

ABSTRACT

Single Pill Combination In Hypertension: Prevention Before Its Too Late

During this 45-minute plenary session, the audiences will be first introduced to the huge health burden from hypertension. This will followed up by examining why hypertension remains poorly controlled in Malaysia despite the overwhelming negative consequences and the steps that need to be implemented to rectify this imbroglio.

A case based discussion will be used to highlight the evidence based treatment recommendations and blood pressure targets. There will be also be a whistle-stop tour of the latest international guidelines in hypertension.

Dr Vijaya will then visit the importance of using single pill combination in the management of hypertension, for care beyond just blood pressure lowering. The talk will end after exploring the evidences to choose between different RAS blockers, including comparisons of their intrinsic characteristics.

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