

Curriculum Vitae



Vatana V Sundar

Dietitian,

Dietetics & Food Services,

National Heart Institute (IJN)

145, Jalan Tun Razak, 50400 Kuala Lumpur, Malaysia

Qualification

- Bachelor in Dietetics (Hons) (National University of Malaysia, Malaysia)

Experiences

- 8 years of working experiences as dietitian, conducting health talks & group counselling in nutrition, cooking demonstrations, ongoing research in nutrition and organizing health promotion programs.

Memberships

- American Overseas Dietitians' Association
- Malaysian Dietitians' Association

Publications

- 2011: Original research publication in Asian Journal of Psychiatry, 2011
Title: Determinants of depression & insomnia among institutionalized elderly
- 2020: Manuscript for publication (under review)
Title: Factors influencing adequate protein and energy delivery among critically ill children with heart disease

Presentations

- 2015: 21st Malaysian Dietitians' Association National conference
Title: Factors influencing adequate nutrition among critically ill children in a cardiac hospital [Oral]
- 2017: 9th Apollo International Clinical Nutrition Update (AICNU) (Mumbai, India),
Title: The effectiveness of 6 months weight loss programme on anthropometric and dietary behaviour outcomes among employees in a tertiary hospital [Oral & Poster]
- 2018: Food and Nutrition Conference and Expo (FNCE) (Washington D.C., USA)
Title: To assess and identify factors influencing outpatient satisfaction on nutrition services in a tertiary hospital in Malaysia [Poster]

Awards

- Won abstract of distinction at 9th Apollo International Clinical Nutrition Update (AICNU) 2017 in Mumbai, India under category of Research.

Leadership

- Chairperson IJN's Nutrition Month 2015
(School program, weight loss competition, official launching event, cooking demonstration & recipe book)

Interest

- Nutrition & education: Child nutrition, CVD, Critical care, Diabetes, Renal & Obesity
- Research in nutrition
- Creating healthy recipes
- Nutrition education
- Creating nutrition education materials