

# Vedaaranya Haveli at Ramgarh Shekhawati, Rajasthan



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# Vedaaranya Retreats At Ramgarh Shekhawati, Rajasthan



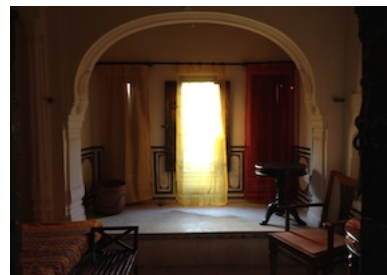
The Heritage Retreats and Hospitality at Ramgarh Shekhawati and Adjoining areas are unprecedented experiences for seekers of artistic delight. Magnificent architectural homes with beautiful arches, high walls, intricately carved doors and windows and stunning frescoes, temperas and etchings on its walls, arches and ceilings. A place where you can relax. Do Yoga and Heal.

Enjoy Chanting and Meditation with Shruti Nada Poddar.

Drive out to watch the deer at sunset. Or enjoy a ride on your own adorned camel in the day and dance with the folk dancers in the evenings

A place where you can Read. Create, Learn, And be mesmerised by the stunning structures and wall paintings in the surrounding habitats from your own heritage room window.

We welcome you to Vedaaranya Living at Ramgarh Shekhawati. A space of Caring, Creative Learning and Wonder



## WELLNESS AND CREATIVE RETREATS AT RAMGARH SHEKHAWATI

1. **Nada Vibronics (Nada Yoga) with Shruti: A Weeklong Vibrational Healing workshop:** Learn Vibrational Healing through indigenous techniques of Mantra, Chakras, Mudras, Breath, Music and Visualization with Shruti in a Heritage Haveli
2. **Three Arts and Crafts Learning Retreat: Observe and learn any of the from Crafts-persons at work –** Sangneri Block printing, Wood carving, Fresco Painting, Bandhani work, Lacquer- Work, Pottery from local craftpersons and understand the technique experts
3. **The Vedaaranya Ayurvedic cooking Workshop and The Vedic Forest Tour** – In this tour where learn about our body and constitution from Ayurvedic experts and also use a collection of Ayurvedic herbs, leaves, condiments and spices to make our own medicines for various health conditions while identifying how many of these trees and herbs grow in nature.
4. **Heritage Games Retreat:** Rediscovering and Learning traditional games and sports. the original snakes and ladders-Gyaan Baazi ( a fabulous self empowerment and leadership game, the original Ludo - Chaupad, Kite making and flying:
5. **The Unique Architecture of Rajasthan– Form, Design and Materials:**  
A look at the distinctive and fascinating architectural forms. building materials and indigenous technologies used in Rajasthan Havelies, Forts, Wells, Water Harvesting Structures and Temples. A three night, two days tour.
6. **Call of the Birds**  
Spotting and indenfyng local and migrant birds of Rajasthan from the form and their sound. The resident birds of Rajasthan are Ducks, Cranes,Pelicans, Storks, Herons, Jacanas, Ibises, Shrike, Caucol, Rafous Treepie, Bulbul, Peacocks, Great Indian Bustard, Sparrow and Rajasthan's only resident crane – The Sarus. The Sarus is the tallest bird in the world that flies. The tour will visit forests, water harvesting bodies, temples and other spaces that are frequented by birds
7. **Kalaripayattu (Indian Martial Arts workshop and retreat) at Delhi or Ramgarh Shekhawati** – Learning Kalaripayattu the original Martial Arts that migrated to other countries from India in different forms with masters at Jaipur amongst the Sands, Chhatries and Forts of Rajasthan

## SPIRITUAL EXPERIENCES

### **VEDAARANYA RELIGIOUS LEARNING RETREAT WITH SHRUTI NADA PODDAR**

#### **– *Living Sacred Stories from Wall Paintings of Shekhawati* (3D2N)**

A journey inner fulfillment through a deep heritage experience where we learn the secret of ourselves and our evolutionary journey through the symbolic stories painted on the walls, domes and pillars of the spectacular Chhatris and Havelies of Ramgarh Shekhawati. Stories and forms discovered will be the Dashaavatars, Scenes from The Ramayana, Mahabharata, stories of Shiva, Vishnu, Krishna, Story of Vidhata and much more. Accompanied with songs and chants with Shruti.

### **THE MAGICAL NINE TEMPLE TOUR OF RAMGARH SHEKHAWATI (2N 3D)**

A mesmerizing journey through temple monuments with unique architecture and richly frescoed walls at Ramgarh Shekhawati. The spectacular temples covered in this tour will be:

- The Shiva Temple at the outstanding Ramayana Chhatri
- The Krishna-Subhadra-Balram(Jagdish ji) temple at the magnificent Poddar Chhatris
- The unique Ganga Mai (The Goddess Ganges) temple with rare idols of the water Goddess and other deities in a fascinating Shekhawati sculptural form
- The beautiful Natwar ji temple with Krishna on Sheshnaag (The Great Serpant)
- The spectacularly frescoed Saturn (SHANI) Temple by indigenous mirror-work surrounded by the black and resplendent Lord SHANI
- The architectural and Divine beauty of Balaji at Ramgarh Shekhawati
- The Ancient Ganesha temple
- The Jain Temple at Ramgarh
- The One and Only Vedic temple of India, dedicated to only the four Great Vedas. The temple that pays homage to Divine knowledge in a serene and blessed Habitat.

### **RAGAMALAS ON THE PAINTED WALLS OF RAMGARH SHEKHAWATI (3D2N)**

A unique Musical heritage experience where you see on painted walls and learn about the great Music Raga on the walls and domes of Havelies and Chhatris of Ramgarh Shekhawati

### **MEDITATION AND CHANTING RETREAT WITH SHRUTI NADA PODDAR (3D2N)**

Be Healed and Transported to different worlds with Shruti's Meditation and Divine Chanting Sessions