

ACOH 2026

24TH ASIAN CONGRESS ON OCCUPATIONAL HEALTH 2026

Shaping a Sustainable Future: Global Perspectives on Occupational Health



5th - 8th August 2026
(Wednesday - Saturday)



Borneo Convention Centre Kuching,
Sarawak, Malaysia



Register your interest at
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Organised by:



Academy of Occupational
and Environmental
Medicine Malaysia

Supported by:



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Ministry of Public Health,
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Chairman's Foreword

Welcome to ACOH 2026!

On behalf of the Academy of Occupational and Environmental Medicine, Malaysia (AOEMM), and the Asian Association of Occupational and Environmental Health (AAOEH), I am delighted to welcome you to the 24th Asian Congress on Occupational Health (ACOH) 2026.

ACOH 2026 will be held from 5 to 8 August 2026 at the Borneo Convention Centre Kuching, in the vibrant city of Kuching, Sarawak, Malaysia. This prestigious event serves as a vital platform for experts, practitioners, researchers, policymakers, and industry leaders to come together, share insights, and advance the field of occupational and environmental health across Asia.

Preparing for an Exceptional Congress

Following the successful ACOH 2023 in Daegu, Korea, our dedicated organising committee has been working diligently to curate an enriching and impactful programme. We are excited to bring you an event that will feature:

- **A Robust Scientific Programme** - Addressing emerging occupational health issues, innovations, and research.
- **Networking and Collaboration Opportunities** - Engaging with peers, industry leaders, and policymakers.
- **Workshops and Interactive Sessions** - Enhancing knowledge through practical applications and expert-led discussions.
- **Cultural and Social Activities** - Experience the warmth and diversity of Malaysian culture in beautiful Sarawak. You may want to spend more time in Malaysia since 2026 is also the "Visit Malaysia Year".

We are in the process of developing a comprehensive event experience, so do visit our website for updates, registration details, programme announcements, and more.

Stay connected and be part of this milestone event!

We look forward to welcoming you to Malaysia in August 2026 and making ACOH 2026 a transformative experience for the Occupational Health community!

DR. ABU HASAN SAMAD

Congress Chair, 24th Asian Congress on Occupational Health (ACOH) 2026

President, Asian Association of Occupational and Environmental Health (AAOEH)

President, Academy of Occupational and Environmental Medicine, Malaysia (AOEMM)



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Objectives

Fostering Collaboration and Knowledge Exchange

The primary objective of the conference is to bring together experts and practitioners in the field of Occupational Health from different regions. This gathering facilitates the exchange of ideas, best practices, and learnings across different cultures and regions. By doing so, it promotes a richer understanding of the challenges and opportunities in Occupational Health on a global scale.

Discussion of the Future of Occupational Health

The conference aims to serve as a platform for discussing the future of Occupational Health in a rapidly evolving global environment. Emphasis is placed on exploring and promoting sustainable, future-proof approaches to occupational health. This objective recognises the dynamic nature of the field and the need to adapt to changing workplace conditions, technologies, and global challenges.

Promotion of Scientific Work and Knowledge Sharing

The conference provides a space for the sharing of scientific research and advancements in the field of contemporary Occupational Health. This objective supports the long-term sharing of knowledge, encouraging ongoing discussions about current issues and emerging trends. It also helps to bridge the gap between theory and practice, ensuring that research informs practical applications in the workplace.

Facilitating Collaboration Between Academics and Practitioners

Another key objective of the conference is to create a space where academics, researchers, and Occupational Health practitioners can establish collaborative links. By fostering connections between these two groups, the conference promotes the integration of research findings and academic insights into real-world workplaces. This collaboration contributes to the development of evidence-based strategies for enhancing workplace health and safety.



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Borneo Convention Centre Kuching,
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About Sarawak

Sarawak, The Land of Hornbill, is the largest state in Malaysia. Located on the island of Borneo and is renowned for its diverse cultural heritage, lush rainforests, and abundant wildlife. Home to various indigenous groups and rich in natural resources, Sarawak offers a unique blend of ecological wonders and historical significance, with its capital city, Kuching, serving as a vibrant hub.

KUCHING

Kuching, the capital of Sarawak, is a charming "Cat City" known for its mix of history and culture. It has a diverse population, including Malay, Chinese, Iban, and other groups. The city combines colonial buildings with modern attractions and serves as a gateway to Borneo's rainforests and wildlife. Kuching is unique for having two mayors and boasts beautiful landmarks like the Sarawak River, Darul Hana Bridge, and Fort Margherita.



MULU NATIONAL PARK

Mulu National Park in Sarawak, Malaysian Borneo, is a UNESCO World Heritage Site known for its amazing natural features. The park has massive caves like Deer Cave, Sarawak Chamber, and Clearwater Cave, along with the stunning Pinnacles. Its rainforests are home to diverse plants and animals, including large populations of bats and swiftlets. Mulu is a popular spot for explorers and scientists and a beautiful destination for nature lovers.

BAKO NATIONAL PARK

Bako National Park is Sarawak's oldest and one of its smallest parks, but it's a hotspot for biodiversity. The park is famous for its diverse plants and animals, including the unique proboscis monkeys. It has a mix of rainforests, mangroves, beaches, and cliffs. With trails for hiking and wildlife watching, Bako is an easy and exciting way to experience Borneo's natural beauty, making it a favorite for nature lovers.



BENGOH DAM

The Bengoh Dam area in Sarawak offers a mix of natural beauty and cultural experiences. The scenic reservoir is surrounded by rainforest-covered mountains. Visitors can take boat rides, hike to waterfalls like Susung and Pee'an, and explore Bidayuh culture at Kampung Sting, which has amazing views. With hiking trails and homestay opportunities, Bengoh Dam is a great destination for adventure and a real local experience.

TIDAL BORE

The "benak," or tidal bore, in Sri Aman on the Batang Lupar River is a famous natural event where powerful waves surge upstream with the tides. It's one of the world's top tidal bore spots and is celebrated every year during the "Pesta Benak" festival, which includes water sports and viewing at Taman Panorama Benak. While the bore happens daily, it's most impressive during king tides and dry seasons, with waves reaching 2 to 3 meters. It's a fascinating display of nature's power.

