worker	Invited speaker	Annual Grand Meeting Seminar 2025 in Doubletree Hotel, KL	AOEMM	2 August 2025
Occupational Safety & Health Legislation in Malaysia	Invited speaker	OSH Carnival for Vocational Colleges in Selangor & WPKL	UKM & Kolej Vokasional, Sultan Abdul Samad, Banting, Selangor	11 September 2024
Management of Musculoskeletal Diseases in Workers.	Invited speaker	Occupational Health Seminar in Doubletree Hotel, KL	MMA & AOEMM	27 July 2024
The Workforce Challenge of Long Covid	Invited speaker	FMM OSH Conference 2024 in Eastin Hotel, KL	Federation of Malaysian Manufacturers	25 June 2024
Motivation to remain as practicing occupational health doctor: scale development and validity.	Free paper oral presenter	International Congress of Occupational Health 2024, Marrakech, Morocco	International Commission of Occupational Health (ICOH)	2 May 2024
Strategic improvements for the sustainability of occupational health doctors in Malaysia.	Scientific paper presenter	6 <sup>th</sup> SciCOSH at KLCC, Kuala Lumpur	NIOSH	19 February 2024
Diagnosis of Work-related musculoskeletal disorders in clinical setting.		Annual Grand Meeting Seminar 2023 in Selangor	MOHPA	6 August 2023

## RESEARCH PROJECTS & GRANTS (PAST 3 YEARS)

<i>Year</i>	<i>Research title</i>	<i>Role</i>	<i>Project code</i>	<i>Grant</i>
2025	Development And Validation Of The Mysafeshield Mobile Application To Improve The Reporting, Response And Awareness Towards Workplace Violence Among Healthcare Workers In Malaysia - A Quasi-Experimental Study	Head of research project	GFFP - FF-2025-265	UKM RM 29,910
2025	Kajian Prevalen Simptom Muskuloskeletal Dan Faktor-Faktor Yang Berkaitannya Dalam Kalangan Nelayan Di Kuala Selangor	Head of research project	GFFP - FF-2025-300	UKM RM500
2024	Study on Development of Occupational Health Service Legislation in Malaysia.	Head of research project	UKMP-S230988	DOSH RM498,200
2023	Study on Symptoms and Risk factors of long COVID among Workers in Manufacturing Sector.	Head of research project	UKMP-S230424	NIOSH RM999,951
2023	The Prevalence of Musculoskeletal Disorders Among Scaffolding Workers in Malaysian Construction Sector	Head of research project	FF-2023-151	Marzuki Mahadi Architect RM2,000
2023	Determination of Fall Related Safety Performance and Its Relationship with the Elements of Objective Fatigue among the Scaffolders	Head of research project	GFFP-2023-298	UKM RM14,560
2023	Allergic Sensitization of Wheat and Yeast among Culinary Trainees in UITM Culinary School	Co-researcher	GFFP-2023-007	UKM RM7,100

## INNOVATION & COPPYRIGHT

1. Development of the Unsafe Driving While Commuting (MyUDWC) scale as a valid tool to measure nurses' unsafe driving behaviours while commuting to and from work. 2024
2. Development of a valid and reliable InToWork *Questionnaire* to measure intention to work while ill among workers with musculokeletal disorders. 2022
3. Development of Presenteeism Climate Questionnaire to measure poor performance due to illness when presenting at work.2021
4. Development of a valid Work-related activities during Non-work Time Scale (WANTS) to assess overspilled of work into one's resting period. 2020