



Message from Chairperson

It is my great pleasure to welcome you to the 32nd Malaysian Dietitians' Association National Conference (MDA 2026), which will be held on 4-5 July 2026 at The Vertical, Connexion Conference & Event Centre (CCEC), Bangsar South, Kuala Lumpur.

This year's theme, "**Empowering Dietitians: Science, Skills & Leadership**," reflects our shared commitment to advancing professional knowledge, refining practical skills, and strengthening leadership in the field of dietetics. Building on previous years' progress, this conference emphasizes not only learning and collaboration but also taking actionable steps to elevate the practice of dietetics across clinical care, public health, and community nutrition.

MDA 2026 offers a vibrant program of plenary sessions, workshops, forums, symposiums, and research presentations, carefully designed to inspire, challenge, and equip dietitians to meet the evolving needs of the populations we serve. This is a unique opportunity to exchange ideas, foster collaborations, and engage with thought leaders from across the nation and region.

I encourage all participants to fully embrace this platform for professional growth, innovation, and connection. Thank you for joining us, and I look forward to welcoming you in Kuala Lumpur for an engaging and enriching conference experience.

Prof Dr Barakatun Nisak Mohd Yusof
President & 32nd MDA
National Conference Chairperson



Join the Sustainable Movement

Together, we're creating lasting change.



Why Sustainability Matters

National nutrition policies and practical guidance for balanced food systems.



What Sustainable Dietitians Do

Shape policies, create recipes, and educate communities.



Conference Benefits

Lower carbon footprint, cost savings, and enhanced reputation.



Practices at MDA 2026

Paperless registration, plant-based options, and digital-first approach.



How to Get Involved

Join the movement and adopt sustainable workplace practices.



REGISTER NOW

Registration Fees	Early Bird until 31 May 2026	Standard 1 June - 5 July 2026
MDA Member	RM 650	RM 700
Non Member	RM 700	RM 750
Undergraduate Student	RM 350	RM 400
International Delegate	USD 200	USD 225

HIGHLIGHTS

- Keynote Lecture
- Plenary Lectures
- Forum
- Symposia
- Workshops
- e-Poster
- Free Paper Presentations
- Case Presentation
- Innovation Showcase

ABSTRACT

Category	Mode of Presentation
Undergraduate Student Case Study	Oral & Poster Presentation
Undergraduate Student Research Paper	Oral & Poster Presentation
Dietitian/Postgraduate Case Study	Oral & Poster Presentation
Dietitian/Postgraduate Research Paper	Oral & Poster Presentation
Innovation Showcase	Table Space

SCAN TO
KNOW
MORE





PROGRAMME

4th July 2026, Saturday

Time	Session	
07:30 - 08:00	Registration	
08:00 - 08:45	Plenary 1 - AHP Blueprint	
08:45 - 09:45	Symposium 1A - Diabetes and Metabolic Health	Symposium 1B - Dietary Assessment
09:45 - 10:30	Morning Tea Break & Booth Visit	
10:30 - 11:30	Symposium 2A - Food Service & Sustainability	Symposium 2B - Education & Workforce
11:30 - 12:30	Symposium 3A - Microbiome-Guided Nutrition Care	Symposium 3B - Advanced MNT
12:30 - 13:30	Lunch Symposium 1	
13:30 - 14:15	Networking Lunch	
14:15 - 15:15	Opening Ceremony	
15:15 - 16:00	Keynote Lecture	
16:00 - 16:45	Tea Symposium 1A	Tea Symposium 1B
17:00 - 19:00	MDA Annual General Meeting	

5th July 2026, Sunday

Time	Session					
08:00 - 08:45	Plenary 2 - CKM, Obesity and GLP-1					
08:45 - 09:45	Symposium 4A - Sarcopenic Obesity & Metabolic Health		Symposium 4B - Paediatrics			
09:45 - 10:00	Morning Tea Break & Booth Visit					
10:00 - 10:45	Forum Session - AI in Dietetics: Opportunity, Risk, and Readiness in the Malaysian Context					
10:45 - 11:45	Poster Presentation 1A Research (Dietitian)	Poster Presentation 1B Research (Student)	Free Paper 1A Research (Dietitian)	Free Paper 1B Research (Student)		
11:45 - 12:45	Poster Presentation 2A Case Study (Dietitian)	Poster Presentation 2B Case Study (Student)	Free Paper 2A Case Study (Dietitian)	Free Paper 2B Case Study (Student)		
12:30 - 13:45	Lunch Symposium 2					
13:45 - 14:45	Workshop 1 - Building a Sustainable and Resilient Dietetics Workforce		Workshop 2 - Case-Based Decision-Making in Clinical Practice			
14:45 - 15:45	Workshop 3 - Meeting JCI and MSQH Standards in Food Service: Practical Compliance and Best Practices		Workshop 4 - Research in Dietetics - Useful AI Tools for Dietitians to Know			
15:45 - 16:30	Tea Symposium 2					
16:30 - 17:15	Plenary 3 - Planetary Health					
17:15 - 17:30	Closing & Prize Giving Ceremony					

“Join us in Kuala Lumpur for two inspiring days of learning, collaboration, and professional growth”



Persatuan Dietitian Malaysia



Venue

The Vertical, Connexion Conference & Event Centre



For any enquiries please contact:

MDA 2026 Secretariat

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