

Vaccination In Adults

Vaccinations have been used successfully for many decades now to prevent infectious diseases. Despite its proven efficacy in reducing morbidity and mortality there remains a sizable population that do not have access to this intervention.

Some choose not to be vaccinated due to unfounded fears and personal beliefs.

Besides personal benefits, optimum immunization rates also confer herd immunity to large groups. This is important to protect individuals who are either too young to receive vaccines or have medical contraindications. It is important to remember that immunization is now no longer confined to children. As responsible adults we should also be vaccinated for personal wellbeing and for the greater good.

Besides routine vaccinations, certain medical conditions requires protection against specific infections. One example is asplenia, where pneumooccal, hemophilus and meningococcal vaccines are strongly recommended. Healthy travelers going to regions of the world where yellow fever is endemic are required by immigration laws to vaccinate themselves against this disease which has no specific treatment.

Vaccinations can be deemed one of the most significant developments in medical science. Not only does it prevent illnesses at an individual level it also contributes to the wellbeing of a population.

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