

ACOH₂₀₂₆

24TH ASIAN CONGRESS ON OCCUPATIONAL HEALTH 2026

Shaping a Sustainable Future: Global Perspectives on Occupational Health



5th - 8th August 2026
(Wednesday - Saturday)



Borneo Convention Centre Kuching,
Sarawak, Malaysia



Register your interest at
www.ach2026.com

Organised by:



**Academy of Occupational
and Environmental
Medicine Malaysia**

Supported by:



Ministry of Human
Resources Malaysia



Ministry of Health
Malaysia



Ministry of Tourism and
Culture Malaysia



Ministry of Public Health,
Housing and
Local Government Sarawak



Ministry of Tourism,
Creative Industry and
Performing Arts Sarawak



Department of Occupational
Safety & Health Malaysia



PERKESO



Sarawak State Health
Department



Meet in
Malaysia

Malaysia
Only Asia



TRIBE
LEGACY
SARAWAK

SARAWAK
More To Discover



som
Supporting occupational health
and wellbeing professionals



The Korean Society
of Occupational and
Environmental Medicine

ACOH2026

24TH ASIAN CONGRESS ON OCCUPATIONAL HEALTH 2026

Shaping a Sustainable Future: Global Perspectives on Occupational Health

Chairman's Foreword

Welcome to ACOH 2026!

On behalf of the Academy of Occupational and Environmental Medicine, Malaysia (AOEMM) and the Asian Association of Occupational and Environmental Health (AAOEH), it is my great pleasure to invite you to the 24th Asian Congress on Occupational Health (ACOH 2026)!

Preparing for an Exceptional Congress

Building on the success of ACOH 2023 in Daegu, Korea, we are preparing a dynamic and impactful programme that brings together experts, practitioners, researchers, policymakers, and industry leaders from across Asia. ACOH 2026 will feature:

- **Robust scientific sessions on emerging issues, research, and innovations.**
- **Workshops and interactive discussions led by experts.**
- **Networking opportunities with peers, policymakers, and industry leaders.**
- **Cultural and social experiences, showcasing the richness of Sarawak and Malaysia during Visit Malaysia Year 2026.**

This website will be your hub for updates, registration, and programme highlights. Stay connected and join us in shaping a healthier, safer, and more sustainable future for workplace and environmental health.

We look forward to welcoming you to Kuching in August 2026 for a transformative congress.

Dr Abu Hasan Samad

Congress Chair,

24th Asian Congress on Occupational Health (ACOH 2026)

President,

Asian Association of Occupational and Environmental Health (AAOEH)

President,

Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)



ACOH2026

24TH ASIAN CONGRESS ON OCCUPATIONAL HEALTH 2026

Shaping a Sustainable Future: Global Perspectives on Occupational Health

Objectives

FOSTER COLLABORATION AND KNOWLEDGE EXCHANGE

Unite occupational health experts and practitioners from across regions to share ideas, best practices, and cross-cultural insights – building a stronger global understanding of workplace health challenges and opportunities.

SHAPE THE FUTURE OF OCCUPATIONAL HEALTH

Provide a platform to explore sustainable, future-ready approaches that address evolving workplace conditions, new technologies, and global challenges.

PROMOTE SCIENTIFIC RESEARCH AND KNOWLEDGE SHARING

Highlight cutting-edge research and innovations, bridging the gap between theory and practice to ensure workplace solutions are informed by evidence and real-world needs.

STRENGTHEN ACADEMIC-INDUSTRY COLLABORATION

Connect researchers, academic, and practitioners to drive evidence-based strategies that advance occupational health and safety worldwide.



5th - 8th August 2026
(Wednesday - Saturday)



Borneo Convention Centre Kuching,
Sarawak, Malaysia

About Sarawak

Sarawak, The Land of Hornbill, is the largest state in Malaysia. Located on the island of Borneo and is renowned for its diverse cultural heritage, lush rainforests, and abundant wildlife. Home to various indigenous groups and rich in natural resources, Sarawak offers a unique blend of ecological wonders and historical significance, with its capital city, Kuching, serving as a vibrant hub.

KUCHING

Kuching, the capital of Sarawak, is a charming "Cat City" known for its mix of history and culture. It has a diverse population, including Malay, Chinese, Iban, and other groups. The city combines colonial buildings with modern attractions and serves as a gateway to Borneo's rainforests and wildlife. Kuching is unique for having two mayors and boasts beautiful landmarks like the Sarawak River, Darul Hana Bridge, and Fort Margherita.



MULU NATIONAL PARK

Mulu National Park in Sarawak, Malaysian Borneo, is a UNESCO World Heritage Site known for its amazing natural features. The park has massive caves like Deer Cave, Sarawak Chamber, and Clearwater Cave, along with the stunning Pinnacles. Its rainforests are home to diverse plants and animals, including large populations of bats and swiftlets. Mulu is a popular spot for explorers and scientists and a beautiful destination for nature lovers.



BAKO NATIONAL PARK

Bako National Park is Sarawak's oldest and one of its smallest parks, but it's a hotspot for biodiversity. The park is famous for its diverse plants and animals, including the unique proboscis monkeys. It has a mix of rainforests, mangroves, beaches, and cliffs. With trails for hiking and wildlife watching, Bako is an easy and exciting way to experience Borneo's natural beauty, making it a favorite for nature lovers.



BENGOH DAM

The Bengoh Dam area in Sarawak offers a mix of natural beauty and cultural experiences. The scenic reservoir is surrounded by rainforest-covered mountains. Visitors can take boat rides, hike to waterfalls like Susung and Pee'an, and explore Bidayuh culture at Kampung Sting, which has amazing views. With hiking trails and homestay opportunities, Bengoh Dam is a great destination for adventure and a real local experience.



TIDAL BORE

The "benak," or tidal bore, in Sri Aman on the Batang Lupar River is a famous natural event where powerful waves surge upstream with the tides. It's one of the world's top tidal bore spots and is celebrated every year during the "Pesta Benak" festival, which includes water sports and viewing at Taman Panorama Benak. While the bore happens daily, it's most impressive during king tides and dry seasons, with waves reaching 2 to 3 meters. It's a fascinating display of nature's power.

