



**JOTHYDEV'S PROFESSIONAL EDUCATION FORUM**  
**8<sup>th</sup> ANNUAL GLOBAL DIABETES CONVENTION**

**10,11 & 12 JULY 2020**

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**International Diabetes Federation**  
Centre of Education and Excellence  
in Diabetes Care



AN EDUCATIONAL ACTIVITY ORGANIZED BY P. KESAVADEV TRUST  
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PROFESSIONAL EDUCATION FORUM  
**ANNUAL GLOBAL DIABETES CONVENTION**  
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JOTHYDEV'S  
PROFESSIONAL  
EDUCATION FORUM



Dear Friends,

There is always an element of uncertainty that follows us every moment as nature prefers entropy, the same as our lives since the past few months. Yes, the 8th Jothydev's Professional Education Forum (JPEF) Annual Global Diabetes Convention 2020 goes digital on 10th July 2020 3:00 pm onwards. One of the major lessons we have learnt from the COVID crisis is the much superior efficiency of web delivered lectures with respect to focussed learning and degree of attendance. We are thrilled to explore with you the latest advancements in diabetes care and technologies during this 3-day convention organized by JPEF under the aegis of P. Kesavadev Trust.

## SCIENTIFIC HIGHLIGHTS

1. Glycemic variability and subsequent malignancies in diabetes.
2. Lifelong risks of Gestational diabetes.
3. Ending the diabetes dilemma: Should long-suffering chronic diabetes patients be allowed euthanasia?
4. GLP-I receptor agonists: The future therapy of diabetes and obesity.

The theme of the 8th JPEF Annual Global Diabetes Convention is **"Its time to target".**

The JPEF team cordially invites the aspiring participants of JPEF 2020 to cherish the event with your presence at the convention in virtual mode. Let's together perceive the contemporary learning style with state-of-the-art lectures and virtual sessions from renowned National and International speakers. Looking forward to e-meeting you at the virtual JPEF 2020!

Kind regards,

**Jothydev Kesavadev**  
**For JPEF Organising Team**

5. Do It Yourself (DIY) Artificial Pancreas: The big revolution in diabetes.
6. Co formulations in T2D.
7. Hypoglycemia and cognitive functions in diabetes.
8. Cardiovascular safety of Gliptins and Gliflozins.
9. The injectables with low risk of hypoglycemia.
10. Artificial Intelligence in diabetes management and care.
11. Diabetes technologies and therapies in pediatric age group.
12. Approaches to increase Time In Range (TIR) in pediatric age group.
13. Glucose Management Indicator (GMI) as a tool in diabetes education & management.
14. The Sulfonylureas – why are they indispensable?
15. Effect of diabetes drugs on obstructive sleep apnea in T2D.
16. Future potential of Home cooking in preventing T2D.



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## INTERNATIONAL FACULTY



**Dr. SILVIO E. INZUCCHI** (USA)

MD, Director of the Yale Medicine Diabetes Center, New Haven, USA



**Dr. JULIANA CN CHAN** (Hong Kong)

Chair, Professor of Medicine & Therapeutics,  
The Chinese University of Hong Kong



**Dr. TADEJ BATTELINO** (Slovenia)

First Author, Recommendations from the International Consensus on Time In Range. Faculty of Medicine, University of Ljubljana & University Children's Hospital, Slovenia



**Dr. PARTHA KAR** (U.K)

Consultant in Diabetes & Endocrinology,  
Portsmouth Hospital, NHS Trust, U.K



**Dr. HOSSAM ARAFA GHAZI** (Egypt)

Consultant of Diabetes & Endocrinology,  
Mansoura University Hospitals, Egypt



**Dr. NISHA NIGIL** (Canada)

Assistant Professor in Internal Medicine and  
Endocrinology, Northern Ontario School of Medicine, Canada



## INTERNATIONAL FACULTY



**Dr. ROGER CHEN** (Australia)

Director of Diabetes Services, Dept. of Endocrinology & Metabolism, Concord Hospital, Clinical Associate Professor in Medicine, University of Sydney, Australia



**Dr. THOMAS C. BLEVINS** (USA)

MD, Texas Diabetes and Endocrinology, Texas, USA



**Dr. KAMLESH KHUNTI** (UK)

Professor of Primary Care Diabetes and Vascular Medicine, University of Leicester, UK. Co-Director, Leicester Diabetes Centre, UK



**Prof. KAUSIK RAY** (UK)

Professor of Public Health, Director of the Imperial Centre for CVD Prevention, Deputy Director of Imperial Clinical Trials Unit and Head of Commercial Trials Imperial College, London and Consultant Cardiologist



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<b>Dr.Tony Joseph</b>	Trivandrum	<b>and many more.....</b>	



# JPEF 2020 ABSTRACT

## SUBMISSION CALL FOR ABSTRACTS

THE BRILLIANT COMPETITOR WILL BE THE OWNER  
OF A PRIZE WORTH "HALF LAKH INR"

*"Research is to see what everybody else  
has seen and to think what nobody else  
has thought".*

The JPEF ABSTRACT COMMITTEE is pleased to invite doctors, dietitians, and allied healthcare professionals from India and abroad to submit their abstracts for presentations to be delivered at the 8<sup>th</sup> JPEF Annual Global Diabetes Convention 2020.

We welcome the submissions of abstracts for original contributions exclusively in the field of diabetes.

**Keep in mind these points to get your abstract screened & accepted.**

- Originality of research • Data adequacy
- Clarity in explaining the concept

Please submit your abstracts online at:

**[www.jpef.in/abstractsubmission.aspx](http://www.jpef.in/abstractsubmission.aspx)**

or mail the abstracts to **[jpefaward@jothydev.net](mailto:jpefaward@jothydev.net)**

with the subject line

**JPEF 2020 Abstract Submission**

**Last Date of Abstract Submission 30<sup>th</sup> JUNE 2020**



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**All abstract submissions must adhere to the following guidelines.**

1. Title of presentation: Please choose a brief title (maximum of 100 characters) that clearly indicates the content of the contribution. Avoid abbreviations in the title.
2. Thematic Area: Please choose diabetes as the thematic area.
3. Preference: For presentation in poster/oral session.
4. Abstract: Please ensure that your abstract holds no more than 350 words. Abstract should be in a structured format with Background, Aim, Methodology, Results & Conclusions. Avoid Figures & Tables in the abstract. Standard abbreviations may be used as such. Non-standard abbreviations if any should be inserted in parentheses after the first appearance of abbreviation.

### SCIENTIFIC ABSTRACT COMMITTEE

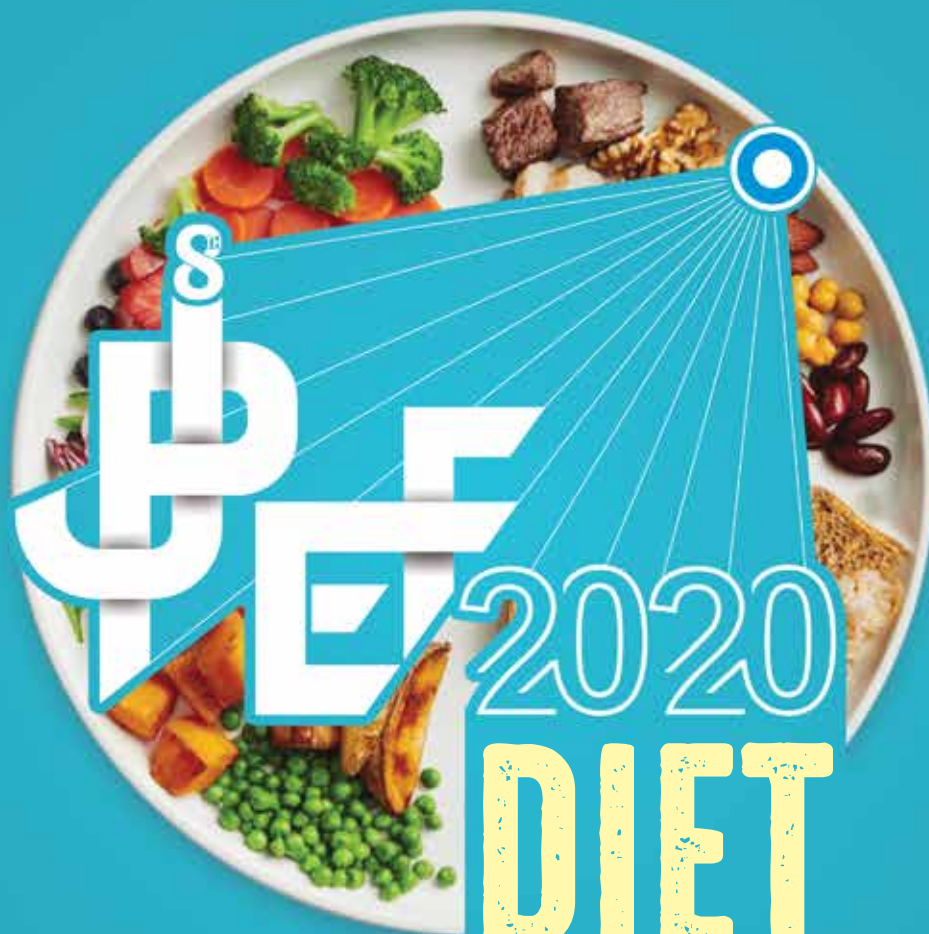
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# PROGRAM

## SUMMER HALL

**DAY 1** | **10<sup>th</sup> JULY 2020**

**03:00 PM - 03:15 PM**

**CURRENT DIABETES CLINICAL PRACTICE GUIDELINES- AN OVERVIEW**

Speaker

**Dr.YASEEN UNES** - Trivandrum

Chair

**Dr.AJAYAKUMAR S** - Adimali

**03:15 PM - 03:30 PM**

**RECOMMENDED ROUTINE INVESTIGATIONS IN DIABETES**

Speaker

**Dr.SAJNA SHIJIN** - Trivandrum

Chair

**Dr.AJITH KUMAR P V** - Trivandrum

**03:30 PM - 03:50 PM**

**DEMYSTIFYING 'VERIFY' FROM AN INDIAN PERSPECTIVE**

Speaker

**Dr.ARUN SHANKAR** - Trivandrum

Chair

**Dr.ASHWIN DAVID ASHOK** - Trivandrum

**DISCUSSION**

**04:05 PM - 04:20 PM**

**NOVEL SUBTYPES OF TYPE 2 DIABETES IN INDIA**

Speaker

**Dr.ANJANA RANJIT MOHAN** - Chennai

Chair

**Dr.BALACHANDRAN K** - Trivandrum

**DISCUSSION**

**04:30 PM - 05:00 PM**

**INAUGURATION**

**Dr.SHASHI THAROOR** (Hon. Member of Parliament)

**Dr.SHASHANK R. JOSHI** (Chair, IDF South East Asia)

**Dr.BANSHI SABOO** (President, RSSDI)

**Dr.MANOJAN K K** (Director, Sree Gokulam Medical College)

**Dr.MOHANAN NAIR** (Chairperson, IMA AMS Nemom Chapter)

**05:00 PM - 05:15 PM****APPROACH TO PERIPHERAL  
DIABETIC NEUROPATHY**

Speaker

**Dr.L SREENIVASA MURTHY** - Bangalore

Chair

**Dr.ASHWIN DAVID ASHOK** - Trivandrum**05:15 PM - 05:30 PM****MEDICAL MANAGEMENT OF  
ERECTILE DYSFUNCTION  
IN DIABETES**

Speaker

**Dr.DEEPAK K. JUMANI** - Mumbai

Chair

**Dr.VASUDEVAN POTTY** - Trivandrum**05:30 PM - 05:45 PM****DIAGNOSIS AND  
MANAGEMENT OF KIDNEY  
AND URINARY TRACT  
INFECTIONS IN DIABETES**

Speaker

**Dr.GEORGI ABRAHAM** - Chennai

Chair

**Dr.CHACKO VARGHESE** - Trivandrum**DISCUSSION****06:00 PM - 07:00 PM****GLP-1 OUTCOMES AND LATEST  
DEVELOPMENTS (GOLD SYMPOSIUM)**

Moderators : **Dr.JOTHYDEV KESAVADEV** - Trivandrum  
**Dr.ANAND PILLAI** - Trivandrum

**06:00 PM - 06:25 PM****THE "SWEET SPOT":  
CARDIOVASCULAR RISK  
REDUCTION IN DIABETES**

Speaker

**Dr.RAJEEV AGGARWAL** - Meerut**06:25 PM - 06:50 PM****ADDRESSING THE ELEPHANT  
IN THE ROOM: THERAPEUTIC  
INERTIA IN COMPREHENSIVE  
MANAGEMENT OF DIABETES**

Speaker

**Dr.ARPANDEV BHATTACHARYA** -  
Bangalore**PANEL DISCUSSION**



**07:00 PM - 08:20 PM****IT'S TIME TO TARGET-THE JPEF 2020 THEME SYMPOSIUM**Moderator : **Dr.BANSHI SABOO** - Ahmedabad**07:00 PM - 07:15 PM****CONNECTED GLUCOSE  
METERS/ INSULIN  
PENS: THE FUTURE IS HERE**

Speaker

**Dr.JOTHYDEV KESAVADEV** - Trivandrum**07:15 PM - 07:35 PM****THE USE OF TECHNOLOGY  
TO INCREASE TIME IN RANGE**

Speaker

**Dr.TADEJ BATTELINO** - Slovenia**07:35 PM - 07:55 PM****TYPE 1 DIABETES  
MANAGEMENT: LOOKING  
AHEAD**

Speaker

**Dr.PARTHA KAR** - UK**07:55 PM - 08:10 PM****ME AND MY NEW LIFE WITH  
ARTIFICIAL PANCREAS**

Speaker

**Ms.JAZZ SETHI** - Ahmedabad**PANEL DISCUSSION****08:20 PM - 08:35 PM****CHALLENGES IN THE  
MANAGEMENT OF  
DIABETES IN THE ELDERLY**

Speaker

**Dr.ANAND MOSES** - Chennai

Chair

**Dr.BALAKRISHNAN VALLIYOT** - Kannur**08:35 PM - 08:50 PM****INSOMNIA AND DIABETES  
MELLITUS**

Speaker

**Dr.ANUJ MAHESHWARI** - Lucknow

Chair

**Dr.MOHAN T. SHENOY** - Trivandrum**DISCUSSION**

## SUMMER HALL

**DAY 2** | **11<sup>th</sup> JULY 2020**

**11:00 AM - 11:15 AM**

**THE INJECTABLES WITH LOW  
RISK OF HYPOGLYCEMIA**

Speaker

**Dr.PURVI CHAWLA** - Mumbai

Chair

**Dr.SEENAJ CHANDRAN** - Kochi

**11:15 AM - 11:30 AM**

**USE OF SEA HORSE  
TECHNOLOGY IN DIABETES**

Speaker

**Dr.HOSSAM ARAFA GHAZI** - Egypt

Chair

**Dr.ARUN SHANKAR** - Trivandrum

**11:30 AM - 11:45 AM**

**MANAGEMENT OF DIABETES  
IN TRAVELLERS**

Speaker

**Dr.RAVEENDRAN A V** - Oman

Chair

**Dr.RAJALAKSHMI S** - Trivandrum

**DISCUSSION**

**12:00 PM - 12:15 PM**

**MANAGING PAINFUL AND  
RESTLESS LEG SYNDROME  
IN DIABETES**

Speaker

**Dr.ASHOK KUMAR DAS** - Puducherry

Chair

**Dr.MOHAN VARGHESE** - Thiruvalla

**12:15 PM - 12:30 PM**

**STORAGE AND  
TRANSPORTATION OF  
INSULIN**

Speaker

**Dr.MATHEW JOHN** - Trivandrum

Chair

**Dr.JAYAKRISHNAN B** - Tirur

**12:30 PM - 12:45 PM**

**THYROID AND DIABETES-  
CROSS TALK**

Speaker

**Dr.SAMBIT DAS** - Odisha

Chair

**Dr.MADHU N** - Paravoor

**DISCUSSION**



## SUMMER HALL

**DAY 2 | 11<sup>th</sup> JULY 2020**



**01:00 PM - 01:30 PM**

**SHAUKAT M. SADIKOT**  
**ORATION**

**REVERSAL OF DIABETES:  
A MYTH OR REALITY?**

Speaker

**Dr.BANSHI SABOO** - Ahmedabad

Chair

**Dr.JOTHYDEV KESAVADEV** - Trivandrum

**01:30 PM - 02:30 PM**

**BREAK**

**02:30 PM - 02:50 PM**

**CHANGING NARRATIVE TO  
RENO-CARDIO PROTECTION**

Speaker

**Dr.AWADHESH KUMAR SINGH** - Kolkata

Chair

**Dr.HARISH KUMAR G** - Pala

**DISCUSSION**

**03:00 PM - 03:20 PM**

**IT'S TIME TO STRENGTHEN  
RECOMMENDATION FOR  
PNEUMOCOCCAL  
VACCINATION IN DIABETES**

Speaker

**Dr.BANSHI SABOO** - Ahmedabad

Chair

**Dr.RADHAKRISHNAN A P** - Palakkad

**DISCUSSION**

**03:30 PM - 03:50 PM**

**LATEST ON DIABETES AND  
ERECTILE DYSFUNCTION**

Speaker

**Dr.SHASHANK R. JOSHI** - Mumbai

Chair

**Dr.SYAM SUNDER O S** - Trivandrum

**DISCUSSION**

**04:00 PM - 05:00 PM****THE BASAL INSULIN SYMPOSIUM (SANOFI SYMPOSIUM)**

Moderators : **Dr.JAYALEKSHMI R. KURUP** - Kochi  
**Dr.CHANDNI R** - Calicut

**04:00 PM - 04:20 PM****BASAL INSULIN IN T2DM:  
THE CHANGING  
INDIAN PERSPECTIVE**

Speaker  
**Dr.JOTHYDEV KESAVADEV** - Trivandrum

**04:20 PM - 04:40 PM****EVALUATING ROLE OF  
SECOND GENERATION  
BASAL INSULIN GLA-300  
FROM INITIATION TO  
TITRATION TO  
MAINTENANCE PHASES**

Speaker  
**Dr.KAMLESH KHUNTI** - UK

**PANEL DISCUSSION****05:00 PM - 06:00 PM****INSULIN SYMPOSIUM (NOVO SYMPOSIUM)  
PRAGMATIC CHOICE FOR INSULIN INITIATION:  
TAKING CUES FROM THE REALITIES**

Moderators : **Dr.HARISH KUMAR** - Kochi, **Dr.ASHOK KUMAR DAS** - Puducherry

**05:00 PM - 05:20 PM****RECOGNISING AND  
ADDRESSING THE REALITIES  
OF HIGH CARB DIET AND  
HIGH PPG IN T2DM**

Speaker  
**Dr.MALA DHARMALINGAM** - Bangalore

**05:20 PM - 05:40 PM****ACHIEVING TOTAL GLYCEMIC  
CONTROL WITH SAFETY:  
A SOLUTION THAT FITS  
INTO THE REALITIES**

Speaker  
**Dr.ROGER CHEN** - Australia

**PANEL DISCUSSION**

## SUMMER HALL

**DAY 2** | **11<sup>th</sup> JULY 2020**

**06:00 PM - 07:00 PM**

### GLIPTIN SYMPOSIUM (MSD SYMPOSIUM)

Moderators : **Dr.VIJAY NEGALUR** - Mumbai  
**Dr.MATHEW JOHN** - Trivandrum

**06:00 PM - 06:15 PM**

#### COVID-19 AND METABOLIC DISEASES: REVIEW OF OUR THERAPEUTIC CHOICES

Speaker  
**Dr.AWADHESH KUMAR SINGH** - Kolkata

**06:15 PM - 06:30 PM**

#### THE NEW NORMAL: ROLE OF THE GLIPTINS

Speaker  
**Dr.MANOJ CHAWLA** - Mumbai

**06:30 PM - 06:45 PM**

#### WHICH GLIPTIN TO CHOOSE ?

Speaker  
**Dr.J J MUKHERJEE** - Kolkata

#### PANEL DISCUSSION

**07:00 PM - 07:20 PM**

#### IS IT SAFE TO SWITCH FROM REFERENCE TO BIOSIMILAR INSULIN!!! - WHAT'S THE EVIDENCE?

Speaker  
**Dr.THOMAS C. BLEVINS** - USA  
Chair  
**Dr.PRAVEEN R** - Bangalore

#### PANEL DISCUSSION

**07:30 PM - 07:50 PM**

#### SGLT2i + DPP4i FOR POWERFUL GLYCAEMIC CONTROL

Speaker  
**Dr.VIJAY VISWANATHAN** - Chennai  
Chair  
**Dr.TONY JOSEPH** - Trivandrum

#### DISCUSSION



## SUMMER HALL

**DAY 2 | 11<sup>th</sup> JULY 2020**

**08:00 PM - 08:20 PM**

**ROLE OF KETOANALOGUES  
IN CKD WITH DIABETES**

Speaker

**Dr.BHARAT SHAH** - Mumbai

Chair

**Dr.RADHIKA C R** - Trivandrum

**DISCUSSION**

**08:30 PM - 08:45 PM**

**PEDIATRIC DIABETES-  
'SPOTTING THE ZEBRAS  
AMONG HORSES'**

Speaker

**Dr.PARVATHY L** - Kochi

Chair

**Dr.RIAZ I** - Trivandrum



## SUMMER HALL

**DAY 3** | **12<sup>th</sup> JULY 2020**

**09:00 AM - 09:15 AM**

**IS INSULIN THE LAST LINE  
TREATMENT IN THE 21ST  
CENTURY?**

Speaker

**Dr.KALYAN KUMAR GANGOPADHYAY** -  
Kolkata

Chair

**Dr.SREEKUMAR R C** - Trivandrum

**09:15 AM - 09:30 AM**

**COVID-19 AND  
DIABETES**

Speaker

**Dr.JAYANT K PANDA** - Cuttack

Chair

**Dr.AMIRTHLAL P** - Kollam

**DISCUSSION**

**09:40 AM - 09:55 AM**

**NAFLD, THE LOOMING  
EPIDEMIC-WHY WE  
SHOULDN'T MISS IT?**

Speaker

**Dr.RAJIV KOVIL** - Mumbai

Chair

**Dr.THOMAS PAUL** - Angamally

**09:55 AM - 10:10 AM**

**WHAT IS IN THE HORIZON IN  
DIABETES THERAPY?**

Speaker

**Dr.KRISHNA G. SESHADRI** - Chennai

Chair

**Dr.AJAYAKUMAR S** - Adimali

**DISCUSSION**

**10:40 AM - 11:00 AM**

**KESAVADEV ORATION**  
**YOUNG ONSET DIABETES-  
CHALLENGES AND  
OPPORTUNITIES**

Speaker

**Dr.JULIANA CN CHAN** - Hong Kong

Chair

**Dr.ARUN SHANKAR** - Trivandrum

## SUMMER HALL

**DAY 3** | **12<sup>th</sup> JULY 2020**

**11:00 AM - 11:50 AM**

### DIABETES AND HYPERTENSION: THE INDIAN REALITY

(ERIS SYMPOSIUM)

Moderators : **Dr. MOHANAN NAIR** - Trivandrum

**Dr. JAYAKUMARI C** - Trivandrum

**11:00 AM - 11:20 AM**

**THE SULPHONYLUREAS-  
WHY ARE THEY  
INDISPENSABLE?**

Speaker

**Dr. HEMANTH THACKER** - Mumbai

**11:20 AM - 11:40 AM**

**INDIA HEART STUDY**

Speaker

**Dr. RAJEEV CHAWLA** - New Delhi

#### PANEL DISCUSSION

**12:00 PM - 12:15 PM**

**ARE WE MISSING  
MONOGENIC DIABETES?**

Speaker

**Dr. RANJIT UNNIKRISHNAN** - Chennai  
Chair

**Dr. JAYAKRISHNAN B** - Tirur

**12:15 PM - 12:30 PM**

**CHOOSING ANTI-DIABETIC  
AGENTS FOR THE BEST  
CV OUTCOME**

Speaker

**Dr. BINAYAK SINHA** - Kolkata  
Chair

**Dr. ASHA ASHIK** - Kochi

**12:30 PM - 12:45 PM**

**MANAGEMENT OF DIABETES  
AND OBESITY**

Speaker

**Dr. ARAVINDA JAGADEESHA** - Bangalore  
Chair

**Dr. JAYALEKSHMI R. KURUP** - Kochi

#### DISCUSSION



## SUMMER HALL

**DAY 3** | **12<sup>th</sup> JULY 2020**

**01:00 PM - 01:15 PM**  
**CONTROVERSIES IN GDM**

Speaker  
**Dr.SHALINI JAGGI** - New Delhi  
Chair  
**Dr.JAYAKUMAR C** - Trivandrum

**01:15 PM - 01:30 PM**  
**COMBINING THE NEW  
FASHION WITH THE OLD  
GOLD OF SUGAR  
MONITORING**

Speaker  
**Dr.MITHUN BHARTIA** - Guwahati  
Chair  
**Dr.SATISH BHATT** - Kochi

**DISCUSSION**

**01:40 PM - 02:00 PM**  
**GLUCAGON-A MISSING  
PIECE IN DIABETES  
MANAGEMENT**

Speaker  
**Dr.VINOD MITTAL** - New Delhi  
Chair  
**Dr.RAJALAKSHMI S** - Trivandrum

**DISCUSSION**



## WINTER HALL

**DAY 1** | **10<sup>th</sup> JULY 2020**

**05:00 PM - 06:00 PM**

### **T2D AND HF SYMPOSIUM (ABBOTT SYMPOSIUM)**

Moderator: **Dr.SAMBIT DAS** - Odisha

**05:00 PM - 05:20 PM**

**MANAGEMENT OF T2D IN  
PATIENTS WITH HEART  
FAILURE-INSIGHTS FROM  
RECENT TRIALS**

Speaker

**Dr.SILVIO E. INZUCCHI** - USA

**05:20 PM - 05:40 PM**

**MANAGEMENT OF T2DM  
PATIENTS WITH MULTIPLE  
RISK FACTORS: FOCUS ON  
HEART FAILURE**

Speaker

**Dr.SHASHANK R. JOSHI** - Mumbai

### **PANEL DISCUSSION**

**06:00 PM - 07:00 PM**

### **GLP-1 OUTCOMES AND LATEST DEVELOPMENTS (GOLD SYMPOSIUM)**

Moderators : **Dr.JOTHYDEV KESAVADEV** - Trivandrum  
**Dr.ANAND PILLAI** - Trivandrum

**06:00 PM - 06:25 PM**

**THE "SWEET SPOT":  
CARDIOVASCULAR RISK  
REDUCTION IN DIABETES**

Speaker

**Dr.RAJEEV AGGARWAL** - Meerut

**06:25 PM - 06:50 PM**

**ADDRESSING THE ELEPHANT  
IN THE ROOM: THERAPEUTIC  
INERTIA IN COMPREHENSIVE  
MANAGEMENT OF DIABETES**

Speaker

**Dr.ARPANDEV BHATTACHARYA** -  
Bangalore

### **PANEL DISCUSSION**

**07:00 PM - 07:20 PM****THYROID DISORDERS AND  
DIABETES: THE TWIN  
EPIDEMIC**

Speaker

**Dr.MALA DHARMALINGAM** - Bangalore  
Chair**Dr.JOHN PANICKER** - Trivandrum**DISCUSSION****07:25 PM - 07:40 PM****CARDIOVASCULAR SAFETY  
OF SULPHONYLUREAS-  
DO I NEED TO WORRY?**

Speaker

**Dr.TEJAS SHAH** - Mumbai  
Chair**Dr.BENNY P V** - Trivandrum**07:40 PM - 07:55 PM****DIABETIC EYE DISEASE  
SCREENING IN A DIABETES  
CLINIC DURING COVID  
PANDEMIC**

Speaker

**Dr.DEVIN PRABHAKAR** - Trivandrum  
Chair**Dr.SANDEEP R** - Trivandrum**07:55 PM - 08:10 PM****INTERMITTENT FASTING  
AS A TOOL FOR  
MANAGEMENT OF TYPE 2  
DIABETES**

Speaker

**Dr.ARVIND GUPTA** - Jaipur  
Chair**Dr.ASHA ASHIK** - Kochi**DISCUSSION**



## WINTER HALL

**DAY 2 | 11<sup>th</sup> JULY 2020**

**11:00 AM - 12:00 PM**

**PANEL DISCUSSION**

**MAXIMISING TREATMENT BENEFITS IN T2DM WITH AFFORDABLE DRUGS**

Moderators : **Dr.ASHOK KUMAR DAS** - Puducherry  
**Dr.JOHNNY KANNAMPILLY** - Kochi

Speakers:

**Dr.MOHANAN NAIR** - Trivandrum

**Dr.BENNY P. V** - Trivandrum

**Dr.SUMESH RAJ** - Trivandrum

**Dr.CHANDNI R** - Calicut

**12:00 PM - 12:30 PM**

**PANCREATIC EXOCRINE INSUFFICIENCY IN DIABETES**

Speaker

**Dr.SETHU BABU** - Hyderabad

Chair

**Dr.RAVEENDRAN A V** - Oman

**DISCUSSION**



**01:00 PM - 01:30 PM**

**SHAUKAT M. SADIKOT ORATION**

**REVERSAL OF DIABETES: A MYTH OR REALITY?**

Speaker

**Dr.BANSHI SABOO** - Ahmedabad

Chair

**Dr.JOTHYDEV KESAVADEV** - Trivandrum

**01:30 PM - 02:30 PM**

**BREAK**

**02:30 PM - 02:45 PM**

**SUPERFOODS-MYTHS AND FACTS**

Speaker

**Dr.SABEER A. RASHEED** - Trivandrum

Chair

**Dt.GEETHU SANAL** - Trivandrum

**DISCUSSION**

<b>03:00 PM - 03:20 PM</b> <b>INTERCHANGEABILITY OF BIOSIMILAR INSULIN: AN INDIAN PERSPECTIVE</b>	Speaker <b>Dr.MANGESH TIWASKAR</b> - Mumbai Chair <b>Dr.MATHEW JACOB</b> - Kottarakkara
DISCUSSION	
<b>03:25 PM - 03:40 PM</b> <b>METFORMIN IN GESTATIONAL DIABETES MELLITUS</b>	Speaker <b>Dr.ANITA NAMBIAR S</b> - Kochi Chair <b>Dr.MOHAN VARGHESE</b> - Thiruvalla
DISCUSSION	
<b>03:45 PM - 04:00 PM</b> <b>EXERCISE PRESCRIPTION FOR DIABETES-DECODING THE SCIENCE BEHIND</b>	Speaker <b>Dr.ROY R. CHANDRAN</b> - Calicut Chair <b>Dr.JAYAPRAKASH SAI</b> - Hyderabad
DISCUSSION	
<b>04:10 PM - 04:25 PM</b> <b>COVID MANAGEMENT-RECENT UPDATES</b>	Speaker <b>Dr.SUNIL PRASOBH P</b> - Trivandrum Chair <b>Dr.MOHAN T. SHENOY</b> - Trivandrum
<b>04:25 PM - 04:40 PM</b> <b>SPECIAL CONSIDERATIONS IN OLDER ADULTS WITH DIABETES: MEETING THE CHALLENGE</b>	Speaker <b>Dr.HARI K</b> - Kochi Chair <b>Dr.AMIRTHLAL P</b> - Kollam
<b>04:40 PM - 04:55 PM</b> <b>PREGESTATIONAL DIABETES: HOW WILL IT INFLUENCE TREATMENT DECISIONS?</b>	Speaker <b>Dr.JAYAPRAKASH P</b> - Kochi Chair <b>Dr.ANIL VIJAYAKUMAR</b> - Kollam
DISCUSSION	
<b>05:10 PM - 05:25 PM</b> <b>DIABETES MELLITUS-THE UNTOLD STORY</b>	Speaker <b>Dr.ELIZABETH K E</b> - Trivandrum Chair <b>Dr.THANKAM D</b> - Trivandrum
DISCUSSION	

## WINTER HALL

**DAY 2** | **11<sup>th</sup> JULY 2020**

**05:30 PM - 07:00 PM**

### **CARDIORENAL OUTCOMES IN DIABETES (BI SYMPOSIUM)**

Moderators : **Dr.ANAND PILLAI** - Trivandrum  
**Dr.SUNIL PRASOBH P** - Trivandrum

**05:30 PM - 06:00 PM**

**FROM EMPA-REG OUTCOME  
TO EMPEROR-REDUCED:  
THE EVOLVING CLINICAL  
PARADIGM AND  
IMPLICATIONS TO PRACTICE**

Speaker  
**Prof.KAUSIK RAY** - UK

**06:00 PM - 06:20 PM**

**OPTIMIZING CARDIO-RENAL-  
METABOLIC IMPLICATIONS  
WITH SGLT2-INHIBITORS:  
LEARNINGS POST 5-YEARS  
OF EMPA-REG OUTCOME**

Speaker  
**Dr.V MOHAN** - Chennai

**06:20 PM - 06:40 PM**

**SIMPLIFYING ANTIDIABETIC  
THERAPY ACROSS DIVERSITY  
OF PATIENTS WITH T2DM:  
UNIFYING EVIDENCE AND  
PLACE OF LINAGLIPTIN**

Speaker  
**Dr.ANOOP MISRA** - New Delhi

**06:40 PM - 07:00 PM**

**CHANGING THE COURSE  
OF CARDIO-RENAL-  
METABOLIC RISK IN T2DM-  
ROLE OF SGLT2-i + DPP4-i  
COMBINATION**

Speaker  
**Dr.ERIC BORGES** - Mumbai

**PANEL DISCUSSION**



**07:00 PM - 08:00 PM**

## THE ORAL ANTIDIABETIC AGENTS FOR THE INDIAN PATIENT

(USV SYMPOSIUM)

Moderators : **Dr.BINAYAK SINHA** - Kolkata  
**Dr.TEJAS SHAH** - Mumbai

**07:00 PM - 07:15 PM**

**IS PIOGLITAZONE COMING BACK? RECENT UPDATES ON NAFLD/NASH**

Speaker

**Dr.NEETA DESHPANDE** - Belgaum

**07:15 - 07:30 PM**

**RELEVANCE OF DIFFERENT OADS AMIDST COVID-AN UPDATE**

Speaker

**Dr.BRIJ MOHAN MAKKAR** - New Delhi

**07:30 - 07:45 PM**

**ONE YEAR MILESTONE OF CREDENCE- THE GAME CHANGER**

Speaker

**Dr.SANJAY AGARWAL** - Pune

### PANEL DISCUSSION

**08:00 PM - 08:15 PM**

**GUT MICROBIOME AND DIABETES**

Speaker

**Dr.NISHA NIGIL** - Canada

Chair

**Dr.ANEESH GHOSH** - Trivandrum

**08:20 PM - 08:35 PM**

**HYPERBARIC OXYGEN- AN UNDERUSED WEAPON IN DIABETIC FOOT ULCERS**

Speaker

**Dr.AJITH KUMAR S** - Trivandrum

Chair

**Dr.MAHADEVAN K** - Trivandrum

**08:35 PM - 08:50 PM**

**OUTCOME OF REVASCULARIZATION IN DIABETIC FOOT**

Speaker

**Dr.SREEKUMAR R C** - Trivandrum

Chair

**Dr. BENNY P V** - Trivandrum

### DISCUSSION

## WINTER HALL

**DAY 3** | **12<sup>th</sup> JULY 2020**

**09:00 AM - 09:30 AM**

### FOOD FOR THOUGHT

Moderators : **Dr.SAJNA SHIJIN** - Trivandrum  
**Dt.VIJI KRISHNA** - Trivandrum

**09:00 AM - 09:08 AM**

#### FUTURE POTENTIAL OF HOME COOKING IN PREVENTING T2D

Speaker  
**Dr.DHARINI KRISHNAN** - Chennai

**09:08 AM - 09:16 AM**

#### LIFESTYLE CHANGES TO PREVENT MUSCLE LOSS IN DIABETES

Speaker  
**Dt.SHERIN THOMAS** - Calicut

**09:16 AM - 09:24 AM**

#### HOW TO MODIFY THE DIET TO KEEP YOU HEALTHY DURING COVID TIMES?

Speaker  
**Dt.GEETHU SANAL** - Trivandrum

#### PANEL DISCUSSION

**09:30 AM - 10:15 AM**

### ORAL PRESENTATIONS

Judges : **Dr.SUMESH RAJ** - Trivandrum  
**Dr.RAVEENDRAN A V** - Oman

**09:30 AM - 09:40 AM**

#### EFFECTS OF SEMAGLUTIDE AND LIRAGLUTIDE ON URINARY ALBUMIN TO CREATININE RATIO- A POOLED STUDY OF SUSTAIN-6 AND LEADER

Speaker  
**Dr.JUBIN JACOB** - Ludhiana

#### DISCUSSION

## WINTER HALL

**DAY 3** | **12<sup>th</sup> JULY 2020**

**09:45 AM - 09:55 AM**

**SIMILAR EFFICACY AND  
GASTRO-INTESTINAL  
TOLERABILITY VS EXPOSURE  
FOR ORAL AND  
SUBCUTANEOUS  
SEMAGLUTIDE**

Speaker

**Dr.L SREENIVASA MURTHY -**  
Bangalore

**DISCUSSION**

**10:00 AM - 10:10 AM**

**ORAL SEMAGLUTIDE  
REDUCES ENERGY  
INTAKE AND IMPROVES  
EATING CONTROL  
IN TYPE 2 DIABETES**

Speaker

**Dr.BANSHI SABOO -** Ahmedabad

**DISCUSSION**

**10:15 AM - 10:30 AM**

**MANAGEMENT OF  
DYSLIPIDEMIA IN  
DIABETES**

Speaker

**Dr.VIJAY NEGALUR -** Mumbai  
Chair

**Dr.VASUDEVAN POTTY -** Trivandrum

**DISCUSSION**

**10:40 AM - 11:00 AM**

**KESAVADEV ORATION  
YOUNG ONSET DIABETES-  
CHALLENGES  
AND OPPORTUNITIES**

Speaker

**Dr.JULIANA CN CHAN -** Hong Kong  
Chair

**Dr.ARUN SHANKAR -** Trivandrum



## WINTER HALL

**DAY 3** | **12<sup>th</sup> JULY 2020**

**11:00 AM - 11:20 AM**

**DIABETES MANAGEMENT IN  
THE AGE OF COVID-19 WITH  
POINT OF CARE TESTING**

Speaker

**Dr.BRIJ MOHAN MAKKAR** - New Delhi  
Chair

**Dr.RAVEENDRAN A V** - Oman

DISCUSSION

**11:30 AM - 11:45 AM**

**AN UNBIASED OVERVIEW  
OF CARDIOVASCULAR  
OUTCOME TRIALS IN  
DIABETES**

Speaker

**Dr.ANAND PILLAI** - Trivandrum  
Chair

**Dr.SANTHOSH K R** - Trivandrum

DISCUSSION

**12:00 PM - 12:25 PM**

**TWIN TALK**

**CHEAP DIABETES REMOTE  
MONITORING TECHNOLOGIES  
DURING COVID-19**

Speakers

**Dr.JOTHYDEV KESAVADEV** - Trivandrum

**Ms.GOPIKA KRISHNAN** - Trivandrum  
Chair

**Dr.BALAGOPAL P G** - Kochi

**12:25 PM - 12:40 PM**

**DIABETIC NEPHROPATHY-  
WHAT'S NEW? WHAT'S HOT?**

Speaker

**Dr.RADHIKA C R** - Trivandrum  
Chair

**Dr.MAHUYA SIKDAR** - Kolkata

DISCUSSION

## WINTER HALL

**DAY 3** | **12<sup>th</sup> JULY 2020**

**12:45 PM - 01:20 PM**

### HCQ SYMPOSIUM

Moderators : **Dr.BEENA UNNIKRISHNAN** -Trivandrum  
**Dr.THANKAM D** - Trivandrum

**12:45 PM - 01:00 PM**

### INFLAMMATION AND DIABETES-THE LINK AND USE OF HCQ

Speaker  
**Dr.ARAVIND SOSALE** - Bangalore

**01:00 PM - 01:15 PM**

### ROLE OF HCQ IN RA WITH DIABETES WITH AN UPDATE DURING COVID TIMES

Speaker  
**Dr.CHANDRASHEKARA** - Bangalore

### PANEL DISCUSSION

**01:20 PM - 01:35 PM**

### THYROID DISORDERS IN DIABETES-CURRENT RECOMMENDATIONS ON EVALUATION AND MANAGEMENT

Speaker  
**Dr.ANEESH GHOSH** - Trivandrum  
Chair  
**Dr.SEENAJ CHANDRAN** - Kochi

### DISCUSSION

**01:40 PM - 01:55 PM**

### IS FASTING PHYSIOLOGICAL?

Speaker  
**Dr.SREEJITH N. KUMAR** - Trivandrum  
Chair  
**Dr.ARUN SHANKAR** - Trivandrum

### DISCUSSION



2019



2018



2017



2016



2015



2014



2013





## DATES TO REMEMBER

**JUNE  
30**

**REGISTRATION  
DEADLINE**

**JUNE  
30**

**ABSTRACT  
SUBMISSION  
DEADLINE**

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