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**OSHEN**  
**(OCCUPATIONAL SAFETY-HEALTH-ENVIRONMENT NEWSLETTER)**



**From the National President's Desk**



Dear Friends,

To commemorate Foundation day of our association, 9th July is observed every year as National Occupational Health Day. The President announces a theme for each year in consultation with Central Committee members. The theme for Occupational Health Day 2018 was "BOHS– Time for Sustained action". This theme proposes to sustain efforts to health care delivery for the unorganized sector and create models for such a delivery exploring available systems and creating innovative models for it. Indian Association of Occupational Health (IAOH) launched Mission BOHS – Basic Occupational Health Services encompassing Universal Health Coverage and BOHS strategies of WHO, ILO, WONCA and ICOH. An integral step towards BOHS movement in India involves training of primary care professionals in OH. The objective of BOHS is to ensure the provision of services for all workplaces which so far have not had such services available or the service have not met their occupational health needs. The BOHS is an effort to provide occupational health services available to each and every working individual in the country irrespective of sector of economy, size of company, geographical area, or nature of employment contract.

I am happy to note that BOHS activities also getting momentum at our few IAOH branches. Now it's time to replicate success stories to other IAOH branches across India to get the significant impact among the unorganized sector.

To strengthen the IAOH impact among the members, community and international platform, we should continue the main focus on membership drive, establishing new branches in unexplored areas and revival of dormant Branches, Basic Occupational Health Services (BOHS), Occupational Health projects in unorganized sector, digitization of IAOH data base, social activities and family get together. It is a great pleasure to inform you that Indian Association of Occupational Health (IAOH), Jamnagar branch will be hosting the 69th National Conference of IAOH, OCCUCON 2019 from 9th to 12th January, 2019 at Rajkot. Let us continue with the good work and practices set into place and approach occupational health activities with enthusiasm and zeal.

Jai IAOH.....

**Dr. R. Rajesh**  
**National President, IAOH (I)**



### Editor's Desk

Dear friends,

This issue of the OSHEN has been delayed & our sincere apologies for the same. We're all gearing up for the next National Conference at Rajkot & the Organising Committee is already in a fiery pace preparing for it. Nominations have poured in for the Orations & Awards & it all seems an exciting period for all of us. The Goa Branch is busy preparing for the next Council meeting and has assured a great scientific fare along with the Council meeting. Let's put all our efforts behind the Gujarat IAOH branches in their joint effort to host the next IAOH Conference in beautiful city of Rajkot.

- Dr. Chaitanya Gulvady

### Upcoming Events

#### - **OCCUCON 2019**

The 69th National Conference of IAOH will be scheduled at Regency lagoon, Rajkot, Gujarat from 9th January to 12th January 2019. The conference will be hosted by IAOH Jamnagar branch.

The theme of the conference focuses on achievement of **VISION ZERO** meaning prevention & control of occupational illnesses, accidents and injuries at workplace especially in the informal sector and striving for zero injuries and illnesses in this sector in India.

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## Report of IAOH Pune Branch incorporating 68<sup>th</sup> National Conference

### **68th Annual National conference of Indian Association of Occupational Health**

OCCUCON 2018 - 18th to 21st Jan 2018

Venue- Suzlon Excellence Academy, Hadpsar, Pune

Theme- **Synchronization of Health and Safety at Workplace: A Key Compliance for Business Growth**

IAOH Pune hosted OCCUCON 2018. More than 500 delegates participated in the four days' conference.

Pre conference workshop on CPR and Spirometry were well recognised by Participants.



Mr Satish Magar, MD of Magarpatta Township Development and construction limited and President elect of CREDAI was the Chief Guest for the inaugural function. In his inaugural address he emphasised on BOHS activities in construction workers and extended full support for BOHS activities of IAOH.

Dr Narendra Vaidya, Guest of honour for the conference and MD Lokmanya Hospitals Pune congratulated IAOH Pune for hosting the conference and mentioned about collaboration with IAOH and AFIH course conducted by Lokmanya Hospital in Pune.



Mr Satish Magar Lightening the lamp



Dr Narendra Vaidya addressing the delegates



Release of Souvenirs by guests and Team OCCUCON

More than 60 papers were presented by the occupational health physicians and students all across India.



Paper presenters



Judges

The conference was an academic feast for the delegates with more than 60 scientific sessions.



Dr Bawaskar speaking on Snake bite



Dr T Rajgopal speaking on Precision Medicine

### Awardees of Orations





ADM Oration: Dr Parikh



CKR Oration: Dr Ashish Mishra



Mumbai OHSF Oration: Dr Buch



L&amp;T Oration: Dr Prabhu

Apart from the scientific content, delegates enjoyed the cultural program and banquet



### Report of IAOH Andhra Pradesh Branch

IAOH – AP Branch organized a CME on 15.07.2018, Sunday to commemorate IAOH day celebrations at Hotel Radisson Blue, Banjara Hills, Hyderabad

#### **Theme: BOHS – NEED FOR SUSTAINED ACTION!**

Seminar was inaugurated by Dr. K.Ramesh Reddy, Director Medical Education, Govt of Telangana, Shri Chandra Mohan, Director

of Factories, Govt. of Telangana and Dr. R. Rajesh, National President, IAOH (I).

Dr. Nanda Kishore had introduced the Guests and conducted the proceedings.

Dr.J.Vijay Rao, President of IAOH – AP Branch had presented welcome address to all the Delegates and explained the various activities being undertaken by IAOH – AP Branch and also briefed about the birth of IAOH, contributions by visionaries and its

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journey in India. He has also mentioned about the BOHS activities which are going to take up in coming day by IAOH-AP branch.

Dr.Vivek Chandra Rao opined that there is a need for setting up of Occupational Health Centres in all the small scale and medium scale industries for an early detection and early interventions of diseases that are caused due to occupational hazards.

Shri TEC Vidya Sagar, former Joint Inspector of Factories Govt of Andhra Pradesh informed that the Model Occupational Health Centre at BHEL, Tiruchi, that was supported by WHO, unfortunately it is not in operational. There is a need in our country to establish such Model Occupational Health Centres to provide trainings / guidance to coming generations so that to achieve highest degree of occupational activities in all the industries.

Dr. Rajesh, National President IAOH (I) informed that BOHS activities also getting momentum at our few IAOH branches. All 24 BOHS videos have been uploaded on YouTube and the links have been embedded on our website on a special webpage with a list of contents. Also note few IAOH branches have done Occupational Health projects in unorganised sector. He also mentioned that now it is time to replicate success stories to other IAOH branches across India to get the significant impact among the unorganised sector and also to strengthen the IAOH impact among the members, community and international platform. He mentioned that the main focus would be membership drive, establishing new branches and revival of dormant branches, Basic Occupational Health Services (BOHS), ICOH Bid for 2024, Occupational Health projects in unorganised sector, digitization of IAOH data base, social activities and family get together. He informed all the delegates that this year IAOH Jamnagar branch is hosting the 69th National conference from 9th to 12th

January, 2019 at Rajkot. He requested all to take active part by attending the conference in large number from IAOH-AP branch. Lastly, he appealed all to continue with the good work and practices set into place and approach occupational health activities with enthusiasm and zeal.

Directorate of Factories appreciated the efforts put in by IAOH – AP Branch for its contributions to Occupational Health activities in the small and medium scale industrial sectors. He requested Association to extend the same activities in unorganized sectors also by conducting free health camps, free medical check-ups and health advises for their better health, where the basic medical facilities are not available.

Dr K.Ramesh Reddy, Director of Medical Education, Govt of Telangana had expressed gratitude to IAOH – AP Branch for associating with State Government Health Department. He stressed the importance of prevention of diseases rather than their cure, which will certainly reduce the financial burden and ensure better health of the employees. He also opined that in undergraduate medical curriculum only 2 pages are demarcated in PSM subject towards occupational health. It is unfortunate situation and he advised to approach MCI to update occupational health and also initiate in starting a post graduate course in medical colleges. MCI is highest body in regulating the medical curriculum they can definitely do a needful.

## Scientific Session

### **Dr. R. RAJESH, President IAOH (I)** **Topic I: BOHS - Need for Sustained Action!**

Dr. Rajesh in his talk, he has elaborated the objectives of Basic Occupational Health Services (BOHS) it is to ensure the provision of services for all workplaces which so far have not had such services available or the services have not met their occupational health needs. The BOHS are an effort to provide occupational health

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services available to each and every working individual in the country irrespective of sector of economy, size of company, geographical area, or nature of employment contract. IAOH in the current year has taken up the mandate of reaching out to the occupational health needs of informal sector through sensitization workshops for primary health care professionals. The Government of Gujarat has given their approval for telecasting IAOH BOHS TRAINING MODULES of OH for informal industry via their satellite for sensitizing PHC doctors. This will encourage to launch BOHS projects in other states of India. Health care can be improved through Basic occupational health services delivered through primary health care providers for workers in the informal sector, to control work related illnesses and injuries.

**Dr. P. DATTATREYA MD, DM, Senior Consultant Medical Oncologist**  
**Topic: Oncology: Overview, Recent Perspectives & Modern Trends**

Cancer is a group of diseases involving abnormal cell growth with the potential to invade or spread to other parts of the body. Possible signs and symptoms include a lump, abnormal bleeding, prolonged cough, unexplained weight loss and a change in bowel movements. Over 100 types of cancers affect humans. Tobacco use is the cause of about 22% of cancer deaths. Another 10% are due to obesity, poor diet, lack of physical activity or excessive drinking of alcohol. Other factors include certain infections, exposure to ionizing radiation and environmental pollutants.

He has mentioned that in the developing world, 15% of cancers are due to infections such as *Helicobacter pylori*, hepatitis B, hepatitis C, human papilloma virus infection, Epstein-Barr virus and human immunodeficiency virus (HIV). These factors act, at least partly, by changing the genes of a cell. Typically, many genetic changes are required before cancer

develops. Approximately 5–10% of cancers are due to inherited genetic defects from a person's parents. He has stressed that many cancers can be prevented by not smoking, maintaining a healthy weight, not drinking too much alcohol, eating plenty of vegetables, fruits and whole grains, vaccination against certain infectious diseases, not eating too much processed and red meat and avoiding too much sunlight exposure. Early detection through screening is useful for cervical and colorectal cancer. Cancer is often treated with some combination of radiation therapy, surgery, chemotherapy and targeted therapy.

Mementoes were presented to Speakers.

Vote of Thanks proposed by Dr. Suresh Kumar, Executive member of IAOH – AP Branch.

The above programme was widely covered in both print and electronic media in local languages.





## Report of IAOH Ankleshwar Branch

IAOH Ankleshwar Branch celebrated **IAOH Day** on the occasion of 70<sup>th</sup> Anniversary of IAOH on 9<sup>th</sup> July 2018.

Dr Seema Solanki gave brief introduction regarding IAOH and its establishment.

Dr Vilas Patel, President, gave a brief history about evolution of IAOH Ankleshwar – Bharuch branch in 2001 and its revival a year back for which we received recognition at national level as **Best Re-Emerging Branch**. He gave tips to young OHPs to follow for better functioning in the form of 3 (ABC) A (Attitude, Appearance, Awareness), B (Basic, Brief, Best), C (Confidence, Concentration, Community). He also briefed regarding planning of 6 programmes in the upcoming year to

enhance BOHS at field level as well as strengthening the financial capacity of IAOH Ankleshwar Bharuch Branch.

Dr Sameer Chaudhary explained about the current year's theme – **BOHS Need for Sustained Action**. There was a group discussion on the theme in which our senior members Dr Naresh Shah, Dr Mahesh Mistry and Dr Girish Purohit gave their valuable inputs towards implementing BOHS on regular bases and all the young OHPs also participated. That was followed by cake cutting for celebration of 70<sup>th</sup> anniversary of IAOH and dinner.





## Report of IAOH Delhi Branch

Association of Environmental and Occupational Health Delhi, (AEOHD) organised a Conference on **Clinical Aspects of Occupational Medicine** on 26th May 2018 at SCOPE Auditorium, Lodhi Road, New Delhi.



Inauguration Ceremony

Association of Environmental and Occupational Health Delhi, (AEOHD) organised a Chief Guest: Dr Naresh Trehan, Chairman & Managing Director, Medanta – The Medicity, Guest of Honours:

1. Dr. Tsuyoshi Kawakami - Occupational Safety and Health Specialist - South Asia, International Labour Organisation
  2. Dr R Rajesh – President Indian Association of Occupational Health
  3. Dr Dipak Shukla – CEO PSRI Hospital
- IAOH Delhi Branch celebrated **Occupational Health Day** on the theme given by Hon. President IAOH India. We stressed the importance of out reaching our contract workers to provide theme **Basic Occupational Health Services**. President and Secretary, AEOHD Invited as Panellists for SNF@Workplace Meet at Food Safety and Standards Authority of India (FSSAI) Headquarters, New Delhi. Dr. Vinod K. Paul, Member, National Institution for Transforming India, NITI Aayog, Government of India inaugurated the SNF@Workplace and launched the 'The Orange Book: Your Guide to Safe and Nutritious Food at the Workplace'



AEOHD (Delhi State Branch of IAOH) Partnered with BW Business world and India Virtual Hospital during Ayushman Bharat Healthcare Summit: **Delivering Healthcare at People's Doorstep Possible by 2022**



Special Address by Chief Guest Shri Ashwini K Choubey, Minister of State for Health & Family Welfare, Government of India at Ayushman Bharat Healthcare Summit 2018 in New Delhi



AEOHD Celebrated **World Head and Neck Cancer Day** on 27th July 2018 at CSOI, K. G. Marg, New Delhi CME. Main focus of deliberations by the faculty Dr Hazarika was on **Prevention of Cancer & rare case presentations of Head & Neck Cancers**.

## Report of IAOH Jamnagar Branch

### Occupational Health Day July 2018

#### 1) BOHS Workshop

- BOHS workshop was organized on 15th July 2018 for Medicine residents, PSM residents and General Practitioners.
- More than 40 doctors attended the workshop.
- Guest faculty Dr Suvarna Moti from Mumbai conducted the sessions and shared the concept of the implementation of BOHS.
- Dean of M P Shah Medical College, HOD Medicine and PSM department of M P Shah Medical College and ESIC hospital superintendent also provided their valuable time to be as Guest and inaugurated the workshop.



#### 2) CME on NCDs and Acute MI Management

- CME was organized on 17th July 2018 for IAOH doctors.
- Guest speakers from Public Health Foundation of India, Delhi came to deliver speech on interesting topics.  
Dr R Rajesh (National President – IAOH) provided his valuable presence in CME.

Time - 8:30 pm to 10:30 pm.

Topics for CME –

- 1) Need for capacity building in NCD & role of PHFI - Dr Sandeep Bhalla
- 2) Role of e- technology in NCD health system strengthening - Dr Devaraj Jindal
- 3) Golden hour management in acute MI - Dr Gaurav Gandhi (Cardiologist Jamnagar)

Total 25 doctors attended the CME.

## Report of IAOH Karnataka Branch

**68th Annual Conference of Association of Occupational Health Karnataka (AOHK) along with Occupational Health Day Celebrations 2018 and Inauguration of 70th Year of Indian Association of Occupational Health (IAOH) on 7th and 8th July, 2018 at Fortune Park, JP Celestial, Bangalore**

In line with the Occupational Health Day Theme 2018 i.e., **Basic Occupational Health Services (BOHS) – Need for sustained action**, BOHS workshop was conducted on 7th July, 2018 at between 9.00 AM to 1.00 PM. Twenty three postgraduates from Department of

Community Medicine/PSM from five medical colleges of Bangalore participated in the workshop. The postgraduates were from – St. John's Medical College, MS Ramaiah Medical College, Vyedhi Medical College, Kempegowda Institute of Medical Sciences and Dr. BR Ambedkar Institute of Medical Sciences. Six delegates from diverse industries also attended the workshop.

The conference inauguration was held on 7th July, 2018 from 6.30 PM onwards. The dignitaries on the Dias included Chief Guest: Dr. R Rajesh, The National President (IAOH) Guest of Honour: Dr.

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Ramesh Billimagga, Executive Director, HCG. Dr. Thaygaraju M, President, Association of Occupational Health Karnataka. Dr. GS Palaksha, Chairman, 68th Annual Conference of Association of Occupational Health Karnataka. Dr. Naveen Ramesh, Secretary, Association of Occupational Health Karnataka.

The inauguration was followed by the Golden Jubilee oration of AOHK by Dr. MV Sreenivasan. The following day, i.e., 8th July, 2018, there were three symposiums: 1st: IAOH Past, Present and Future.

Speakers: IAOH in the Past: Dr. Rajmohan

IAOH in the present: Dr. SM Shanbhag

IAOH in the future: Dr. T Rajgopal

2nd: Legal aspects and Ethics in OH.

Speakers: Legal Aspects of Occupational Health: Dr. Shyam Pingle

Ethics and values in current scenario: Dr. Sandeep Sharma

Ethics and Occupational Health Professional: Dr. Naveen R

3rd: Women and Work.

Speakers: Dr. Chandraa Tripaathi  
Dr. Sudha Ramachandran  
Dr. Bobby Joseph

There were four Scientific Sessions:

- Dr. Niti Raijada, spoke about cancers and recent advancement in cancer management.
- Dr. Ajit Bhide, spoke about stress at work and some techniques to overcome stress at work.
- Dr. Naresh Shetty and Mr. Tushar Patil, spoke about trends in cardiovascular diseases and their management.
- Dr. Kishore Madhwani, had an interactive session with the delegates on 'Work Place Ergonomics'.

Dr. Rajiv Jain, in brief spoke about the 'History and Evolution of Occupational Health in India'.

Dr. Ashish Mishra, National Secretary - 2018-21, International Congress on

Occupational Health (ICOH), informed the delegates about the importance and benefits of becoming members of ICOH and Dr. Hitesh Singhala, informed the delegates about the forth coming 69th National Conference of IAOH, Rajkot. This was followed by the Silver Jubilee Oration by Dr. Mahadev Murthy.

The conference came to an end by vote of thanks, Dr. Srinivasa HK, Treasurer AOHK.

### **Occupational Health Day Theme 2018 -**

Basic Occupational Health Services (BOHS) – Need for sustained action

The Association of Occupational Health Karnataka (AOHK) conducted a BOHS Workshop on 7th July, 2018 at Fortune Park JP Celestial, Bangalore between 9.00 AM to 1.00 PM as a part of Occupational Health Day celebrations of the association. Dr. Thyagaraju (President, AOHK) inaugurated the workshop and Dr. Naveen R (Secretary, AOHK) welcomed the delegates.

Dr. Bishwadeep Paul (National Secretary, IAOH) motivated the participants by informing them that BOHS modules were developed keeping in mind the young professionals.

Dr. Revansiddesh (CC Member, AOHK) moderated the session.

Attended by:

Twenty three postgraduates from Department of Community Medicine/PSM from five medical colleges of Bangalore participated in the workshop. The postgraduates were from – St. John's Medical College, MS Ramaiah Medical College, Vyedhi Medical College, Kempegowda Institute of Medical Sciences and Dr. BR Ambedkar Institute of Medical Sciences. Six delegates from diverse industries also attended the workshop.

Invited speakers were:

Dr. Srinivasa HK (Treasurer, AOHK), gave an overview of the need for BOHS and application of BOHS in an industrial setting with respect to the statute – advantages and disadvantages.

Dr. B Ramakrishna Goud (Professor and Head, Department of Community Health, St. John's Medical College, Bangalore) stressed on the need to have BOHS Manual especially by young professionals. He talked about the application of BOHS in an agricultural settings based on his experience of working with agriculturists. Dr. Nikunj Desai (Senior Lead OH-IH, Corporate Medical Services, Reliance Industries Limited) in his session stressed on the need for BOHS in India – the dearth of Occupational Health/Industrial Doctors,

applications of BOHS, the advantages of BOHS modules, various training programs based on BOHS Module. He had an interactive session on health problems of drivers.

The senior members of Indian Association of Occupational Health (IAOH) – Dr. R Rajesh, Dr. Sudha Ramachandran, Dr. Jayaraj and Dr. Rajiv Jain also addressed the postgraduates and motivated them to think of taking up a career in occupational health and safety.

### Report of IAOH Mumbai Branch

#### **REPORT OF THE 66TH ANNUAL CONFERENCE OF IAOH MUMBAI BRANCH**

The 66th Annual Conference of the Indian Association of Occupational Health Mumbai Branch was held at Godrej One, Pirojsha Nagar, Eastern Express Highway, Vikhroli East, Mumbai on 21st and 22nd April 2018.

Chief Guest Mr. Sumit Mitra, COO, Head - Group HR and Corporate Services, Godrej Industries Limited and Associate Companies spoke on the Theme 'Women at Work: Challenges and Opportunities- The Paradigm Shift'. He also released the Conference Souvenir.

There were 24 speakers at the Conference. The **Dr K M Bhansali Memorial Oration** was delivered by Dr Sunil Keswani- eminent surgeon and burns specialist. The Worksafe India Oration was delivered by Dr Damodar Lele – senior IAOH member and veteran in OH

The Theme Symposium had the following eminent speakers: Ms. Suvarna Joshi- Deputy Charity Commissioner State Govt. of Maharashtra, Prof. Sujata Sriram -TISS, Ms. Rashmi Joshi - CFO/ Director (Finance), Castrol Ltd. Dr Vini Nair, Vice

President IAOH Mumbai Branch moderated the session

There were 15 speakers at the various Scientific Sessions. An Occupational Health Panel Discussion was specially arranged this year with panellists representation the various stakeholders in Occupational Health. Dr. Dileep Andhare, Dr. S.K.Haldar- CLI, Mr. S.R. Krishnan- BPCL, Ms. Sunita Wazir – HUL. The Discussion was moderated by IAOH web secretary, Dr Divyang Shah.

Dr. SV Datar conducted Occupational Health Quiz. The star attraction was use of live audience poll in line with KBC.

The Conference was attended by over 110 delegates. Maharashtra Medical Council awarded 4 Credit Points to delegates who attended the Conference.

The Central Council Meeting of the IAOH was hosted by the IAOH Mumbai Branch during the Conference.





Inaugural Ceremony at the 66th Annual Conference of IAOH Mumbai Branch

## REPORT OF JOINT CME HELD BY IAOH ON 9TH JUNE 2018 AT ACRES CLUB

A Continuing Medical Education (CME) was held by IAOH Mumbai Branch in association with Kokilaben Dhirubhai Ambani Hospital (KDAH) on Saturday, 9th June 2018 at The Acres Club Chembur at 7:30 PM.

Dr Vidyadhar Lad from KDAH shared Case studies in Cardiac Surgery and Dr Abhaya Kumar also from KDAH spoke on Minimal Invasive NeuroSurgery.

Over 30 delegates attended the CME and actively participated in the time for Questions.

The CME was followed by Dinner.

## OCCUPATIONAL HEALTH DAY 2018

The Indian Association of Occupational Health, Mumbai Branch celebrated Occupational Health Day on 9th July 2018. The theme of the scientific celebration was 'Basic Occupational Health Services: Need for Sustained Action'.

Panel Discussion on the theme was conducted by moderator Dr Ashish Mishra with Eminent Panellist's Dr G K Kulkarni (J & J), Dr Chaitanya Gulvady (Siemens Ltd) & Dr Suvarna Moti (Reliance Industries Ltd) who also interacted with members of the audience. It was emphasised that during Consultations Physicians should definitely

ask their patients 'What is the nature of your Work?'

Around 50 doctors attended the Occupational Health Day programme on the rainy Monday evening. Post Graduate Medical students from Seth GS Medical College (KEM Hospital Parel) and Lokmanya Tilak Medical College (Sion Hospital) also participated in the Programme.

There was an informal Occupational Health Day Quiz where all members participated and prizes were given away to members who answered the questions correctly.

The programme was followed by a fellowship dinner.

Occupational Health Day Programme of IAOH Mumbai Branch was reported by the Press in leading Newspapers.



Panel Discussion by eminent panellists at the Occupational Health Day 2018



Post Graduate Students participating in Occupational Health Quiz.

## Report of IAOH Tamilnadu Branch

Indian Association of Occupational Health, Tamilnadu Branch along with SIMS Hospital Chennai organised Dr Devasagayam Memorial Oration by Dr R Kailasam on 8<sup>th</sup> April 2018 from 06:30 onwards at Varahari hall, Ramada Plaza, Chennai.



CME Lectures

Aortic Aneurysm – an overview by Dr Bashi V Velayudhan, Director & Senior Consultant Institute for cardiac and Advanced Aortic Disorders (CAAD)

Obesity at Workplace by Dr Patta Radhakrishna, Director & Senior consultant Surgical gastroenterology

### **Occupation Health Day Celebration 21st July 2018**

Indian Association of occupational Health, TN branch and Apollo Hospitals Chennai in association with Rotary Club of Ranipet and Inner wheel Club of Ranipet Conducted Cardiology Screening camp for General public at Ranipet, Tamil Nadu.

Indian Association of Occupational Health, Tamilnadu Branch along with Billroth Hospital Chennai organised CME Lectures on 10th June 2018 at the Raintree. Alwarpet, Chennai.

### **CME Lectures**

- Neurological Occupational Hazards by Dr K SankaraSubramaniam Neuro Physician Billroth Hospitals
- Management of occupational Lung Disease by Dr. V. Viswambhar. Consultant International Pulmonologist Billroth Hospitals

## Report of IAOH Vadodara Branch

Indian Association of Occupational Health, Vadodara (IAOH Vadodara) continues to be one of the most active and dynamic branch of IAOH HQ in western part of India. During the period from April 2018 to July 2018, the following activities were organized and conducted by Team of IAOH Vadodara as per the AOP laid down by Managing Committee.

### **MEDICAL ASSISTANT COURSE IN OHC – 34th BATCH: - 10th June 2018 to 15th July 2018**

In line with annual Operation Plan, IAOH Vadodara planned and organized the 34th Batch of MACOHC course at its office premises.

The Course started from 10th June 2018 onwards for six consecutive Sundays up to 15th July 2018. After a massive mailing drive to prospective industries at Vadodara and nearby towns of Dahej, Bharuch and Ankleshwar, IAOH Vadodara was able to register Nineteen (19) delegates for the

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34th batch of this unique training in Occupational Health for paramedics.



Photo of Medical Assistant Course 34th Batch at Valediction function on 15th July 2018

### **CMEs & COLLOBORATIVE PROGRAMMES:**

#### **28th (Saturday) April 2018: CME Programme in collaboration with Rhythm Heart Institute, at Hotel Surya Palace, Vadodara at 8.00 pm**

A CME was planned, designed and conducted by Rhythm Heart Institute and IAOH Vadodara on 28th April 2018 at Surya Palace, Vadodara. The contents of the CME were: -

- Importance of Cardiac Assessment in Periodic Medical Examination of Industry employees,
- Fitness Assessment of an Industrial employee after a Cardiac Mishap/Ailment,
- Role of FMO in Cardiac Emergency at workplace (like, Heart Attack, Stroke, etc.)
- Role of AED/Defibrillator in an Occupational Health Centre.

At the beginning of the function, Dr P C Jain, the branch President welcomed the attending members to the CME. Dr Chirag Sheth gave an interesting talk with examples on various contents of the CME. Dr Anand Ahuja gave depictive and educative presentation on his allotted topic. About 25 Members mostly Factory Medical Officers took part in this scientific activity and updated their knowledge about Cardiac Assessment in periodic check-up in Industry.

#### **30th (Saturday) June 2018: CME Programme in collaboration with Banker Heart Institute, at Hotel Sayaji, Vadodara (Time: 8.00 pm onwards]**

A CME was planned and conducted by Banker Heart Institute and IAOH Vadodara on 30th June 2018 at Hotel Sayaji, Vadodara. The Theme of the CME was **“Basics of Cardiology & Hypertension”**.

At the beginning of the function, Dr P C Jain welcomed the attending members to the CME. Dr Darshan Banker gave an interesting presentation about Newer Guidelines on Hypertension. He got the participants involved in an interactions to clarify their doubts about Newer Guidelines for management of various stages of Hypertension. Dr Hardik Gajera gave a presentation about Diabetic Nephropathy and its implications on overall health of a Diabetic. About 52 Members mostly Factory Medical Officers took part in this scientific activity and updated their knowledge about cardiology, Hypertension and Diabetic Nephropathy.

#### **9th (Monday) July 2018: Celebration of National Occupational Health Day; - 9th July 2018 “BOHS - Need for Sustained Action” – Hampton by Hilton, Hotel, Alkapuri, Vadodara**

In line with tradition of earlier years, Indian Association of Occupational Health, Vadodara (IAOH Vadodara) organized and celebrated National Occupational Health day on 9th July (Monday) 2018 at HAMPTON by Hilton, Hotel, and Vadodara. As per the tradition, National President Dr R Rajesh's theme for year 2017 was **“BOHS - Need for Sustained Action”**





Dr P C Jain, President, IAOH Vadodara lighting the lamp with other Dignitaries namely Dr J H Paralikar, Shri M Shah ( Former Jt Director, DISH) Dr S K Verma ( Former Certifying Surgeon) and Dr Kalpesh Z Patel , Certifying Surgeon, DISH Vadodara.



Dr P C Jain, President, IAOH Vadodara welcomed the participants and briefed them about history of IAOH Vadodara along with objectives of the Association. Dr Jain highlighted achievements of IAOH Vadodara since its foundation in 1968. IAOH Vadodara has been undertaking variety of activities in form of Seminars, Workshops, Conferences and Courses. It has to its credit the distinction of organizing Four National conferences, and training of 741 Medical Assistants in 34 batches of Medical Assistant Course since 2004. It has

been awarded Best Branch of IAOH Award by IAOH HQ for four times in last twenty years. Dr P C Jain informed the audience that the Branch was planning to publish a report in form of Journey report – Two decades of IAOH Vadodara.

Dr P C Jain elaborated about the theme of the National Occupational Health Day 2018:- BOHS - Need for Sustained Action. Based on the theme of the National Occupational Health Day, Shri M Shah (Retired, Jt Director, and DISH) Joint Director & Dr J H Paralikar (Former Course Director, PG CIH Course, M S University of Vadodara & former President IAOH Vadodara) gave insights about current state of Occupational Health in Gujarat. 25 participants including IAOH members were present at the National Occupational Health Day celebrations of IAOH Vadodara branch which was followed by Friendship Dinner.



Dr J H Paralikar giving his expert comments on Theme of National Occupational Health Day -9th July 2018. Dr J R Kamath, Hon Secretary, IAOH Vadodara conveying vote of thanks