

## **ABSTRACT – DR. S.P.PALANIAPPAN**

### START RIGHT – Importance of Early Initiation of Intranasal Corticosteroid Spray for Moderate to Severe Allergic Rhinitis Patients

Allergic rhinitis is a common disorder that is strongly linked to asthma and conjunctivitis.

It is usually a longstanding condition that often goes undetected in the primary care setting. The classic symptoms of the disorder are nasal congestion, nasal itch, rhinorrhea and sneezing.

A thorough history, physical examination and allergen skin testing are important for establishing the diagnosis of allergic rhinitis.

Second generation oral antihistamines and intranasal corticosteroids are the mainstay of treatment.

With the discovery of 1 intranasal corticosteroids, the treatment of allergic rhinitis has been revolutionized with newer intranasal corticosteroids that are being introduced in clinical practise.

This talk would provide a brief overview of the subtle differences between various type of intranasal corticosteroid ranges from topical potency, physiochemical and pharmacokinetics properties.

The understanding of the subtle properties of intranasal corticosteroids would help to make better clinical decision and avoid the assumption that all intranasal corticosteroids are the same.