



# Dr. Anza binti Elias

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## Qualification

- Membership of Faculty of Occupational Medicine, Royal College of Physician Ireland (2014)
- Master of Community Medicine (Occupational Health) University Kebangsaan Malaysia (2007)
- Bachelor of Medicine and Surgery (1996) University of Tasmania, Australia
- Bachelor of Medical Science (1993) University of Tasmania, Australia

## Professional Affiliation/ Membership

- Registered Specialist with National Specialist Register, Malaysia
- Registered Occupational Health Doctor with Department of Occupational Health and Safety, Malaysia
- Certified Medical Review Officer (MRO), Malaysia
- Registered trainer with Human Resources Development Fund (HRDF)
- Certified mQuit services provider
- Academy of Occupational And Environmental Medicine Malaysia: council member
- Society of Occupational Medicine, United Kingdom
- Public Health Specialist Association, Malaysia

## Posts

- Visiting Public Health Medicine Specialist (Occupational Health), Tenaga Nasional Berhad and Twin Towers Medical Centre, KLCC: 16 Feb- current
- Occupational Health Physician, Sunway Medical Centre: 5 September 2017 – 15 Feb 2019
- Senior Lecturer, International Medical University, Malaysia: 3 January 2017 to 22 August 2017

- Research Fellow, United Arab Emirates University : 10 November 2013 to 30 June 2016
- Public Health Medicine Specialist, Ministry of Health Malaysia: : 2 May 2008 to 31 May 2012
- Medical Officer, Ministry of Health Malaysia: 1 April 1998 to 31 April 2008

## **Experience**

### **Occupational Health Consultation Services (2017-current)**

- Occupational Health Clinic - management cases of occupational diseases & injuries, pre-employment assessment, health surveillance, fitness to work, return to work, travel medicine
- Occupational health programs and consultation- construction, manufacturing, education industries.
- Occupational health training

### **Occupational Health Consultation Services (2013-2016)**

- External examiner for Faculty of Occupational Medicine, Royal College of Physician Ireland (2015-2016)
- WHO Collaborating Centre for Occupational Health in Middle East Countries: Provide consultation to Ministry of Health and Ministry of Labour UAE on the organization of occupational health & safety services in the UAE (2014-2016)
- Provide consultation for WHO / EMRO / Qatar Supreme Council of Health. Training of General Practitioners & Specialists on Occupational & Environmental Health Services. Doha, Qatar (2014- 2016)
- Consultant / Reviewer of Occupational Health Training Modules for Doctors, National Institute of Occupational Safety & Health, Malaysia (2015- 2016)

### **Occupational Health Consultation Services (2007-2012)**

- Occupational Health Clinic: visiting specialist to occupational health clinic in Klinik Kesihatan Bukit Kuda and Klinik Kesihatan Tang Lin: management of referral cases of occupational diseases & injuries, pre-employment assessment & health surveillance
- Disability & compensation assessment for diseases & work related diseases for Medical Boards & Appellate Medical Boards, Social Security Organization, Malaysia
- Advise organizations on Occupational Health and Safety policy & compliance with related legislations

- Preparation, implementation & review of Emergency Response Plan (ERP) and Business Continuity Plan (BCP) for Institute for Medical Research (IMR)
- Plan and implement occupational health & safety promotion programs & training, e.g. chemical safety, laboratory safety, ergonomics, Emergency Response Plan

**Occupational Health Teaching /Training:**

- National Institute of Occupational Safety and Health, Malaysia (2009-current) for Occupational Health Doctors and Nurses
- Msc Public Health, MBBS, International Medical University (2017)
- Master of Public Health, MBBS, United Arab Emirates University, Al Ain, United Arab Emirates (2013- 2016)
- NEBOSH International Diploma for Institution of Occupational Safety and Health (IOSH) (2013- 2016)

**Selected Papers/ Guidelines Published**

- Prevalence of and factors associated with burnout among health care professionals in Arab countries: A systematic review. BMC Health Services Research. 2017, 17:491
- Use of an audience response system to maximize response rates & expedite a modified Delphi process for consensus on occupational health. Journal of Occupational Medicine & Toxicology. 2016, 11:9.
- Occupational Health and Safety Regulations of Container Handling in the United Arab Emirates. Central European Journal of Occupational and Environmental Medicine. 2016, 22 (1-2)

**Selected Papers Presented**

- 'Occupational Health in Tropical Fisheries Practice'. The 32nd International Congress on Occupational Health, Dublin, Ireland. on 1 May 2018
- 'Occupational Safety and Health Knowledge Among Managers' at 15<sup>th</sup> National Public Health Colloquium on 28 August 2008
- 'Musculoskeletal Disorders among Office Workers' at National Institute of Health Conference on 25<sup>th</sup> October 2008.

**Selected Guest Speaker**

- 'Current Issues and Challenges in conducting Medical Surveillance in Malaysia'. 3<sup>rd</sup> Occupational Health Seminar Northern Region. Penang, 21 July 2018.

- 'Lung cancer and smoking cessation – it's never too late'. BFM Radio talk. 17 May 2018.
- 'Promoting Health at Work'. SOCSO Prevention Summit, Kuala Lumpur, 4 October 2017.
- Occupational Medicine Course, Faculty Occupational Medicine, Royal College of Physician Ireland. Abu Dhabi National Oil Company (ADNOC), Abu Dhabi, UAE, 6-10 December 2016.
- 'Return to work in Mental Disorders' Emirates National Oil Company (ENOC) Occupational Health Seminar, Dubai, 28 Apr 2016
- 'Improving Regulation and Competence for Occupational Health Practice in the Region: The UAE as an example', The 2nd British Occupational Hygiene Society (BOHS) Worker Health Protection Conference, Abu Dhabi, UAE, 26 October 2015

**Selected  
Conferences /  
Courses  
Attended**

- The 32nd International Congress on Occupational Health, Dublin, Ireland. 29 April- 4 May 2018
- 4th Middle East OHS Strategy Forum, Park Rotana Hotel, Abu Dhabi, United Arab Emirates, 05 - 07 May 2015
- Dubai Joint Industry International Occupational Health Conference, Dubai, UAE, 27- 28 October 2013
- United Arab Emirates University (UAEU) - World Health Organization (WHO) Occupational Diseases Conference, Abu Dhabi, UAE, 26 November 2012

**Recognitions/  
Awards**

- Treasurer, Inter-Islamic Network on Tropical Medicine (2011-2012)
- Secretary, Occupational Health and Safety Committee Institute for Medical Research (2008-2012)
- Committee member, Biosafety Committee Institute for Medical Research (2008-2012)
- Excellence of Service Awards (2008) and (2011) from Institute for Medical Research, Malaysia