

CURRICULUM VITAE

Dr Kirubakaran Malapan Consultant General, Breast & Endocrine and Bariatric Surgeon Gleneagles Hospital Penang.

Dr Kirubakaran Malapan served in the Ministry of Health Malaysia for almost 20 years at various government hospitals including Hospital Taiping, Hospital Ipoh, Hospital Universiti Sains Malaysia, Hospital Raja Perempuan Zainab II, Hospital Kuala Lumpur and Hospital Raja Permaisuri Bainun. He obtained his MBBS degree from Manipal Academy of Higher Education (MAHE) in 1999 and completed training in General Surgery in 2008 from Universiti Sains Malaysia (USM). He subsequently completed Subspeciality training in Bariatric & Metabolic Surgery from Taiwan in 2013 and Breast & Endocrine Surgery from Malaysia in 2014. He obtained the ESPEN Diploma of Clinical Nutrition and Metabolism in 2018.

He was posted to Hospital Raja Permaisuri Bainun (HRPB), Ipoh and was instrumental in setting up the Breast & Endocrine Surgery Unit and Bariatric & Metabolic Surgery services for Perak State in 2014 which is one of the referral centres for Ministry of Health (MOH) facilities.

Dr Kiru is a member of the College of Surgeons, the Breast & Endocrine Chapter of the Academy of Medicine, the Malaysian Metabolic and Bariatric Surgery Society (MyMBS) and the Society of Laparoscopic & Endoscopic Surgeons of Malaysia (SELSMA). He was also a member of the National Bariatric and Metabolic Surgery Framework Committee, MOH which developed the Consensus Statement for 'Patient and Procedure Selection for Bariatric & Metabolic Surgery in Malaysia'.

He served as the Malaysian Medical Association (Perak Branch) Vice Chairman from 2016-2017 and its Chairman from 2017-2019. Dr Kiru was awarded the Excellence Service Award from the Ministry of Health Malaysia (Anugerah Cemerlang KKM) 3 times in 2002, 2008 and 2015. He has also contributed to the field of academics and published several scientific publications in peer reviewed journals, presented at scientific meetings, workshops, CME's, public talks both locally and internationally.

In 2019, he embraced a new challenge and ventured into private practice as a General, Breast & Endocrine and Bariatric Surgeon at Gleneagles Hospital Penang, Malaysia. He is an experienced clinician skilled in General Surgery, Minimally Invasive Surgery, Breast Surgery, Endocrine Surgery, Bariatric & Metabolic Surgery and Nutrition & Metabolism.

He is the co-founder of Penang Weight Loss Clinic & Surgery, which specializes in the Multidisciplinary Team approach for managing people living with obesity (PLWO) and their medical conditions. Dr Kiru believes in treating his patients holistically and advocates health awareness & preventive medicine. He is a passionate educator and keen to embrace and collaborate on innovative ideas and technology to improve patient outcomes.