

O S H E N
(OCCUPATIONAL SAFETY-HEALTH-ENVIRONMENT NEWSLETTER)



From the National President's Desk



Dear Friends,

I am happy to note that BOHS activities also getting momentum at our few IAOH branches. All 24 BOHS videos have been uploaded on YouTube and the links have been embedded on our website on a special webpage with a list of contents. Also note few IAOH branches have done Occupational Health projects in unorganised sector. Now it's time to replicate success stories to other IAOH branches across India to get the significant impact among the unorganised sector.

To strengthen the IAOH impact among the members, community and international platform, the main focus would be membership drive, establishing new branches and revival of dormant branches, Basic Occupational Health Services (BOHS), ICOH Bid for 2024, Occupational Health projects in unorganised sector, digitization of IAOH data base, social activities and family get together.

We are pleased to inform you that the IAOH along with governmental & non-governmental stakeholders is intending to initiate a bidding process for hosting the International Commission on Occupational Health (ICOH) 2024 in India. Hosting this event will enhance our international image as a growing powerhouse, and as a centre of scientific and academic excellence committed to the health and safety of all its working population.

It is a great pleasure to inform you that Indian Association of Occupational Health (IAOH), Mumbai branch will be hosting the *66th Annual Conference of IAOH, Mumbai branch* on 21st & 22nd April 2018 and IAOH Jamnagar branch will be hosting the *69th National conference* from 9th to 12th January, 2019 at Rajkot.

Let us continue with the good work and practices set into place and approach occupational health activities with enthusiasm and zeal.

Jai IAOH.....

Dr. R.Rajesh

National President, IAOH (I)



Editor's Desk

Dear Friends,

End of April, the ICOH Conference commences in Dublin and it's probably the biggest Indian contingent this time with scientific papers to present & presentations to make and a very dynamic bid by the IAOH for the ICOH Congress in 2024.

Dr Ramnik Parekh, Dr S.M.Shanbhag, Dr. Shyam Pingle & Dr T. Rajgopal heading the Bid Committee have made concerted efforts to present our case for the Conference.

And we hope it indeed comes to India giving us an opportunity to hold aloft the flag of Occupational health in the country & abroad in future times to come.

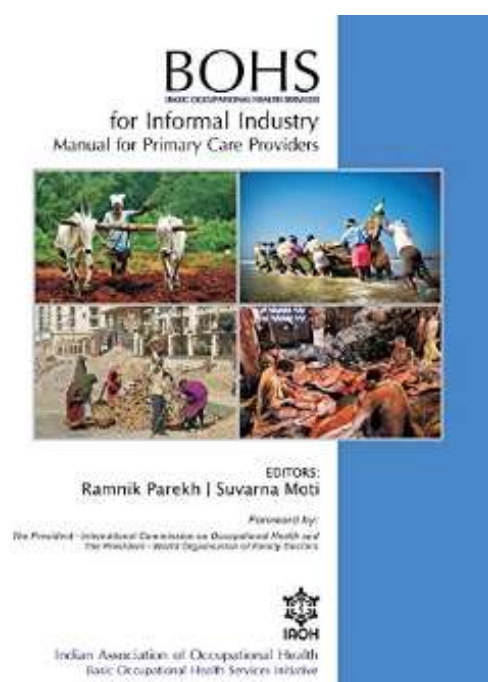
Under the dynamic leadership of Dr Rajesh, all branches will be expected to join in & make the 2024 Conference a grand success, when the bid becomes successful.

So gear up & hope the Conference is bagged by India!!

Dr Chaitanya Gulvady

[Click here to buy / download the book.](#)

(Buying strongly recommended.)



Upcoming Events

- **66th Annual Conference of Indian Association of Occupational Health (IAOH) – Mumbai Branch**

The conference will be held at the Godrej One Pirojshanagar, Eastern Express Highway, Vikhroli, Mumbai - 400 079 on 21st and 22nd April 2018.

This Theme of the conference is “**WOMEN AT WORK - CHALLENGES AND OPPORTUNITIES: THE PARADIGM SHIFT**”.

Renowned experts will lead the deliberations in the conference through key note addresses, symposia, technical sessions & free papers.

- **ICOH 2018 Congress**

The 32nd International Congress on Occupational Health will be held at Convention Centre Dublin from 29 April to 04 May 2018.

It will be a trend-setting Congress, notable as one of the most innovative meetings within the Medical, Health, Occupational Health, Occupational Safety and Workplace Health aspects.

<http://icoh2018.org/2018/>

- **Occucon 2019**

The 69th National Conference of IAOH will be scheduled at Regency lagoon, Rajkot from 9th January to 12th January 2019. Theme of the Conference is "Achieving Vision Zero through Basic Occupational Health Services (BOHS)"

You can visit the website and register for the conference.

<http://jamnagar.occucon.com/>

ICOH India update

Election for National Secretary- ICOH India (2018-2021)

As per article 2 of ICOH NS guidelines, the National Secretary is ICOH member in good standing and is elected for countries or areas with more than 15 members in good standing who are resident in that country or area.

Dr. Vijay Rao was an election officer for the same. (He is Vice President of IAOH and ICOH good standing member since long).

The counting of votes for the post of National Secretary ICOH (I) for the year 2018-21 as was held on 17/3/18 at Rotary Service Centre, Rotary club of Bombay, Chembur, Mumbai.

Dr. Ashish Mishra from IAOH Mumbai branch was elected as National Secretary-ICOH India.

ICOH 2024 BID UPDATE



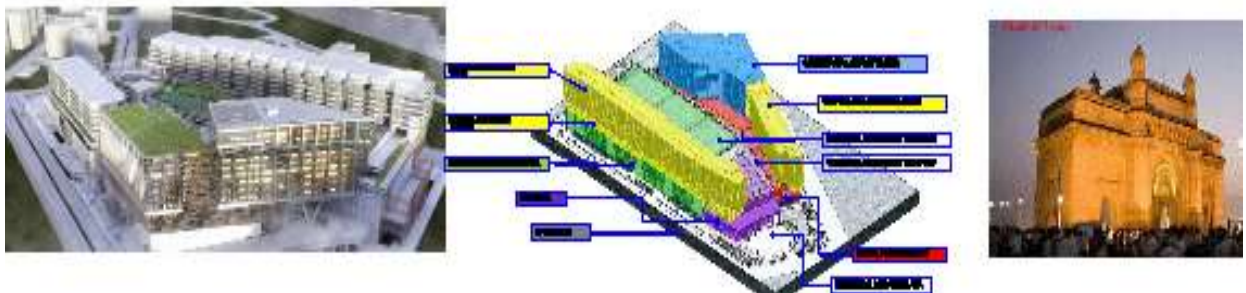
The Indian Association of Occupational Health has bid for hosting the 34th International Commission on Occupational Health's Congress to be held in 2024 (ICOH 2024) in Mumbai from 25th Feb 2024 to 1st Mar 2024. The bid was submitted to the ICOH Secretariat in the last week of Jan 2018. Besides India, the bidders for ICOH 2024 are Canada, Morocco, Netherlands & Thailand. The bids will be considered and finalized by the ICOH Board and ICOH members attending the 32nd ICOH Congress through voting at the Dublin Congress from 29th April to 5th May 2018.

As a part of the Bidding Process Prof. Seong-Kyu Kang, Vice President ICOH visited Mumbai on the 28th & 29th of March 2018 to assess the capability of IAOH and the infrastructure of the venue along with the availability of accommodation for the congress. Prof. Seong-Kyu Kang is Director General of Seoul Regional Office at the Korea Occupational Safety and Health (KOSHA).



Dr. Kang is an executive member of the Korea Society of Occupational and Environmental Medicine and the Korean Society of Occupational and Environmental Hygienists. He serves as a board member of International Commission on Occupational Health (ICOH) in the period of 2009-2015.

In Mumbai, Prof. Kang visited the Project site of the Dhirubhai Ambani International Convention and Exhibition Centre (DAICEC) in Bandra Kurla Complex (BKC), Mumbai along with the ICOH Board Member & ICOH Bid Committee Chairman Dr Shrinivas Shanbhag and ICOH National Secretary for India & IAOH President Dr R Rajesh and a few senior IAOH Members.



Executives of the DAICEC led by Mr Sarvesh Jain made a presentation to him regarding the Convention Centre. Dr T Rajgopal presented IAOH the bid proposal and the made a pitch for bringing this prestigious event to India. Ms Vibha Bhatia of Alpcord the Event Managers for the Congress made a presentation about her organisation.

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Senior IAOH Member and Emeritus ICOH Member hosted Mrs & Prof Kang for a dinner on the 28th of March 2018.



Prof. Kang visited a few Hotels and places of interest in Mumbai on the next day to get a feel of the infrastructure in Mumbai in general and the BKC area in particular. Prof Kang addressed the IAOH Mumbai Branch in the evening on the 29th March 2018.



Prof. Kang expressed his satisfaction regarding the facilities in Mumbai and our preparation for hosting the Congress.

[Report of IAOH Karnataka Branch](#)

The Association of Occupational Health Karnataka (AOHK) held its 67th Annual Conference along with the Occupational Health Day celebration on 8th and 9th July, 2017 at the API Bhavan, Bangalore.

The Theme of the conference was: **Basic Occupational Health Services (BOHS) in unorganised sectors – Time for action.**

The Chief Guest of this year conference was y **Dr. R Rajesh**, President, Indian Association of Occupational Health and the Guest of Honour was **Dr. Surendra VHH**, Inspector of Factories, Government of Karnataka and the inauguration was on the 8th July, 2017.

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Following orations and awards were distributed to

Golden Jubilee Commemoration Oration Award: Presented to an individual for his or her outstanding contribution to the cause of Occupational health both at National and State Level. This prestigious oration was awarded to **Dr. Sudha S Ramachandran, National Head – Operations Apollo Hospitals Group.**

Silver Jubilee Commemoration Oration Award: This award is in recognition of services rendered in the field of Occupational Health. This prestigious award was conferred to **Dr. Sashikala Chandrasekar, ENT Consultant, Bangalore.**

Sri S. Anantharamakrishnan Memorial Award: This award given to an outstanding individual for his/her contribution to the cause of Occupational Health. This award was given to **Sashikala Chandrasekar, ENT Consultant, Bangalore.**

Sri Mohanmal Award: A medal and certificate of merit was awarded to the best scientific paper presented by the AOHK member during the conference. This year the award was presented to **Dr. Suhas Chakraborty** for the paper titled “Pattern of drinking and alcohol related comorbidities - regular versus periodic heavy drinking” and the certificate and medal was distributed during the valedictory function.

Dr. M. N. Mahadevan Memorial Award: This award is for the best scientific paper presented by an Industrial Medical Officer. This year the award was presented to **Dr. Deepa KH** for the paper titled “Problem of silicosis among workers in silicosis plant”.

Karnataka Best PG Paper Award: This award is presented to the best scientific research in the area of Occupational Health and Safety done and presented by a Medical Post Graduate perceiving post-graduation in any medical field. This year the award was presented to **Dr. Mubeena** for the paper titled “An occupational health survey of sewage treatment plant workers of Dakshina Kannada, Karnataka”.

The scientific sessions included: Work Place Ergonomics by Ms. Jeena Jose, RECOUP and Occupational Perspective of Faecal Sludge Operators by Mr. Vishwanath, BIOME Trust.

The conference was attended by more than 50 delegates and 10 postgraduates.

Awards and Recognitions:

Dr. Sashikala Chandrasekar

1. Recognised by International Social Security Association at World Congress on Safety & Health at Work, Singapore, September 2017 for presenting a paper under Vision Zero campaign.
2. Invited for the Work-related Travel Safety, Health & Security Summit at Singapore Congress, September 2017, to be part of the Singapore Declaration signatory.
3. Invited to present a paper at the ICOH Symposium, Zagreb, Croatia in October 2017.
4. JOSH Oration Award at GUJCON in December 2017.

Dr. Bobby Joseph

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1. Invited to the Harvard SHINE Conference, Boston, MA, USA in July 2017 to speak on the future of worker well-being.
2. Invited to the International Worker Well-being Convening at Bangkok, Thailand in September 2017
3. Invited as Scientific Committee Member to the Annual National Textile Conference of the Scientific Engineering Union of the Textile, Garment and Leather Industry at Gabrovo, Bulgaria in October 2017.
4. Invited as faculty for the seminar on Basic Course on Occupational Health in Hospitals held on 9th December, 2017 at Bangalore Baptist Hospital and organised by the Consortium of Accredited Healthcare Organisations (CAHO).

Dr. Kowshik Kupatira

Dr Kowshik Kupatira, Chief Medical Officer, Toyota Kirloskar Motor Pvt Lt, played a significant role in Toyota Kirloskar Motor (TKM) has been awarded the prestigious “Healthy Workplace Award- Platinum 2017” - the highest level of recognition in the category, by Arogya World India Trust in association with Public Health Foundation of India.

Dr. Merlyn Joseph

Was awarded the **Young Scientist Award** by the Indian Association of Occupational Health, at the 67th Annual National Conference of Indian Association of Occupational Health, New Delhi, India – Occucon 2017.

Dr. Naveen Ramesh

1. Participated in the “Gender Academy: A global event on gender, work and development”, 13 – 24th November 2017 at International Training Centre, International Labour Organisation, Turin, Italy.
2. Attended the 10th International Joint Conference on Occupational Health for Health Workers (OHHCW) 2017, 28th - 30th November, 2017, Khon Kaen, Thailand.
3. Invited as faculty for the seminar on Basic Course on Occupational Health in Hospitals held on 9th December, 2017 at Bangalore Baptist Hospital and organised by the Consortium of Accredited Healthcare Organisations (CAHO).

CME

On 9th December, 2017:

Topic and speaker:

1. Recent Advances in the Management of Myocardial Infarction by Dr. N Sridhara (Fortis Hospital, Bangalore).
2. Nano Technology in Modern Medicine by Dr. Ram Babu (Pulse Pharma).

Venue: City Institute, Chamarajapet, Bangalore.

On 27th January, 2018:

Topic and speaker:

1. Technological advancements in Diabetes including prevention, detection, achieving control and managing complication by Dr. Shiv Prasad.
2. Evidence that matters – Contemporary updates 2017-2018 by Dr. Shankar Kumar.
3. Latest updates in Diabetes by Dr. KN Manohar.

Venue: Hotel Capitol, Bangalore.

The CME was attended by more than 45 members.

Report of IAOH Mumbai Branch

REPORT OF SPECIAL CONVENTION 2017 OF IAOH MUMBAI BRANCH

Special Convention 2017 was held on 16th & 17th December 2017 at Radisson Blu Resort Karjat. It was a two Day residential Convention where members of IAOH Mumbai Branch along with their Family Members were invited to participate. 62 IAOH Members attended the Convention. Eleven Scientific Sessions were arranged for delegates attending the Convention covering a wide variety of Topics.

IAOH national President Dr R Rajesh graced the occasion and also chaired a Scientific Session.

Delegates attending the Convention are awarded 3 Credit Hours by the Maharashtra Medical Council.

The Banquet and Social Event which was held on the evening of the First Day of the Special Convention was well attended by Family members and opportunity to bond and network was fully enjoyed.



Scientific Session in progress at the Special Convention 2017 of IAOH Mumbai Branch on 16th & 17th December 2017 at Radisson Blu Resort , Karjat

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Scientific Speaker Dr Prashant Rao delivering his talk at the Scientific Programme at Special Convention 2017 of IAOH Mumbai Branch



Group Photo of Organizing Committee at the end of the Special Convention 2017 of IAOH Mumbai Branch

REPORT ON ONCOLOGY CME ON 13 JANUARY 2018

A CME on Oncology was arranged by IAOH Mumbai along with Asian Cancer Institute on 13th January 2018 at 7:30 PM at Hotel Vaishali Garden, Chembur (E), Mumbai - 400071

The CME was preceded by the Executive Committee Meeting at the same venue and was attended by around 50 IAOH Members.

Dr Kirti Bhushan spoke on 'Management of Colorectal Cancer', Dr Suhas Agre spoke on 'Breast Cancer' and shared Case Studies on the same. Dr Satish Rao brought delegates up to date on the 'Current Management Protocol in Head and Neck Cancers'

Delegates keenly listened to the expert speakers as they highlighted important aspects of Oncology.

The CME was followed by a Networking dinner.



CME in session with delegates in rapt attention

REPORT OF CME ON BASICS OF INDUSTRIAL HYGIENE

A CME was organized by IAOH Mumbai Branch on Industrial Hygiene on Tuesday, 30th January 2018 at 7 PM. The CME was held at Dadar Club, Dadar (E), Mumbai.

Dr Deborah Nelson, PhD (President AIHA) from Olkahoma USA enlightened delegates on the Basics of Industrial Hygiene. Delegates interacted with the speaker in the Question Time where thought provoking questions were asked by members in the Audience and these were answered in depth by the distinguished speaker.

The CME was attended by around 50 delegates. It was followed by a networking Dinner.



Delegates keenly following the Distinguished Speaker Dr Deborah Nelson, President AIHA, Olkahoma, USA

REPORT ON CME BY VICE PRESIDENT ICOH ON 30th MARCH 2018

A CME was arranged by IAOH Mumbai Branch at the Acres Club on 30th March 2018 at 7:00PM.

Prof Kang Seong-Kyu, Vice President of ICOH who was on a visit to Mumbai was invited to speak at the CME and felicitated.

Prof Kang who is from the Republic of Korea spoke on 'A Concept for Occupational Health Development' and about his experience as an Occupational Physician in Republic of Korea. Around 40 IAOH Members attended the CME.

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IAOH National President Dr R Rajesh also briefly addressed the gathering.

The CME was followed by Dinner where delegates interacted with the distinguished speaker.



Dr Seong-Kyu Kang, Vice President ICOH, speaking at CME of AIOH Mumbai Branch on 30th March 2018 at The Acres Club.

[Report of IAOH Andhra Pradesh Branch](#)

IAOH – AP Branch organized CME on 21/1/18 in association with Pulse Pharmaceuticals, Hyderabad

Dr.J.Vijay Rao, President of IAOH – AP Branch had presented welcome address to all the Delegates. He had briefed about the importance of Vitamin ‘D’ and its use and abuse.

Scientific Session: Chaired by Dr.J.Vijay Rao, and Dr.Nanda Kishore

Dr.Bakhtiar Choudhary spoke on Holistic Assessment and Review of Vitamin D Therapy for Human, Health and Happiness.

Dr.L.Jayathi Reddy spoken on role of Vitamin – D in Obsteric and Gynaecology.

Dr. Harish Chaturvedi, Associate Vice President Pulse, Pharmaceuticals Pvt. Ltd, Made a presentation on scientific development and insights in to the manufacture of Pulse Pharma products and also mentioned about the nano particle usage while making the final medicine for the benefit of mankind.

Dr.Nanda Kishore concluded the scientific session after making the relevant comments.

Dr.Vivek Chandra Rao mentioned that industrial workers are vulnerable in getting the Vitamin ‘D’ deficiencies due to their work schedules.

Dr.R.Suresh Kumar proposed vote of thanks and requested to join for Dinner.

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Report of IAOH Delhi Branch

5th Annual Conference of the Association of Environmental and Occupational Health Delhi

Conference Objectives

1. Develop a platform to enable a dialogue between Policy makers, Public & Private sector on the role of Occupational Health professionals on creating a healthier tomorrow.
2. Capture expectations and voice of customer to create a task plan focused on holistic development for 2018.

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3. Sharing out of the best practices across health spectrum to the industry professionals.
4. Collaborate to create learning opportunities for industry professionals (Safety, Health, HR and others) for the year 2018.

Inauguration Ceremony



OCCUCLAVE was inaugurated by Shri. Pawan Kumar Agarwal - IAS, Additional Secretary & CEO, FSSAI - Food Safety Standard Authority of India, Ministry of Health & Family Welfare, Govt. of India along with the Guest of Honours Dr. Anil Kumar - DG Railway Health Services, Shri. Sudheer Garg - Joint Secretary, Ministry of Micro, Small and Medium Enterprises, Govt. of India, Shri. S.K. Awasthi - Executive Director Corporate HS&E, IndianOil, Shri. SP Garg CGM HSE, Gail India Limited, Shri. Sunil Kumar - President, BW Business World.



Keynote Address



Address by Guest of Honours

Dr. Anil Kumar - Director General Railway Health Services conveyed his best wishes for the Association to take forward the Workplace Health & Wellness and explained the contribution of Railway Health Services in this endeavor

Shri. Sudheer Garg - Joint Secretary, Ministry of Micro, Small and Medium Enterprises, Govt. of India complemented the Association for its initiatives & offered to join hands and work in close coordination to take forward Zero defect Zero effect program of Govt. of India. He proposed training programs for the administrators on various topics like importance of Solar Light, importance of Tension free life & Test labs supported by MSME to test food samples across India. He advised association to develop & formalize Policy, Company norms & Standards for procurement of Life saving equipment

Addressing the gathering **Shri. S.K. Awasthi** - Executive Director Corporate HS&E, IndianOil stressed the importance of the theme - Occupational Health & Safety-Beyond Compliance, Preventive Health & it's implications in keeping an employee healthy.

Shri SP Garg CGM HSE, Gail India Limited suggested that Association must take this drive to take Occupational Health procedures from formal to informal sector.

Shri. Sunil Kumar - President, BW Business World highlighted that the in present scenario where nature of business is changing with social, emotional, uncertainty of jobs, growth of Information & Technology definition & scope of the Occupational Health is changing. He extended all media support to reach out the message of the Association.

Inaugural Address by the Chief Guest

In his inaugural address Chief Guest **Shri. Pawan Kumar Agarwal** IAS, CEO FSSAI appreciated the efforts put in by the Association in organizing this Conference & proposed for working in partnership with the Association to implement the initiatives taken by Govt. of India to provide Safe & wholesome food for all citizens.

Conference Accomplishments

1. Initiation of the efforts for an MoU between FSSAI & IAOH (Delhi) to initiate a one day training course on Food Safety.
2. Industry specific collaboration towards anaemia free workplaces
3. Finalization of AOEHD 2018 Plan which includes conducting two Thematic workshops (Clinical implications in Occupational Medicine, Happy & Healthier workplaces) and an Annual Conference.
4. Identification & Increased awareness towards continuous professional development of the industry health professionals
5. Partnership with Business World (Media Houses) to enhance audience reach on various Corporate Health initiatives.



Release of OCCUCLAVE Souvenir



Release of OCCUCLAVE Logo

Occupational Health Quiz

Occupational Health Quiz was successfully conducted by Mr. Deepak Taneja, Chief Manager Corporate Communication IndianOil.

