

ABSTRACT

Management of Low Back Pain

The lecture will delve into the various causes of low back pain and relate it to the pathophysiology and anatomy of the spine. It will also touch lightly on examination of the patient and the stretch signs of the related nerves. Lastly it will cover the treatment modules of low back pain. This includes various medication to control pain both nociceptive and neuropathic pain relief. The place of physiotherapy in low back pain will be explained. Surgery for the recalcitrant low back pain and neurological compromise will be touched upon with regards to the differential diagnosis. Finally it will also explain the place of pain intervention procedures in the control of acute and chronic low back pain.

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