



Persatuan Dietitian Malaysia

MALAYSIAN DIETITIANS' ASSOCIATION
27th ANNUAL GENERAL MEETING

26th JUNE 2021

SATURDAY

3:00 P.M.

Online AGM

(Zoom Platform)

**PERSATUAN DIETITIAN MALAYSIA
(MALAYSIAN DIETITIANS' ASSOCIATION)**



14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Binti Safii
Hon. Secretary	: Dr. Nurul Huda Binti Razalli
Hon. Treasurer	: Dr. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

11th June 2021

FINAL NOTICE OF THE 27th ANNUAL GENERAL MEETING (AGM) OF THE MALAYSIAN DIETITIANS' ASSOCIATION

This is the second and final notice to the 27th Annual General Meeting (AGM) of the Malaysian Dietitians' Association (MDA) that has been scheduled to be conducted online as below:

Date	:	26 th June 2021 (Saturday)
Time	:	3.00 pm to 6.00 pm
Venue	:	Online AGM using Zoom Platform
Agenda	:	<ol style="list-style-type: none">1. Opening address by the President2. Updates on Malaysian Allied Health Profession Act by BSKB3. To receive and adopt Minutes of 26th MDA Annual General Meeting4. To receive and adopt MDA Council Report for Year 2020/20215. To receive and adopt the audited Financial Report for Year 2020/20216. To endorse MDA Social Media & Digital Consultation Guideline7. Nomination for MDA Fellowship (FMDA) 20218. Election for Office Bearers of 15th MDA Council9. Any other matters

With regards to the election of the 15th MDA Council, as of 31st May 2021, we received 10 nominations into the 15th MDA Council. Please find the attached list of nominees for your kind attention. Kindly be informed that ballot voting will be conducted online on this link:

<http://membership.dietitians.org.my/user/login?bounce=/user/form/409>.

Voting members could select up to nine (9) candidates to be elected into the 15th MDA Council. Submission of online ballot voting should be done before 26th June 2021 at 12.00pm. Voting to select office bearers will be conducted using online polls during the Annual General Meeting.

Thank you.

Sincerely,

Dr. Nurul Huda Binti Razalli
Honorary Secretary
Malaysian Dietitians' Association
14th MDA Council (2019 – 2021)

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

NOMINEES FOR THE 15th MDA COUNCIL (2021-2023)



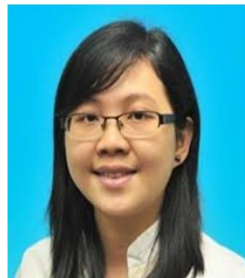
Prof. Dr. Winnie Chee
(International Medical University)



Assoc. Prof. Dr. Nik Shanita Safii
(Universiti Kebangsaan Malaysia)



Dr. Nurul Huda Razalli
(Universiti Kebangsaan Malaysia)



Dr. Ng Ai Kah
(International Medical University)



Mushidah Zakiah Mohd Akran
(Prince Court Medical Centre)



Nurul Huda Ibrahim
(Family Health Division, MOH)



**Assoc. Prof. Dr. Barakatun Nisak
Mohd Yusof**



Georgen Thye
(Holmusk Malaysia)



**Assoc. Prof. Dr. Hazreen Abdul
Majid**



Mohd Fatahudin Ishak
(Hospital Tuanku Azizah)

Nominees for the 15th MDA Council (2021-2023):

1. Prof. Dr. Winnie Chee (International Medical University)

Prof. Winnie was in the pioneer 1st Council of MDA serving as Secretary, was elected President from 2004-2005; and currently has served in MDA as President for 4 terms since 2013.

2. Assoc. Prof. Dr. Nik Shanita Safii (Universiti Kebangsaan Malaysia)

Dr. Nik Shanita is an Associate Professor of UKM. She is currently the Vice President of MDA (2019-2021).

3. Dr. Nurul Huda Razalli (Universiti Kebangsaan Malaysia)

Dr. Nurul Huda is a Senior Lecturer in UKM. She is currently the Honorary Secretary of MDA (2019-2020) and has served in MDA as the Honorary Secretary for 2 terms since 2017.

4. Dr. Ng Ai Kah (International Medical University)

Dr. Ng Ai Kah is a lecturer of IMU. She is currently the Honorary Treasurer of MDA (2019-2021) played a key role in improving the financial management of the MDA accounts to what we have today.

5. Mushidah Zakiah Mohd Akran (Prince Court Medical Centre)

Ms. Mushidah works as a dietitian in Prince Court Medical Center. She is currently served as the Assistant Secretary of MDA. She also leads MDA Private Sector Dietitian group.

6. Nurul Huda Ibrahim (Family Health Division, MOH)

Ms. Nurul Huda Ibrahim is currently a Senior Dietitian at the Family Health Division, Ministry of Health and heads the community dietitian services at the MOH. She is currently a council member of the 14th Council (2019-2021).

7. Assoc. Prof. Dr. Hazreen Abdul Majid (Universiti Malaya)

Dr. Hazreen is an Associate Professor of UM. He is currently a member of 14th Council and has led the Scientific Committee for MDA conference since 2019.

8. Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof (Universiti Putra Malaysia)

Dr. Barakatun Nisak is a member of the current MDA council and an active member of the Task Force for Dietetics Education (TFDE) and also lead of the MNT for Gestational Diabetes, an ongoing project in MDA.

9. Georgen Thye (Holmusk Malaysia)

Mr. Georgen Thye works as a dietitian for a digital based health company, Holmusk. As a current council member of MDA, he is in charge of MDA Continuous Professional Development unit and initiated the CPD grant to members.

10. Mohd Fatahudin Ishak (Hospital Tuanku Azizah)

Mr. Mohd Fatahudin is a dietitian currently practicing at Hospital Tuanku Azizah, Kuala Lumpur.



Persatuan Dietitian Malaysia

SECTION A:

MINUTES OF THE 26th ANNUAL GENERAL MEETING

PERSATUAN DIETITIAN MALAYSIA
(MALAYSIAN DIETITIANS' ASSOCIATION)



14th MDA Council:

President : Prof. Dr. Winnie Chee
Vice President : Assoc. Prof. Dr. Nik Shanita Binti Safii
Hon. Secretary : Dr. Nurul Huda Binti Razalli
Hon. Treasurer : Dr. Ng Ai Kah
Asst. Hon. Secretary : Ms. Mushidah Zakiah Mohd Akran

Council Members:
Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

MINUTES OF THE 26th ANNUAL GENERAL MEETING (AGM)

MALAYSIAN DIETITIANS' ASSOCIATION

Date : 19th September 2020
Time : 3.00pm to 5.00pm
Venue : Online Meeting via Zoom Platform

Attendance:

A total of 133 members attended the 26th Annual General Meeting as below:

#	Fullname	Membership ID	Institution
1	Adeline Lo Li Ching	R2017-02062	Mas Awana Services Sdn. Bhd
2	Adeline Wong Kai Chii	R2015-01246	Borneo Medical Centre Miri
3	Aesyah Nadiyah Binti Ali	S2014-00706	Bukit Jalil Sports School
4	Ahmad Karami Bin Ismail	R2004-00060	Universiti Sains Malaysia
5	Ameerul Anas Bin Awalludin	S2017-01790	Universiti Putra Malaysia
6	Ang Bee Xian	R2011-00179	Hospital Bahagia Ulu Kinta
7	Ang Jia Yu	R2016-01534	Peoples Clinic
8	Ang Yi-Pei	R2010-00169	Sunway Medical Centre Velocity
9	Basmawati Binti Baharom	R2005-00079	Hospital Tuanku Jaafar Seremban
10	Charmaine Lavinia	R2015-01019	International Medical University
11	Che Suhaili	R2019-16907	Universiti Sultan Zainal Abidin (UNISZA)
12	Cheah Chui Fen	R2019-15097	Universiti Kebangsaan Malaysia
13	Chen Seong Ting	R2008-00120	International Medical University
14	Chong Shu Shen	R2014-00725	Manipal Hospital Klang
15	Choo Catherine	R2013-00456	KPJ Bandar Dato Onn Specialist Hospital
16	Chua Poh Lee	R2012-00190	Klinik Kesihatan Greentown
17	Cindy Yap Sing Ling	S2013-00674	University Malaya
18	Clara Jane George	R2019-16447	International Medical University
19	Ng Ai Kah	R2008-00119	International Medical University

20	Nurul Huda Razalli	R2017-01872	Universiti Kebangsaan Malaysia
21	Faizah Binti Hamzah	R1996-00023	Hospital Tengku Ampuan Rahimah Klang
22	Farah Farhanah Binti Hashim	R2012-00338	KPJ Damansara
23	Fatimah Binti Othman	R2014-00740	Hospital Sultanah Aminah Jb
24	Faulina Binti Khamisan	R2012-00223	Hospital Sultanah Aminah Johor Bahru
25	Felicity Young Zee Yean	S2019-15478	International Medical University
26	Fong Su Sian	R2006-00087	KPJ
27	Foong Pui Hing	R2012-00196	Institut Jantung Negara
28	Friedrich Christie Jassil	R2008-00107	University College London
29	Georgen Thye	R2013-00495	Holmusk
30	Goh Yan Jin	R2015-01176	International Medical University
31	Gursharon Kaur Gill A/P Gurbachan Singh	S2016-01595	Pantai Hospital Kuala Lumpur
32	Rafidah Binti Ghazali	R1997-00026	N/A
33	Hamdan Bin Mohamad	R2014-00904	Hospital Sultan Abdul Halim
34	Harvinder Kaur A/P Gilcharan Singh	R2013-00646	International Medical University
35	Hasimah Binti Mamat	R2004-00057	Hospital Melaka
36	Haslizawani Binti Ali Akhbar	R2012-00320	Hospital Sultan Ismail, Johor
37	Haszlin Binti Hassim	R2015-01142	Pusat Perubatan Universiti Malaya
38	How Xiao Qian	R2019-16465	LiveSmart
39	Jamilah Binti Abd Jamil	R2012-00213	International Medical University
40	Joan Isabel Baldwin Thomas	R2012-00300	PPUM
41	John Kong Jian Pei	R2010-00135	N/A
42	Karimah Fakhriah Ismail	R2012-00366	Universiti Sultan Zainal Abidin
43	Kenneth Loh Ern-Ken	R2014-00745	Pfizer (M) Sdn Bhd
44	Khairun Nisah Binti Ibrahim	R2016-01418	Husm
45	Khor Ban Hock	R2011-00181	UKM
46	Khor Chin Lin	R2006-00096	Hospital Balik Pulau
47	Koh Bi Qi	R2014-00747	Hospital Kuala Lumpur
48	Kong Woan Fei	R2012-00327	Columbia Asia Hospital
49	Lau Wai Hong	R2012-00389	Sunway Medical Centre
50	Lee Ching Li	R2002-00044	International Medical University
51	Lee Chun Kit	R2007-00104	Mount Miriam Cancer Hospital
52	Lee Lai Fun	R1995-00009	PMSC
53	Lee Li Ting	R2014-00683	Hospital Selayang

54	Lee Yi Yi	R2008-00113	International Medical University
55	Lee Zheng Yii	R2012-00403	University of Malaya
56	Lew Yee Peng	S2018-02137	KPJ Johor
57	Liana Binti Abdul Kadir	R2014-00687	Hospital Raja Perempuan Zainab II
58	Liew Jia Yii	S2020-17674	Universiti Sains Malaysia
59	Lim Ai Leng	R2012-00321	Gleneagles Kuala Lumpur
60	Lim Jing Ying	S2017-01652	Universiti Sultan Zainal Abidin
61	Lim Yang Xian	R2016-01428	dietitian90 consultancy
62	Loh Tuck Wai	R1997-00027	Hospital Queen Elizabeth II
63	Loh Yi Lin	S2017-01794	UPM
64	Loo Min	S2017-01677	EcoBrown's
65	Louisa Low Sin Yee	S2016-01459	KPJ Sentosa KL Specialist Hospital
66	Low Phei Keow	R2013-00501	Hospital Taiping
67	Lua Lee Yen	R2005-00066	Hospital Sultanah Nur Zahirah Kuala Terengganu
68	Mary Easaw A/P P M Easaw	F1995-00001	International Medical University
69	Maxmilliana Fidelis Jani	S2016-01429	N/A
70	Mimi Salwani Binti Che Din	R2013-00581	KKM
71	Mohamad Irfan Bin Mohd Radi	S2017-01632	UniSZA
72	Mohd Azman Bin Ibrahim	R2012-00346	Hospital Tengku Ampuan Afzan
73	Nurul Huda Ibrahim	R2012-00316	Ministry of Health
74	Muhaini Binti Mahmud	R2012-00204	UKM
75	Mushidah Zakiah Binti Mohad Akran	R2005-00085	Prince Court Medical Centre
76	Nadiah Binti Muslal	R2013-00443	Hospital Kajang
77	Ng Kar Foo	R2012-00393	CENGILD G.I Medical Centre
78	Ng Siew Lan	R2016-01513	Starlight Health Sdn. Bhd.
79	Nor Aini Jamil @ A.Wahab	R2016-01404	UKM
80	Nor Azimah Binti Ahmad	R2013-00460	N/A
81	Nor Azwani Mohd Shukri	R2016-01287	International Islamic University Malaysia
82	Noraida Omar	R2016-01290	Universiti Putra Malaysia
83	Norhaishah Bt Harun	R2014-00789	Universiti Kebangsaan Malaysia
84	Nur Atika Binti Mhd Razali	R2017-02042	KPJ Kluang SH
85	Nur Filzah Binti Aliah	R2016-01293	HEBHK
86	Nur Hafizah Mahamad Sobri	R2012-00208	Ministry of Health Malaysia
87	Nur Hana Binti Hamzaid	R2016-01446	UKM

88	Nur Ikmaliah Mansoor	R2013-00469	HRPZ II
89	Nurfarahin Binti Md.Nor	R2014-00831	Hospital Enche Besar Hajjah Khalsom Kluang
90	Nurul Adiba Binti Md. Noor	S2016-01365	KPJ Klang Specialist Hospital
91	Nurul Farhanah Bt Md Fozi	R2013-00601	Ministry of Health
92	Ong Shu Hwa	R2014-00721	International Medical University
93	Ong Ying Qian	R2016-01455	Universiti Sultan Zainal Abidin
94	Poh Wai Leng	R2013-00445	Andrea Bariatric Surgery
95	Barakatun Nisak Mohd Yusof	R2002-00043	Universiti Putra Malaysia
96	Winnie Chee Siew Swee	F2012-00280	International Medical University
97	Hazreen Abdul Majid	R2001-00036	Universiti Malaya Medical Centre
98	Nik Shanita Nik Safii	R2012-02096	Universiti Kebangsaan Malaysia
99	Rosli Bin Mohd Sali	R2002-00045	Sabah Women and Children Hospital
100	Roslina Binti Mishan	R2013-00547	Hospital Sultanah Aminah JB
101	Rozlinizam Bin Kudori	R2012-00344	Klinik Kesihatan Sg Chua
102	Ruqayyah Binti Muhammad	R2012-00401	Hospital USM
103	Rushda Adiba Binti Ismail	R2014-00760	KPJ Damansara Specialist Hospital
104	Shirley Chang Szu Kiun	R2015-01038	Timberland Medical Centre
105	Chong Sin Tzun	R2012-00319	Hospital Selayang
106	Siti Nur Adila Binti Samrin	R2019-16380	UKM
107	Siti Nurhana Binti Abd Wahid	R2012-00363	International Medical University
108	Siti Rokiah Ab Rahman	R2012-00374	Hospital Sultan Ismail Petra, Kuala Krai
109	Teo Soo Lay	R2015-01191	International Medical University
110	Subahshini A/P Chandran	S2017-02052	Institut Jantung Negara
111	Suhada Al Ilmi Aliyaa Bt Abd Jalil	S2015-01025	Ministry of Health
112	Suriani Binti Mohamad	R2020-15049	Hospital Sultan Ismail Petra
113	Syahrul Bariah Binti Abdul Hamid	R2004-00054	UiTM
114	Tah Pei Chien	R1999-00031	University of Malaya Medical Centre
115	Tan Shy Pyng	R2012-00194	UKM
116	Tan Sing Ean	R2010-00149	Hospital Kuala Lumpur
117	Tan Sze Yen	R2012-00201	Deakin University
118	Tan Ye Ting	R2016-01285	Simple Balance Nutrition
119	Tan Yoke Hwa	R1995-00013	Ministry of Health
120	Tania Lee Xu Yar	R2014-00737	N/A

121	Teong Lee Fang	R2011-00178	Ministry of Health
122	Tia Yu En	R2016-01542	Sri Kota Specialist Medical Centre
123	Tubanur Irfan Unal	R2016-01271	Ultra-Works Sdn Bhd
124	Verona Lee Bee Kian	R2013-00421	Pantai Hospital Penang
125	Viola Michael	R2005-00073	NCD, KKM
126	Wan Rimei Salha Binti Wan Abdul Rani	R2000-00035	Hospital USM
127	Wong Wen Yin	R2013-00528	Pantai Hospital Kuala Lumpur
128	Wu Mei Hsia	R2014-00688	PharmD
129	Yang Wai Yew	R2003-00052	International Medical University
130	Yap Mei Chin	R2006-00098	Sunlove Home Ltd.
131	Yap Thien Vern, Leonard	R2017-01763	Livesmart Malaysia
132	Yong Pay Wen	R2008-00124	Woodlands Health Campus
133	Zulfitri Azuan Bin Mat Daud	R2003-00051	Universiti Putra Malaysia

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

1. OPENING ADDRESS BY THE PRESIDENT

The President, Professor Dr. Winnie Chee Siew Swee welcomed all members present to the 26th Malaysian Dietitians' Association (MDA) Annual General Meeting.

This is a historic moment for MDA whereby this is our first AGM conducted via online platform. This is a good platform to gather many more members as compared to the physical AGM.

During this Covid time, ways we do things change and MDA has been quite good in adapting the technology. The digital platform is also good to reach out to members from various part of Malaysia. The President also thanked all loyal members who have been with MDA throughout the years including for webinars.

This year has been challenging for everyone needing us to adapt and deal with uncertainties. However, we should be grateful that we are in Malaysia and the Ministry of Health under the purview of the Director General, Tan Sri Dato' Seri Noor Hisham has done a fantastic job in managing the pandemic. We must not forget that during this pandemic, dietitians are also front liners. Puan Nurul Huda Ibrahim and the MOH dietitians' team were instrumental in the setting up of the MAEPS hospital and figuring out ways to feed the patients.

Unfortunately, the annual scientific conference this year had to be cancelled. However, MDA had swiftly converted the conference contents into a series of webinars to ensure that the association stays relevant for members.

As dietitians, we may face challenge in the way we work amidst the pandemic. In the academic field, students' trainings are affected, forcing universities to opt for online training as a mean of teaching. In the private sector, dietitians are affected by the reduction in number of census.

The President expressed her gratitude to the council members and members who volunteers in contributing energy and ideas to make MDA where it is today.

Align with Malaysian Dietitians' Day which is celebrated today, we have prepared something special for the members towards the end of today's AGM.

2. TO RECEIVE AND ADOPT MINUTES OF 25th MDA ANNUAL GENERAL MEETING HELD ON 23rd JUNE 2019 (SUNDAY)

The minutes of the 25th AGM was presented by Dr. Nurul Huda Razalli, Honorary Secretary of MDA (2019-2020). A few errors were found:

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

- 1) Tan Sing Ean highlighted Item No. 4.1 Allied Health Professional Act (AHPA) 2016 Professor Dr. Winnie Chee Siew Swee mentioned that we are still waiting for the progress of the Act. Change to Still
- 2) Tan Sing Ean Highlighted No 9 third paragraph – typo “dietitian”
- 3) Lee Fang highlighted – spelling error for Maggi
- 4) Ong Shu Hwa highlighted Page 11, under election of office bearers, to change the “x” to Prof Winnie’s name

The minutes was proposed to be passed by Joan Isabel and seconded by Dr. Nur Hana Hamzaid and accepted by the members present.

3. TO RECEIVE AND ADOPT MDA COUNCIL REPORT FOR THE YEAR 2019/2020

3.1 Secretary Report

The 14th MDA Council report 2019/2020 was presented by Dr. Nurul Huda Razalli. Some corrections as follows:

- 1) 1.1 25th MDA ANNUAL GENERAL MEETING 2019 The 25th MDA Annual General Meeting was held on 23rd June 2019 (Sunday) from 5.00 pm to 7.30 pm at Mahkota 2 Ballroom, Hotel Istana, Kuala Lumpur. The AGM was attended by 80 members. The AGM commenced with the opening address by Prof. Dr. Winnie Chee Siew Swee, President of MDA for term 2017-2019. The minutes of the 24th AGM and Council Report for the year (To change 2019/2019 to 2019/2020)
- 2) Item 5.4 Besides that, dietitians from all over Malaysia, were welcomed to take charge and make a change in their region, even if they might not be able to make it to the central event. Dietitians who were interested were free to form groups of their own, decided on the activities they would like to conduct on dates that they deemed suitable. As for the target group of B40 or underprivileged community, the team of MDD2019 was more than happy to assist in identifying one in the regions of the dietitians as well as assisting in grouping individual within the same region if needed. A total of 6 teams joined us from their regions which includes central, Perak, Penang, Johor and Terengganu, followed by their activities shared on social media. These activities provided great platform and opportunity for the dietitians to reach out, to make a difference in the lives of the needy group. The Council report was proposed to be passed by Ng Kar Foo and was seconded by Puan Basmawati Baharom.

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

3.2 Strategic Plan Outcomes 2019-2020

Professor Dr. Winnie Chee Siew Swee presented the strategic plan. MDA adopted similar vision and mission as last year. She continued to present the outcomes as of May 2020. Several activities were highlighted:

- 1) Managed to grow membership in which it has doubled since 2015.
- 2) Managed to establish and sustained collaboration with MOH for the series of CPDs.
- 3) Development of MNT Guidelines for Cardiovascular Disease, Hypertension, Gestational Diabetes, Children with Special Needs, Bariatric Surgery in 2019-2021 - there is some delay due to the covid, however most of the MNT groups will resume their activities soon.
- 4) MDA CPD webinar Series July 2020-December 2020 on various MNT topics in collaboration with industry partners (where available) were made free-of-charge to MDA active members on Zoom platform.
- 5) To continue to improve visibility, a new video is coming up highlighting the role of dietitians and it will be uploaded on YouTube.
- 6) In the effort to improve professional standing of dietitians:
 - We have given out awards in the past and one of it is the award for Outstanding Clinical Instructor to recognise and promote excellence in students' supervision since 2017. We are planning for more awards category and the sub-committee is headed by Dr. Nik Shanita
 - Promote research to enhance professional practice: Provide Best Research Thesis in Nutrition & Dietetics field at postgraduate level. Research is an area we could do more and to promote more evidenced based practice among members.

3.3 MDA 25th Conference 2019 Report (23-24th June 2019 at Hotel Istana)

The 25th MDA Conference was successfully held on 23-24th June 2019 at Hotel Istana. The theme was "IR 4.0 Dietetics: Digital Dietetics & Technology for Combating Disease". A total of 263 registration and 119 abstracts were received. Last year for the first time the conference introduced innovation showcase during the conference. We received positive feedback on the conference.

3.4 MDA Website and IT, Web, Resources sub-committee

This is led by Mr. Ng Kar Foo, MDA recorded its gratitude for his effort and hard work. The MDA website has resources such as the evidence-analysis library and eNCPT. They are not just for members but the link for the website is also shared with clinical instructors for teaching purpose. MDA also has a YouTube channel and a Facebook page. The AGM attendees were encouraged to like the MDA Facebook page. Dr. Nurul Huda also highlighted that the MDA Facebook Group is an important platform for announcements and members are encouraged to keep checking out the space for more updates from MDA.

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee	Council Member:
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii	Assoc. Prof. Dr. Hazreen Abdul Majid
Hon. Secretary	: Dr. Nurul Huda Razalli	Ms. Nurul Huda Ibrahim
Hon. Treasurer	: Ms. Ng Ai Kah	Mr. Georgen Thye Choong Jean
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran	Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

Dr. Nurul Huda highlighted on the progress of the MNT working groups which has been slow due to the pandemic. She also highlighted the Chairperson for MNT Group Children with Special Needs is to be replaced due to the unfortunate passing of the late Dr. Noor Safiza Mohamad Nor. The council record a note of thanks to Dr Nur Hana Hamzaid for her willingness to take up the role as the new Chairperson.

3.5 Awards, Grants & Scholarship sub-committee

Dr. Nik Shanita presented on this section on behalf of Mr. Lee Zheng Yii. The award, scholarship and grant subcommittee has worked closely with council members to finalize the three categories of awards (Outstanding Undergraduate Dietetics Student Award, Outstanding Postgraduate Award, Outstanding Clinical Instructor Award) and recognition in the year 2019.

MDA has awarded 4 fellowships, 2 postgraduate best thesis awards (1 PhD and 1 MSc), 3 outstanding undergraduate dietetics student awards and 2 clinical instructor awards. Dr. Nik Shanita updated there will be announcement made by the committee on new awards category.

3.6 Continuous Professional Development (CPD) sub-committee

Mr. Georgen Thye Choong Jean presented the report of this sub-committee. He recorded a note of thanks to the team members. There was a total of 3 CPD sessions held in 2019-2020. Mr. Georgen highlighted the subcommittee has finally done a breakthrough milestone by conducting a series of webinar. This has been useful and garnered positive feedbacks from members especially those who are not in central region.

3.7 Malaysian Dietitians' Day (MDD) 2019-2020 Sub-committee

Dr. Nurul Huda presented on this section. She thanked the sub-committee which is headed by Goh Yee Wen.

In the year 2019, MDD 2019, with the theme of 'Dietitians Beat High Blood Pressure', MDD aimed to emphasize the important role of dietitians in disease management, particularly non-communicable diseases like hypertension. The target group was the bottom 40 (B40) or underprivileged group as current research in Malaysia shows that hypertension rate is relatively higher in those with low household incomes. Initial planning for MDD 2019 had to be cancelled due to haze and in the end, it was celebrated in conjunction with 'Regatta KESKIP & Xplorasi Diet' on 26th October 2019, in collaboration with Ministry of Health in Kelab Tasik Putrajaya. There was a total of 5 booths set up by our fellow dietitians, carrying out activities like education, cooking demo and many others, with participation from the invited B40 group. It was a successful and meaningful event for all.

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

3.8 Task Force on Dietetics Education (TFDE) sub-committee

Dr. Nisak presented on TFDE sub-committee. This sub-committee is chaired by MDA President, Professor Dr. Winnie Chee and the secretary is Dr. Zulfitri. The sub-committee successfully conducted the National Dietetics Education Workshop on 19th to 20th August 2019, which was jointly hosted by UPM and USM. The main speaker from Australia, Assoc. Prof Dr. Claire Palermo from Monash University shared about Competency Based Assessment.

TFDE meetings were consistently held as scheduled which is twice a year.

4. MDA INVOLVEMENT IN MOH, NGO'S AND OTHER ASSOCIATIONS' PROGRAM

MDA continues to work closely with some industry partners such as Nestle and Friesland Campina

4.1 Allied Health Professional Act (AHPA) 2016

Refer No 8

4.2 Nutrition Month Malaysia (NMM)

Dr Nurul Huda thanked Lee Zheng Yui and Ng Kar Foo for representing National Nutrition Months. For this year, it will be done virtually in December 2020.

4.3 Asian Federation of Dietetic Associations (AFDA)

Professor Dr. Winnie Chee Siew Swee updated that the most active activity in AFDA is the journal. Some of MDA members have been sending their papers and were published in the journal. For members who are interested to submit articles, they are invited to submit through the Council.

4.4 National Plan Of Action For Nutrition (NPAN, MOH) & National Coordinating Committee For Nutrition (NCCFN, MOH)

MDA continues to be represented by the President in this committee.

4.4.1 Malaysian Dietary Guidelines revision – 2020

Several MDA members have contributed to the revision of the Malaysian Dietary Guidelines 2020. This revision is chaired by Emeritus Prof Dr Ismail Mohd Noor and coordinated by the Nutrition Division, Ministry of Health Malaysia. This is an activity under the Technical Working Group for Dietary Guidelines, under NCCFN. The new guideline is expected to be ready either by end of this year or early 2021.

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

4.5 International Confederation of Dietetics Association (ICDA)

MDA continues to be a member of ICDA.

4.6 Confederation of Allied Health Professions (Mycahp), Allied Health Division, Ministry of Health.

MDA continues to be a member of MYCAHP.

4.7 Salt Reduction Strategies to Control and Prevent NCD in Malaysia

MDA, represented by Dr. Zulfitri 'Azuan Mat Daud, has continued to support Ministry of Health initiative to promote, educate and collaborate with all related stakeholders to reduce salt intake among Malaysian population.

4.8 Suku Suku Separuh Cergas (3SC) Program

This program which was introduced in 2016 is being represented by the Vice President, Assoc. Prof Dr Nik Shanita Safii.

5. TO RECEIVE AND ADOPT THE AUDITED TREASURER'S REPORT FOR THE YEAR 2019/2020 (1st of April 2019 to 31st of March 2020)

Dr. Ng Ai Kah presented on the financial report for MDA for year 2019/2020. The account has been audited by internal auditors, Dr. Hamdan Mohamad and Dr. Zulfitri 'Azuan Mat Daud and external auditor from GEP Associates. The account is in healthy state even though the amount is less than last year. Treasurer highlighted that MDA ensures that the income generated by the activities is channelled back for member's benefits.

The Treasurer highlighted the membership fee payment has increased by 63% which shows that members have started to see the benefits of being active members. Dr. Ng Ai Kah also reminded, as agreed during previous AGM, membership fee will be increased to RM100 for Ordinary, RM 80 for Associate Membership and RM30 for students starting 1st April 2021. This has been delayed from this year. This is going to be worth it, and Council hopes members will continue to pay the fees to enjoy the membership benefits.

Puan Mary Easaw queried on the amount of RM 7517.8 for 4th National Dietetics Education Workshop 2019. Prof Winnie explained that it is to cover the expenses incurred to conduct the workshop which was held last year 2019.

Prof Winnie highlighted that it is getting more difficult to get sponsorships from industry partners, therefore members need to understand the importance of increasing the membership fees and to ensure it is paid diligently.

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

Tan Sing Ean proposed to adopt the financial report and seconded by Puan Mary Easaw.

6. Update about ROS matter

Nil

7. Nomination of Fellow of MDA (FMDA)

Nil

8. Update on Allied Health Professional Act by the President

Professor Dr. Winnie Chee Siew Swee updated members on the status of Allied Health Professional (AHP) Act 774. Prof Winnie expressed her gratitude for the trust given to be appointed as the representative for dietetic profession under the Malaysian Allied Health Profession Council. Prof Winnie expressed her gratitude to Dato' Tan Yoke Hwa who was also present during the AGM for the efforts done in order to make the AHP Act 2016 a reality.

The Allied Health Profession Act 2016 is available in mobile phone app, and it can be downloaded from MOH website under the Allied Health Profession section. Prof Winnie updated and explained about the registration and licensure in which being licensed in the highest level of credentialing as it involves legislative matters. Dietitians who are not licensed would be illegal to practice.

8.1 Background History:

The Act which was gazetted on 18th February 2016 has recently being enforced on 1st July 2020. The Act provide for the establishment of a regulatory body which is the Malaysian Allied Health Profession Council, chaired by DG of Health, Tan Sri' Dato Seri' Dr. Noor Hisham Bin Abdullah.

8.2 The AHP Act 2016 Sections:

8.2.1 Prof Winnie then explained about the sections under the Act and highlighted that currently the AHP Council is looking at Schedule 1: Management of Council (roles of council) and Schedule 2: List of Allied Health Professions. The Council meets twice a year in which the first meeting was held in August, and the next is scheduled in October 2020. Prof Winnie encouraged all MDA members to be familiar with 4 sections under the Act which are Section 9, Section 11, Section 16 and Section 46.

8.2.2 The descriptions are as follows:

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee	Council Member:
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii	Assoc. Prof. Dr. Hazreen Abdul Majid
Hon. Secretary	: Dr. Nurul Huda Razalli	Ms. Nurul Huda Ibrahim
Hon. Treasurer	: Ms. Ng Ai Kah	Mr. Georgen Thye Choong Jean
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran	Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

8.2.2.1 Section 9 – Specifies Allied Health Professions as per Schedule 2 and activities relating to allied health in Section 11. Prof Winnie explained this section explain of who should be covered under the Act

8.2.2.2 Section 11 – Minister upon recommendation from Council can prescribe any activity relating to allied health as an activity to which this Act shall apply. This means the list in Schedule 2 may change.

8.2.2.3 Section 16 – Specifies the qualifications for registrations for Malaysians.

8.2.2.4 Section 46 – Transitional Provision for current practising allied health profession or activity related to allied health to register within 12 months (or period extended by Council) of Act coming into operation.

8.3 Schedule 2

8.3.1 Prof Winnie explained the definition of “Profession of Allied Health” which means any profession which has direct or indirect effect on patient care or on a health of an individual or the population.

8.3.2 There are 23 professions listed under Schedule 2. Currently, the Council is reviewing the Schedule 2 to see the relevance of some of the professions to be registered under the Act. Schedule 2 also specifies the protected title for the professions, the scope of the profession in which for us is Dietetic (*Bidang*) and the description of Dietitian. Prof Winnie urged MDA members to ensure their title is spelled “Dietitian” in English and in Malay is *Ahli Dietetik*

8.3.3 Prof Winnie listed the seven roles of the AHP Council which includes:

8.3.3.1 To register and issue certificates to registered practitioners.

8.3.3.2 To determine the appropriate qualifications of Allied Health Professions.

8.3.3.3 To determine the prerequisite requirements of Allied Health Professions

8.3.3.4 To regulate the practise of Allied Health Professions.

8.3.3.5 To regulate the ethics and professional conduct of registered practitioners.

8.3.3.6 To supervise matters relating to Allied Health Professions which includes training, competency and professional development.

8.3.3.7 To do such other things as may be required or permitted to do under this Act.

8.3.4 The AHP Council consists of:

8.3.2.1 Chairman: Director General of MOH consist of 23 members (one representative from each profession),

8.3.2.2 Deputy Chairman, who is also the Registrar, is the Director of Allied Health Division of MOH - currently is Puan Hjh Farina

8.3.2.3 Secretary – any one of the Allied Health Profession working with MOH.

8.3.2.4 23 Allied Health Professionals (one representative from each profession)

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur

Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100

Email: enquiries@dietitians.org.my

Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

8.4 The rationale of the Act

It is to ensure the registered professions provide safe and competent service to individual or population by establishing consistent rules, regulations and guidelines.

8.5 The Regulatory Framework are divided into phases:

8.5.1 Registration:

The Council is currently working towards finalising the requirements on qualifications, training and experience.

8.5.2 Regulated Practise:

This includes the Code of Ethics and Code of Professional Conduct, Scope of Practice and Practice Guideline

8.5.3 Safe & Competent Practitioners:

This includes Continuous Professional Development and Disciplinary Process

8.6 Registration

8.5.1 Members of MDA needs to be aware on what is needed to register. Once you have registered, you need Practising Certificates to practice which is renewed every 2 years.

8.5.2 The criteria for registration are:

8.5.2.1 A Malaysian citizen

8.5.2.2 Holds any qualification as may be recognised by the Council.

8.5.2.3 Fulfills other pre-requisite requirements as may be determined by the Council.

8.5.2.4 Not been convicted of an offence involving fraud, dishonesty or moral turpitude or an offence punishable with imprisonment

8.5.3 There is application fee of RM50, and registration fee of RM100 to be submitted with a series of documentations to be submitted during registration. Section 17 – No person shall practice as an Allied Health Profession or carry out any activity under Section 11 of the Act unless he is registered under this Act.

8.7 Practising Certificate

It is for any professionals who want to practise and when you don't renew and continue to practise, you can be subjected to penalty. Application fee for the Practising Certificate is RM50 and the Issuance of the certificate is RM200 for 2 years. There is a series of documentations needed to submit the application for the certificate.

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

8.8 Temporary Practising Certificates

For non-Malaysian citizen who wants to practice, they will need to apply for Temporary Practising Certificate (TPC) and it is only for purposes of teaching, conducting research or undergoing post-graduate study.

8.9 The implications of not registering under the AHP Act 2016 are as follows:

- 8.9.1 Unable to practise, carry on, operate, or hold himself out as practising or carrying on or operating, or take up employment as a registered practitioner.
- 8.9.2 Shall not use the title “registered” to the respective Allied Health Professions or use any title in any language which may reasonably be construed to imply that he is a registered practitioner.
- 8.9.3 Shall not hold himself out as an expert if he is not registered as an expert under the AHP Act.
- 8.9.4 Shall not use or display any sign, card, or other device representing or implying that he is a registered practitioner; or
- 8.9.5 Shall not be entitled to recover in any court, any fee, charge or remuneration for any professional advice or service rendered.

8.10 Offenses:

Certain conducts have been identified as offences:

- 8.10.1 Make false claim in any advertisement, journal, article, pamphlet, website or media commercial.
- 8.10.2 Restriction on unregistered practitioners
- 8.10.3 Employing a person who is not a practitioner.
- 8.10.4 Falsely personating, using, or holding out as a registered practitioner

8.11 How to register:

The Act specifies that within 12 months of the Act being enforced, all practitioners must be registered. Prof Winnie mentioned the timeline for the new registration system to be ready is by July 2021.

8.12 Regulated Practitioner:

Prof Winnie encouraged MDA members to be ready to be a Regulated Practitioner and she explained about Regulated Practitioner in which it is defined as:

- 8.12.1 A person who is accountable to himself, professions, clients, community, organisations, and council.
- 8.12.2 Meet professional standards set by the Council.
- 8.12.3 Better consumer or client care by competent practitioner
- 8.12.4 Recognised and accredited academic pathway
- 8.12.5 Maintain and improve their knowledge, skills, and competency via continuing professional development.

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my

PERSATUAN DIETITIAN MALAYSIA (MALAYSIAN DIETITIANS' ASSOCIATION)

14th MDA Council:

President	: Prof. Dr. Winnie Chee
Vice President	: Assoc. Prof. Dr. Nik Shanita Safii
Hon. Secretary	: Dr. Nurul Huda Razalli
Hon. Treasurer	: Ms. Ng Ai Kah
Asst. Hon. Secretary	: Ms. Mushidah Zakiah Mohd Akran

Council Member:

Assoc. Prof. Dr. Hazreen Abdul Majid
Ms. Nurul Huda Ibrahim
Mr. Georgen Thye Choong Jean
Assoc. Prof. Dr. Barakatun Nisak Mohd Yusof

8.13 Other information related to AHP Act:

- 8.13.1 The previous registration system is null and void. A new registration system is being set up and everyone needs to register once again.
- 8.13.2 The presentation slides will be uploaded on MDA website.
- 8.13.3 Other term for the protected title in other languages are not relevant. However, MDA Council will discuss on the suitable term in Mandarin.
- 8.13.4 The registered dietitian title may or may not be recognised in other countries.
- 8.13.5 The Act also is responsible to investigate of cases of bogus dietitians (dietitians without proper qualification)
- 8.13.6 The Act discourages dual registration (to register for 2 professions). A person should decide which profession they want to practice.
- 8.13.7 Once registered, a practitioner has 6 years to activate his practising certificate. A dietitian who is not practising as a dietitian need not apply for the practising certificate.

9. LAUNCHING OF MDD DAY 2020:

The MDD Day 2020 was launched by the Vice President, Dr. Nik Shanita Shafii followed by a video presentation which has been developed by the MDD team. The video was developed to educate the public on the roles of dietitians in various fields and to inform the public that they should consult dietitian to obtain correct advice on diet and nutrition.

The Annual General Meeting was adjourned at 5:30 p.m.

Prepared by:



Mushidah Zakiah Binti Mohad Akran
Assistant Honorary Secretary
14th Council,
Malaysian Dietitians' Association

Certified by:



Prof. Dr. Winnie Chee Siew Swee
President
14th Council,
Malaysian Dietitians' Association

Correspondence Address:

G-3A, Incubator 1, Technology Park Malaysia, Bukit Jalil, 57000 Kuala Lumpur
Tel: 603-4023 4700, 603-4025 4700, 603-4025 3700 Fax: 603-4023 8100
Email: enquiries@dietitians.org.my
Website: www.dietitians.org.my



Persatuan Dietitian Malaysia

SECTION B:

14th MDA COUNCIL REPORT

2020/2021



**MALAYSIAN DIETITIANS' ASSOCIATION
COUNCIL REPORT
YEAR 2020/2021**

CONTENT

No.	Topic	Page
1.	Secretary Report	
1.1	26 th Annual General Meeting 2020	3
1.2	MDA Council Meetings 2020/2021	3
1.3	Updates about the Registrar of Society (ROS) matters	3
1.4	Membership Matters	3
1.5	Education Grants	4
1.6	Support of Members' Activities	4
2.	MDA Strategic Plan Outcomes 2020-2021	6
3.	MDA Conference Updates	13
4.	MDA Website	15
5.	MDA Sub-Committee Activity Reports	
5.1	IT, Web, And Resources Sub-Committee	18
5.2	Awards, Grants & Scholarship Sub-Committee	18
5.3	Continuing Professional Development (CPD) Sub-Committee	19
5.4	Malaysian Dietitians' Day 2020 (MDD2020)	20
5.5	Task Force on Dietetics Education (TFDE)	22
6.	MDA Involvements in MOH, NGO's & other Associations' Programs	25
7.	MDA Corporate Partnerships and Sponsorships	28
8.	Acknowledgement	30
9.	Appendices :	
9.1	Appendix 1: Summary of Attendance for 14 th MDA Council Meetings	32
9.2	Appendix 2: Statistics of MDA Memberships for 2013-2021	33
9.3	Appendix 3: The Analytical Report of the MDA Website 2020-2021	35
9.4	Appendix 4: MDA Webinar Series 2020 Details	39



SECRETARY REPORT

1. SECRETARY REPORT

1.1 26th MDA ANNUAL GENERAL MEETING 2020

Due to the Covid-19 pandemic since March 2020, the 26th MDA Annual General Meeting was held virtually on 19th September 2020 (Saturday) from 3.00 pm to 5.00 pm. The AGM was attended by 133 members, one the largest attendance at AGM achieved in MDA's history!

The AGM commenced with the opening address by Prof. Dr. Winnie Chee Siew Swee, President of MDA for the term 2019-2021. The minutes of the 25th AGM and Council Report for the year 2019/2020 were presented by Dr. Nurul Huda Razalli, Honorary Secretary for term 2019-2021. The minutes were proposed to be passed by Ms. Joan Isabel and seconded by Dr. Nur Hana Hamzaid and accepted by the members present. The Council Report was proposed to be passed by Mr. Ng Kar Foo and was seconded by Ms. Basmawati Baharom. The Treasurer's Report was presented by Dr. Ng Ai Kah, Honorary Treasurer 2019-2021 and was proposed to be passed by Mr. Tan Sing Ean and seconded by Ms. Mary Easaw and was accepted by members present. The accounts were audited by the Honorary Auditors 2019-2021, Dr. Hamdan Mohamad and Dr. Zulfitri 'Azuan Mat Daud.

1.2 MDA COUNCIL MEETINGS 2019/2020

The 14th MDA Council held seven (7) council meetings from 7th November 2020 to 12th June 2021. All the meetings were conducted online due the Covid-19 pandemic.

The Council records and would like to extend a vote of appreciation to Anderes Fourdy Sdn Bhd (AF) for managing the platform for online meetings. Please refer to Section 9.1, Appendix 1 for the summary of the attendance amongst the Council Members.

The remuneration and allowance for council members at RM100.00 for attending each council meeting (as approved by members attending 21st AGM, refer to section 7, page 8, Item no 7.2) had been paid on a quarterly basis.

1.3 UPDATES ON REGISTRAR OF OFFICE (ROS) MATTERS

The Secretary has updated and submitted information regarding changes of the new 14th MDA Council Members (2019-2021) including submitting the AGM report with accounts and honorary auditors (2019-2021) information to the Registrar of Office via e-Roses electronic system on the 30th of October 2020.

1.4 MEMBERSHIP MATTERS

The Council continued to appoint Anderes Fourdy Sdn Bhd (AF) to manage the membership system and provide some secretariat support for MDA activities.

1.4.1 Membership Statistics

The membership statistics are generated based on the database maintained on the website since its establishment in 2011. As of 31st March 2021, the **total membership was 2798 members which consisted of 1330 ordinary members (271 are active paying), 1410 student members (47 are active paying), 77 associate members (4 are active paying) and 11 Fellows.** This is inclusive of members who are on grace period (pending membership fees for the current membership cycle). For the details on statistics of the membership, please refer to **Section 9.2, Appendix 2.**

1.4.2 Membership Fees Increase

As has been approved by members of the Extra-Ordinary General Meeting (EGM) on 28th January 2019, the revision of membership fees for Ordinary and Associate members that was passed during the 24th AGM to be implemented by 1st April 2020 (refer to 25th AGM report, page 39). The increase of membership fees (RM100.00 for ordinary membership, RM80.00 for associate membership and RM30.00 for student membership) was implemented from 1st April 2021 following a 1-year postponement as approved by members during the 26th AGM (refer to 26th AGM report, page 4)

1.5 EDUCATION GRANT

In accordance with the objective to promote lifelong learning and continuous professional development of members, education grants are available for members to attend seminars or conferences as per association bye-laws Article No 1. However, due to Covid-19 pandemic and cancellations of many physical seminars and conferences, no applications for education grant were received in the past 1 year. Members are encouraged to apply for this education grant to cover the registration fee to participate in a virtual conference/seminar. Priority will be given to members presenting papers.

1.6 SUPPORT OF MEMBERS' ACTIVITIES

MDA are committed to provide support to the activities organized by members. Financial assistance in the form of Continuous Professional Development (CPD) grants are available for members to apply. The details of CPD grants recipients for the year 2020 can be found under **Section 5.3.1.2 MDA Continuing Professional Development (CPD) Grant.**



STRATEGIC PLAN OUTCOMES 2015-2020

2 REPORT OF STRATEGIC PLAN OUTCOMES 2020-2021

2.4 STRATEGIC PLANS 2015-2020

<i>Vision (what we want to be)</i>	<i>Mission (why we exist)</i>	<i>Aims and objectives</i>
<i>To be advocates of nutrition and dietetics for the health and well-being of the nation</i>	<ol style="list-style-type: none"> 1) <i>Actively advocate the principles of good nutrition and dietetics to the people through planned activities and via collaborations with professionals and organizations.</i> 2) <i>Support innovations, evidence-based practice and continual professional development of dietitians.</i> 3) <i>Provide Strategic leadership for the profession.</i> 	<ol style="list-style-type: none"> 1) <i>To promote the professional practice of dietetics.</i> 2) <i>To promote the study and understanding of the science of dietetics and allied fields.</i> 3) <i>To encourage closer cooperation between members.</i> 4) <i>To promote improvement in recruiting, training, and conditions of employment of dietitians.</i> 5) <i>To ensure that the profession is protected against persons who are untrained to practise as dietitians.</i>

2.5 THE OUTCOMES 2015-2020

Goals	Strategies	Outcomes 2015- 2020
<i>Members regard MDA as important for professional development</i>	<ol style="list-style-type: none"> 1) Strengthen membership growth (Ordinary, Associate, and Student memberships) 2) Provide relevant and valued benefits to members 3) Provide professional development opportunities for enhancing competencies 4) Provide support to the changing needs of members 	<ol style="list-style-type: none"> 1) <i>Increase membership applications to MDA :</i> <i>-Ordinary : 85% increase since 2015; Student: 200%, Associate members: from 7 to 77 members</i> <i>- Active paying members have also increased over the years</i> 2) <i>Enhanced MDA website features and utility in 2015</i> 3) <i>Started Fellows Award in 2016. Recognition of deserving members as Fellows increased from 6 to 11 honorary members by 2020</i> 4) <i>Enhanced membership benefits as follows:</i> <ol style="list-style-type: none"> a. <i>Subscription of e-NCPT database for support of Nutrition Care Process terminologies</i> b. <i>Subscription to Evidence Analysis Library by Academy of Nutrition & Dietetics, USA</i> 5) <i>Organised workshops on various aspects of dietetics practice including NCP, Nephrology, Diabetes, Paediatrics, Oncology, Motivational Interviewing, Dietetics Education, Critical Illness</i> 6) <i>Organised 5 CPD Sessions with industry partners over the past 5 years</i> 7) <i>MDA has launched CPD Grant in January 2018 aimed to promote lifelong learning and encourage dietitians to be proactive in seeking</i>

Goals	Strategies	Outcomes 2015- 2020
		<p><i>and sharing knowledge, as well as to give back to the members. Awarded 6 CPD grants totalling approximately RM17,000 in total to support training in various dietetics field since 2019 to 2021.</i></p> <p><i>7) Successfully launched 3 MNT Guidelines for Cancer, Critical Illness and Type 2 Diabetes</i></p> <p><i>8) MDA CPD webinar Series began from July 2020 on various MNT topics were made free-of-charge to MDA active members on Zoom platform.</i></p>
	<p>1) Work collaboratively with national and international committees on nutrition & dietetic related matters</p> <p>2) Work collaboratively with other healthcare professionals and their organizations</p> <p>3) Enhance collaboration with food-related industry and other external stakeholders</p>	<p><i>1) Represented in the following national committees:</i></p> <ul style="list-style-type: none"> <i>a. National Plan of Action for Nutrition (NPAN, MOH)</i> <i>b. National Coordinating Committee for Nutrition (NCCFN, MOH)</i> <i>c. Technical Working Group for Malaysian Healthy Plate , MOH</i> <i>d. Salt Awareness Campaign, MOH</i> <i>e. Malaysian Dietary Guidelines 2020</i> <p><i>2) Secretary of Asian Federation of Dietetic Associations (AFDA) until 2022.</i></p> <p><i>3) Co-organiser for Nutrition Month Malaysia 2014, 2015 and 2016, 2017, 2018 , 2019, 2020 & 2021</i></p> <p><i>4) Implement ethical guidelines for collaboration with industry</i></p>

Goals	Strategies	Outcomes 2015- 2020
	4) Increase accessibility of dietitians to the public	<p>5) <i>Engage industry stakeholders in a presentation on MDA mission, vision and strategic plan - Able to secure total sponsorship of RM400,000 since 2015 from industry partners for training activities, members scientific updates and production of education resources for patients and the public.</i></p> <p>6) <i>Community Outreach Programmes : dietitians visibility in several projects in partnership with industry</i> <i>a. Nestle-Maggi Cooking Competition 2014-2018</i> <i>b. Nestle – Milo Malaysia Breakfast workshops – 2018-2019</i> <i>c. Malaysia Breakfast Day 2019 – in collaboration with NESTLE (M) SDN BHD (RM23,100)</i></p> <p>7) <i>Partnership with other healthcare professionals for creating awareness on prevention and management of diseases- Pfizer website on diet and cardiovascular health</i></p> <p>8) <i>Partnership with Friesland Campina Institute for Educational Online Activity – Webinar</i></p> <p>9) <i>Partnership with Danone for KKM nurses’ education on MNT for Growth Failure</i></p> <p>10) <i>Organise Malaysian Dietitians Day since 2016 with different themes to enhance the image and highlight the role of dietitians in society. Members have produced 53 videos highlighting the role of dietitians in their various workplaces for MDD 2020, available on MDA Facebook for the public; these had 38,700 views.</i></p> <p>11) <i>Council produced 2 videos highlighting the role of dietitians and uploaded on YouTube.</i></p>

Goals	Strategies	Outcomes 2015- 2020
		12) <i>Collaboration with MEMS, MMA, FMS, MDES in Diabetes Lifestyle Programme to empower GPs on holistic care of diabetes patients in the country from 2021-2022</i>
Improve professional standing of dietitians	1) Promote safe and evidence-based practice in clinical, community and food service 2) Promote self- regulation amongst members 3) Empower members with leadership and mentoring capabilities 4) Enhance employment opportunities and career advancement of dietitians 5) Enhance quality of dietetics education in local universities	1) <i>Online membership certificates and membership ID implemented in 2018 to date</i> 2) <i>Formed Private Sector Dietitians' Sub-group to support private sector dietitians in advancing careers in 2018 and Whatsapp group to provide platform for communication</i> 3) <i>Formed Task Force on Dietetics Education (TFDE) streamlined and facilitate smoother placement of students across MOH hospitals in the country and foster closer relationships with Local Preceptors in MOH for the training of students from IPTA/IPTS.</i> <i>TFDE has initiated:</i> <ol style="list-style-type: none"> <i>Developed guidelines for training of dietetics internships and training of Clinical Instructors in the country.</i> <i>Implement award for Outstanding Clinical Instructor to recognise and promote excellence in students' supervision since 2017</i> <i>Implement awards for Best Dietetics Student Prize since 2015</i> 5) <i>MDA formed Advisory Sub-committee for Allied Health Professions Act 2016 to provide guidelines to MAHPC on issues related to the registration and regulation of dietitians registration with the AHP. Members of this Sub-committee are:</i> <i>Puan Basmawati Baharom, MOH</i> <i>Puan Ramlah Ali, MOH</i> <i>Rosli bin Mohd Salleh, MOH</i> <i>Datin Farah Diba Khan, retired (Prince Court)</i>

Goals	Strategies	Outcomes 2015- 2020
		<p><i>Ms Foong Pui Hing, IJN</i> <i>Ms Lau Wai Hong, Sunway</i> <i>Georgen Thye, Holmusk</i> <i>A/P Dr Azwani Shukri, IIUM</i> <i>A/P Dr Zulfitri Azuan Mat Daud, UPM- lead for registration subcomm dietetics</i> <i>Prof Sakinah Harith, UnisZa – JTC representation to MQA</i></p> <p>6) <i>Developed MDA Corporate Partnership and Sponsorship Guidelines in 2016</i></p> <p>7) <i>Developed MDA Social Media & Digital Consultation Guideline 2021</i></p>
<i>Promote research to enhance professional practice</i>	<p>1) Prepare members to contribute, conduct, interpret and use research in practice</p> <p>2) Promote sharing of research findings to be used in practice</p>	<p>1) <i>Increase engagement of members in universities training dietitians in scientific activities e.g annual MDA National Conference</i></p> <p>2) <i>Provide Best Research Thesis in Nutrition & Dietetics field at postgraduate level.</i></p>



MDA CONFERENCE UPDATES

3 MDA CONFERENCE UPDATES

In view of the situation of Covid-19 pandemic, the 26th MDA Conference 2020 was postponed to June 2021. Webinars were organised as free attendance for MDA members in replacement of the annual conference in 2020

Please refer to Section 5.3.1.1 for further details on MDA Webinar Series.



MDA WEBSITE

4 MDA WEBSITE

The website revamp was completed in November 2014 and it was launched officially in the 21st Malaysian Dietitians' Association National Conference 2015. Thereafter, the system is being maintained and managed by the MDA Secretariat with the assistance of Mr. Ng Kar Foo (Leader of the MDA's Subcommittee- IT, Outreach and Resource).

The website is aimed at serving two types of audience which are the public and MDA members. For the public, the main aim of the website is to enhance the role and visibility of dietitians as food, diet & nutrition experts. For MDA members, the website serves as a one-stop platform for members to access membership benefits which include resources such as the Evidence Analysis Library and eNCPT from the Academy of Nutrition & Dietetics, latest updates on events related to the profession locally and internationally and membership subscription and renewal.

Please refer to Section 9.3, **Appendix 3** for the Analytic Report of the website in terms of the traffic and number of visitors. The 4 sections of the analytic reports are:

1) MDA Website

By having the website maintained and updated, MDA will be able to enhance its visibility not only locally but internationally. From May 2020 to April 2021, there were a total of 109,490 page-views. The statistics show that some visitors of the website were also from the United States, Singapore, India and United Kingdom.

2) Evidence Analysis Library

This is one of the membership benefits and hence active members will have free access to the Evidence Analysis Library under the Academy of Nutrition and Dietetics, USA. From May 2020 to April 2021, the maximum number of page views by members was 960 page- views on August 2020.

3) E-NCPT

The eNCPT is a comprehensive guide for implementing the Nutrition Care Process using a standardized language. Under MDA subscription, all active members can access the eNCPT for free. The usage by members is very encouraging. From May 2019 to April 2020, the maximum number of page views by members are 14.86k pages in October 2019. MDA has conducted more workshops on use of NCP among dietitians, especially in MOH and we anticipate a higher usage of eNCPT in the future.

4) MDA YouTube Account

MDA YouTube account was created in 2014 and currently about 50 videos were uploaded. Those videos were either produced by the Association or submitted by the members. From May 2020 to April 2021, there is a total of 5,295 views.



SUB- COMMITTEE ACTIVITY REPORT

5 MDA SUB-COMMITTEES PORTFOLIOS/ACTIVITY REPORT

The 14th Council continued to focus on several areas to provide value – added services and relevancy to MDA members. Sub-committees were empowered to lead and propose activities supported by Council.

5.1 IT, WEB AND RESOURCES SUB-COMMITTEE

This committee is led by Ng Kar Foo. The objectives of this committee are to develop and sustain the functionality of MDA's official website, to build and maintain communication channels within MDA members, as well as to plan, develop and promote MDA resources for both members and the public. This committee is also responsible in managing volunteers for MDA activities for internal projects and community outreach programmes. Below are the achievements of this sub-committee:-

5.1.1 MDA Website

This committee function as the IT team to provide updates and maintenance in the website to support MDA activities and objectives. They also attend to public and members' enquiries regarding the website and other related technical matters.

5.1.2 MDA Facebook Page

On 2015, 2 MDA Facebook Pages were set up by the 10th MDA Council Members i.e. Fans Page and Closed Group. Both pages serve different target groups and purposes. Fans Page is used as a platform for information sharing and keeping connected with people who have an interest in food and nutrition. As for the Closed Group, all MDA members and local practising dietitians are invited to join this group and the information shared here is primarily related to the profession and the Association. With the effort of this subcommittee members, two pages are being well maintained. On 18 May 2021, there were a total of 1,813 members accepted in the Closed Group while 6,349 likes were achieved in the Fans Page.

5.1.3 Development of Resources/ Educational Materials

In the year 2019, the development of five new MNT guidelines as follow was initiated. Delays have been inevitable in 2020 due to the Covid-19 pandemic, however the MNT teams have agreed to resume the work and the guidelines are expected to be completed by 2022.

MNT Guideline	Chairperson	Team Members	Remark
Cardiovascular Disease	Mary Easaw	Vatana a/p V. Sundar Lin Eng Yan Lee Shi Wah Dr. Noraida Omar Wong Chu Ann Suraiya Hani Said Fadhilatul Ahya' Baharuddin	In progress
Hypertension	Mary Easaw	Vatana a/p V. Sundar Lin Eng Yan Lee Shi Wah Dr. Noraida Omar Wong Chu Ann	In progress

		Suraiya Hani Said Fadhilatul Ahya' Baharuddin	
Gestational Diabetes	AP Dr. Barakatun Nisak Mohd Yusof	Prof. Dr. Winnie Chee Georgen Thye Choong Jean Tan Sing Ean Foong Pui Hing Mimi Arifa Mohd Jun Nur Hafizah Mahamad Sobri Aishah Zafirah Abdul Azim Dr. Lee Ching Li	In progress
Children with Special Needs	*Dr. Nur Hana Hamzaid	Siti Mariam Tukiman Dr Rajini Sarvananthan Nur Sakinah Ibrahim Bee See Wei Dr Chen Seong Ting Maizatun Naquiah Zulkifli Ng Yee Voon	In progress *Dr Nur Hana Hamzaid has been appointed as the new chairperson
Bariatric Surgery	Amirozlin Amsar	Rafidah Othman Nurliyana Awalludin Fadhilina Abd Samad Nazrul Hadi Ismail Teo Soo Lay Nur Shakila Pingi Elina Tsen Poh Yue	In progress

5.1.4 Volunteers management for community outreach programs

The sub-committee has been successful in promoting the spirit of volunteerism among the MDA members. Many young dietitians from various institutions took the opportunity to put their knowledge in nutrition and dietetics for the benefit of the public by participating in community outreach programmes. Please refer to Section 7 for the details about those events and volunteers.

5.2 AWARDS, GRANTS & SCHOLARSHIP SUB-COMMITTEE

In parallel with the decision of the Council to postpone the organisation the 26th MDA Conference to 2021, all the three categories of awards (Outstanding Undergraduate Dietetics Student Award, Outstanding Postgraduate Award, Outstanding Clinical Instructor Award) and the Fellowship of MDA (FMDA) recognition are brought forward to the year 2021.

5.3 CONTINUING PROFESSIONAL DEVELOPMENT (CPD) SUB-COMMITTEE

Head of Sub-Committee:

Georgen Thye Choong Jean (Holmusk, Kuala Lumpur)

Sub-Committee Members:

- 1) Teong Lee Fang (Hospital Selayang, Selangor)
- 2) Joan Isabel Baldwin Thomas (University Malaya Medical Centre, Kuala Lumpur)
- 3) Munirah Mohd Nashuha (Hospital Langkawi, Kedah)
- 4) Siti Khadijah Abdul Kadir (Hospital Tangkak, Johor)
- 5) Koh Bi Qi (Hospital Bintulu, Sarawak)
- 6) Nurfarah Hanani Amir Hamzah (Universiti Teknologi MARA, Selangor)
- 7) Tan Sing Ean (Hospital Kuala Lumpur, Kuala Lumpur)
- 8) Teo Soo Lay (International Medical University, Kuala Lumpur)

The role of this sub-committee is to plan and carry out continuous professional development activities to improve the knowledge, skills and competencies of dietitians and obtain sponsors/financial support for these activities.

5.3.1 Activities conducted in 2020-2021:

5.3.1.1 MDA Webinar Series

In March 2020, MDA has initiated to build a webinar platform to host a series of webinar sessions. This initiative is aimed to overcome the geographical barrier to engage more members across the nation. On top of that, this is also aligned with MDA mission to provide lifelong learning opportunity to the members.

In year 2020, MDA organized a total number of 17 webinars with 27 different topics and 2816 participation rate from the members.

Please refer to Section 9.4 **Appendix 4** for more details of these 17 webinars.

5.3.1.2 MDA Continuing Professional Development (CPD) Grant

MDA has launched CPD Grant in January 2018 aimed to promote lifelong learning and encourage dietitians to be proactive in seeking and sharing knowledge, as well as to give back to the members. We have received a total of six applications before the end of April 2020. Three applications have met the terms and conditions of the grant and were approved by the Council to receive RM2000 - 3500 as financial support to run the workshop respectively.

The 6 applications which received the grant from MDA were: as below:

- MNT Updates for Critically Ill (Adults and Paeds) for East Coast Region, 24-25th November 2019, USM
- Medical Nutrition Therapy Updates in Pediatrics (Central Region), 29-30th April 2020, Stride Kajang (Biro Latihan MOH)

- Medical Nutrition Therapy Updates in Pediatrics (Northern Region), 26-27th June 2020, Kolej Kesihatan Sains Bersekutu, Perak (Biro Latihan MOH)
- Medical Nutrition Therapy Updates in Oncology (Central Region), 17-18th Sept 2020, Institut Kanser Negara (Biro Latihan MOH)
- Medical Nutrition Therapy Updates in Oncology (Southern Region), 19-20th August 2020, Hospital Sultan Ismail, Johor (Biro Latihan MOH)
- MNT Gastro Southern Workshop, 6-7th October 2020, Dewan Merbau, Jabatan Kesihatan Negeri Sembilan (Biro Latihan MOH)

5.3.2 Feedback and Suggestions from CPD Participants for Future MDA Workshop

Feedback and suggestions from CPD participants are gathered at the end of every CPD session via an e-feedback form. Some of the commonly suggested topic for future MDA workshops are:

- MNT on Renal and Liver Diseases
- Sports Nutrition
- Nutrition for Lower & Upper GI Surgery
- MNT related to Neurology
- Updates on CVD Management
- Digital Health
- Entrepreneurship
- Cognitive Behavioral Therapy (CBT)
- Advanced Carbohydrate Counting

5.4 MALAYSIAN DIETITIANS' DAY 2020

Head of Sub-Committee:

Georgen Thye

MDD2020 Sub-Committee Members:

- 1) Chua Ming Rui
- 2) Ginny Tan Gin Wei
- 3) Louisa Low Sin Yee
- 4) Leonard Yap Thien Vern
- 5) Goh Yee Wen
- 6) Munirah Mohd Nashuha
- 7) Noorlailina Moha binti Mohtar

Theme: Ask MY Dietitian

Objective:

Malaysian Dietitians' Day falls on the 19th of September every year to celebrate the dedication of dietitians as advocates for advancing the nutrition status and health of our patients, clients and communities. The specific MDD's goals and objectives for year 2020 were as below: -

- 1) Educate the public that under Allied Health Professions Act 774, dietitians are the qualified healthcare professionals to provide medical nutrition therapy
- 2) Educate public on the functions or roles of dietitians
- 3) Educate the public the value of consulting dietitians for medical nutrition therapy

Activities:

In the past few years, MDD committee had organised several physical events bringing members together to celebrate MDD. In view of the pandemic in year 2020, we had decided to not proceed with any physical event but to hold several online campaigns via social media. The activities are as below: -

1. Video Campaign

Dietitian to record themselves in a video explaining their role, and what do they do as a dietitian. The MDD committee compile, upload the videos on MDA Public Facebook Page and allow cross sharing.

Result:

- Received a total of 53 videos submission from members and council members across the nation
- Accumulated 38.7k video view and 19.8k minutes viewed on social media
- Council member video: <https://youtu.be/rirbjVg0NfI>

2. Social Media Hashtag Campaign (#askMYdietitian, #mdd2020)

Dietitian to upload a social media content (video, photo) of themselves in action, that represent them as a dietitian.

Result:

- Facebook: <https://www.facebook.com/hashtag/askmydietitian/>
- Instagram: <https://www.instagram.com/explore/tags/askmydietitian/>
- Twitter: <https://twitter.com/hashtag/askmydietitian?lang=en>

Malaysian Dietitians' Day celebration for the year 2020 was a great success as we were able to reach out to a wide audience on social media and received good participation from member in creating educational social media content. The learning point for MDD committee this year is that crowd sourcing (involving members to create content) is an effective and resourceful strategy in organising an online campaign as well as to engage members.

5.5 TASK FORCE ON DIETETICS EDUCATION

This Task Force was chaired by MDA President, Prof Dr. Winnie Chee Siew Swee and Dr Zulfitri 'Azuan Mat Daud acts as the Secretary. Associate Professor Barakatun Nisak Mohd Yusof is also a committee member representing MDA since April 2018. Members consist of Programme Directors/ Clinical Placement Coordinators from 8 local universities offering dietetics programme in the country: Universiti Kebangsaan Malaysia (UKM), Universiti Sains Malaysia (USM), Universiti Putra Malaysia (UPM), International Islamic University of Malaysia (IIUM), Universiti Teknologi MARA Malaysia (UiTM), International Medical University (IMU), Universiti Sultan Zainal Abidin (UNISZA) and Universiti Tuanku Abdul Rahman (UTAR). Two members from MOH are also in the committee.

MDA representatives

Prof. Dr. Winnie Chee Siew Swee – *TFDE Chair*

Dr Zulfitri 'Azuan Mat Daud – *TFDE Secretary*

Assoc. Prof Dr Barakatun Nisak Mohd Yusof – *Council Member*

University Representatives

Prof Dr Sakinah Harith (Universiti Sultan Zainal Abidin)

Assoc. Prof. Dr. Roslee Rajikan (Universiti Kebangsaan Malaysia)

Dr. Nor Azwani Mohd Shukri (International Islamic University of Malaysia)

Dr Zalina Abu Zaid (Universiti Putra Malaysia)

Dr. Kanimolli Arasu (International Medical University)

Dr Chee Huei Phing (Universiti Tuanku Abdul Rahman)

Dr Divya Vanoh (Universiti Sains Malaysia)

Dr Syahrul Bariah Abdul Hamid (Universiti Teknologi MARA Malaysia)

CI Representative

Pn. Nur Amirah Abdul Alam (International Islamic University of Malaysia)

MOH Representatives

Pn. Basmawati Baharom

Mr Mohd Azman Ibrahim

REMIT OF TASK FORCE:

1. Define the skills and competencies for final year dietetic interns.
2. Define the roles of hospital preceptors, clinical instructors, university coordinators.
3. Recommend the training structure between clinical instructors and hospital preceptors.
4. Identify and develop training needs for clinical instructors for clinical skills enhancement and education/training skills.
5. Harmonisation of assessment of competencies among all training institutions for dietetic interns.

Activities carried out by TFDE include :-

a) NATIONAL DIETETICS EDUCATION WORKSHOP 2020

Due to the pandemic of COVID-19, the 5th National Dietetic Education Workshop (NDEW) which is usually conducted in August annually, was postponed in 2020. This time around, UKM will be the host for the 5th NDEW and it is planned to resume in 2021.

b) TFDE Meeting

TFDE has successfully managed to conduct an online meeting from August 2020 to April 2021. This online meeting discussed mainly the issues pertaining to clinical training that was affected by the imposition of Movement Control Order” (“MCO”) due to the pandemic of COVID-19. The meeting was attended by the university's representatives.



MDA INVOLVEMENTS IN MOH, NGO's & OTHER ASSOCIATIONS' PROGRAMS

6 MDA INVOLVEMENTS IN MOH, NGO'S & OTHER ASSOCIATIONS' PROGRAMS

6.1 ALLIED HEALTH PROFESSIONALS ACT 2016 (AHPA)

The Allied Health Professions Act 2016 has been gazetted in Parliament on 18th February 2016 and received royal assent on 4 February 2016. The Act 774 has recently also been enforced beginning 1st July 2020 for 23 professions, including Dietitians. The Malaysian Allied Health Professionals Council (MAHPC) has been officially formed and Prof Winnie Chee is a member of the MAHPC representing the Dietitians profession.

The primary purpose of this Act is to regulate the registration and practice of these allied health professions including dietitians. The Council will be finalising the eligible qualifications for registration, practicing licence and code of professional conduct/ethics. Several sub-committees would be set up to govern these matters as well as educational and training of allied health professions. The MAHPC has been tasked to set the policies and guidelines for the implementation in 2021. The MAHPC is currently preparing for the registration with the support of Bahagian Sains Kesihatan Bersekutu (BSKB, MOH).

6.2 NUTRITION MONTH MALAYSIA 2020- VIRTUAL NUTRITION FAIR, 1ST TO 14TH DECEMBER 2020

The annual national level event organized by the Nutrition Society of Malaysia, Malaysian Association for the Study of Obesity and Malaysian Dietitians' Association was initially planned to be held on 15th to 19th April 2020. Due to Covid-19 pandemic, the steering committee decided to postpone the event to 1st to 14th December 2020 and to run it in virtual platform as 'Virtual Nutrition Fair' for the first time (Web link- <https://virtualfair.nutritionmonthmalaysia.org.my/>). Lee Zheng Yii (Past MDA Honorary Assistant Secretary) and Ng Kar Foo (Past MDA Council Member) were representing MDA to be part of the steering committees. The theme of the year was 'Invest in Healthy Nutrition- Eat Right, Get Moving'. With the aim to promote healthy lifestyle, particularly healthy eating and being physically active, the activities included virtual booth visiting, both recorded and live expert video sharing, as well as virtual interactive games. Apart from the education planned to be held in the event dates, other forms of public education were also prepared through a series of educational articles that were published in major newspapers and leading health magazines. On top of that, health messages were promoted via NMM's Facebook page, Instagram and website.

6.3 NATIONAL PLAN OF ACTION FOR NUTRITION (NPAN, MOH)& NATIONAL COORDINATING COMMITTEE FOR NUTRITION (NCCFN, MOH)

6.3.1. Malaysian Dietary Guidelines revision – 2020

Several MDA members have contributed to the revision of the Malaysian Dietary Guidelines 2020. This revision is chaired by Emeritus Prof Dr Ismail Mohd Noor and coordinated by the Nutrition Division, Ministry of Health Malaysia. This is an activity under the Technical Working Group for Dietary Guidelines, under NCCFN. The revised Malaysian Dietary Guidelines 2020 have been successfully launched by the Minister of Health on February 2021.

6.4 SECRETARY OF ASIAN FEDERATION OF DIETETIC ASSOCIATIONS (AFDA)

MDA President, Prof. Dr. Winnie Chee Siew Swee serves as the Secretary-General position representing MDA until 2022. MDA attended the AFDA Council meeting during the 7th Asian Congress of Dietetics in Hong Kong 2018 and signed a joint declaration as AFDA member. The next host will be Japan (2022) and India (2026).

AFDA has also launched the Asian Journal of Dietetics (AJD) which is an online journal managed by Japan.- <https://jnl.calorie-smile.jp/>. The country representative to AFDA serves as the editorial board with Prof Shigeru Yamamoto as Chief Editor. Prof Winnie is currently representing MDA in this role. Some Malaysian dietitians have successfully published in this journal.

6.5 INTERNATIONAL CONFEDERATION OF DIETETICS ASSOCIATION (ICDA)

MDA continues to be a member of ICDA.

The 14th Council members would be representing Malaysia at the upcoming International Conference of Dietetics which is hosted by South Africa virtually.

6.6 CONFEDERATION OF ALLIED HEALTH PROFESSIONS (MYCAHP), ALLIED HEALTH DIVISION, MINISTRY OF HEALTH.

MDA has pulled out of being a member of MYCAHP as the objectives of the confederation were unclear. .

6.7 SALT REDUCTION STRATEGIES TO CONTROL AND PREVENT NCD IN MALAYSIA

MDA, represented by Dr. Zulfitri 'Azuan Mat Daud, has continued to support Ministry of Health initiative to promote, educate and collaborate with all related stakeholders to reduce salt intake among Malaysian population.

6.8 DIABETES LIFESTYLE PROGRAMME 2021

MDA has partnered the Malaysian Endocrine Society (MEMS) chaired by Datuk Dr Zanariah Hussein to roll out a diabetes lifestyle programme to empower general practitioners (GPs) to advocate for lifestyle management in treating Type 2 diabetes mellitus. The representatives of MDA are A/Prof Dr Barakatun Nisak and Prof Dr Winnie Chee. This programme consist of a 3-month training course from July to September in 2021 and would also develop an app-based application to enrol patients from health clinics into a lifestyle prevention/management intervention. Other partners in this programme include Family Medicine Association and MMA. The programme is supported by Abbott Malaysia and the secretariat is Ultraworks.



MDA CORPORATE PARTNERSHIPS AND SPONSORSHIPS

7. MDA CORPORATE PARTNERSHIPS AND SPONSORSHIPS

7.1 FORUM KEJURURAWATAN KEBANGSAAN 2020

MDA signed a Memorandum of Agreement (MoA) with Danone Specialized Nutrition (Malaysia) Sdn Bhd on 5th March 2020 as a partner in organising the Forum Kejururawatan Kebangsaan 2020. Under this partnership, MDA received an education grant and shall participate and provide expert input in activities of the forum. This includes appointing invited content expert and nominating dietitian speakers to deliver the lectures on the MNT for failure to thrive to the nurses. The forum was planned to be conducted nationwide at ten locations between March to April 2020 but was converted into an online training in 2021. A recent webinar under this programme was in conjunction with Nurses Day celebration on 29th May 2021. Puan Nur Hafizah Sobri and Dr Chen Seong Ting represented MDA for this collaboration.

7.2 Partnership with FrieslandCampina Institute for Educational Online Activity - Webinar

MDA has partnered with FrieslandCampina Institute in September 2019 to make nutrition related webinar on FrieslandCampina Institute's website available to all active MDA members. This is to support innovations, evidence-based practice and continual professional development of our members.

These webinars (up to 31st March 2020) include:

1. Sustainable and healthy diets (October 10, 2019)



ACKNOWLEDGEMENT

8.0 ACKNOWLEDGEMENT

The 14th MDA Council would like to express highest gratitude to all members who have been supportive of MDA's mission and activities. MDA also thanks International Medical University for the use of its premise for meetings and Anderes Fourdy (AF) Sdn Bhd for their technical support for MDA activities.

Prepared by:



DR. NURUL HUDA RAZALLI
Honorary Secretary
14th MDA Council (2019 - 2021)

Reviewed by:



PROF DR. WINNIE CHEE SIEW SWEE
President
14th MDA Council (2019 - 2021)



APPENDICES

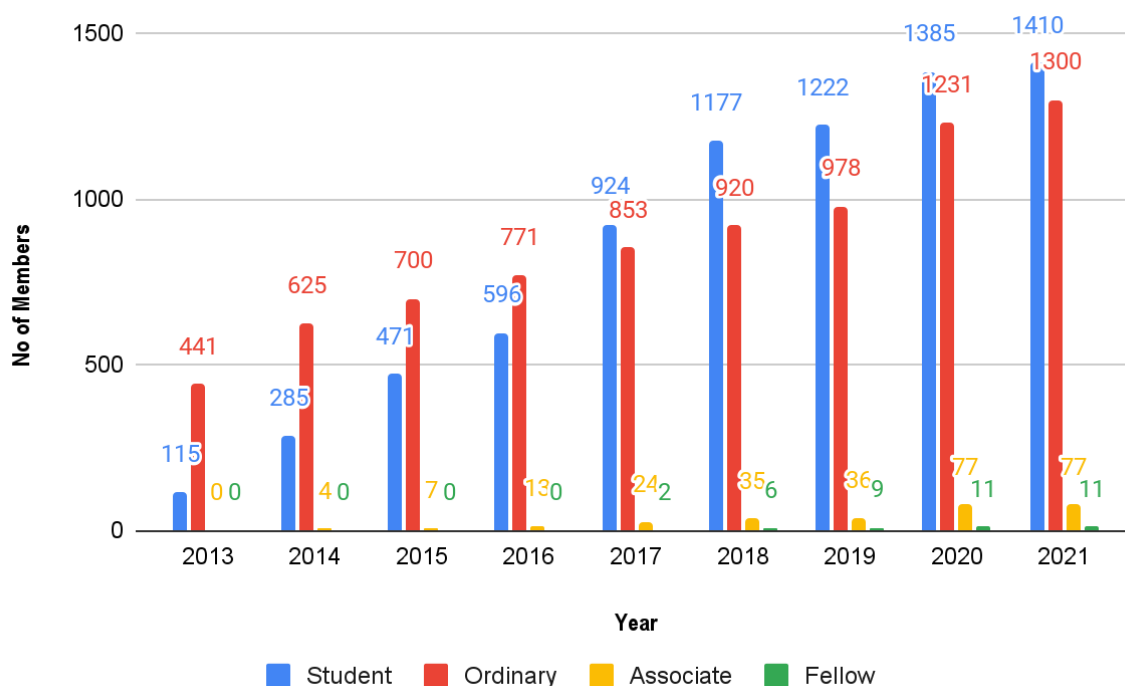
9.1 SUMMARY OF THE ATTENDANCE FOR THE 14TH MDA COUNCIL MEETINGS (2019-2020)

Council Member (14 th MDA Council)	07/11/20	30/01/21	27/02/21	10/04/21	08/05/21	29/05/21	12/06/21	No. of meetings attended
Prof Dr. Winnie Chee Siew Swee (President)	✓	✓	✓	✓	✓	✓	✓	7/7
Assoc Prof. Dr Nik Shanita Safii (Vice President)	✓	✓	✓	x	✓	✓	✓	6/7
Dr. Nurul Huda Razalli (Honorary Secretary)	✓	x	✓	✓	✓	✓	✓	6/7
Dr. Ng Ai Kah (Honorary Treasurer)	✓	✓	x	✓	✓	✓	✓	6/7
Ms. Mushidah Zakiah Mohd. Akran (Asst. Honorary Secretary)	✓	✓	x	x	✓	✓	✓	5/7
Ms. Nurul Huda Ibrahim (Council Member)	✓	✓	✓	✓	✓	✓	✓	7/7
Assoc Prof. Dr Hazreen Abdul Majid (Council Member)	✓	✓	✓	x	✓	✓	✓	6/7
Mr. Georgen Thye Choong Jean (Council Member)	✓	✓	x	✓	✓	✓	✓	6/7
Assoc Prof. Dr Barakatun Nisak Bt. Mohd Yusof (Council Member)	✓	✓	✓	✓	✓	✓	✓	7/7

Note: Apologies and reason(s) were given by Council members who were not able to attend Council Meetings.

9.2 STATISTICS OF MDA MEMBERSHIPS FROM 2013-2021

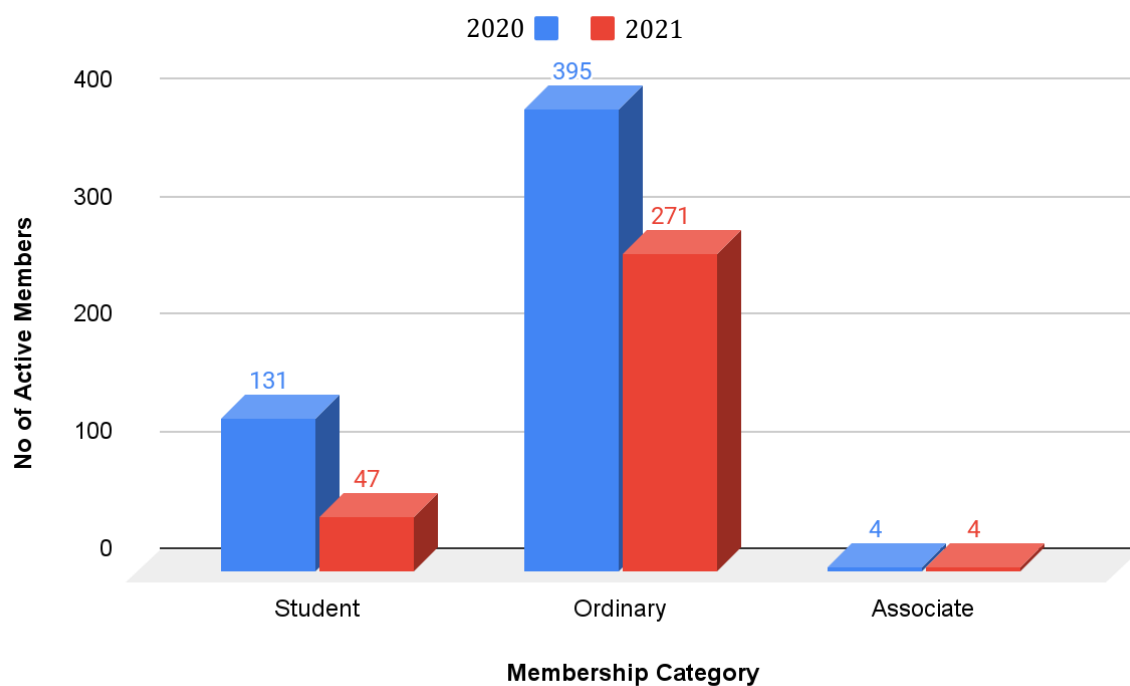
**Graph 1: Total MDA Members from 2013 to 2021
(as of March 31st, 2021)**



Note:

- 1) The data is generated based on the database available on the website since the establishment in 2011.
- 2) The membership from the old database is kept for reference to verify membership status if old (inactive) members would like to re-activate their MDA membership status.

Graph 2: MDA's Active Members (as of 31st March 2021)



Note:

- 1) Active: Members who have paid the current membership cycle (1 April 2020 - 31 March 2021).

9.3 THE ANALYTICAL REPORT OF THE MDA WEBSITE FOR 2020-2021

1. Website

Audience Overview

Indicator	Past Council Report Year 2019/2020 (May 2019 - April 2020)		Current Council Report Year 2020/2021 (May 2020 - April 2021)	
	Result	Average (in 12 months)	Result	Average (in 12 months)
Sessions <i>(A session is the period time a user is actively engaged with your website, app, etc.)</i>	47,491	3,958	61,102	5,091
Users <i>(Users that have at least one session within the selected date range. Includes both new and returning users.)</i>	35,566	2,963	38,375	3,198
Page views <i>(The total number of pages viewed. Repeated views of a single page are counted.)</i>	93,049	7,754	109,490	9,124
Pages/Session <i>(The average number of pages viewed during a session. Repeated views of a single page are counted.)</i>	1.96	N/A	1.79	N/A
Average Session Duration <i>(The average length of a session)</i>	1 min 39 sec	N/A	1 min 23 sec	N/A
Number of New Visitors	35,005	2,917	38,008	3,167
Number of Returning Visitors	5,783	481	7,583	632

Top 5 Countries that Viewed the Website the Most

Country	Sessions	% Sessions
Malaysia	24,949	64.7
United States	2,432	6.3
Singapore	1,535	3.9
India	1,254	3.2
United Kingdom	1,144	2.9

Top 5 Languages Used by Visitors in the Website

Language	Sessions	% Sessions
US English	19,968	51.9
UK English	13,283	34.6
English	779	2.0
Chinese (Simplified)	610	1.6
Malaysia English	562	1.5

Top 5 Cities that Viewed the Website the Most

City	Sessions	% Sessions
Kuala Lumpur	9,830	24.2
Shah Alam	2,759	6.8
Petaling Jaya	1,556	3.8
Puchong	1,534	3.8
Singapore	1,520	3.8

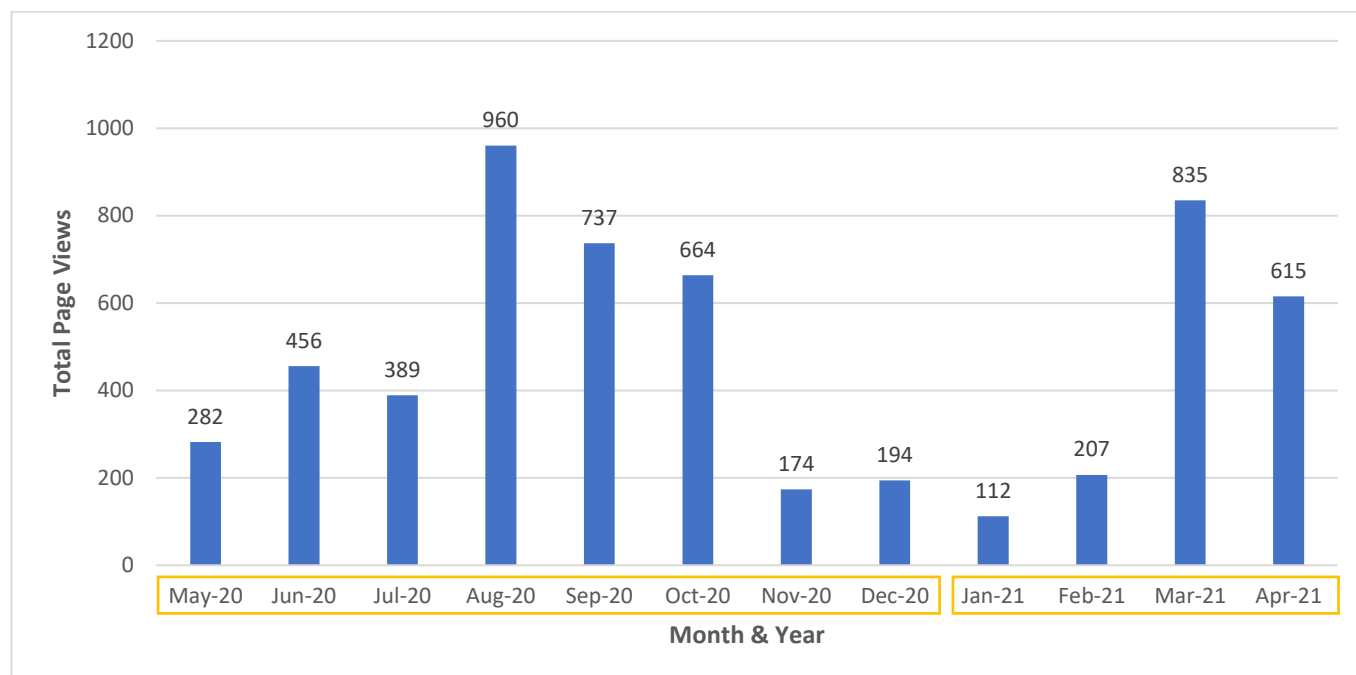
Acquisition Overview (Methods Used by Visitors that Lead Them to the Website)

Method	Sessions	% Sessions
Organic Search	32,689	81.1
Direct	4,817	12.0
Referral	2,257	5.6
Social	542	1.3

Top 5 Most Viewed Pages in the Website

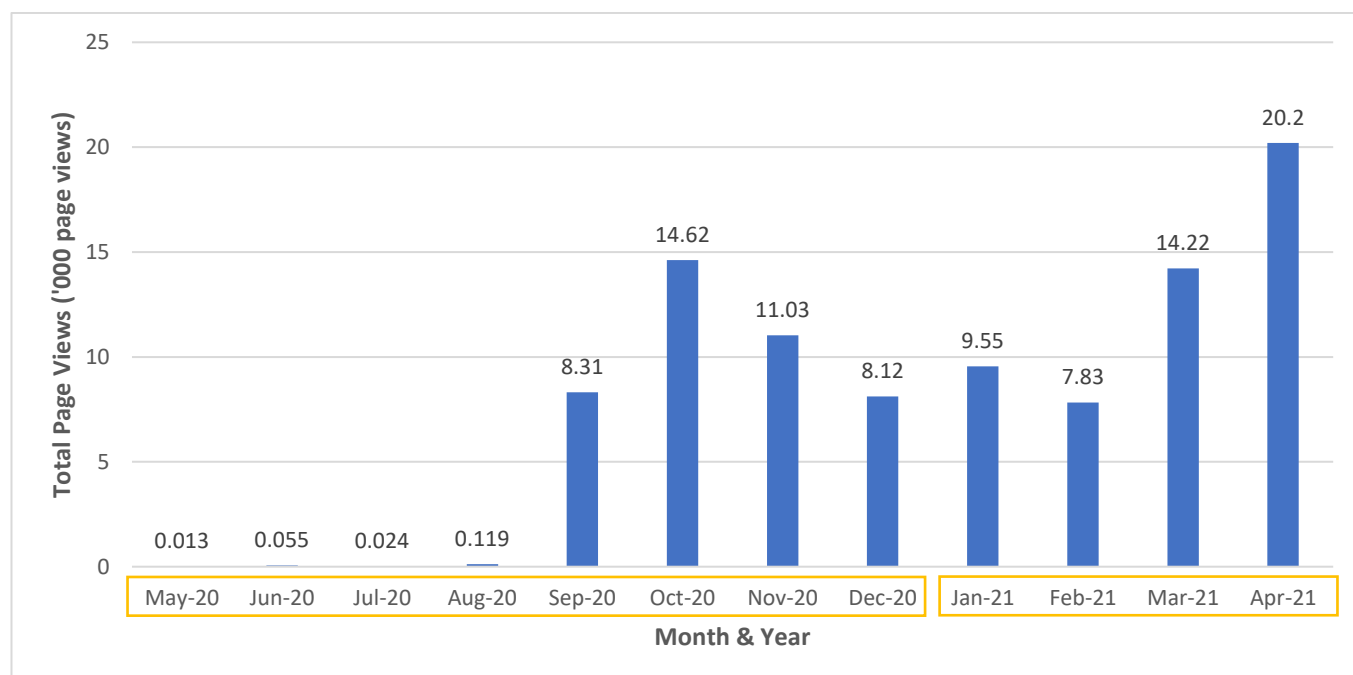
Page	Page views	% Page views
Homepage	21,992	20.1
How to Be a Qualified Dietitian	7,561	6.9
Health Info (Minimise Stomach Upsets During Ramadan)	6,092	5.6
Not Found	5,040	4.6
Not Found	5,040	4.6

2. Evidence Analysis Library (from May 2020 to April 2021)



Note: Page view is defined as 'the total number of pages viewed. Repeated views of a single page are counted.'

3. E-NCPT (from May 2020 to April 2021)



Note: Page view is defined as 'the total number of pages viewed. Repeated views of a single page are counted.'

4. MDA YouTube Account

Indicators	Year 2019/2020 (May 2019 – April 2020)		Year 2020/2021 (May 2020 – April 2021)	
	Result	Average (in 12 months)	Result	Average (in 12 months)
Performance				
Views	5,305	442	5,295	441
Watch Time	121.8 hours	10.2 hours	129.5 hours	10.8 hours
Average View Duration	1 min 22 sec	N/A	1 min 28 sec	N/A
Engagement				
Shares	160	N/A	103	N/A
New Subscribers	46	N/A	56	N/A

Top 5 Videos Watched

Videos	Watch Time (hours)	Views
MDA Website Launching Video	31.8	2,167 (40.9%)
Dietitians in Malaysia	69.9	1,800 (34.0%)
Malaysian Dietitians' Day 2020	7.4	272 (5.1%)
Interview 3 Managing Blood Sugar in People living with Type 2 Diabetes	5.4	117 (2.2%)
Malaysian Dietitians Day – Proud to be a Dietitian	1.2	109 (2.1%)

Demographics

Top 5 Countries	Watch Time (hours)	Views	Average View Duration
Malaysia	34.2	1,127 (21.3%)	1 min 49 sec
Indonesia	1.7	125 (2.4%)	49 sec
India	0.4	35 (0.7%)	45 sec
Bangladesh	0.2	11 (0.2%)	53 sec
Philippines	0.2	11 (0.2%)	56 sec

Discovery

Traffic source	Watch Time (hours)	Views	Average View Duration
YouTube search	50.7	1,908 (36.0%)	1 min 35 sec
Suggested videos	24.5	1,103 (20.8%)	1 min 20 sec
External	25.3	795 (15.0%)	1 min 54 sec
Channel pages	7.8	391 (7.4%)	1 min 11 sec
Playlists	4.5	343 (6.5%)	47 sec

9.4 MDA WEBINAR SERIES 2020 DETAILS

Month	Webinar Number	Date	Time	Theme	Topic	Speaker	Moderator / Chairperson	Sponsor / PIC	No. Registration	No. Attendance
May	0	6 May 2020	10 - 11 am	Online forum – learning from peers on online teaching	Online forum – learning from peers on online teaching	TFDE	Prof Winnie & AP Dr Barakatun Nisak	MDA	N/A	N/A
	1	16 May 2020	3-5pm	Ramadan and Diabetes	Emotional Aspect of Type 2 Diabetes Fasting during Ramadan	Prof Firdaus	Prof Winnie	Nestle Health Science	219	175
					Ramadan Nutrition Plan for People with Type 2 Diabetes -	AP Dr Barakatun Nisak Mohd Yusof				
					Update on the Management of Type 2 Diabetes	Dr Zanariah Hussein, Consultant Endocrinologist.				
June	2	13 June 2020	3.00 pm - 3.30 pm	Dietitians' Role in COVID-19 Management, and Beyond	Food and Nutrition Services during COVID-19 pandemic – experiences from KKM dietitians	Nurul Huda Ibrahim	AP Dr Hazreen	MDA	258	247
			3.30 pm - 4.00 pm		Nutrition management among ICU COVID19 patients; practical tips and challenges.	Gabby Ramlan		MDA		
			4.00 pm - 4.30 pm		Energy requirement using indirect calorimetry among ICU patients in Malaysia.	Tah Pei Chien		MDA		
	3	20 June 2020	3 - 4 pm	Weight Management with VLCD	Fight the obesity pandemic with Very Low Calorie Diet (VLCD)	Dr Masni Mohamad	AP Dr Barakatun Nisak	Nestle Health Science	317	267

	4	27 June 2020	3-5pm	Ageing Strong with Nutrition	Reducing the risk of falls in older adults	Dr. Nor 'Izzati Saedon				
					The Importance of Muscle Mass and Physical Function in Improving Clinical Outcomes	Dr Nina Mazera Mohd Said	AP Dr Nik Shanita	Abbott Nutrition	273	164
July	5	4 July 2020	3-4pm	Nuts and Health	The roles of nuts in body weight regulation.	Dr Tan Sze Yen, Deakin University	Georgen Thye	MDA	256	161
	6	11 July 2020	3-5pm	Managing Diabetes in a Pandemic Situation	Navigating the diet at home for diabetes control: Strategies beyond standard MNT advice	Prof Dr Winnie Chee Siew Swee	Dr Ng Ai Kah			
					Role of Diabetes-Specific Formula in Diabetes Management	Agnes Siew Ling Tey		Abbott Nutrition	233	164
	7	25 July 2020	3-5pm	Dietary Management in Pregnancy	Nutrition in Pregnancy- What's New in the Horizon?	Dr Raman Subramaniam	Mushidah Zakiah	Mead Johnson Nutrition	281	172
August	8	15 August 2020	3-5pm	Managing Sarcopenia in Clinical Practice	Sarcopenia in Clinical Practice: An Update on Diagnosis and Management	Robin Daly, Deakin University	Prof Dr Winnie Chee Siew Swee	SECA	252	154
					Use of BIA to Diagnose Sarcopenia	Dr Michael Maish				
	9	29 August 2020	3-5pm	Bariatric Surgery Treatment & Management	Bariatric Surgery: An Effective Treatment for Morbid Obesity	AP Dato' Nik Ritza Kosai bin Nik Mahmood	Dr Nurul Huda Razalli	Nestle Health Science	300	201
					Peri-Operative Nutritional Management of Bariatric Patients	Izabela Kerner				
	10	5 September 2020	3-5pm	Nutrition for a Healthy Heart – Journey with a Dietitian & a Scientist	Journey With A Dietitian: Nutrition Management for Cardiovascular Health	Foong Pui Hing	Prof Winnie	Nestle Health Science	145	145
					Functional Ingredients for Heart Health – What's New?	Dr Diane Zimmermann				

	11	12 September 2020	3-5pm	Total Nutrition Therapy in Renal Care	TNT Renal is a specialty course for professionals who care for people with Acute and chronic kidney disease.	Dr Arun B. Shah	Nurul Huda Ibrahim	Pentasure	178	132
	12	26 September 2020	3-4 pm	Perioperative Dietary Management.	Protein Matters in Perioperative Surgical Patients	Dr Reynu Rajan	AP Dr Hazreen	Pharm D	199	113
October	13	10 October 2020	3-4 pm	Child Nutrition & Emotion	Is Optimal Cognition, Emotion and Social: A Right or a Choice?	Dr Rajini Sarvananthan	Mushidah Zakiah	Mead Johnson Nutrition	150	135
	14	17 October 2020	3-5 pm	Managing Sarcopenia in Clinical Practice Part 2	Use of Bioelectrical Impedance Analysis for Identifying Malnutrition in Cardiac Patients at Institute Jantung Negara	Ms Vatana V Sundar	Prof Winnie	SECA	77	150
					Clinically validated BIA for Improved Nutritional Assessment	Mr Lennart von Wulfing				
	15	24 October 2020	3-4 pm	Nutrition and Immunity in Growing Up Children	Immunity is Built not Born	Associate Professor Dr Intan Hakimah Ismail	AP Dr Nik Shanita	Mead Johnson Nutrition	164	155
November	16	7 November 2020	4-5pm	Gut Health: What's New with Probiotics?	Probiotic Promises: Can They Deliver What They Promise?	Bruno Pot	AP Dr Hazreen	Yakult	163	132
	17	21 November 2020	3-5pm	Fiber and Prebiotic Supplementations: Does It Help With Gastrointestinal Symptoms and Gut Microbiome?	Fiber and Prebiotic Supplementations: Does It Help With Gastrointestinal Symptoms and Gut Microbiome?	Prof Hazreen Abdul Majid	Georgen Thye	Pharm D	168	150



Persatuan Dietitian Malaysia

SECTION C:
FINANCIAL REPORT
2020/2021
(1ST OF APRIL 2020
TO
31ST OF MARCH 2021)

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

STATEMENT OF ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021

INDEX

	Page(s)
Executive Committee's Statement	1
Independent Auditors' Report	2
Statement of Financial Position	3
Income and Expenditure Account	4 to 6
Statement of Receipts and Payments	7 and 8
Notes to the Financial Statements	9 to 15

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

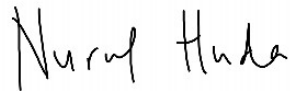
EXECUTIVE COMMITTEE'S STATEMENT

The Executive Committee of **MALAYSIAN DIETITIANS' ASSOCIATION**, state that, in their opinion, the accompanying statement of financial position, income and expenditure account and statement of receipts and payments, together with the notes thereto, are drawn up in accordance with the provisions of the rules and regulations of the Association and the Malaysian Private Entities Reporting Standard so as to give a true and fair view of the state of affairs of the Association at 31 March 2021, its income and expenditure and receipts and payments for the year ended on that date.

On behalf of the Executive Committee,



PROF DR WINNIE CHEE SIEW SWEE
President



DR NURUL HUDA RAZALLI
Honorary Secretary



DR NG AI KAH
Honorary Treasurer



DR HAMDAN MOHAMAD
Honorary Auditor



DR ZULFITRI @ AZUAN MAT DAUD
Honorary Auditor

Kuala Lumpur

**INDEPENDENT AUDITORS' REPORT TO THE EXECUTIVE COMMITTEE OF
MALAYSIAN DIETITIANS' ASSOCIATION (Registration No: PPM-018-10-17121994)
(Registered in Malaysia)**

Report on the Financial Statements

In our opinion, the accompanying accounts are drawn up in accordance with the provisions of the rules and regulations of the Association and the Malaysian Private Entities Reporting Standard so as to give a true and fair view of the transactions and the state of affairs of the Association as at 31 March 2021 according to the information and explanations given to us and shown by the books and vouchers of the Association.

**GEP ASSOCIATES
AF 1030
Chartered Accountants**

**GONG WOUI TEIK
00741/04/2022 J
Chartered Accountant**

Petaling Jaya

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2021

	Note	2021 RM	2020 RM
CURRENT ASSETS			
Other receivables and prepayments	3	25,507.63	84,705.30
Fixed deposits with a licensed bank	4	250,931.41	245,300.62
Current tax assets		27,247.00	21,795.01
Bank balances	5	277,259.27	339,782.75
Cash balance		862.14	862.14
		581,807.45	692,445.82
Less : CURRENT LIABILITIES			
Other payables, accruals and advanced received	6	20,190.24	35,910.24
		20,190.24	35,910.24
NET CURRENT ASSETS		561,617.21	656,535.58
		561,617.21	656,535.58
Financed by :			
ACCUMULATED FUNDS			
BALANCE AS AT 1 APRIL		656,535.58	652,668.33
(DEFICIT)/SURPLUS FOR THE YEAR AFTER TAXATION		(94,918.37)	3,867.25
BALANCE AS AT 31 MARCH		561,617.21	656,535.58

The accompanying Notes form an integral part of the Financial Statements.

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2021

	Note	2021 RM	2020 RM
INCOME			
Webinar		25,500.00	-
Surplus from membership	7	25,056.90	45,766.09
Fixed deposit interest		5,339.77	7,500.69
Sponsorship - Forum Kejururawatan Kebangsaan		(48,000.00)	51,000.00
Surplus from MDA National Conference 2019	8	-	40,404.31
Sponsorship - Nestle Malaysia Breakfast day		-	23,100.00
Sponsorship - Nestle-Secondary School Cooking Competition 2018/2019		-	16,000.00
		<u>7,896.67</u>	<u>183,771.09</u>
Less : EXPENDITURE			
Deficit from MDA National Conference 2020	9	33,511.93	-
Secretariat expenses - AMM Secretariat		10,000.00	10,000.00
- Crest Evendx Sdn. Bhd.		9,000.00	-
- Anderes Fourdy		-	45,000.00
Subscribe online learning domain			
- E-NCPT		8,272.00	8,570.00
- EAL subscription		5,037.60	-
- International Confedatation of Dietetic Association of Dietetics ICD Granda		1,392.90	-
Printing and stationery		6,980.00	14,090.00
Meeting expenses			
- Honorarium		4,700.00	6,430.00
- Travelling expenses		2,757.00	4,899.57
- Refreshment		94.00	1,534.65
- Hotel accommodation		-	1,853.90
Accounting fee		3,800.00	4,200.00
Website			
- Zoom		3,350.00	-
- Orangesoft Sdn Bhd		854.00	907.70
- Mobile 88.com Sdn Bhd		500.00	500.00
Audit fee		2,800.00	2,800.00
Taxation fee		2,300.00	1,500.00
Condolence		2,000.00	1,000.00
Oncdogu Seminar 2019		2,000.00	-
SST expenses		1,695.60	366.60
The Nutrition Care Process Terminologies Workshop 2017 – Venue rental		1,625.00	100.00

(forward)

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2021

	Note	2021 RM	2020 RM
Travelling expenses - Miscellaneous		50.00	50.00
Education Fund Account			
- Grant		40.00	11,300.00
Postage and courier		30.00	30.00
Deficit from MDA Day 2019	10	-	18,020.78
Deficit from the 7th Asian Congress of Dietetics 2018	12	-	2,200.00
Deficit from MDA National Conference 2018 - Prize		-	700.00
Deficit from Medical Nutrition Therapy (MNT)			
Guidelines for Critically Ill in Adult	11	-	10,810.69
4th National Dietetics Education Workshop			
- Travelling expenses		-	7,517.81
- Refreshment		-	5,047.30
- Honorarium		-	3,025.00
- Hotel accommodation		-	2,989.00
- Materials		-	448.60
- Wages		-	358.00
- Printing and stationery		-	338.25
- Registration fee		-	250.00
- Souvenir		-	50.00
CPD Honorarium/Sponsorship			
- Others		-	2,500.00
- Awareness Epidemic Obesity		-	2,000.00
- MIMS		-	1,500.00
MYCORPS volunteer			
- Sponsorship		-	1,000.00
Membership fee			
- Malaysian Confederation of Allied Health Professional Associations (MYCAHP)		-	200.00
		<u>102,790.03</u>	<u>174,087.85</u>
(DEFICIT)/SURPLUS FOR THE YEAR BEFORE TAXATION		(94,893.36)	9,683.24
INCOME TAX EXPENSE			
- under provision in prior year		<u>(25.01)</u>	<u>(5,815.99)</u>
(DEFICIT)/SURPLUS FOR THE YEAR AFTER TAXATION		<u>(94,918.37)</u>	<u>3,867.25</u>

The accompanying Notes form an integral part of the Financial Statements.

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31 MARCH 2021

	RM	RM
RECEIPTS		
Balance as at 1.4.2020		
Bank balances		339,782.75
Cash balance		<u>862.14</u>
		340,644.89
RECEIPTS		
Webinar	27,800.00	
Surplus from membership	14,158.95	
MDA National Conference 2018	750.00	
GST control a/c	<u>93.00</u>	<u>42,801.95</u>
		383,446.84
Less : PAYMENTS		
Secretariat expenses	28,000.00	
Net payments from MDA National Conference 2020	13,811.93	
Membership fee		
- E-NCPT	8,272.00	
- EAL subscription	4,896.00	
- International Confederation of Dietetic Association of Dietetics ICD Granda	1,392.90	
Webinar - secretariat fees	7,500.00	
Printing and stationery	6,980.00	
Tax payment	5,477.00	
Meeting expenses		
- Honorarium	4,700.00	
- Travelling expenses	2,757.00	
- Refreshment	94.00	
Accounting fee	4,200.00	
Website		
- Zoom	3,350.00	
- Orangesoft Sdn. Bhd.	854.00	
- Mobile 88.com Sdn. Bhd.	500.00	
Audit fee	2,800.00	
Taxation fee	2,300.00	
CPD Sponsorship		
- Oncology seminar 2019	2,000.00	
Condolence	2,000.00	
Service tax	1,695.60	
The Nutrition Care Process Terminologies Workshop 2017 – Venue rental	1,625.00	

(forward)

	RM	RM
Travelling expenses	50.00	
Education Fund Account		
- Grant	40.00	
Postage and courier	<u>30.00</u>	<u>105,325.43</u>
		<u>278,121.41</u>
Balance as at 31.3.2021		
Bank balances		277,250.27
Cash balance		<u>862.14</u>
		<u>278,121.41</u>

The accompanying Notes form an integral part of the Financial Statements.

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

NOTES TO THE FINANCIAL STATEMENTS
31 MARCH 2021

1. BASIC OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements of the Association have been prepared in accordance with the provisions of the rules and regulations of the Association and the Malaysian Private Entities Reporting Standard ("MPERS").

2. SIGNIFICANT ACCOUNTING POLICIES

The financial statements have been prepared on the cost basis.

The principal accounting policies adopted are set out below:

2.1 FINANCIAL ASSETS

Financial assets are recognised in the statement of financial position when the Association becomes a party to the contractual provisions of the instrument.

On initial recognition, financial assets are measured at transaction price.

After initial recognition, financial assets are classified into financial assets that are debt instruments measured at amortised cost.

i) Financial Assets That Are Debt Instruments Measured At Amortised Cost

After initial recognition, debt instruments are measured at amortised cost using the effective interest method. Debt instruments that are classified as current assets are measured at the undiscounted amount of the cash or other consideration expected to be received.

ii) Impairment Of Financial Assets

At the end of each reporting period, the Association assesses whether there is any objective evidence that financial assets that are measured at cost or amortised cost, are impaired.

Impairment losses, in respect of financial assets measured at amortised cost, are measured as the differences between the assets' carrying amounts and the present values of their estimated cash flows discounted at the assets' original effective interest rate.

The carrying amounts of the financial assets are reduced directly, except for the carrying amounts of receivables which are reduced through the use of an allowance account. Any impairment loss is recognised in profit or loss immediately. If, in subsequent period, the amount of an impairment loss decreases, the previously recognised impairment losses are reversed directly, except for the amounts related to receivables which are reversed to write back the amount previously provided in the allowance account. The reversal is recognised in profit or loss immediately.

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

iii) Derecognition Of Financial Assets

Financial assets are derecognised when the contractual rights to the cash flows from the financial assets expire, or are settled, or the Association transfers to another party substantially all of the risks and rewards of ownership of the financial assets.

On derecognition of financial assets in their entirety, the differences between the carrying amounts and the sum of the consideration received and any cumulative gains or losses are recognised in profit or loss in the period of the transfer.

2.2 FINANCIAL LIABILITIES

Financial liabilities are recognised in the statement of financial position when the Association becomes a party to the contractual provisions of the instrument.

On initial recognition, financial liabilities are measured at transaction price.

After initial recognition, financial liabilities are classified into financial liabilities measured at amortised cost.

i) Financial Liabilities Measured At Amortised Cost

After initial recognition, financial liabilities are measured at amortised cost using the effective interest method. Gains or losses are recognised in profit or loss when the financial liabilities are derecognised or impaired.

ii) Derecognition Of Financial Liabilities

Financial liabilities are derecognised when the obligation specified in the contract is discharged, cancelled or expires.

Any difference between the carrying amounts of the financial liabilities derecognised and the consideration paid is recognised in profit or loss.

2.3 REVENUE

Fixed deposits interest is recognised on an accrual basis.

All other income are recognised on an accrual basis except for membership fees which are recognised on receipt basis.

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)
3. OTHER RECEIVABLES AND PREPAYMENTS

	2021 RM	2020 RM
(i) Conference		
Other receivables		
- Pharma D	4,000.00	-
- Nestle Health Science	3,180.00	-
- AJ Research & Pharma Sdn. Bhd.	2,000.00	-
- Danone Specialised Nutrition (Malaysia) Sdn. Bhd.	-	48,000.00
- International Islamic University Malaysia	-	750.00
Prepayments		
- MDA Conference 2020		
- Seminar package	-	30,000.00
(ii) Malaysian Dietitians' Association		
Mobile 88.com	10,897.95	-
Prepayment - subscription	4,896.00	5,037.60
Fixed deposits interest receivable	533.68	824.70
GST control account	-	93.00
	<u>25,507.63</u>	<u>84,705.30</u>

4. FIXED DEPOSITS WITH A LICENSED BANK

Details of fixed deposits are as follows :

Name of Bank	Fixed Deposit Account No.	Serial No.	2021 RM	2020 RM
Malayan Banking Berhad	212174171238	029024	39,305.63	38,417.97
Malayan Banking Berhad	212174171238	033453	29,802.82	29,165.68
Malayan Banking Berhad	212174171238	698184	97,125.86	94,932.43
Malayan Banking Berhad	212174171238	2466184	84,697.10	82,784.54
			<u>250,931.41</u>	<u>245,300.62</u>

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

5. BANK BALANCES

	2021 RM	2020 RM
Malayan Banking Berhad 512174-351924		
- Conference	175,667.64	155,918.14
Malayan Banking Berhad 012174-309222 - Main	16,318.78	98,591.76
Malayan Banking Berhad 512174-351917		
- Education fund	53,838.35	53,838.35
Malayan Banking Berhad 512174-317183 - CPD	31,434.50	31,434.50
	<u>277,259.27</u>	<u>339,782.75</u>

6. OTHER PAYABLES, ACCRUALS AND ADVANCED RECEIVED

	2021 RM	2020 RM
(i) Malaysian Dietitians' Association		
<u>Accruals</u>		
Accounting fee	6,200.00	6,600.00
Audit fee	2,800.00	2,800.00
Secretariat expenses	-	9,000.00
(ii) Education Fund		
<u>Other payable</u>		
- Education Fund	7,112.24	7,112.24
(iii) Conference		
<u>Advance received</u>		
Webinar	3,180.00	-
MDA Conference 2020		
- Exhibition booths	-	8,000.00
- Registration fee	-	2,300.00
<u>Other payable</u>		
Registration fee	800.00	-
(iv) National Dietetics Education Workshop		
<u>Other payable</u>		
Hotel reimbursement - Nor Ain Binti Shaari	98.00	98.00
	<u>20,190.24</u>	<u>35,910.24</u>

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

7. MEMBERSHIP

	2021 RM	2020 RM
INCOME		
Membership fee	<u>25,790.00</u>	<u>47,246.09</u>
Less : EXPENDITURE		
Bank charges	<u>733.10</u>	<u>1,480.00</u>
SURPLUS FROM MEMBERSHIP	<u>25,056.90</u>	<u>45,766.09</u>

8. MDA NATIONAL CONFERENCE 2019

	2021 RM	2020 RM
INCOME		
Sponsorship	-	216,500.00
Registration fee	<u>-</u>	<u>116,794.46</u>
	<u>-</u>	<u>333,294.46</u>
Less : EXPENDITURE		
Seminar package	-	151,270.00
PCO management fee	-	74,200.00
Construction of booth	-	31,686.00
Prize	-	10,400.00
Opening ceremony	-	9,500.00
Honorarium	-	6,200.00
Printing and stationery	-	4,445.00
Bank charges	-	1,707.00
Photographer	-	1,500.00
Hotel accommodation	-	658.00
Wages	-	600.00
Plaque	-	570.00
Souvenir	<u>-</u>	<u>154.15</u>
	<u>-</u>	<u>292,890.15</u>
SURPLUS FROM MDA NATIONAL CONFERENCE 2019	<u>-</u>	<u>40,404.31</u>

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

9. MDA NATIONAL CONFERENCE 2020

	2021 RM	2020 RM
INCOME		
Registration fee	<u>800.00</u>	<u>-</u>
Less : EXPENDITURE		
Seminar package	30,000.00	-
Travelling expenses	<u>4,311.93</u>	<u>-</u>
	<u>34,311.93</u>	<u>-</u>
DEFICIT FROM MDA NATIONAL CONFERENCE 2020	<u>(33,511.93)</u>	<u>-</u>

10. MDA DAY 2019

	2021 RM	2020 RM
EXPENDITURE		
Honorarium	-	8,100.00
Refreshment	-	5,112.44
Construction of booth	-	1,730.00
Printing and stationery	-	1,078.52
Gift	-	1,000.00
Lucky draw	-	500.00
Materials	-	480.92
Souvenir	<u>-</u>	<u>18.90</u>
	<u>-</u>	<u>18,020.78</u>
DEFICIT FROM MDA DAY 2019	<u>-</u>	<u>(18,020.78)</u>

MALAYSIAN DIETITIANS' ASSOCIATION
(Registered in Malaysia)

11. MEDICAL NUTRITION THERAPY (MNT) GUIDELINES FOR CRITICALLY III IN ADULT

	2021 RM	2020 RM
INCOME		
Sponsorship	-	9,760.00
EXPENDITURE		
Honorarium	-	10,955.00
Printing and stationery	-	6,775.00
Refreshment	-	2,788.49
Travelling expenses	-	52.20
	-	20,570.69
DEFICIT FROM MEDICAL NUTRITION THERAPY (MNT) GUIDELINES FOR CRITICALLY III IN ADULT	-	(10,810.69)

12. THE 7TH ASIAN CONGRESS OF DIETETICS 2018

	2021 RM	2020 RM
Less : EXPENDITURE		
Hotel accommodation	-	1,252.40
Travelling expenses	-	947.60
	-	2,200.00
DEFICIT FROM THE 7TH ASIAN CONGRESS OF DIETETICS 2018	-	(2,200.00)