

OSHEN

(OCCUPATIONAL SAFETY-HEALTH-ENVIRONMENT NEWSLETTER)



9th July – National Occupational Health Day

Theme for 2016: *Taking OH to unorganized sector: challenges & strategies*



From the National President's Desk

Dear friends and colleagues,

“Start by doing what’s necessary; then do what’s possible; and suddenly you are doing the impossible” FRANCIS

Greetings, on behalf of Central executive. Our Recent, well attended and scientifically rich National Conference of IAOH, OCCUCON 2016, has been a **unique networking experience**. For the first time, education institutions like NIMHANS & St. John’s collaborated with us; Min of labour, SCOPE joined hands; Min of labour, DGFASLI and ICOH shared the platform during inaugural and CPSUs were in the centre stage. In this context, I would like to specially thank Karnataka Branch & CCM for their whole hearted support. One of the memorable events of the inaugural was official release of OUR BOOK, BOHS FOR INFORMAL INDUSTRY. I salute Dr. Ramnik Parikh & the team for an excellent compendium for primary care physician to address OH Concerns of unorganized sector. We are ready to embark on an awareness and capacity building implementation project with support from philanthropists and benefactors. A pilot project is on the anvil at tannery industries at Kanpur, courtesy BATA. Many more to go.

Conference also lead to strengthening ties with Min of Labour and IAOH was a special invitee at Min of labour, New Delhi, for the recently held inter-ministerial deliberations on review of National Policy on SHE. Some of our recommendations, during the deliberations, will be suitably incorporated in the proposed revision of the policy and we are confident, IAOH will also be part of future deliberations.

OH challenges in India include huge workforce in unorganized sector with limitation in OHS coverage, accessibility and availability. **Public awareness** of occupational safety and health remains low and OHS does not receive the priority. This is in spite of well documented human and economic costs of failure and availability of best practice guidelines. IAOH in the current year has taken up the mandate of promotion of Occupational Health in Unorganized sectors. **“Taking OH to unorganized sector: challenges & strategies”** as the theme for Occupational Health Day 2016 can pave way in identifying and addressing the gaps in reaching out to OH needs of workers from the informal industries. I am confident of branches taking up this opportunity to network with primary health care professionals & creating awareness on occupational health with all stake holders.

Delhi branch is gearing up to host 67th National conference, OCCUCON 2017. Preparations are in full swing for dishing out yet another memorable conference. Please register early and share the conference information with OHSE professionals in the neighbourhood.

OSHEN, our popular quarterly E-Newsletter, continues to share glimpses and snippets from branches, showcasing individual and branch accomplishments, upcoming events etc. Timely sharing of information from branches would help in

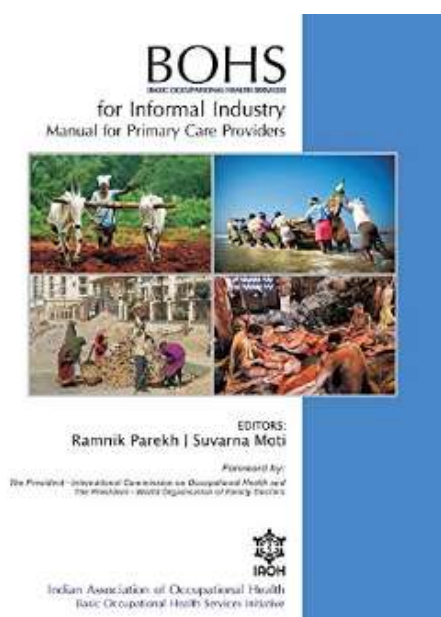
timely release of the newsletter. We seek your precious and timely inputs.

[Happy reading.](#)



Dr. G. V Prabhu

National President, IAOH (I)



[Click here to buy / download the book.](#) (Buying strongly recommended. Please show your support by buying & promoting this book through all your contacts: Dr Ramnik Parekh)



[Click here to get more information](#)

The updated list of Central Council Members of all branches can be seen on the association website. Click on this quick link. [Central Council Members – 2015-17.](#)

Kindly communicate changes, corrections, if any to the National Secretary.

Send an email to iaohwebsecretary@gmail.com to receive your membership certificate. Kindly mention your email, mobile number and branch in the email.

Editor's Desk

Dear Friends,

On behalf of our beloved Dr Ramnik Parekh, let me appeal to all members. Please purchase, promote and practise BOHS manual thru the link given above.



Even as we wait for the life-sustaining wet spell (monsoon), excitement is in air. At IAOH too, let's contribute to the upbeat national sentiment and do our bit to safeguard the 'worker'.

Reaching out to informal sector is a vital initiative and needs a commitment from each one of us. Hopefully, all the branches will take up this cause and send us reports for publishing in OSHEN.

Have a wonderful second half of 2016!

Dr Dileep N Andhare

Highlights of OCCUCON-2016

66th National Conference of Indian Association of Occupational Health

OCCUCON-2016, the 66th National Conference on Occupational Health was organized by Indian Association of Occupational Health from 17th to 20th February 2016 at NIMHANS' Auditorium, Bangalore. The conference theme was "OH in India: Now and the future – Integration and Synergy is the Key".

Under the stewardship of Dr. Prabhu, President IAOH, the conference saw a rare collaboration between IAOH and various national and international agencies including Ministry of Labour and Employment, DGFASLI, international organizations such as ICOH and AIHA. Two premier academic institutions in Bangalore, NIMHANS and St. John's Medical College, provided technical collaboration. Leaders from all collaborating agencies attended the conference.

The Guest of Honour, Dr. Jukka Takala, President, ICOH underlined that ICOH advocates occupational health measures in India and globally that are ethical, based on evidence, and engaging all interested parties. He mentioned that ICOH is committed to provide occupational health services to all and increase the coverage of protection to workmen and widen the prevention of risks.

The Guest of Honour Shri H. Vishvanathan, Dy. Director General, DGFASLI, CLI, Mumbai declared that the occupational health and well-being of the employees is a matter of concern for the Government and the society at large. DGFASLI, being a pioneer in the field of occupational safety and health has largely contributed in improving the safety, health and well-being of the Indian workers and towards furthering its goal, has entered in to collaboration with IAOH.

The Chief Guest Shri. Parthaprati Mitra, Principal Labour & Employment Advisor, Ministry of Labour & Employment, Govt. of India, mentioned that Government of India firmly believes that without safe, clean environment as well as healthy working conditions, social justice and economic

[Top](#)

growth cannot be achieved and that safe and healthy working environment is recognized as a fundamental human right. Education, training, consultation, exchange of information and good practices are essential for prevention and promotion of such measures. He also laid emphasis on the need to develop close involvement of social partners to meet the challenges ahead in the assessment and control of workplace risks and protection to such working population.

Awards and Orations were presented to the winners at the hands of distinguished Guests.

The conference saw an overwhelming response from the OH fraternity with 576 Delegates including 56 accompanying persons and 7 international delegates participating in the conference.

The Scientific program was rich and diverse comprising Professional Development Course, a theme symposium, panel discussions, guest lectures, latest advances. The program included 6 orations, 3 invited guest lectures, 40+ scientific sessions, and 90 research papers including e-posters. The highlights of the conference were key note addresses by eminent National and International leaders in the field of Occupational Health, original research papers, plenary sessions, and concurrent sessions. It provided a platform for exchange of ideas and sharing best practices in the field of Occupational Health. The occupational health quiz provided an excellent learning. It was a mammoth task to get so many experts to participate and put together the scientific program. The magnitude and quality of scientific papers, symposia, orations, key note addresses and workshops attracted a large number of Delegates.

Conference also saw high Trade participation with 30 Exhibitor Stalls. These stalls provided essential information regarding the occupational health devices, latest medical equipment details, new laboratory investigations, vaccines, health facilities, first-aid equipment, spirometry, titmus vision test, audiometry and other relevant equipment useful to the Occupational Health Professionals.

All the Delegates were offered free of cost Influenza vaccination. A beautiful informative souvenir was made available to all participants.

The cultural programs, site seeing for accompanying persons, banquet dinners were very well appreciated by the Delegates.

The Karnataka Medical Council has granted 6 credit hours vide letter No.K.M.C/C.M.E/139/2016 dated 02.02.2016.

Valedictory Function saw delegates sharing their feedback which was highly encouraging. The Executive Committee, IAOH(I), The Organizing Committee of OCCUCON-2016 thanked all the Delegates, supporters, sponsors, volunteers, collaborators and each and every person who made the Conference a meaningful one and announced the venue of 67th National Conference of IAOH i.e. OCCUCON-2017 - New Delhi.



(Dr.J.Vijay Rao)
Organizing Secretary – OCCUCON-2016 &
National Secretary, IAOH (I)



66th National Conference of IAOH: Release of book – 'BOHS for Informal Industry - manual for Primary Care Providers'



66th National Conference of IAOH: Dr. Jukka Takala, President ICOH delivering the Chief Guest Speech



66th National Conference of IAOH: A business meeting of IAOH CCM with ICOH President



66th National Conference of IAOH: Conference in Progress

Glimpses of Branch Activities

Jamnagar

1) CME on Trauma Management – Interesting Cases

- Session on ‘Trauma Management – Interesting Orthopaedic cases’ was organized on 11th March 2016.
- This very informative session was conducted by Dr K S Maheshwari a senior orthopaedic surgeon from Jamnagar.



SURAT

IAOH Surat Branch conducted following activities

1. Medical Symposium in Association with Sir H N Reliance Foundation Hospital

- IAOH Surat branch in association with Sir H.N. Reliance Foundation Hospital had organized a Medical Symposium at TGB (The Grand Bhagwati Hotel) on 7th Feb'2016.
- The speakers for the CME were Dr. Marzi Mehta, Dr. Manoj Mashru, Dr. Vaibhav Bagaria, Dr. Shreepal Jain from Sir H N Reliance Foundation Hospital who delivered the talks on recent advances in Medical Management in their respective fields.
- More than 150 doctors from all over Surat participated in the event.



2. Health Awareness Session- "Wellness" for Traffic Police Brigade of Surat

- Health awareness session was planned for young traffic brigade of Surat with the support of Joint commissioner of Surat Police; initiated by IAOH Surat branch on 10th April'2016
- Various health & wellness related topics like Beat Diabetes; Lifestyle changes; Yoga & breathing exercises; smart food plate by dietician etc. were delivered through various audio visual presentation by IAOH Surat team.
- More than 120 new trainees of traffic brigade along with Joint commissioner of Police actively participated in the session & benefitted from the same.



[Top](#)

3. An Interactive Meet at Sunshine Global Hospital

- IAOH Surat in Association with Sunshine Global Hospital organized an Interactive meet at Sunshine Global Hospital on 27th April'16
- The faculties were Dr. Anuj Clerk, Intensivist and Dr. Suresh Rathwa, MS Ortho. The topics for discussion were "Lesser known facts of Common Antibiotics" and "Post-Operative Pain Management"
- Around 35 doctors actively participated in the session.



Mumbai:

1. On 27th February 2016, Sir HN Reliance Foundation Hospital along with IAOH Mumbai Branch organized a symposium on 'Chronic illness: preventive and curative aspects' in their hospital auditorium. Dr. Gustad Daver spoke on 'Varicose veins'; Dr. Haribhakti on 'Oncology efforts at RFH – Focus on outcomes'; Dr. Ashish Contractor on 'Chronic disease prevention'; and Dr. Arjun Dhavaleon 'Understanding back pain'. It was attended by around 60 delegates.
2. A 2 - day residential "Special Outbound Convention" was organized for its members by IAOH-Mumbai Branch on 28th and 29th November 2015 at the Fariyas Resorts, Lonavala. 70 Occupational Health Physicians attended the convention which was based on the theme 'Advances & Innovative Practices in Medical & Occupational Health'. The special convention included 11 scientific sessions which had presentations by eminent clinicians on different specialities viz. Orthopaedic, Cardiology, Dermatology, Gynaecology, Urology, Minimal Invasive Surgery and so on. The convention was accredited with 3 credit points for delegates by the Maharashtra Medical Council.
3. The 64th Annual Conference of the IAOH Mumbai Branch was held at Hotel Kohinoor Continental on 23rd and 24th April 2016. The theme of the Conference was 'Addressing Occupational and Environmental Respiratory Hazards – Need of the Hour'. RAdm R K Shrawat, AVSM- Chairman & Managing Director Mazagon Dock Shipbuilders Limited graced the occasion as Chief Guest. Shri Baldev Singh, IAS, Principal Secretary, Ministry of Labour, Government of Maharashtra, wrote a Message which was published in the Souvenir. The conference was attended by over 130 delegates. Delegates attending the conference were awarded 4 credit points by the Maharashtra Medical Council.



64th Annual Conference IAOH Mumbai Branch: Inaugural Ceremony- Lighting the Lamp



Delegates in rapt attention at the Outbound Convention held at Fariyas Resorts, Lonavala on 28th & 29th Nov 2015



Delegates attending CME held in conjunction with H N Hospital on 27th February 2016



Dr Anvay Mulay, Cardiologist spoke on 'Heart Transplant' and his experience during the famous First Heart Transplant in Mumbai



Dr S M Shanbhag delivering the Dr KM Bhansali Memorial Oration

INDIVIDUAL ACHIEVEMENTS OF MEMBERS OF MUMBAI BRANCH

The achievement of any association is directly dependent on the success and achievements of its members. Many members from our branch have brought laurels to our association.

1. Dr. Ramnik Parekh was awarded the Professor Dr. Nurul Islam Memorial Oration in February 2016 at Dhaka by the Bangladesh Academy of Family Physicians. He was also awarded Guest Lecture on 'BOHS for informal industry: involving family physicians' at Colombo in WONCA South Asian Region Conference in February 2016. Dr. Ramnik Parekh was awarded the 'Best Emerging Photographer Award for Mumbai City' in March 2016 by the Prafulla Dahanukar Art Foundation. A book titled 'BOHS for informal industry: manual for primary care providers' that he co-edited was released by ICOH President Dr. Jukka Takala at IAOH Bangalore Conference in February 2016. He and his spouse Dr. Jyoti Parekh instituted the Ramnik & Jyoti Parekh Leadership Award for Young Family Physicians for South Asia by gifting the Life Direct Membership of WONCA. Last but not the least, Dr. Ramnik Parekh was awarded 'Lifetime Achievement Award for contribution to family practice' of Academy of Family Practice of India...this award was presented to him by the Hon. Health Minister of India Mr. Jagat Nadda in November 2015.
2. Dr. Jyoti Parekh was awarded a Guest Lecture in February 2016 at Dhaka by the Bangladesh Academy of Family Medicine. She started a Community Health Centre in Dongri, Mumbai. She was also appointed Chairperson, Health Committee in Maharashtra State Women's Council, Mumbai. Last but not the least, Dr. Jyoti Parekh instituted the Ramnik & Jyoti Parekh Leadership Award for Young Family Physicians for South Asia by gifting the Life Direct Membership of WONCA.
3. Dr. G. K. Kulkarni was bestowed with "Fellow of Indian Association of Occupational Health" (FIAOH) award at the 66th National Conference of Indian Association of Occupational Health in February 2016 at Bengaluru.
4. Dr. S. M. Shanbhag has been co-opted on the Board of ICOH for a period of three years from 2015 to 2018.
5. Dr Shyam Pingle was invited to deliver a Semi Plenary presentation at the 31st International Congress on Occupational Health (ICOH 2015) organized by International Commission on Occupational Health (ICOH) at Seoul, South Korea, in June 2015. He was also an invited speaker and Chairperson in three scientific sessions at the conference. ICOH Service Award was bestowed on Dr Shyam Pingle during the ICOH General Assembly for successful completion of two terms (from 2009 to 2015) as Chair, Scientific Committee on Occupational Health and Development (SCOHDev) of ICOH.
6. Dr. Kishore Madhwani was invited by the World Health Organization of Family Doctors (WONCA) as a Panel Speaker on 'Safer working with computers' at their international conference in Colombo in February 2016. He also delivered a talk at the International Conference on Primary Care, held at India Habitat Centre, New Delhi as an Expert Speaker on 'Office Ergonomics' in November 2015. He was elected as co-chairperson of Occupational Health Sub-committee of IMA, Maharashtra for 2015-17.
7. Dr. Dileep Andhare was awarded the OHSF-IAOH Mumbai Oration at the OCCUCON 2016 - 66th National Conference of IAOH held at Bengaluru in February 2016.

8. Dr. Bishwadeep Paul received the Best Resource Person Award at the OCCUCON 2016 - 66th National Conference of IAOH held at Bengaluru in February 2016.



NAME AND ADDRESSES OF OTHER INSTITUTES RECOGNIZED BY DGFASLI
TO CONDUCT AFIH COURSE

1	Dr. S. Sankar Associate Professor & Head Department of Environmental Health Engineering, Sri Ramachandra University, Porur, Chennai - 600 116	2	Dr. T.K. Joshi Member Secretary Centre for Occupational & Environmental Health, Ground Floor, B.L.Taneja Block MAMC & Lok Nayak Hospital New Delhi 110 002
3	Dr. Jayanti S. Jayaram Course Coordinator (AFIH) Model Centre for Occupational Health Services Bharat Heavy Electricals Ltd. Tiruchirapalli, Tamil Nadu 620 014	4	Dr. Mukesh K. Bhanushali M/s. Micro Diagnostic & Health Centre CGS Colony, Sector 7 Convenient Shopping Centre Opp. Bldg. No. 87 & CPWD Office Antop Hill, Wadala east Mumbai-400 037
5	Prof. Ch. Satish Kumar Dean- SPH School of Public Health SRM University SRM Nagar, Kattankulathur Kancheepuram Dist. Tamilnadu 603 203	6	Shri S.M. Paranjape Chief Inspector of Factories & Boilers Institute of Safety, Occupational Health & Environment Althino, Panaji, Goa - 403 001
7	Dr. Pradeep K. Mahajan Director Family Welfare Health Service Charitable Trust R-831, Rabale, T.T.C. Thane- Belapur Road Navi Mumbai-400 708	8	Dr. V.G. Vaidya Managing Trustee Lokmanya Medical Research Centre, Lokmanya Hospital, 314/B Telco Road, Chinchwad, Pune- 411 033
9	Dr. Shyam Pingle Course Director (AFIH) Indian Institute of Public Health Sardar Patel Institute of Economic & Social Research Campus Drive-in Road Thaltej, Ahmedabad-380 054	10	Dr. S. Saini Dy. Director (Medical) Regional Labour Institute Sector 47, Faridabad – 121 010
11	Dr. Barun Kumar Sikdar Dy. Chief Inspector of Factories (Medical) Directorate of Factories (Extn. 1) 146/1, B.B. Ganguly Street (2 nd floor) Kolkata-700 012		