

### **OUTLINE**

- BACKGROUND
- IMPLIMENTATION OF VIRTUAL CLINICS
- EXPENSION OF VIRTUAL CLINICS
- CHALLENGES IN IMPLEMENTING VIRTUAL CLINICS
- WAY FORWARD





### BACKGROUND



Telemedicine Flagship Application

MALAYSIA'S TELEMEDICINE BLUEPRINT

INFORMATION AGE

Ministry of Health (MOH) MALAYSIA, 25 July 1997



# PROVIDES THE CONCEPTUAL MODEL AND IMPLEMENTATION ROAD MAP

Specifically this *Telemedicine Blueprint* provides the conceptual model and implementation road map for the roll-out of telemedicine across the nation, and links Malaysia into a global network of <sup>1</sup>virtual\* health services.

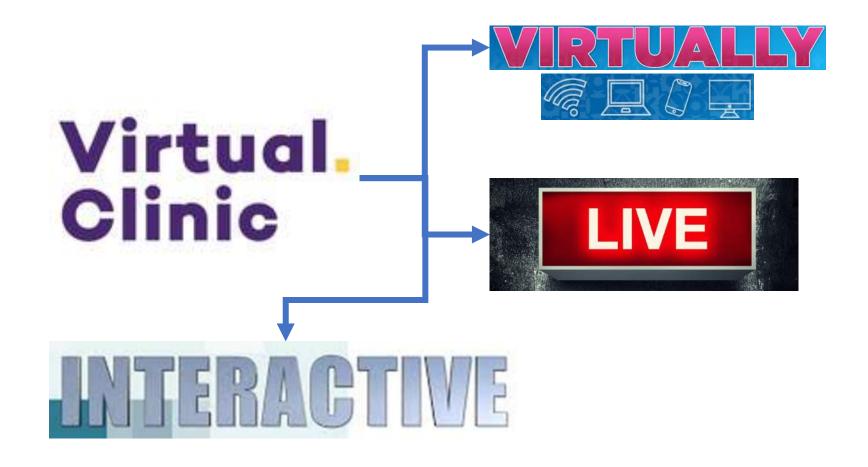
# UTILISING MULTIMEDIA APPLICATIONS, TOOLS, TECHNOLOGIES AND NETWORK

Telemedicine links people and delivers services by utilising multimedia applications, tools, technologies and networks.

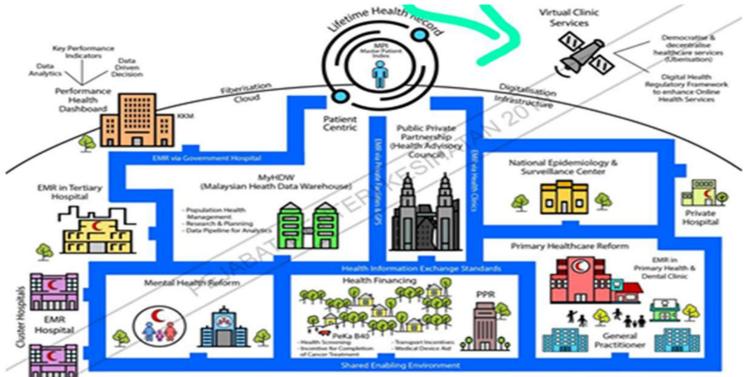
 $(MOH\ 25^{TH}\ JULY\ 1997)$ 

### WHAT IS VIRTUAL CLINIC?

A method of
Healthcare Delivery
Including Clinical
Consultation &
Client's Healthcare
Plan



### National Health Reform Agenda Malaysia



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15/05/19

## **OBJECTIVE**

INCREASE ASSESIBILTY TO PRIMARY HEALTHCARE

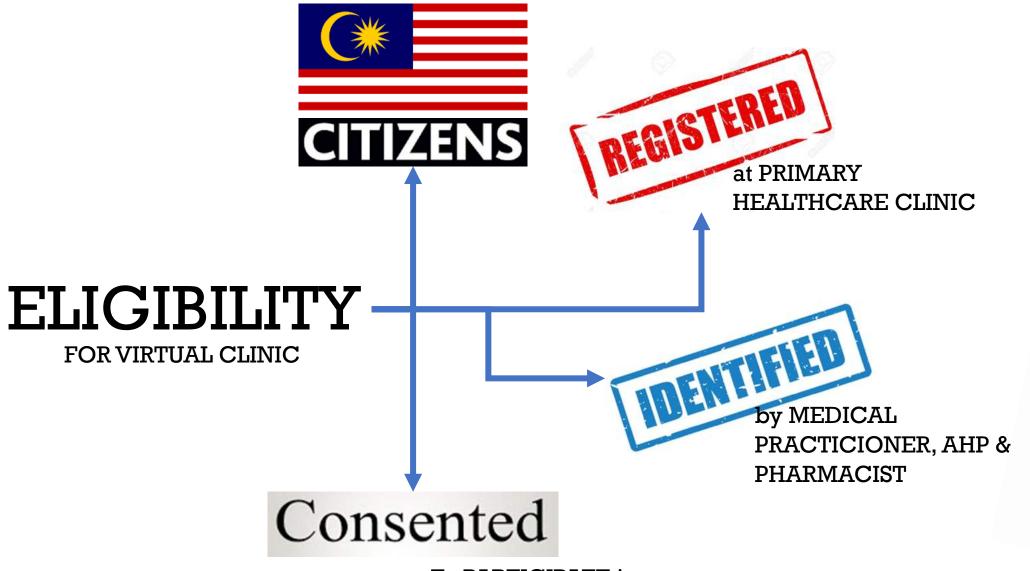
REDUCE CROWDEDNESS IN PRIMARY HEALTHCARE CLINICS

### PROOF of CONCEPT AUG 2019 - AUG 2020



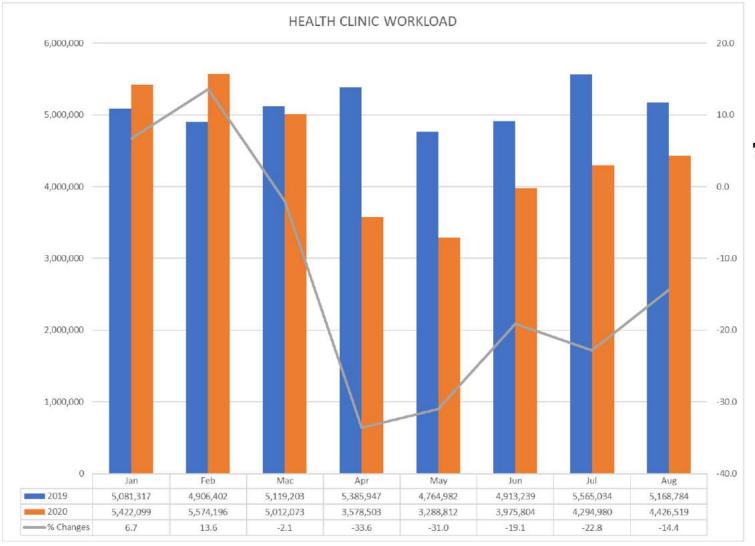
KLINIK KESIHATAN PUTRAJAYA PRESINT 18
KLINIK KESIHATAN SEKSYEN 7 SHAH ALAM
KLINIK KESIHATAN SEBERANG JAYA
KLINIK KESIHATAN LUYANG
KLINIK KESIHATAN TUDAN

CLIENT'S ACCEPTENCE
TOWARDS VIRTUAL CLINIC



To PARTICIPATE in VIRTUAL CLINIC





#### TOTAL ATTENDENCE

2019: 40,904,908



2020: 35,572,986



# GARIS PANDUAN PASCA PERINTAH KAWALAN PERGERAKAN PERKHIDMATAN DI KLINIK KESIHATAN/KLINIK KOMUNITI/ KLINIK KESIHATAN IBU DAN ANAK/KLINIK DESA

Bahagian Pembangunan Kesihatan Keluarga Kementerian Kesihatan Malaysia

17 Mei 2020

#### 4.14. Perkhidmatan Dietetik dan Kaunseling Pemakanan

- Kaunseling Individu
  - a. Menggunakan system temujanji berperingkat/dalam talian
  - Memastikan penjarakan sosial di antara petugas dan pesakit
  - c. Mematuhi panduan pemakaian PPE mengikut garis panduan sedia ada
  - Mematuhi panduan kebersihan diri dan tempat kerja mengikut garis panduan sedia ada
- ii. Kaunseling Berkumpulan
  - a. Diadakan bagi kumpulan yang kecil
  - Memastikan penjarakan sosial di antara petugas dan pesakit, mengikut kapasiti ruang klinik yang ada
  - c. Mematuhi panduan pemakaian PPE mengikut garis panduan sedia ada
  - Mematuhi panduan kebersihan diri dan tempat kerja mengikut garis panduan sedia ada
- iii. Kaunseling Secara Tele-Konsultasi (Melalui Telefon/Video)/ Klinik Maya
  - a. Menggunakan sistem temu janji secara atas talian
  - Menggunakan talian telefon yang dikhaskan untuk konsultasi (bukan talian telefon peribadi)
  - Menggunakan platform video conferencing yang rasmi dan selamat (Skype for business)/platform virtual clinic sedia ada (di klinik dengan pilot VC)
  - d. Memastikan segalan tele-konsultasi adalah mematuhi kerahsiaan pesakit
- iv. Kelas Pendidikan Maya
  - Perluasan capaian kepada pesakit secara menggunakan platform seperti FB live/ webinar dan seumpama
  - Berbentuk komunikasi 2 hala
  - c. Memberi panduan umum dan tidak berbentuk konsultasi individu.



### **COVID-19 PANDEMIC**

61% of countries with service disruption used telemedicine

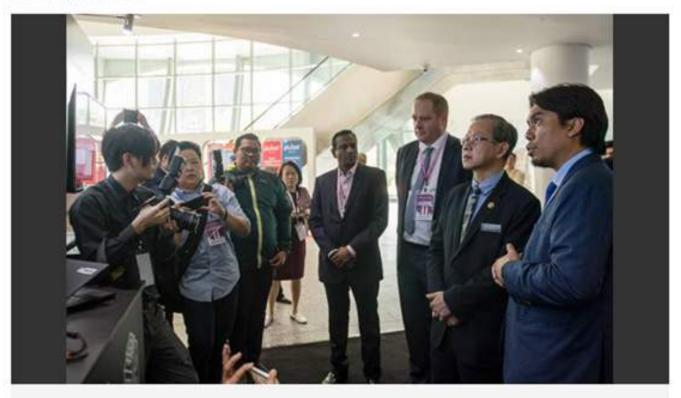
Paradigm shift in healthcare services.

- Increase access to healthcare services.
- Reduced clinic visit frequency and waiting time at facilities
- VC scope include consultations, health educations and referral
- During MCO: reduce patients' movement, minimized contact, avoid overcrowd
- Free of Charge

TELEMEDICINE & VIRTUAL CLINIC

### KKM cadang perluas 'klinik virtual' di seluruh negara

November 21, 2019 04:47 MYT



Dr Lee Boon Chye selepas merasmikan Sidang Kemuncak Kesihatan ASEAN 2019 pada Rabu. -Foto Bernama

Kementerian Kesihatan berhasrat memperluaskan pelaksanaan 'klinik virtual' di seluruh negara untuk meningkatkan kecekapan penjagaan kesihatan pesakit luar.

Timbalan Menteri Kesihatan Dr Lee Boon Chye berkata melalui pelaksanaan itu, pesakit mempunyai pilihan untuk mendapatkan perundingan penjagaan kesihatan secara dalam talian dan tidak perlu bersemuka dengan pengamal

### **EXTENSION** of VIRTUAL CLINIC

**OBJECTIVE** 

**INCREASE ASSESIBILTY TO** PRIMARY HEALTHCARE

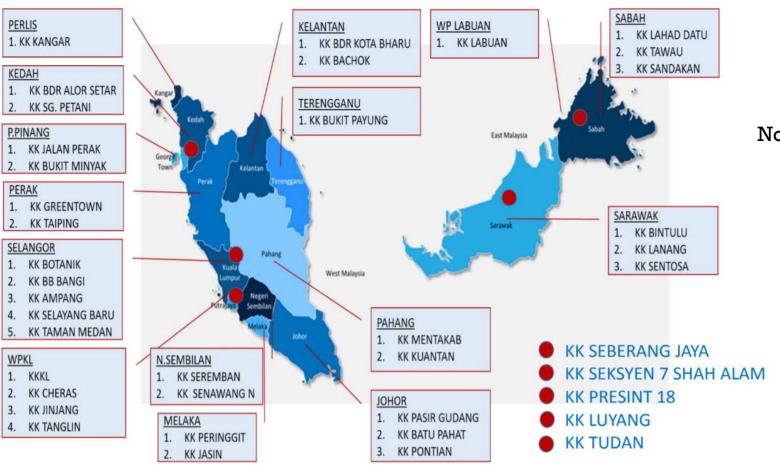
REDUCE CROWDEDNESS IN PRIMARY HEALTHCARE CLINICS

COVID-19 PANDEMIC

**COMPLY TO NEW NORM:** PHYSICAL DISTANCING

REDUCE CLINIC ATTENDANCE TO FLATTEN THE COVID-19 CURVE

### VIRTUAL CLINIC IMPLEMNTATION



AUG 2019 - AUG 2020: POC in 5 KK

OCT 2020: EXTENDED SCOPE &

**INCREASE NO of CLINIC** 

No of MNT Cases consulted via Virtual Clinic 2020

монтн	VIRTUAL CLINIC	NO OF PROGRAM	NO OF PARTICIPANTS
PERLIS	69	0	0
P. PINANG	861	0	0
PERAK	46	4	107
SELANGOR	2,947	1	12
WPKL & PUTRAJAYA	87	0	0
NEGERI SEMBILAN	236	0	0
MELAKA	7	0	0
PAHANG	2	0	0
TERENGGANU	0	0	0
KELANTAN	598	0	0
SABAH	32	0	0
TOTAL	4,885	5	119

Official platform: 709 (14.6%)

Other platform: 4,178 (85.5%)



# GARIS PANDUAN BAGI PERLUASAN PELAKSANAAN KLINIK VIRTUAL (VIRTUAL CLINIC)

BAHAGIAN PEMBANGUNAN KESIHATAN KELUARGA
KEMENTERIAN KESIHATAN MALAYSIA
2020





# GARIS PANDUAN PELAKSANAAN KLINIK VIRTUAL & TELE-KONSULTASI PERKHIDMATAN DIETETIK

BAHAGIAN PEMBANGUNAN KESIHATAN KELUARGA
KEMENTERIAN KESIHATAN MALAYSIA
2020

ADOPTED FROM GARISPANDUAN PERLUASAN PELAKSANAAN KLINIK VIRTUAL, BAHAGIAN PEMBANGUNAN KESIHATAN KELUARGA KKM

#### ADDITIONAL DIETETICS SCOPE AND SEVICES INCLUDING:

- GROUP CONSULTATION,
- HEALT EDUCATION CLASS,
- MULTI-DISIPLINARY TEAM
- TELE-CONSULTATION

FINATION

Konsultasi Individu ertinya intervensi diet yang diberikan secara khusus kepada individu pelanggan. Terdapat penilaian pemakanan dan perancangan pemakanan diberikan khusus untuk individu/pelanggan berdasarkan penyakit dan keadaan pelanggan.

Konsultasi berkumpulan ertinya intervensi diet yang diberikan kepada 1 kumpulan pelanggan dalam satu-satu masa. Terdapat penilaian pemakanan asas dijalankan secara ringkas dan pelan pemakanan yang memenuhi kumpulan sasaran tersebut diberikan.

Kelas Pendidikan ertinya, pendidikan diet yang diberikan secara berkumpulan, tiada penilaian dan perancangan intervensi khusus untuk setiap individu dijalankan. Maklumat yang disampaikan adalah maklumat asas yang standad bagi pengurusan diet dan penyakit tersebut.

8

Multi-disciplinary Team (MDT) ertinya intervensi yang dijalan bersama beberapa profesion kesihatan secar bersepadu terhadap satu atau lebih pelanggan dalam satu masa yang sama.

Perkhidmatan tele-konsultasi ertinya penilaian dan intervensi pemakanan yang diberikan melalui talian telefon atau aplikasi *mesenger* 

1

#### 6.3. Data Rekod Perubatan Pesakit (RPP)

#### 6.3.1. Tatacara Penyimpanan rekod pesakit

- 6.3.1.1. Maklumat pesakit perlu didokumenkan mengikut tatacara di dalam Garispanduan Pengendalian dan Pengurusan Rekod Perubatan Pesakit bagi hospital-hospital dan institusi perubatan Bil 17/2010 dan garis panduan yang berkaitan.
- 6.3.1.2. RPP perlu di simpan dan dilupuskan mengikut Jadual Rekod Perubatan 2016 di Fasiliti Kementerian Kesihatan Malaysia.
- 6.3.1.3. Secara dasarnya, video atau audio sepanjang sesi konsultasi virtual tidak boleh dirakam. Sekiranya rakaman dibuat, ia dibuat bagi tujuan tertentu seperti audit perkhidmatan dan penyelidikan, penyimpanan dan pelupusannya masih juga tertakluk kepada garis panduan pengurusan RPP yang berkuatkuasa.

### 6.3.2. Keselamatan Data (Security):

6.3.2.1. Pengendalian data pesakit dan sesi konsultasi virtual hendaklah mematuhi Dasar Keselamatan ICT semasa, yang terkini Dasar Keselamatan ICT KKM Versi 5.0 keluaran 2019.



## SELF MONITORING

• HEALTH TECHNOLOGIES DEVICES & APPLICATION



# DEVICE & SYSTEM RELATED TO NUTRITION & DIETETICS

- Encourage public and patients to do self monitoring using available tools and apps
- All information will be useful in managing cases and program development



## Wearable Health Technologies



Enabled activity and fitness tracking



Tracks oxygen levels and easy way to track pulse



Adds more measurements to track fitness

Increased health through patient awareness

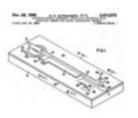
First Pedometer (1760) First Electrocardiogram (1895) First Pulse Oximeter (1935)

First MEMS Device (1965) FitBit Releases First Product (2009) Apple Releases
Apple Watch with
ECG
(2018)

Future



Tracks electrical activity of heart



Enables miniaturization of electrical systems

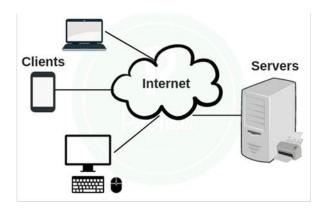


Tracks electrical activity of heart and potential diagnosis

Wearables can be used to collect data on a user's health including:

- Heart rate
- Calories burned
- · Steps walked
- Blood pressure
- Release of certain biochemicals
- Time spent exercising
- Seizures
- physical strain





NETWORK OPERATING SYSTEM

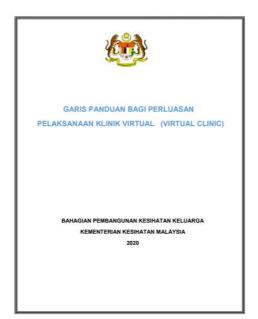




### ISSUES IN IMPLEMENTATION: TELEMED & VIRTUAL CLINIC









# ELECTRONIC MEDICAL RECORD (EMR) & ELECTRONIC HEALTH RECORD (EHR)

### EHR and EMR: the difference

### Electronic Medical Record (EMR):

 An electronic record of health-related information on an individual that can be created, gathered, managed, and consulted by authorized clinicians and staff within one health care organization.

### Provider-oriented

### Electronic Health Record (EHR):

 An electronic record of health-related information on an individual that conforms to nationally recognized interoperability standards and that can be created, managed, and consulted by authorized clinicians and staff across more than one health care organization.

### Patient-oriented



### ELECTRONIC HEALTHCARE SYSTEM IN MOH



#### EMR Di Fasiliti Penjagaan Kesihatan Primer

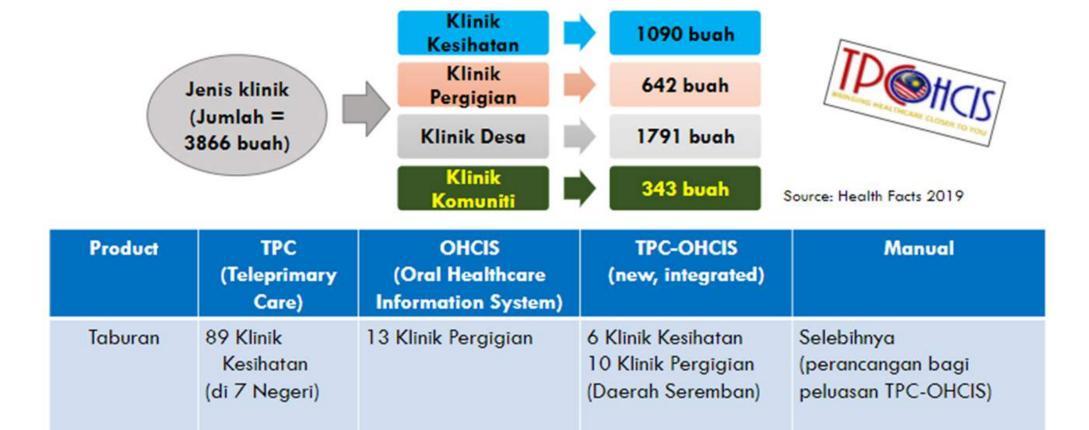




**Oral Health** 

Clinical Information System

### CLINICAL SYSTEM LANDSCAPE in PRIMARY HEALTHCARE



SOURCE: BAHAGIAN PEMBANGUNAN KESIHATAN KELUARGA, KKM

(Lokasi Rintis)

(2%)

(<10%)

### **EMR PROJECT**



# Nationwide EMR implementation in MOH Hospitals/Clinics Establish Lifetime Health Record for all Malaysians

#### Vision

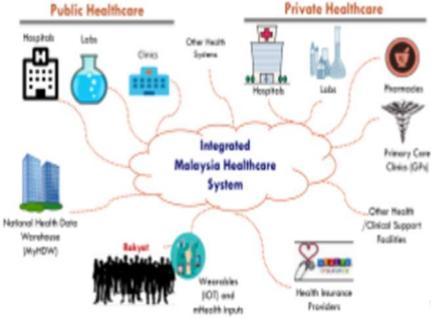
Malaysia is to be a nation of healthy individuals, families & communities......





# Integrated healthcare delivery system towards Healthy Malaysia

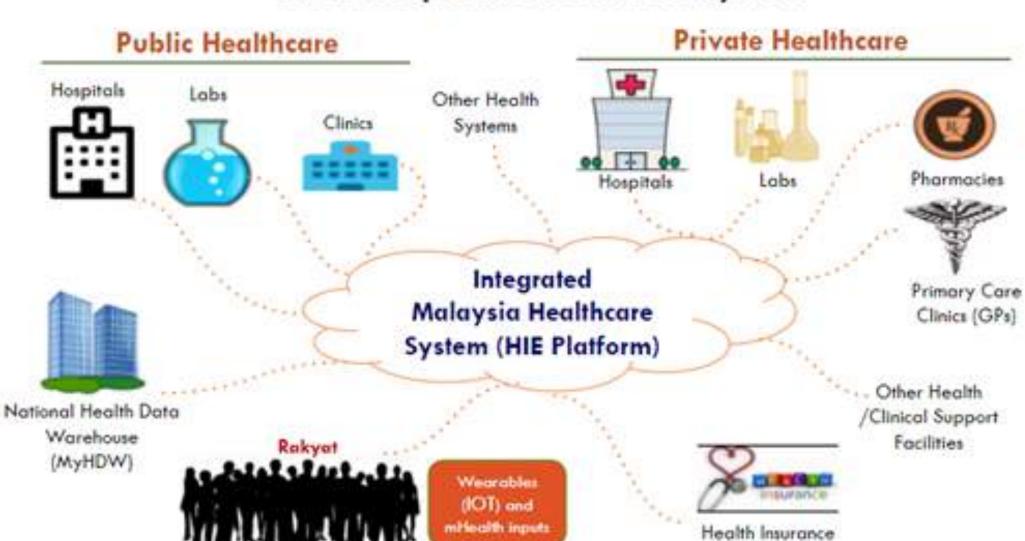
Outcome



Source: EMR Open Day, 2019



# THE VISION An Interoperable Health Ecosystem



Providers

### Opsyen Pelaksanaan Projek EMR Kebangsaan: Projek Perintis

Opsyen I Negeri Sembilan	Opsyen II Kluster Hosp Seremban	Opsyen III  Kluster Hospital Ipoh
Keseluruhan Negeri Sembilan	Negeri Sembilan	Negeri Perak
7 Hospital	4 Hospital	4 Hospital
44 KK	23 KK	32 KK
13 KP	11 KP	13 KP
(termasuk integrasi pilot site TPC-OHCIS - 6KK+10KP)		
Sistem KKM*	Sistem KKM*	Sistem KKM*

\*Telah mengambilkira keperluan komponen berkaitan untuk projek perintis:

- Hospital/Clinic Information System
  - Peningkatan Produk TPC-OHCIS
  - Peningkatan produk HIS@KKM
- Platform Integrasi
  - Peningkatan Produk MyHIX

- Teknologi Cloud
- Online registration & Payment Gateway
- Virtual Clinic

# THANK YOU